

GOVERNING BODY'S ANNUAL REPORT 2019-20

for

13th

Annual General Meeting

ON

16th August 2020 at 12.30 P.M.

at

Bholanath Apartment, 2C, Second Road, Eastern
Park, Santoshpur ,
Kolkata-700075



AROGYA SANDHAN CHARITABLE TRUST

(for development & protection of mentally challenged persons)

Regd office: 2, R.K.Sarani, Eastern Park, Kolkata-700075

Home:Arogya Sandhan Residential (lifelong) Care Home for Differently Able

Address:Arogya Complex,Arapanch (Mission Gate), P.O. Sonarpur, South 24Pgs,PIN-700150

Ph:24161465/21465725/798811926/9903302514/9830453794/8335817234

e-mail:arogyasandhan@gmail.com

<http://www.arogyasandhandisability.org> & <http://www.arogyasandhan.in>

1

Arogya Sandhan Charitable Trust

General Secretary



Annual Report (2019-2020) by the Board of Governors, Arogya Sandhan Charitable Trust

Respected President, Members & Guests,

We, on behalf of Board of Governors of Arogya Sandhan Charitable Trust welcome all members, guests, well-wishers and donors to this august 13th Annual General Meeting of Arogya Sandhan Charitable Trust on 16th August 2020 at 12.30 P.M at Bholanath Apartment, 2C, Second Road, Eastern Park, Santoshpur, Kolkata-700075 in this critical and hard time of spreading of covid19

On behalf of Board of Governors, I would like to present the brief report on the activities undertaken by the trust during the last one year (01/04/2019 to 31/03/2020)

Condolence

Arnab Mukherjee one of our loving challenged children breathed his last in the last year at a private hospital after suffering from fever for ten days. His death is very much socking to everyone. He was a genius, his acting and singing had made him popular among all. We convey our deepest condolence to his parents and others.

Anil kumar Jana, one of our settler trustees, past president, had been suffering from lung cancer for more than two years. He had been undergoing chemotherapy simultaneously and continuously. He was bed ridden for a long time. He left this world for ever on 31st August 2019. We arranged condolence meeting on 15th September 2019 at Mangolik and on 31st January 2020.

His contribution for this trust will be remembered for ever. Though thought process of establishing such an organization was initiated at Guwahati, but without janda's support and involvement it could have not been materialized.

Fund from ONGC is a milestone achievement for establishment of this trust. Initially while Janada prepared the application, I used to supply all the requisite papers. Due to his dedicated efforts, communications, ONGC sanctioned rupees forty five lakhs. Preparation of an application appropriately for the CSR of any PSU is a herculean task, professionals in this regard charge hefty amount for preparation, submission and follow up of such application. ONGC funded rupees forty five lakhs for construction of home. This was the first big grant for Arogya Sandhan Charitable Trust. As we resolved in our general body meeting that any donor /collector who will donate/collect more than fifty lakhs fund for the organization, we are to install his/her statue. Accordingly we installed half bust statue of Late Anil Kumar Jana on 31st January 2020 in the premises of Arogya Sandhan Charitable Trust.

Arogya Sandhan Charitable Trust

General Secretary



Background of this organization & update

General Secretary of Arogya Sandhan Santoshpur (ASS) had been transferred to Guwahati on his official assignment on 29th June 2005. His two colleagues were also simultaneously transferred with their challenged children to Guwahati. These challenged children were termed as "bad omen & curse of God" by their landlords –this inhumane act induced Mr Niranjan Biswas to distribute leaflets for awareness on disability and organized seminar on 4th December 2005 at Sudmerson Hall of Guwahati Cotton college. Finally these accomplishments led to establish Arogya Sandhan Charitable Trust (ASCT)- promoted by Arogya Sandhan Santoshpur(ASS)

