



✉ trustlantern@gmail.com.  
f lanterncharitabletrust  
☎ 0451-2461344  
📞 07092400087

# LANTERN CHARITABLE TRUST (LCT)

Address: *Gurukul Special School Campus, H-1-5, 2<sup>nd</sup> Cross Street, R.M.Colony, Dindigul-624001, Dindigul District, Tamilnadu*

## **ANNUAL REPORT 2020-21**

*Annual Report for the year 1<sup>st</sup> April 2020 o 31<sup>st</sup> March 2021*

### ***Managing Trustee's Message***

This year marks the beginning of the Coronavirus outbreak. This year all the nations of the world were fighting against the Coronavirus. In particular, our Indian nation took many rapid steps in the war against the Coronavirus. All central and state government departments, voluntary organizations, other private organizations, and people from all walks of life were fully dedicated to helping the needy as much as possible. This year's annual report is an innovative annual report.

I am delighted to present to you the Annual Report for the FY 2020-21, which encapsulates our contribution to the society and the result of our interventions - the empowerment reflected in the people. While presenting this Annual Activities Report I feel immensely satisfied due to the fact that we are able to run this organization which is dedicated for the service of the disadvantaged sections of the society. Lantern Charitable Trust (LCT) is a non-profit making and non-political Organisation working in 2011, the organization has been working dynamically for the welfare of the weaker section of the society. The organization is backed by team of enthusiastic and dedicated young men and young woman who are engaged in bringing a qualitative change to the southern rural districts of Tamil Nadu. During the last year we have undertaken a number of activities which is well documented in this report. I further extend my sincere gratitude to the ministries and departments of the central and state governments for their unstinted support & guidance. I am truly grateful for your passionate contribution towards making the LCT Trust a mission that envisions creating self-reliant, educated and empowered communities. I look forward to your continuous support in the eternal of our commitment towards social transformation.

R.Kaleeswaran,  
Managing Trustee/Director

## About Us

Lantern Charitable Trust is an apex body to undertake human resource development for delivery of services to the persons with intellectual disability and multiple disability, to develop appropriate models of care for the intellectually disabled individuals, to identify, conduct and coordinate research in assessment, education, training and rehabilitation of mentally handicapped persons and to serve as a national resource center in the field of Intellectual disability.

LCT is a grass root level organization working for the upliftment and creating awareness about the various types of Mental Handicap namely Autism, Cerebral Palsy, mental retardation and multiple disabilities in the children for the last 10 years. The LCT are running an institute for Intellectual Challenged children in the age from 3 year to 18 years in Dindigul. At present the institute is having strength of 28 children with various types of disabilities like autism, cerebral palsy, Down's syndrome, Micro cephalic, mental retardation, speech and other multiple disabilities.

Many of the children in the institute are from below poverty line, deserted and unable to bring up. The staff of the institute have surveyed and brought the identified children with mentally retardation for proper care and rehabilitation management. We are provided medical aid, uniform and training in Self-Help skills for their day to day living.

The Trust has been registered under the Indian Charitable Trusts Act of 1882. It is also registered as a charity under the Income Tax act 12A (a), 80G.

### **Our Vision:**

To ensure means of Education, Employment/Self Employment and Empowerment (3E's) of People with Disability.

### **Our Mission:**

To improve the ability of differently abled persons by their involvement and participation in the development process, by promoting their Rights & Rehabilitation.

LCT is a training and resource Centre to build the capacity of Special Education to SHGs, CBR workers & Differently abled people, to providing the special education to special children for developing their loco motor skills, communication skills and training to Daily living activities with Physiotherapy and Speech therapy with appropriate educational techniques. We conduct training and awareness education to parents, volunteers, teachers, stakeholders and community leaders.

### **Our Goal:**

The main Goal is to empower the Autism, Cerebral Palsy, Mentally Retarded and Multiple Disabilities with the required ability through Special Education, special skills training and Special Vocational Training for earning their livelihood and lead as normal a life equal to the other members of the community.

