



बौद्धिक अपंग आणि सेरेब्रल पाल्सी मुलांच्या पालकांची संस्था

वार्षिक अहवाल २०२१-२३

अरविंद सौरभ

Be a friend of Umed Pariwar

चैत्रबन

उमेद परिवार मागोवा.....

हिंदू नववर्षाच्या शुभेच्छा !

सरत्या वर्षाला निरोप देत आपण मोठ्या उत्साहाने, आनंदाने आणि नव्या उमेदीने सन २०२४ चे स्वागत करूया, नवीन वर्षातील नवीन सप्तरंगी किरणांप्रमाणे आमच्या विशेष मुलांना त्यांच्या पालकांना, नातेवाईकांना तसेच अशा विशेष शाळांचा शिक्षक वर्ग, संस्थाचालक या क्षेत्रात कार्यरत असलेले कार्यकर्ते, विश्वस्त, देणगीदार, जाहिरातदार, समाज कल्याण विभागातील अधिकारी आणि कर्मचारी वर्ग, विशेष मुलांसाठीचे डॉक्टर्स, थेरपिस्ट यांना सुखाचे दिवस येवो. नवीन आशेच्या किरणांचा उदय होऊन सर्वत्र उत्साह संचारेल हीच प्रभूचरणी प्रार्थना !

अरविंद सौरभ

पुण्यापासून २२ कि.मी. अंतरावर आणि सासवडच्या अलीकडे असणाऱ्या 'वडकी' गावात उमेद परिवारातर्फे स्वतःचा 'अरविंद सौरभ' हा निवासी प्रकल्प साकारला गेला आहे. या प्रकल्पासाठी विविध संस्था, व्यक्ती यांनी उदार मनाने देणग्या दिल्या त्या सर्वांची संस्था ऋणी आहे. 'अरविंद सौरभ' मध्ये ही दोन मजली इमारत उभी राहू शकली. प्रकल्पामध्ये १८ वर्षावरील मुला-मुलींना प्रवेश दिला जात आहे. सर्व ट्रस्टी आत्मियतेने काम करणारे सहकारी-सेवक, समाजातील दानशूर संस्था, व्यक्ती यांच्या सहकार्याने हा प्रकल्प निश्चितच विशेष मुलांचे घर होईल याची खात्री आहे. अधिक माहितीसाठी संस्थेच्या कार्यालयात संपर्क साधावा.

वर्ष २०२१-२३ चा अहवाल

गेली ३३ वर्षे उमेद परिवारने आपल्या संबंध वर्षातील कार्यक्रमाची माहिती मतिमंद आणि बहुविकलांग मुलांना उपयोगी असणारे लेख दरवर्षीच्या अहवालात प्रकाशित केले आहे. या वेळेचे लेख देखील आपणास ते नक्कीच आवडतील. अहवाल कसा वाटला हे जाणून घ्यायला आम्हाला आनंद वाटेल.

अध्यक्ष उमेद परिवार



त्यांचे ही जीवन
ज्योतिमय
करा

मतिमंदत्व व
बहुविकलांगत्व
हा आजार नाही ती एक स्थिती आहे.

उमेद
परिवार

त्यांना बरेच आहे तुमच्या...
प्रेमाची व मदतीची.

मतिमंदत्व व
बहुविकलांगत्व
हा आजार नाही ती एक स्थिती आहे.

त्यांना ही हसू या , फुलू या.

उमेद
परिवार

त्यांना बरेच आहे तुमच्या...
प्रेमाची व मदतीची.

तुमच्या थोड्याशा प्रेमाने ,
त्यांचे जीवन भरेल उत्साहाने

मतिमंदत्व व
बहुविकलांगत्व
हा आजार नाही ती एक स्थिती आहे.

उमेद
परिवार

त्यांना बरेच आहे तुमच्या...
प्रेमाची व मदतीची.

अरविंद सौरभ
बौद्धिक अपंग आणि सेरेब्रल पाल्सी मुलांचे पुनर्वसन केंद्र



BAL UTSAV



Bal Utsav organized by PMC at Sarasbaug for Specially Enabled Wards. 11 wards along with 4 escorts & 3 care givers visited the venue from 1.00 noon to 6.30 pm. Those more self-reliant were taken to Bal Utsav, the wards enjoyed Puppet Shows, Pottery Making & Magic Shows, Played various games available there at. After a Short Snacks & Tea around came back with fond memories.