- Arogya Sandhan Charitable Trust (ASCT) was created and registered on 6th November 2007
- Second Seminar & walk for awareness were organized on 29th June 2008 and then onwards almost every year we have been organizing seminars (RCI accredited)- national/international in association with RBU/JU-
- "Ashar Alo-RAY OF HOPE" -A documentary film on the problems and solutions of differently able persons produced by Arogya Sandhan Charitable Trust, directed by Saswata Sarkar – our core trustee.This film was telecast by Doordarshan twice .
- Land at Arapanch Sonarpur was purchased on 2nd day of march 2009 subsequently fencing & construction of security room had been done.
- Disability Detection and counselling centre started at Arogya Sandhan Clinical Lab at 67B, New Santoshpur Main Road, Kolkata-16th August 2009
- As a precursor to our Residential Care Home at Arapanch, We have been running a vocational Training centre at 2C,2nd Road, Eastern Park,Santoshpur,Kolkata-700075 since April 2010 as a pilot project .
- "Special Children- Problems & Management" This book is the first of this kind published by Arogya Sandhan charitable Trust after concerted efforts for 5 years. This book is a comprehensive book useful for all -parents, care givers, teachers, special educators, research scholars and others. No such book is available in the knowledge world covering all aspects of disability- Edited by Dr Bishnupada Nanda.

Arogya Sandhan Residential Care (Life long)Home for Differently Able Persons- ONLY HOME in Eastern India

Challenging Job indeed

Most challenging job in the disability sector is the lifelong care of differently able persons in absence of their parents.

Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disability(as per National Trust Act 1999.) only are admitted for life long care in our Home Each differently able person is unique Majority of them cannot express themselves and their behavior is unpredictable- hence they need 24X7 active care.

Arogya Sandhan Charitable Trust


General Secretary



Publication of Partisparddhi- (THE CHALLENGER) This magazine is the brainchild of Dr Bishnupada Nanda. Dr Nanda is the Prof and Head of the department of Education, Jadavpur University. In addition to this, he is very much busy with various education related jobs including writing, editing books, magazines, journals, articles on various interests and disability. In spite of his busy schedule, he has volunteered to take the responsibility of writing, collecting write ups and editing this magazine single handedly. Magazine was first released on 20th January 2013. Now Pratisparddhi is very popular among teachers, educators, special educators, parents, students, and common men. At present there are 45 subscribers of this magazine. We have been publishing special issue Pratisparddhi on the occasion of seminar every year. We have published special issue on the occasion of Durgotsav and this issue has been popular among readers. kudos to Dr Bishnupada Nanda.

Seminar

We have been celebrating World Disability Day by organising Seminar since 2005 for creating awareness among common on special children.

As a part of this programme of awareness , we have been organizing seminars led by Dr Bishnupada Nanda and his team.

This year we organized international seminar

International Seminar cum CRE

3 day long International Seminar cum CRE was organized from 28th February to 1st March, 2020 at Jadavpur University, Triguna Sen Auditorium and Nazrul Bhaban.

Opening song was by our boarders of Arogya Sandhan Residential Care Home.

It was very successful programme. Inaugural programme was attended by a galaxy of stars of Jadavpur University

:Dr Snehamanju Basu, Registrar, JU,

Prof Biplab Halder, Pro-VC, JU,

Dr Sanjoy Gopalo Sarkar, Joint Registrar, JU,

Prof Amitava roychowdhury, Dean, Faculty of Arts

Concept was elaborated by Dr Bishnupada Nanda

Welcome address was given by General Secretary, ASCT and Vote of thanks was by Sri Binoy Roy, President, ASCT

Plenary sessions and technical sessions were held at Nazrul Bhaban attended most renowned experts on disability who shared their precious knowledge and experience with students, teachers, trainers, Counselors and caregivers. The programme was very much in demand and all

Arogya Sandhan Charitable Trust
General Secretary



seats in the hall were full by the participants . Total programme was coordinated by Ms Pinki Mondal, Principal, Arogya Sandhan College of Special Education and Arogya Sandhan Inclusive School.

Seminar volumes comprising of papers presented by the participants were published

Drinking water connection established

At the initiative of Mr Supriya Gupta , we wrote to PHE department , Disability Commissioner and district authority of Government of West Bengal for drinking water connection. Finally we got a letter from PHE department to deposit rupees one lakhs sixty thousands for such connection. Again Mr Gupta advised to send appeal and finally this appeal yielded result , the Governor of West Bengal has kindly pleased to waive the cost of installation of water connection.