A just social order brought about by the dispossessed claiming their right to dignity and identity through enhanced democratic participation and structural transformation. We strongly believe that an end to poverty and injustice can be achieved through purposeful individual and collective action, led by the active agency of people living in poverty and supported by solidarity, credible rights-based alternatives and campaigns that address the Structural causes and consequences of poverty.

## Our Values:

We reiterate our values and stress on 'praxis' in our work, in our effort to deepen our commitment to transform our organisational culture. Solidarity, camaraderie and sisterhood with the poor, the powerless and excluded women, girls, boys and men will be at the core of our struggle against poverty and injustice.

- ✚ **'Personal is political'**: without contradiction in the practice in private and public sphere.
- ✚ **Courage of conviction**, requiring us to be creative and progressive, bold and innovative without anxiety of failures.
- ✚ **Equality, justice and diversity**, requiring us to work to ensure equal opportunity to every person, irrespective of caste, class, race, age, gender, sexual orientation, colour, class, ethnicity, disability, location, and religion.
- ✚ **Humility and modesty in our conduct and behavior.**
- ✚ **Transparency and accountability.**
- ✚ **Independence and neutrality** from any religious or party-political affiliation.

## Present Status of the Organization

|   |   |
|---|---|
| Organization legal name                   | Lantern Charitable Trust  |
| Acronym                                   | LCT   |
| Legal Status                              | Registered under Indian Charitable Trust's Act 1882<br>(Non Profit and Non-Government Organisation) |
| Date of Registration                      | 02.02.2011  |
| Trust Registration No                     | 148/B-IV/2011   |
| Income Tax Exemption                      | Registered under Income Tax Act (1961)12A (a),<br>URNo.AABTL3759Q/05/17-18/T-0731                   |
| 80G Registration No                       | URNo.AABTL3759Q/05/17-18/T-0731/80G   |
| PAN Number                                | AABTL3759Q  |
| NGO-DARPAN-NITI Aayog.<br>-Govt. of India | Regd. No: TN/2016/0097032;  |

**Our Services:** All the services provided to the Disabled are totally free of cost and are maintained and developed by mobilizing resources for the State Government, Philanthropic public and private business organisations in the form of donations (cash/kind) and financial assistances.

**Some of the programs conducted by our Trust during the year are given below.**

**✍️ SPECIAL SCHOOL ACTIVITIES:**

We are implementing 1 special school for intellectual challenged in the name of Gurukul Special School for Mentally Retarded.

This whole year of education is different from the past years because of the pandemic situation of the Covid-19 virus. Throughout the education year, our dedicated staff contact classes through phone calls, online and home visits only. Some students must need some therapy through electronic types of equipment that student's only permit to school for therapy purposes.

There are 28 Mentally Retarded Children between the age group of 5-18 years in Pre Primary, Primary, Secondary, Pre-vocational with vocational..... specially Trained teachers to Teach hem and Train them as per the guidelines given by the Govt. the class room teachings including following.

- Activities of daily Living
- Basic Concepts.
- Functional & Academic Skills
- Speech Therapy
- Physiotherapy  
Behavioral Modification
- Yoga Therapies
- Music and Dance Training
- Skill Training

This wing of the special school consist of 2 classes with 5 teachers to take care of them in teaching the daily living activities and small easy lessons with the help of toys, models, and charts depending upon their Mental ability and learning capacity. These Intellectual Challenged children are exposed to practical and demonstration classes like Bathing, brushing, use of toilets, washing clothes, cooking, Tea preparation and prayer etc. In this school Gurukul Special School management is providing uniforms, Milk, study materials and other essential good owning free of cost.

We conduct the sports for running race, eating race, lemon & spoon, frog race, collecting stones and musical chair. We did competition like writing, drawing, singing, dancing and speech. Every child should participate all the programmes whether games, competition or any other cultural activity as they like. All of them got prize for their performance. This helps to increase their confident level, make wish to participate and to develop their ability in physical activity as well as personal restructure. Finally we trained the Parents how to improve their child's daily activities and advice them to help their child to do that activities at home by their own. Also giving output in government schedules and other resources. Every Effort is being made to achieve the Goal. A Holistic approach is adapted to each and trains a child catering not only, the needs of the disabled child but also its entire family. Parents are conducted once in two Months. Parents are encouraged to seek help from the special educators/special Teachers for any of their problems.