SPORTS & DANCE COMPITITION



Sports & Dance Competition organised at Jeevan Jyot Institute for Specially Enabled Individuals, in various age categories. Our wards & care givers took part in the Events :-

- 1) **Lagori** :- Indraneel Dange & Tushar Shah
- 2) **Book Balancing** :- Ankur Tyagi
- 3) **Spoon Lemon Race** :- Yash Gulhane

In Teachers category :- Shri. Rupesh Jadhav, Shri. Ganesh Bhapkar & Ms. Shubhangi Yeasankar participated.

The Winner of Arvind Saurabh was Indraneel Dange, who stood 1st in Lagori. Participation Certificate to all the participants were awarded by Jeevan Jyot Institute. The day there at was very enjoyable for the team from Arvind Saurabh.



Specially Enabled Children from Angraha School for Special Kids, Kothrud came to Arvind Saurabh on a days visit. They arrived by 11am, our residents were fully geared to receive the students from Angraha. Initially we had & introductory session, thereafter followed by playful activities, which all enjoyed to the fullest; followed by Lunch. Thereafter a small Musical Session in our Sensory Garden, wherein, their percussionist played Jhembe & Dholak. 3.00pm they enjoyed bhel & tea in our dining room. By 4.00pm we bid them bye with lots of sweet memories wherein some of their kids were reluctant to go back & were reclining in the dormitory.



OUR GUESTS

New Year 2024 debut was celebrated with the lunch party having in delectable menu which all the wards, Staff & residents enjoyed to the fullest wishing everybody & each other a HAPPY NEW YEAR

NEW YEAR CELEBRATION



New Year Eve. Small stint celebration. The wards had a lovely evening watching an old all time favourite movie HERO NO.1, from 6.30pm till 8.30pm. with a simple dinner but followed by a mini party welcoming the NEW 2024.

NEW YEAR EVE CELEBRATION



their
king



each
neu

arty
in a
ERO
ing
on.

JAY SHREE RAM.

the day ended on a wonderful note making it a red letter day for each one of us with Samosa & Moong ka Halwa with Tea. Evening Diyas were lit in the porch & Pooja performed at Ayodhya. Pre tea the day was wined up with crackers provided by Shri. P.G.Sharma, one of our Trustees, & the Pranpratishta they was rounded up Everybody enjoyed the luscious Laddoos offered as Prasad; thereafter seeing the all the staff & residents, building up the zest in Arvind Saurabh's atmosphere.

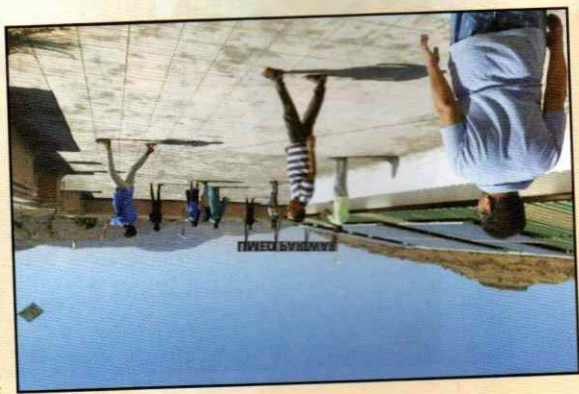
Unscheduled the day started with fervor & joy. Our care givers had the stage set for, setting up Ram Lalla's photoframe at the time of Pranprati-shta at Ayodhya. The residents got ready for the occasion, post breakfast the large TV was screening the Events at Ayodhya Live. At 11.30am pooja in our premises started at behest of Shri & Smt. Rawal followed by Arati by



RAM LALA PRAN PRANTISHTHAN DIWAS

watching the clear blue sky pecked with our Kites. Just before Lunch all of us receded to the ground floor to enjoy our Lunch of "Gul Til Polli" Happy Uttarayan a red letter day for our staff & residents.

is celebrated with fervor in Maharashtra, the day for our wards & staff started with excitement for Kite Flying. The Ritual religiously observed in all the states. After breakfast & National Anthem the whole excited gathering proceeded to the terrace & for 1.5 hours the Kite Flying was at its peak. Sipping Juice the ones who could fly the Kite were in the "Kite Flying Squad" & the rest were enjoying & the view under the shade, coolly sitting & watching the clear blue sky pecked with our Kites. Just before Lunch all of us receded to the ground floor to enjoy our Lunch of "Gul Til Polli" Happy Uttarayan a red letter day for our staff & residents.



