## ACTIVITIES PERFORMED RELATED TO THE NATIONAL TRUST DISABILITIES 2020-2022

**05.09.2020 – World Cerebral Palsy Day** – I H S celebrated world Cerebral Palsy Day at its Chandaka campus with its staff members and invited Doctors





**03.12.2020** – International Day of persons with Disabilities – I H S celebrated International Day for the persons with disabilities at its Chandaka campus. A meeting was held at its conference Hall . Art Competition and debate competition was held on this occasion among students of I H S.





07.02.2021 – Inauguration of Integrated Rehabilitation Center – I H S organized an event for the inauguration of Integrated Rehabilitation Center, a unit for Non – Ambulatory patients, an initiative supported by SBI Life Insurance Co. Ltd. Ms. Debashree Verma, President & Chief operating officer of SBI Life Insurance was the Chief Guest and inaugurated the Rehabilitation Center. Officers of SBI Life Insurance also joined this event.









**21.06.2021** <u>— Celebration of Yoga Day</u> — Yoga is an ancient practice that may have originated in India. It involves movement, meditation, and breathing techniques to promote mental and physical well-being. Recognising its universal appeal and its signicant role in the rehabilitation of children of Autism International Day of yoga was celebrated by yoga dept of I H S . Mr. Rama Krushna Pattnaik Yoga teacher gave a meaningful speech about yoga and its origin. All the staff were joined in this event and enjoyed practicing the yoga and pranayama session.



## **22.07.2021 - District level Training Program on Survey of Children with Disability** - Training Programme was conducted by the District Office Khurda on 22<sup>nd</sup> July to train the master trainers on different types of disabilities and how they should train the Anganwadi workers to conduct door to door survey to identify 21 disabilities among children. Also how to fill the survey form & submit it to the respective supervisor and refer the identified child immediately to the nearest PHC or District Disability Rehabilitation Centre. Two master trainers of I H S were trained and also one awareness video was prepared by experts of Institute of Health Sciences which was displayed at the Anganwadi centers.



23.07.2021 and 24.07.2021 – RCI CRE Programme - Institute of Health Sciences, dept. of Audiology organized CRE (Continuous Rehabilitation Education) programme for two days. The topic covered under the programme was "Learning disability & its differential diagnosis". Resource persons were Ms. Shipra Gupta -Rehabilitation Psychologist, Ms. Shivani Wadhwa – Psychologist, Ms. Merlyn Ratnapriya – Counselling Psychologist, Mr. Jude – Musician and therapist, Ms. Neha Tiwari – Audiologist and Prof Satya Mahapatra. The programme was co ordinated by Mr. Satyabrata Panigrahi and the programme hosted by Mr. Bhowmick Kandpal with Ms. Subhasmita Sahoo.



**01.08.2021** to **15.08.2021** – **NSS Activity** (**Swachhata Pakhwada**) - As a part of the central Govt.s initiative "Azadi ka Amrit Mahotsav" I H S celebrated this day in a unique manner. Our NSS Unit observed Swachhata Pakhwada from 1<sup>st</sup> August to 15<sup>th</sup> August 2021. As part of the Swachha Bharat Mission our NSS unit participated in the cleanliness drive of the work place and the Institution campus. In this programme NSS Unit encourage, motivate and Institutionalise the concept of cleanliness among the students, teachers and the administrative supporting staff. The practice of cleanliness must be on a regular and continuous basis as the concept of cleanliness leads to overall improvement of the credibility of academic institutions.



**03.12.2021** - World Disability Day was celebrated at Institute of Health Sciences, Chandaka campus.On this occasion a seminar was organized aspecting on different aspects of Disability.Students as well as staff of I H S were participated in this seminar.



<u>18.12.2021</u> – Special training programme organized by Institute of Health Sciences for the overall skill development of Special educators (Autism Spectrum Disorder) of Model Center for Children with Special Needs.