Finally the water connection has been established

Tree Plantation Program

Second tree plantation program was organized at Arogya Sandhan Residential Care Home on 21st July 2020. We planted trees in and outside of our complex – many saplings have grown up now. But This time we planted trees surrounding Swami Vivekananda Park inside the campus. Indian Bank, Baruiপুর Branch sponsored 50 saplings and list of tree lovers who donated for plantation is enclosed

Regular Health Check up

Arogya Sandhan Santoshpur has arranged regular health check up and free medicines (limited) for our boarders at Home., Doctors under the Team leader of Dr K K Dutta have been regularly visiting home every Saturday. The team comprising of following doctors

- Dr. K. K. DUTTA (Senior W.H.O. Consultant).
- Dr. P.S. Dasgupta (General Physician)
- Dr. K Dutta, ENT specialist
- Dr. Himadri Dutta Chawdhury, MBBS, DCH
- Dr Shyamal Nandy , MBBS, DGO (Gynecology)

Vocational Training Centre

We added another feather in the cap of ASCT on 23rd June 2019 by establishing Vocational Training Centre. Mr Goutam Chakraborty funded rupees two lakhs for establishing this centre . Mrs and Mr Goutam Chakraborty inaugurated this centre on 23rd june 2019. Here we have installed cake oven, mixture, machine for turmeric grinding, Xerox, Silk screen Printing, Phenyl Making etc.

Cakes made by our boarders have been very much popular during the last winter season. White phenyl and Termaric made at our VTC are very much in demand.

Arogya Sandhan Charitable Trust

General Secretary



Youtube video

We have uploaded phenyl making video – in youtube there are 13000 viewers and due to lockdown many people have become jobless – thus they want to make phenyl and other such items to become selfdependent .

Physical Exercise Unit

Physical exercise is very much needed for our boarders .
We have purchased various instrument for physical exercise of our boarders so that they remain physically fit.

Music therapy for our boarders

Sourish Chowdhury, Kallol and Anupam have been arranging music therapy for our boarders at regular intervals regularly came to Arogya Sandhan Home for differently abled with basket of music therapies to heal their untold agony of mind.
They are in search of peace through MUSIC.

Musical instruments

Music is very use for cooling down challenged children. Moreover they love very to play music .Considering aspect We have purchased various instruments such, percussion, Khartal,Manjira, Behari Dhol, Bangla Dhol, Tambura, Drum, Banga, Dhamsha, Madal etc. We have also appointed one music teacher for them to practicing .

Dental Checkup

Free Dental check up camp was arranged by Teethwell on 2nd October, 2019. 48 patients including Boarders, Staff members and outsiders were treated.

Eye Check up camp for boarders

Arogya Sandhan Santoshpur arranged eye check up of our boarders on 6th April, 2019 and gave free spectacles to those who needed. Another Eye camp was arranged on 23rd February, 2020 collaborated with Toronto-Calcutta Foundation

Diet Management

Boarders require proper balance diet. Accordingly the management committee has engaged dietician who is sitting with parents together with management committee and proper diet chart is prepared in consultation and consent of all present . This year we conducted two such meeting for making diet chart. Foods and snacks are being provided to the boarders according to the diet chart so fixed.

Arogya Sandhan Charitable Trust

6



General Secretary

Regular Counseling

Somali Mahalanobis, counselor has been engaged by Management Committee regular counselling. Almost all boarders need counseling. Somali Mahalanobis visits at fixed intervals regularly for counseling our boarders.

Sports

ASCT has been conducting sports meet for differently able children Arogya Sandhan organized SPORTS MEET on 12th January 2020 at Pattnaik's Garden. There were Five (5) events namely –50 Meter Run, Ball throw, Slow walk, Ball in basket and Break the Pot. Our boarders and differently able children/persons participated in the sports.

4TH FOUNDATION DAY CELEBRATION

Our 4th Foundation day was celebrated on 31st January, 2020 with a grand manner.

DREAM HOME project for accommodating orphans/semi-orphans mentally challenged persons for life long living was inaugurated by Mr Debabrata Chattaraj, Commissioner of Disabilities, Government of West Bengal & Mr Nityananda Bose Senior Divisional Manager

Half Bust Statue of Late Anil Kumar Jana was inaugurated by respected Sibeswarananda Maharaj and Tadjapananda Maharaj.

Sharing the joy

Arogya Sandhan arranged sharing of joy on the eve of Durgotsav in the form of distribution of sarees and lungis to the patients of our charitable dispensary on 2/10/2019 at the home. Our boarders were requested to handover those saree, lungi and dhuti to our less privileged patients who visit our charitable dispensary regularly.