MAKAR SANKRANTI



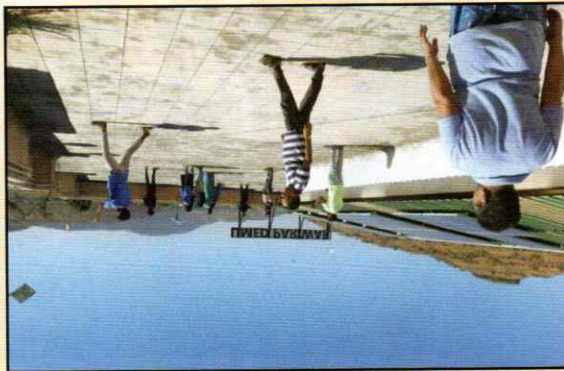
Unscheduled the day started with fervor & joy. Our care givers had the stage set for, setting up Ram Lalla's photoframe at the time of Pranpratishta at Ayodhya. The residents got ready for the occasion, post breakfast the large TV was screening the Events at Ayodhya Live. At 11.30am pooja in our premises started at behest of Shri & Smt. Rawal followed by Arati by all the staff & residents, building up the zest in Arvind Saurabh's atmosphere. Everybody enjoyed the luscious Laddoos offered as Prasad; thereafter seeing the Pooja performed at Ayodhya. Pre tea the day was winded up with crackers provided by Shri. P.G.Sharma, one of our Trustees, & the Pranpratishta they was rounded up with Samosa & Moong ka Halwa with Tea. Evening Diyas were lit in the porch & the day ended on a wonderful note making it a red letter day for each one of us

JAY SHREE RAM.



RAM LALA PRAN PRANTISHTHAN DIMAS

is celebrated with fervor in Maharashtra, the day for our wards & staff started with excitement for kite flying. The Ritual religiously observed in all the states. After breakfast & National Anthem the whole excited gathering proceeded to the terrace & for 1.5 hours the kite flying was at its peak. Sipping Juice the ones who could fly the kite were in the "Kite Flying Squad" & the rest were enjoying the view under the shade, coolly sitting & watching the clear blue sky pecked with our kites. Just before Lunch all of us receded to the ground floor to enjoy our Lunch of "Gul Til Pori" Happy Uttarayan a red letter day for our staff & residents.



MAKAR SANKRANTI

of their dining their



each menu

party with a ERO ching ation.

The day started with our residents clad in white dress, with tri color in their hands they marched from our residential building to the venue of flag hoisting. Flag hoisting was done by **Shri. C.K.Shah**, one of our senior most founder Trustees, followed by National Anthem & an address on the event & day by **Indraneel Dange** our resident. Thereafter all proceeded for breakfast & returned with an extra zeal to give the cultural performance in our small open air theatre.

The program started with the song "Uthe Sabke Kadam" by our CP residents accompanied by there care givers. Second in row was a performance by **Amod, Archana, Sanjana & Tejas**, followed by performance of **Harsh Gulhane & Indraneel Dange**, A solo by **Harsh Gulhane** & a Solo by **Abhishek Kapoor**, swinging to the modern day beats. Performance by **Ms. Shubhangi, Ms. Kajal & Ms. Tejaswi, Ombeer & Manish** all care givers was a highlight, ended with "Vande Mataram" by **Mrs. Rawal, Mrs. Nahar & Ms. Shubhangi**.

The day rolled over with a Lunch by one of our wards birthday celebrations. Post Lunch & afternoon siesta the residents gathered to enjoy the movie "Keasari".



REPUBLIC DAY

REPUBLIC DAY

जीवन शरदः शान्त या योजनेचे संक्षेप छा. आपल्या वातावरणाला आपल्या वयाच्या १०० पर्येपर्यी घा.

