



***ANNUAL ACTIVITY REPORT
2019-2020***

Our Activities in brief



The Year of 2019-20 was year full of events and energy. It gives me immense pleasure to share the report of this year with all of you and also extend my heartfelt thanks to all of your valuable inputs in enabling us to serve better in last 11 years-an era of effort, struggle, challenge, excitement, achievement and aspiration....

We mark this year full of campaigns and awareness programmes such as Workshop on Early identification of children with autism and cerebral palsy, World Autism Day, Down Syndrome Day, World Disability Day, Cerebral Palsy day, Republic Day, Childrens day etc with a series of different workshops such as Capacity Building Programme for therapist, Mothers training programme, Hand on practice reflex evaluation of CP children, Health check-up camp, ADL and Home management of CP children, Workshop on cured leprosy patient and Know your right workshop on online disability certification and UDID card of persons with disabilities and successfully running a project from SSEPD Dept. Govt. of Odisha which provides free Therapy, Dr. Consultation, Aid & Appliance and Diet and Nutrition to more than 200 differently abled children in Care and Protection of Spastic Children/Persons and Rehabilitation of physically and Mentally Challenged Socially Disadvantaged Persons.



The year of 2019-20 was a bit hard us due to this COVID-19 condition and it had a great impact on us then also our staff members have done their job perfectly to the year best extent for ARCS. In this year we have registered 300 differently abled children among whom more than 100 differently abled children have got reimbursement money through Niramaya Health Insurance, A Scheme of The National Trust, Govt. Of India. In this year I was elected as the Board member of National Trust (Ministry of social justice and empowerment Govt. Of India) in CP category and we have become a Local Level Committee Member in the Field of Disability to motivate and create awareness among the people for Legal Guardianship.

CONTRIBUTION OF SOCIETY IN THE FIELD OF PERSONS WITH DISABILITIES



AASTHA REHAB CARE SOCIETY which literally means ‘Faith’, ‘Rehabilitation’ & ‘Concern’ is a voluntary organization established on Dated 25th January 2007 in the presence of Shri. Deoranjana Kumar Singh, IAS, Collector, Cuttack, which operates in the State of Odisha and Society registered under Society Registration Act 1860 on dated 04th June 2011.



Aastha Rehab Care Society is dedicated to serve the society since inception. Its aim and ambition has been to serve the society and needy –differently abled children. Some of the activities and achievements done by the society are given below:

The society has provided free surgery and treatment to weaker section of society who could not afford. Free aid & appliance were also provided to needy persons who could not afford.

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NIRAMAYA INSURANCE BENEFICIARY OF ARCS



CATEGORY	2016-17	2017-18	2018-19	2019-20	Total (from the starting year of the scheme to till date)
i. Autism	0	0	3	3	6
ii. Cerebral Palsy	29	35	18	19	101
iii. Mental Retardation	16	36	24	32	108
iv. Multiple Disabilities	17	17	13	12	59
Total (i to iv)	62	88	58	66	274
Rural and Urban Ratio	70/30	80/20	80/20	60/40	71/6
LI group PwDs	19	62	36	34	151
Above LI group PwDs	43	26	22	32	123

2nd April 2019



ARCS organised world Autism awareness day and a cultural programme by the differently-abled children at Care and protection centre.

आस्था रिहैब सोसाइटी ने SANMARG 3.4.19 को विश्व स्वलीनता दिवस

कटक : आस्था रिहैब सोसाइटी की ओर से कटक नौमचोड़ी स्थित चाइल्ड केयर के मानसिक दिव्यांग संस्थान में मंगलवार को विश्व स्वलीनता (ऑटिज्म) दिवस मनाया। इस मौके पर विशिष्ट समाजसेवी चिरोस्मिता मिश्र ने मुख्य अतिथि के रूप में उपस्थित होकर इस कार्यक्रम का उद्घाटन किया। उन्होंने कहा कि वर्तमान समग्र विश्व में ऑटिज्म चिंता का कारण है। लोगों को ऑटिज्म के पीड़ित बच्चों के देखभाल व चिकित्सा के प्रति ध्यान देना जरूरी है। रिहैब सोसाइटी के निदेशक तथा भारतीय न्याय बोर्ड एवं भारत सरकार के सामाजिक व सराजिकरण मंत्रालय के सदस्य डा आशीष कुमार ने इस कार्यक्रम में