Our boarders enjoyed the joy of giving/sharing.

Cultural programme by our boarders

Our boarders sang songs at Rabindra- Nazrul cultural eveing organised by Kristichakra in association with Arogya Sandhan and Uddipan Educational Trust on 27th may 2019 at Eastern Park, Santoshour, Kol- 75.

Celebration at Home

"Bhaiphota"celebration was arranged on 29/10/2019 at Arogya Sandhan Lifelong care Home for Differently Abled persons, Arapanch Sonarpur.

Rabindra Nath Tagore birthday, Bengali New Year, Ratha Yata, Raksha bandhan, Independence Day, Teachers' Day, Gandhi Birth day, Laxmi Puja Diwali, World

Arogya Sandhan Charitable Trust

General Secretary

7



Disability Day, Christmas, Republic Day, Saraswati Puja Dol jatra were celebrated in proper fanfare.

Guests from INDIAN OIL (known to Mr. Ranku Chowdhury) distributed dresses to ASIPS & Food items to both ASIPS & Home on 7th August, 2019.

Mr. Susanta Deb Paul donated Rs. 10000/- for musical instruments on 28th September, 2019.

Lunch sponsored by retired members of Institute of Chemical Engineers on 15th February, 2020 and by Mr. Indrajit Biswas & Mrs. Sabita Biswas on 9th March, 2020.

Puja Parikrama

Durga Puja Excursion by our Mentally Challenged /Differently Able boarders on 04/10/2019. This years' Puja Parikrama was sponsored by Debasis Dutta, legal guardian of Jayanta through his associated organisation ROTARY CLUB OF CALCUTTA SUNSHINE. They were taken to various puja pandals in a big car. Lunch sponsored by Mr. Tuhin Ghosh Chakraborty, President of Regent Sonarpur

Celebration of birthday - exemplary and memorable for our boarders

Our beloved differently able children/persons enjoyed a different type, fantastic memorable birthday celebration of Tuhin Ghosh, Jayanto De, Rajdeep Majumder, Shanit Chowdhury, Arghya Deb Paul, Indrarup, Debarun, Pinak, Shubhayan Bhadury, Aparna Bhadury, Ujan Seal, Arindam Dutta, Sohini Paul, Chaity Gupta, Abhisek Adhikary, Rounak Bhadra They blessed by our Donors members and sponsors.

AROGYA SANDHAN INCLUSIVE PRIMARY SCHOOL(English medium)

Another batch of 20 students have been admitted this year. Our total number of students are 45 and there 3 mentally challenged students .

Contribution by BANK OF BARODA

Bank of Baroda, Baghajatin Branch, celebrated foundation (20th July 2019) donated RS.25000/- for Arogya Sandhan Inclusive Primary School.

Bank of Baroda, Jadavpur Branch, celebrated foundation (20th July 2019) donated RS.25000/- for Arogya Sandhan Vocation Training Centre.

Bank of Baroda, Prince Anwar Shah Road Branch donated Rs.25000/- as a part of their celebration of foundation day. They donated rain coats and other study materials for the students of our Arogya Sandhan Inclusive School.

Meaningful PICNIC- spending few hours with differently able children

We organized PICNIC with our Differently Able Children on 12/01/2020, Sunday at Pattnaik's Garden bedside Arogya Sandhan Lifelong Residential Care Home for Differently Able at Arapanch, Sonarpur. We are very much thankful to Dr S. Pattnaik for allowing us to arrange PICNIC at Pattnaik's Garden every Year.

It was Picnic with a difference. , 120 persons including differently Able children participated in the picnic and enjoyed games and sports, music, dance, drama, quiz ,a lot fun and food .

Every participant blessed and prayed for r the healthy life of our boarders and other differently Able children who made this programme very Meaningful to all pariticipants

We convey our heartfelt thanks and pray for prosperous healthy long life to Sri PANKAJ TRIVEDI who sponsored the Picnic expenses of Differently Able children. And Dr S. Pattnaik who allowed us to arrange PICNIC at Pattnaik's

Vijaya Sammiloni

We arranged a get together of all members, donors, parents, senior citizens immediately after Durgotsav on 3rd November 2019 at 2C Second Road, Eastern Park, Santoshpur, Kolkata- 700075. Our boarders of the home attended the programme and sang inaugural songs. Songs, dance, drama and mime were performed nicely.

