



BODHAYAN

Regd. No. S/59887 of 1988-89

An Association of the Parents of Persons with Mental Retardation

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ANNUAL REPORT OF BODHAYAN FOR THE YEAR APRIL 2020- MARCH 2021

Bodhayan is a group effort of parents of mentally challenged persons since 1988 and is also a platform for parents to work together for the benefit and welfare of mentally challenged persons. Bodhayan runs a respite care centre at Jodhpur park and a play clinic at Sealdah.

Play clinic

Eastern railway women welfare organisation allotted Bodhayan an activity room (Asha Kiran) and the adjacent ground for games. Parents meet every Saturday and use the ground for games /yoga where as the activity room is used for music, dance, therapy and meetings.

Programs at Sealdah Play Clinic

Various programs are organised here but this year due to pandemic the play clinic remains closed as per government order. But due to outbreak of coronavirus pandemic Bodhayan had to slow down various activities but continued the programs online. Basant utsav / Independence Day / Agamoni Anusthan all celebrated on digital track successfully.

Inter school sports could not be possible to hold.

Registration with other organisations

Bodhayan is registered with Special Olympic Parivaar and National Trust under National trust. Parents of above 18 years special need persons obtained legal guardianship certificate.

Many special persons are beneficiary of Niramay health scheme and getting reimbursements from the trust for medicine and hospitalisation.

Parivaar

3 Bodhayan members are committee members of Parivaar.

Mrs Paroma Das and Mrs Soma Auddy are council members of Parivaar in the year 2020(November).

They attended meetings and seminars.

Sit and Draw

5 Young artists of Bodhayan attended a Sit and Draw competition at Mohit Mancha maintaining covid protocol. The program organised by an NGO "Dream Alive".

Prayas an NGO working for welfare of mentally challenged persons arranged an online theme based drawing and painting competition which was released on Facebook. To keep the challenged persons occupied our special educator Ms Lolitha Nag created a WhatsApp group "Bodhayan Adda" where 30 mentally challenged students and their parents could participate. Special children were busy painting, posting drawing, music along with their parents. Children successfully communicated with friends and teachers. They allotted separate timings for each student. Students enjoyed talking to them.

Kalyani foundation introduced a project" Alaap" involving 20 of our children and students of Globsyn business school. Sealdah and respite care students chatted with them freely. They listened to their music, dance and mental status. The project continued for 6 months.

Online classes

Our special educator Shri Apurba Ghatak started teaching tabla individually and in groups. 10 Mentally challenged persons benefitted from the class. Music teacher Ms Rina Chowdhury taught online music class to a group of 10 students twice a week for 1 year.

Shri Ashim Pal teaching yoga online. Shri Debabrata Roy taking up online music class for 7 Sealdah students.

Cultural programs

All regular cultural programmes of Bodhayan like Rabindra jayanti /Agomoni/ Independence Day celebrated online on Facebook.

30.6.2021 Anuprerona organised the celebration of birth centenary of Mohonananda Brahmachari in Facebook where Bodhayan participated. Turning point organised the theme based program 'bouncing back' online released in YouTube, Bodhayan participated.

Respite care centre

Respite cum activity centre of Bodhayan at 1/1 w Gariahat road Kolkata 68 is the official address of Bodhayan. The main object of the centre is to provide respite to the suffering parents and release stress. Severe and young adults are looked after by caregivers. To keep them engaged Bodhayan has taken a few curriculum, the list is given below :

A) Special class for severely handicapped persons

B) Vocational or occupational therapy includes envelope making, candle making, phenyl and hand wash making, handloom operation (products in distress), greeting cards making.

Apart from these regular classes under the guidance of special educators tabla training, music therapy, physical exercise, indoor games are undertaken. We hold executive committee meetings. Summer camp/night camp is also organised which was not possible this year.

Respite care centre is used for annual exhibition of items made by persons with special needs.

Donations/ Sponsorship

We are thankful to :

Eastern Railway Women Welfare Organisation

Micks Food Foundation

Kalyani Foundation

Williams Magor and Co Limited

Sanjiv Sehgal and Rohan Sehgal

Manish Behani

Sunil Kapoor and family

Rakesh Basin

Sahana Mukherjee

Dr Pinaki and Dr Pallab Tarafdar

Aditi Ganguly

Tilottama Das Gupta,

Ashok Ghose

Santoshree Haldar

Aritra Bhattacharjee

Barnini Sengupta

Some of our committee members have always come forward for financial support in the organisational program and activity. Names are given below :

Jayashree Ghosh, Arunabha Das, Debasish Ray, D Pal Choudhury, Swati Sen, Aditi Sen ,Papiya Dasgupta, Shukla Das

Achievements

Few parents came forward to run vocational classes at residents with group of students guided by special educators and parents.

Despite the ongoing lockdown our specially need persons of Bodhayan have learnt to attend online classes and operate Android phone. We were successful to run online classes of drawing, painting, music, tabla and yoga.

Bereavement

Our beloved Sourjo Sarathi Das left for heavenly abode on 24th November 2020. May his soul rest in peace.

We lost Mr Santipet Singh Dugar on 4th November 2020. Bodhayan members will forever remember his contribution in the field of sports. He was the area director of Special Olympics Bharat West Bengal and also Vice President of Bodhayan. He left behind his two mentally challenged sons Kunal and Pramod. May his soul rest in peace.

Our beloved Shuvojit Bose passed away on 28th November 2020. May God give strength to the bereaved families.

We lost Piku Chowdhury on 26th June,2020. . May his soul rest in peace.

Anuradha Pal Choudhury

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HAPPY
TEACHERS
DAY