### **Vocational Training:**

The special education given to the disabled children will be of no use unless the disabled children get the power of earning their livelihood independently. Hence in order to enable the Disabled children to earn their livelihood and for economic Independence, different types of vocational trainings like envelop covers, Computer and paper bags making etc are provided by special Trained vocational teachers.

### **Speech Therapy:**

The greatest problem for the Mentally Challenged and Hearing Impaired students is the lack of speech and communication ability. Hence both the Mentally Challenged students are subjected to speech development therapy regularly by speech therapist with the help of electronic speech trainer equipment's. By this process the mentally retarded children

Slowly develop in due course of time the ability to speak and express their feelings to a great extent which ultimately becomes a great help for them to communicate properly with the other normal people of the society where they live in.

### **Physiotherapy:**

The disabled children specially the Mentally Retarded students with Multiple Disabilities are subjected to physiotherapy classes for inducing mobility to their appendages and make them active and energetic to move from place to place initially with the help of the trainer and later independently. This therapy also initiates an urge with them for undertaking small works in the vocational training classes while tuning their brain and toning up their muscles to give necessary commands to the other parts of the body as per the need and the situational demand.

### **Games & sports therapy:**

All the disabled children (Mentally Retarded) are motivated to take part in different types of games and sports activities to stimulate and activate the dull brain to take interest to move along with other children which ultimately initiates the mind and brain development and slowly creates interest in them to imitate other children in their different activities.

### **Parent Training Programme:**

Our Gurukul Special School offers free counseling services by trained professionals to the family members of the Mentally Retarded and Hearing Impaired students depending upon their family needs either individually or in groups regarding their care & welfare of the disabled.

### **National Trust Program**

### **Niramaya Insurance Porogramme:**

Life security is one of the essential one to all people. Having these word LCT tied up all the eligible differently abled persons into the NIRAMAYA INSURANCE Scheme which was 100% supported by the National Trust. Under this scheme beneficiary are eligible to get medical treatment and accident claims. This programme was launched by the Central Government. To enjoy these benefits the special Group members has to submit their copy of income and national identity card. Also they are all provided to separate identity card for insurance claim. So far many people were registered.

### **Badhte Kadam Programme:**

- Badhte Kadam aims at community awareness, sensitisation, social Integration and mainstreaming of persons with Disabilities. It has below mentioned objectives: Raise awareness in the Public, regarding Person with Disability (PwD) Covered under the National Trust Act and encourage their inclusion in the society, Social Integration, and participation of person with disability in all aspects of life.
- Sensitizes community stakeholders Spread awareness about myths and misconceptions about disability, disability etiquette etc.

#### **Targets Audience are:**

- ❖ Public and Society
- ❖ network-Government Officials -Medical fraternity -Legal Professional -Banks/Financial Institutions -Educational Institutes, Students, Teachers Etc.
- ❖ Families/Guardians of PwDs
- ❖ Non-Government Organization.

### **Health Awareness Programmes:(Specially for COVID-19) (Health care @ Zero Cost)**

On 11 March 2020, WHO declared Novel Coronavirus Disease (COVID-19) outbreak as a pandemic and reiterated the call for countries to take immediate actions and scale up response to treat, detect and reduce transmission to save people's lives.

- a) Awareness among the parents /caregivers of Intellectually Challenged children (MR,CP &Autism) about the current available health care system.
- b) 250 intellectually challenged children to receive quality health care at free of cost.
- c) Improve the general health condition & quality of life of persons with disability.
- d) Improving the Life skills of the Intellectually Challenged children.
- e) Reducing the burden of IC children parents.
- f) The targeted IC, (MR, CP and Autism) affected children to avail direct benefits from this activity.