The excitement of Republic day continued the next day when our residents proceeded on a much awaited **Picnic to Kalpataru Gardens, Theur.** They boarded a 51 seater big bus under the alert wings of managers **Shri Balasahab Kanade & Shri Vivek Rawal.** In toe, in a 6 seater were Trustees **Mr. Rawal, Mr. C.K. Shah, Mrs. Santurkar & Mrs. Rawal.** The Journey to the resort was melodious with the songs being played. 20km away from Wadki! they reached in time to savor the breakfast of poha, missal pav etc.

And then began the rendezvous with Tractor Ride, Bullock Cart ride, Rain Dance, Swimming, Swings & Open Gym, followed by Hurda Party, matching to the Millet Party of our PM. Thereafter a sumptuous Lunch was laid of Bharii Wangi, Kobi Bhaji, Pithala Bhakri, Rice, Khir & Lapshi followed by afternoon siesta under the swaying trees, some on cot & some on carpet. The day at the resort ended with biscuits & tea. Enjoying the outing our residents returned to Arvind Saurabh by 7.00 pm tired & lazy but happy to have enjoyed to the fullest.



PICNIC

Post
oy
wi,
ne
eel
od,
nts
al
al
y
se
ay



India International Dance Festival was organised by its Pune Chapter 3 consecutive year in arrow at Sulochana Natu Vidya Mandir, Shivajinagar, Pune. Our Gratitude to the organisers for allotting a slot for Specially Enabled Individuals. The Program started at 4:00pm Arvind Saurabh's team consisting of our manager **Shri Balasahab Kanade, Staff Ms. Shubhangi, Shri Ganesh & Shri Rupesh** with participants **Yash Gulhane & Indraneel Dange,** reached the venue. Duo Performance of **Shree Ganesh Vandana by Indraneel & Yash** a Bollywood Solo Performance on the latest hit of "Gadar" by **Yash Gulhane,** was applauded by the audience present there at. It was a participatory performance on the link provided by girls was a daring effort. Kudos to them, we shall maintain the tempo in future as well, God bless them.



INDIA INT. DANCE FESTIVAL PUNE CHAPTER

Pani Puri Party at Sensory Garden for a residents, post tea the momentum started building up for our residents. The tables were set with all the accompaniments of the main dish Pani Puri, amidst beating music all residents enjoyed the Fanfare of Pani Puri which culminated into a thrilling experience with some change over in their daily routine.



PANI PURI PARTY

CHATRAPATI SHIVAJI MAHARAJ'S JAYANTI

Today Arvind Saurabh decked up to worship Goddess of knowledge, creativity & solace Maa Saraswati. The day begun with all yellow around to some extent dressings by all residents yellow, breakfast, dhokla yellow followed by Lunch of yellow & orange Gajar ka halwa offered as Prasad during puja a compliments of Kadh, Masale Bhat, Mutter Gravy all yellow based. 12.30noon the puja was performed by all the residents praying to the Goddess Saraswati for knowledge peace & solace as She is for all of us.



VASANT PANCHAMI



The ultimate Warrior of India Chhatrapati Shivaji Maharaj's Jayanti is celebrated in Maharashtra with zest & fervor. The Echoes of Jay Bhawani in Kashmir was matched up with, at Arvind Saurabh. The previous night our staff had a late night preparing for the D-day. A chariot decked up with flowers & Maharajas portrait & a dais with Shivaji's Statue was erected. Post breakfast & pre Lunch the procession with the chariot

& the iconic flag of Shivaji moved around, inside the campus, the residents chanting Jai Bhawani - Jai Shivaji, escorted the chariot offering flowers on Shivaji's Statue as a reverence. The residents spirit soared & the thrill was visible on their face. Finally, post the floral tribute, Birthday of one of our wards was celebrated, the celebration was rounded off with a sumptuous Lunch which all of us enjoyed Jai Shivaji Maharaj.

