

## Check List Samarth

Check list for providing Minimum Standard of Living (Samarth)

S. No.	Description	(√)Tick Yes or No	
1	Reasonable space for living of Samarth residents (over all 50 sq.ft. per resident)	Yes	No
2	Rooms have proper ventilation to provide adequate sunlight and ventilation.	Yes	No
3	Every resident has been provided a clean and suitable bed.	Yes	No
4	Accessible and hygienic toilets and bathroom with clean water facility.	Yes	No
5	Separate rooms for male and female residents.	Yes	No
6	Maintenance of equipped and hygienic kitchen.	Yes	No
7	Provision of warm bed-linen in winter and fan / air cooler in summer.	Yes	No
8	Female Care Associates for female residents.	Yes	No
9	Recreation including physical activity facilities for residents (Room should be minimum 10x12 feet). For e.g. exercise, yoga, prayer, watching TV etc.	Yes	No
10	Provision of adequate diet and nutrition. <ul style="list-style-type: none"> <li>• Residents to be provided with proper diet and nutrition.</li> <li>• Seasonal fruits &amp; vegetables should be incorporated into the menu.</li> </ul>	Yes	No
11	Facility of potable water	Yes	No
12	Adequate provision of safety from fire. Written / printed material with regard to Disaster Management should be available with RO.	Yes	No
13	Basic facilities to address power failure	Yes	No
14	Secure campus / apartment / designated area	Yes	No
15	Liaison with local hospitals / doctors to attend medical emergencies.	Yes	No
16	Facilitation for training and support to the residents for inspiring to move towards independent living.	Yes	No
17	A committee of prominent members of society like school/ college Principals, Social Workers, Doctors, Public representatives etc. be made. A get together / cultural programme inviting these members be organized frequently.	Yes	No

18	Special aids and assistive devices should be made available for residents as far as possible (Details available in <a href="http://www.thenationaltrust.gov.in/content/innerpage/aids-and-assistive-devices.php">http://www.thenationaltrust.gov.in/content/innerpage/aids-and-assistive-devices.php</a> link) / <a href="http://www.alimco.in">http://www.alimco.in</a> / <a href="http://www.mobility-aids.in/">http://www.mobility-aids.in/</a> <a href="http://www.disabilityaffairs.gov.in/content/page/adip-scheme.php">http://www.disabilityaffairs.gov.in/content/page/adip-scheme.php</a> / <a href="http://www.swavalamban.info/">http://www.swavalamban.info/</a> any other Aids / Assistive devices the Registered Organization feel suitable and useful	<table border="1"> <tr> <td data-bbox="1190 268 1325 327">Yes</td> <td data-bbox="1325 268 1458 327">No</td> </tr> </table>		Yes	No
Yes	No				
19	Centre should maintain case file for each resident.	Yes	No		
20	Proper maintenance of financial records for the fund provided by the National Trust.	<table border="1"> <tr> <td data-bbox="1190 512 1325 571">Yes</td> <td data-bbox="1325 512 1458 571">No</td> </tr> </table>		Yes	No
Yes	No				
21	Maintenance of Asset Register of the items purchased from set up cost which can be verified by visiting officer, whenever required.	<table border="1"> <tr> <td data-bbox="1190 613 1325 672">Yes</td> <td data-bbox="1325 613 1458 672">No</td> </tr> </table>		Yes	No
Yes	No				
22	Remarks with regards to any point mentioned above:				