अन्यतम अतिथि के रूप में उपस्थित रह कहा कि वर्तमान भारत में प्रति 100 बच्चों में से 1.8 बच्चे ऑटिज्म से पीड़ित हैं। जन्म से ही बच्चों में यह बीमारी पायी जाती है। ऑटिज्म के पीड़ित बच्चों को पहले कुछ भी अनुभव नहीं होता है। उन्हें सुनने और देखने में समस्या होने लगती है। भारत सरकार ने ऑटिज्म के इलाज के लिए कई योजनाएं बनाई हैं। इसलिए प्रत्येक ऑटिज्म से पीड़ित बच्चे को इस योजना में शामिल कर बेहतर चिकित्सा के लिए चिकित्सक की सलाह लेनी चाहिए। सोसाइटी के अध्यक्ष बासंती नायक ने इस कार्यक्रम की अध्यक्षता की। प्रजा परिमिता साहू एवं अंजना प्रसाद ने इस कार्यक्रम का संचालन किया।



14th June 2019



An official expert team of National Trust and Secretary of Aastha Rehab Care Society along with SNAC visited the fani affected area near the Konark village of Odisha to access some of the houses of the Cerebral palsy, multiple disability and Mentally retarded people.

27th July 2019



Today Aastha rehab care Society successfully organised a workshop On Early identification of children with Autism and Cerebral palsy and role of inclusive education in the presence of 150 professionals at Panthnivas Cuttack



REDMI NOTE 7S AI DUAL CAMERA



REDMI NOTE 7S AI DUAL CAMERA

2019/7/27 13:29



3rd December 2019



Aastha Rehab Care Society celebrated World disability day at Care and protection centre. Differently abled children and their parents participated in games and some of them sang beautiful song.

1st February 2020



ହୋପ ସୋସାଇଟିର ଦିବ୍ୟାଙ୍ଗ ସଚେତନତା ଶିବିର

• ସ୍ଥଳଚଳଣ, ପିଏନଏସ

କଟକ ମହାଙ୍ଗା ବ୍ଲକ୍ ସ୍ଥିତ ହୋପ ସୋସାଇଟିର ଆୟତନରେ ନ୍ୟାସନାଲ ଟ୍ରଷ୍ଟ ଓଡ଼ିଶା ଅଧିନରେ ହୋପ ସୋସାଇଟିର ଉପସ୍ଥାପିତ ଦିବ୍ୟାଙ୍ଗ ସଚେତନତା ଶିବିର ଚଳାଇଯାଇଛି । ସମ୍ପର୍କ ଅନୁସନ୍ଧାନ ଆବଶ୍ୟକତା ବିଶିଷ୍ଟ ବିଭିନ୍ନ ବ୍ଲକ୍ରେ ଚଳାଇ ଯାଉଥିବା କାର୍ଯ୍ୟକ୍ରମରେ ୨୫୦ ଅଭିଭାବକଙ୍କ ଉପସ୍ଥିତିରେ ଏକ ବୈଦିକ ଦିବ୍ୟାଙ୍ଗ ସମ୍ପର୍କ ଯୋଗ୍ୟତା ଯାଞ୍ଚ କରାଯାଇଥିଲା । ନ୍ୟାସନାଲ ଟ୍ରଷ୍ଟର ମେମ୍ବର ଡେବେନ୍ଦ୍ର କୁମାର ଆଶିଷ କୁମାର ମୁଖ୍ୟ ଅତିଥି ଭାବେ ଯୋଗଦେଇ ସମ୍ପର୍କ ଓଡ଼ିଶା ବିଭାଗରେ ମତାମତ କରୁଥିଲେ । ସେ କହିଥିଲେ ଚାହୁଁଥିବା ଅନେକ ଦିବ୍ୟାଙ୍ଗ ଉପସ୍ଥିତ ଯୋଗ୍ୟତା ନିଜର ଅଧିକାର ବିଷୟରେ ଜାଣିପାରୁନାହାନ୍ତି । ଅନୁଭବ ଦିବ୍ୟାଙ୍ଗ ପ୍ରମାଣପତ୍ର କର୍ମକାରୀଙ୍କୁ ପାଇବା, ବିଭାଗ ସାହିତ୍ୟାବସ୍ଥିତ , ସ୍ଥିତିଆବି ଇତ୍ୟାଦି ଅର୍ଥକ୍ଷେତ୍ର