meal
by
as a
slot.
mind
boys
udos

for
atum
ents.
e a
Pani
ents
which
ence
daily

The ultimate Warrior of India Chhatrapati Shivaji Maharaj's Jayanti is celebrated in Maharashtra with zest & fervor. The Echoes of Jay Bhawani in Kashmir was matched up with, at Arvind Saurabh. The previous night our staff had a late night preparing for the D-day. A chariot decked up with flowers & Maharajas portrait & a dais with Shivaji's Statue was erected. Post breakfast & pre Lunch the procession with the chariot & the iconic flag of Shivaji moved around, inside the campus, the residents chanting **Jai Bhawani - Jai Shivaji**, escorted the chariot offering flowers on Shivaji's Statue as a reverence. The residents spirit soared & the thrill was visible on their face. Finally, post the floral tribute, Birthday of one of our wards was celebrated, the celebration was rounded off with a sumptuous Lunch which all of us enjoyed Jai Shivaji Maharaj.



Today Arvind Saurabh decked up to worship Goddess of knowledge, creativity & solace Maa Saraswati. The day begun with all yellow around to some extent dressings by all residents yellow, breakfast, dhokla yellow followed by Lunch of yellow & orange Gajar ka halwa offered as Prasad during puja a compliments of Kadh, Masale Bhat, Mutter Gravy all yellow based. 12.30noon the puja was performed by all the residents praying to the Goddess Saraswati for knowledge peace & solace as She is for all of us.

CHATRAPATI SHIVAJI MAHARAJ'S JAYANTI

Today Arvind Saurabh decked up to worship Goddess of knowledge, creativity & solace Maa Saraswati. The day begun with all yellow around to some extent dressings by all residents yellow, breakfast, dhokla yellow followed by Lunch of yellow & orange Gajar ka halwa offered as Prasad during puja a compliments of Kadh, Masale Bhat, Mutter Gravy all yellow based. 12.30noon the puja was performed by all the residents praying to the Goddess Saraswati for knowledge peace & solace as She is for all of us.



VASANT PANCHAMI

meel
by
as a
slot.
Arvind
boys
ludos



for
um
ts.
a
ani
ts
ch
nce
ally



विशेष शिक्षक	आनंद फाउंडेशन, दापोली	किरण सविन धारपड
क्रमांक	शाळा	नाव

वट क्र. ५

कलशिक्षक

वृत्तीय	गांधी सेलिब्रल युनिट, मालाड	तरुण अरुण पाटील
द्वितीय	श्रीमती वसुंधराबाई डगारा नवनिर्माण स्कूल, मुंबई	कलावती मोहनलाल जैन
प्रथम	श्रीमती वसुंधराबाई डगारा नवनिर्माण स्कूल, मुंबई	सुरज गुलाब प्रजापती
क्रमांक	शाळा	नाव

वट क्र. ४

वटविकलना

वृत्तीय	आनंद फाउंडेशन, दापोली	सात्विक सतिश शिंदे
द्वितीय	श्रीमती वसुंधराबाई डगारा नवनिर्माण स्कूल, मुंबई	मती गिरीश अमटा
प्रथम	प्रिंसम फाउंडेशन	श्रया गणेश शुकल
क्रमांक	शाळा	नाव

वट क्र. ३

वृत्त्यांक : ३० पैक्षा कमी

वृत्तीय	स्वामी ब्रह्मानंद प्रतिष्ठान, मुंबई	तन्वी मनाजकुमार वेश
द्वितीय	अस्तिव मतिमंद मुळावी शाळा, डॉ. विवली पूर्व	समर्थ दिलीप पाठारे
प्रथम	अस्तिव मतिमंद मुळावी शाळा, डॉ. विवली पूर्व	श्रया सुनिल मोहिते
क्रमांक	शाळा	नाव

वट क्र. २

वृत्त्यांक : ३० ते ५०

वृत्तीय	श्रीमती वसुंधराबाई डगारा नवनिर्माण स्कूल, मुंबई	नेहा योगेश गडरिया
द्वितीय	श्रीमती वसुंधराबाई डगारा नवनिर्माण स्कूल, मुंबई	शुभम महेश सोलकर
प्रथम	श्रीमती वसुंधराबाई डगारा नवनिर्माण स्कूल, मुंबई	शिवांग राजकुमार जस्वाल
क्रमांक	शाळा	नाव

वट क्र. १

वृत्त्यांक : ५१ ते ७०

पोस्टर्स