### **Special Coaching Classes For Children:**

In the target area most of the families are most deprived and education is a far way for them. As they are poor they are not affordable to send their children to any coaching classes the children in this situation are not able to get good marks in their academics particularly in English subject because of this the self-confidence of the children is declining. To make the children feel comfortable in the English language and develop their self-confidence LCT had planned to conduct online special coaching classes to the children in English on Saturdays. In this online class the children were taught in English vocabulary and grammar. At the end of the course, the children will be tested on their learning if they need more attention then they will continue to learn for a few months.

## EDUCATIONAL MATERIALS DISTRIBUTION:

Most government schools have not been reopened this year due to the Corona virus. This created a situation where students had to learn from home. Five government school students living in the area under our service selected five persons and purchased a used cell phone for them and a secondary laptop for 5 students and a data card for 5 students with the intention of educating them online. These 15 students were given data recharge for six months.

## Skill Development Programme:

### ▶ Vocational Training & Guidance



Lantern Charitable Trust continues to care for rural poor women's till they are trained. Women's above 16 years old they are encouraged in different ways to take up suitable training, in accordance with their aptitude and general interest. Aim of this scheme is enhancing the productivity and earning capacity of the women. Through these trainings, the women were equipped with skills Candle Making, Dairy forming and Gem and Jewelry sector.

### ▶ Life skill education

A research –extension –farmer linkage for market orientation was viewed from a context of empowering farmers to farm as a business.



Therefore, we introduced in the establishment of linkages that will empower women farmers' production capacity and market Participation through favorable policy, technology and advice. The advices included not only Production technology, enterprise & business development services, market information and Financial Services also. The project was carried out in Cuddalore district Kurinjipadi Block. Skill oriented training on Mushroom production technology was imparted to 50 self Help Group farmwomen. The aim was to empower mushroom production in a small scale among the women farmers.

### ▶ Skill Development Training-Income Generation programme for Fisher men's:

The Youth both boys who underwent vocational training we had given further training on marketing training and personality development 23 persons in Palani Block Fisher Men's Community. The training included soft skills such as public speaking, marketing strategy, fish's export, public relationships, communication skill up gradation, peer relationship etc.



### **Other Important Activities:**

#### **i. World Disabled Day:**

Institute celebrated the World Disabled Day by distributing fruits among PwDs and conducting Cultural programme at the Institute for the Persons with Disabilities and prizes were distributed to the winners.

#### **ii. Republic Day :**

Republic Day is being celebrated every year in the Institute's premises.

#### **iii. Independence Day:**

Independence Day is being celebrated every year in the Institute's premises.

#### **iv. Swachha Bharat :**

The Institute celebrated 'Swachha Bharat Pakhwada in the Institute's premises. During the programme, National Flagship programme, Swachha Bharat Pakhwada was celebrated by the Staff and Students of the Institute by organizing various cleanness programme to spread strong message of clean India.

#### **V. Child Rights Day Awareness Session:**

The child rights day was insisted on 20.11.2020 so LCT had organized one day seminar for the children on child rights. The children were given information on fundamental rights and then on UNCRC. The children were asked to discuss the right which is very important for them. Then they had asked to present it to the group. The children had a group discussion on how many rights they are enjoying and what the problem for them to get their rights. The children shared that they don't have any space to talk freely to express their problems in family, community, and in schools. According to UNCRC every child has a right to get education, participation, and protection but everything is in the book and not implemented. At last the children expressed that they will implement their right to participation if Opportunities given to them.

### **Conclusion**

Social Progress cannot be possible in some mathematical formula, but by some social idea which may not be visible immediately. It requires time and patience to see the fruit of development efforts. We have timed our best with our entire mind, heart and hands extend possible. There is success as well as failure in our effort. We have learnt from our failure and we have encouraged by our success. Keeping in view our limitations we shall continue to strive to build a society where the people in general, poor, and needy in particular can live happily with justice and peace and can realize the joy of a liberal life. We thank...

Thanking You