Wonderful contribution by parents


Some of our well wisher parents played a very vital role and made themselves available sparing all their busy schedules in running the home. They shared their knowledge and experience from time to time for making the home successful. **We salute them; we convey our heartfelt thanks and record their selfless dedicated service for the welfare of the differently able persons**

Management committee

We want to mention here that the management committee of Arogya Sandhan Residential Care Home is crucial role and wonderful job in managing the Home. There are many complex problems and sometimes it become very difficult to handle but they are very silently and firmly dealing the same and managing the smooth running

Donors and Donation collectors

We are grateful to all the donors who have believed us and donated for our activities. Donors donate depending on the honesty, integrity and transparency of the collector as well as of the organization. Donor judges the record of the Collector first and then the organization for which the donation is sought for. Thus members or well-wishers play a key role in motivating donors to donate for the organization.

Arogya Sandhan Charitable Trust

General Secretary



Considering this aspect of donation, we have given commitment in the project report that we will arrange decorating names of donors.

Donors and collectors of donation will be given equal importance in respect of display of their names in the premises. It has also been decided that half bust statue will be installed in the campus of the collector of fifty lakhs and above. We have been maintaining record of donors and donation collectors meticulously for this purpose.

Monthly Donors

Monthly donors are contributing for Vocational Training Centre and for the growth of the organizational activities. At present there are 93 monthly donors for running our Home. We fully depend on the monthly donation for running various programmes. We request members to enroll more monthly donors. Trustee members who are not monthly donors are requested to be so.

Dedicated staff members

We have good dedicated staff members who are doing exceptionally good jobs for the betterment of the organization.

A good team of members and well-wishers

Our organization survives on the voluntary services of the members and well-wishers. Now a day selfless voluntary service is rare. We are proud of them.

Members are doing exemplary job and hats off to them for their contribution for building the organization.

During this covid19 pandemic situation crisis, we have to draw inspiration from Rabindranath Tagore's famous song

দুর্বলেরে রক্ষা করো, দুর্জনেরে হানো,
নিজেরে দীন নিঃসহায় যেন কভু না জানো।.....
মুক্ত করো ভয়, দুরূহ কাজে নিজেরই দিয়ো কঠিন পরিচয়॥

Thanking you,

Arogya Sandhan Charitable Trust

(Niranjan Biswas)
General Secretary

7980811926/9331031650

Email at arogyasandhan@gmail.com, Website at <http://www.arogyasandhandisability.org>



AROGYA SANDHAN CHARITABLE TRUST
(HOME FOR DIFFERENTLY ABLE, ARAPANCH, SONARPUR) 2017-2018

Serial No	Name of Beneficiary	Disability Type
1	Ms. Sohini Paul	ID
2	Master Shanit Chowdhury	ID
3	Master Rajdeep Mazumder	ID
4	Ms. Chaitali Bose	ID
5	Master Rayan Das	ID
6	Master Tuhin Ghosh	ASD
7	Master Arindam Dutta	ASD
8	Master Pinak Kundu	ASD
9	Master Rohan Chowdhury	ASD
10	Master Debarun Chakraborty	CP
11	Ms. Chaity Gupta	MD

2018-2019

Serial No	Name of Beneficiary	Disability Type
1	Tanuj Ghosh	MD(Down's Syndrome&ID)
2	Abhisek Adhikary	ID
3	Arghya Deb Paul	ID
4	Jayanto De	ID
5	Shubhayan Bhadury	ID
6	Aparna Bhadury	ID

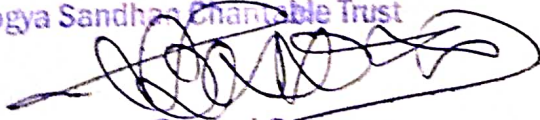
2019-2020

Serial No	Name of Beneficiary	Disability Type
1	Sayan Chandra	ASD
2	Dibyoyoti Mukherjee	ASD
3	Avik Banerjee	ASD
4	Dhiman Chakraborty	ASD
5	Nirmalya Paul	CP
6	Indrarup Das	ID
7	Sohini Saha	ID



Building of Arogya Sandhan Residential Home

Attested
Arogya Sandhan Charitable Trust


General Secretary