**03.03.2022** – **World Hearing Day** – Institute of Health Sciences observed World Hearing Day at its Chandaka campus. On this occassion a free hear check up camp was organized followed by a seminar on current technological innovation in the field of hearing loss.



## 02.04.2022 - World Autism Awareness Day

Institute of Health Sciences celebrated World Autism Awareness Day with SSEPD Dept, Govt. of Odisha. A small meeting was held at Ram Mandir square, Bhubaneswar and a rally was initiated from Ram mandir area till the Bhima Bhoi School for the blind holding placards creating awareness on ASD. All the NGOs working on Autism Spectrum Disorder were participated in this event.





08.04.2022 – Prof Satya Mahapatra invited as expert member for the training programme of Block Social Security Officers conducted by SSEPD Dept. Govt. of Odisha. The topic covered by Prof Mahapatra was early intervention and therapeutic care for the children with disabilities.



**28.07.2022** – **Eye check up camp** was organized by Institute of Health Sciences for the children with disability by L V Peasad Eye Institute at Chandaka campus.



**2020-21** – Community awareness through digital media - Prof Satya Mahapatra, founder, Director Institute of Health Sciences conducting virtual awareness programme on different types of disabilities and their rehabilitation in every Saturday evening through his speech as Satya Speaks. As Covid – 19 pandemic was prevalent and everyone is restricted to move outside which also hamper the rehabilitation of children at home, consequently regression of their condition. On realizing the problems faced by the parents of disability children, Prof Satya Mahapatra started his rehabilitation, awareness and guidance through virtual platform.









SL	DATE	TOPIC		
1	06.10.2021	Autism treatment vs mgmt		
2	07.10.2021	Development disorder		
3	08.10.2021	Mental Health		
4	28.10.2021	Hearing Impairment		
5	30.10.2021	Intellectual Disability		
6	08.11.2021	Learning Disabilities		
7	09.11.2021	Cerebral Palsy		
8	17.11.2021	How to manage behaviour problems in children		
9	23.11.2021	How to cope with parenting stress & Anxiety		
10	29.11.2021	Disorted ability Rehabilitation		
11	20.12.2021	World Disability Day		
12	27.12.2021	Cerebral Stroke		
13	06.01.2022	Multiorgan malfunction in Autism		
14	10.01.2022	Oral Communication		
15	22.01.2022	Disability Rehabilitation		
16	05.02.2022	Disability Continuum		
17	06.02.2022	Early Intervention in Autism		
18	08.02.2022	Scope of practice for a speech therapist		
19	08.02.2022	How to get funding for rehabilitation & Therapy services		
20	15.03.2022	Autism, self assessment		

21	05.04.2022	The circle of support - peer factor	
22	06.04.2022	Journey of self Improvement through online therapy	
23	07.04.2022	World Autism Awareness Day	
24	13.04.2022	Invisible Hearing Disorders	
25	20.04.2022	How to improve behaviour of an unruly child	
26	23.04.2022	Your family counselling	
27	30.04.2022	Defining imperfections	
28	07.05.2022	Emotional management	
29	14.05.2022	Speech therapy does not work	

Model Centre for Children with Special Needs a therapeutic center run by Margdarsi is dealing with various types of disability children, MR, Autism, CP, Multiple disabilities. The center is focusing on prevention of disability by individualized plan of action.

## Different types of therapy includes

- Physiotherapy
- Speech language therapy
- Sensory Integration therapy
- Psychotherapy
- Special education
- Non conventional therapies(Diet therapy, Art therapy, Dance & music therapy)



Margdarsi is currently running a special school, **School for Autism** which is the one and the only special school recognized by SSEPD Dept. Govt. of Odisha. Special education is given to the children at the school in the most facilitating way using different types of recreational therapies and professional therapies to augment their reading & writing skills.

Sl	Project Name	No. Of Beneficiary	Category of Disability dealing with	Year
1	Rehabilitation of Physically & Mentally challenged, socially disadvantaged persons	120	ASD, CP,MR, Multiple Disabilities	2020-21
2	School for Autism(Special School)	50	ASD	2020-21