ଦିବ୍ୟାଙ୍ଗ ବିଭାଗ ପ୍ରଦାନ କରିଥିଲେ । କାର୍ଯ୍ୟକ୍ରମରେ ଅନୁଭବ ମଧ୍ୟରେ ଚାହୁଁଥିବା ସ୍ଥିତି ମହାପାତ୍ର, ହୋପ ସୋସାଇଟିର ସେକ୍ରେଟାରୀ ଦୀପକ କୁମାର ସମ୍ପର୍କ ପ୍ରମାଣ ଯୋଗଦେଇଥିଲେ । ନିରଞ୍ଜନ ବସନ୍ତରା, ଏକ ସ୍ୱାଧିକାରୀ ଉପସ୍ଥିତ ଯୋଗଦାନ କରିଥିଲେ ।



1st February 2020 The Hope society successfully organised awareness programme (Sampark-the hour of need) under the National trust scheme at kumuda Mahanga block, Cuttack, odisha in the presence of 250 people where 98 differently abled children are identified for the scheme. In the program the Ashish Kumar Secretary of ARCS gave a detailed information about the Samprak scheme and information about online disability certification, legal guardianship, use of UDID card and Dr.Sudhir Mohapatra M.S Ortho with resource person identified the differently abled children.End of the meeting Sanjay Kumar Sazzan Secretary of The Hope Society given a vote of thanks.

Art, Craft & Dance Therapy continue at ARCS



Therapeutic Activities





SUCCESSFUL

Cases of Cerebral Palsy (SPASTIC CHILDREN)
Rehabilitated BY AASTHA REHAB CARE SOCIETY



Udit Agarwal

BBA, Bahugram College
Bhubaneswar
Certificate no. -5107



Simant S. Senapati

B.Tech, CEB
Bhubaneswar
Certificate no. -7146



Sanghamitra kar

+3, St. Joseph college of
commerce, Jagatpur
Certificate no. -30



Bapuni Swain

+3 Sci, Shri Jagannath
college Kothi, JS Pur
Cert. no. -21121703684



Surya Prasad Majhi

Press Worker
Cuttack
Certificate no. -1128



SK Ramjan

IX, Seminary School
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Abhisek B. Panda

IX, Jhansiarpr High School
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Tejaswini Sahoo

VIII, Saraswati Sishu Mandir
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Cert. no -21071601778



Shoyam Mohanty

Vii, DAV Public School
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Certificate no -
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Gauranga Ch. Kar



Jayprakash Parida



Ankit Padhi



Hrushikesh Barik

ACTION PLAN FOR THE YEAR 2020-21



- ❖ I want to see Aastha Rehab Care Society as one of the Prime Rehabilitation Centre of Odisha.
- ❖ I shall increase the institute helping capacity from 170 differently abled children to at least 500 differently abled children and improve their quality of life.
- ❖ My aim is also to become a single solution window providing all the necessary help starting from Surgery, Aid & Appliance, Niramaya Health Insurance and a Scheme of SSEPD Dept., Scholarship, Govt. Aid to ensure that all help is provided without any harassment to these Children and Parents.

Well Trained Parents are
the Best Therapists



Thank you!