



**VISION:** Every Disabled Person Has Access To All Required Facilities For Rehabilitation

**MISSION:** A Life With Self Esteem And Dignity For The Disabled

**STRATEGIC OBJECTIVE:** Integrated Services Under One Roof

## **ANNUAL REPORT 2020-21**



## ANNUAL REPORT 2020-2021

### INTRODUCTORY INFORMATION ABOUT MBA FOUNDATION

**MBA (Mutually Beneficial Activities) Foundation** is a public charitable trust, started in January, 2002 by a group of Parents to answer their traumatic question 67

With A MISSION: “**A Life with Self-Esteem & Dignity for the Disabled.**”;

A VISION : “**Every Disabled Person has Access To all Facilities for Rehabilitation**”; and

A STRATEGIC OBJECTIVE: **Integrated Care Services under One Roof (Single window service)**

From 2002 to 2015, we were able to establish 4 need based satellite centers in Mumbai Suburbs, for our Day Care and Life Care Services...

Finally, we purchased a leased plot from CIDCO in Airoli, Navi Mumbai in 2012. With the help of many individual well-wishers and corporate houses, our building construction project got completed in record time of 18 months.

Since January 2016, all our activities are consolidated under one roof in this new place, **GODS’ Abode**, with disabled friendly facilities. This shift has also enabled us to have centralized control of all activities and administration.

Now, the place is brimming with activities; beneficiaries of ages ranging from 3 to 55 years, with all required equipment, trainers, therapists and, care givers.

Our Integrated Care Services include: -

- For Children with special needs: Early Intervention to integrate them in schools.
- For the Educable Youth : Distant Education under National Open School.
- For the Educated : Training & Development towards Job Placement.
- For Trainable : Vocational Training & Value Adding Activities.
- For severely disabled : Training for Activities of Daily Living.
- For Needy Persons : Life Care Including Residential Facilities.
- Allied Support Activities : Assessment & Therapy, Training The Trainers.

Admission to any candidate is approved after studying the detailed case history, proper diagnosis and assessment sessions by professional social worker, doctors (where needed), special educators, therapists and counselors.

## **HIGHLIGHTS:**

- ❖ **Started By a Group of Like Minded People to Help Parents & Youngsters with Different Disabilities.**
- ❖ **10 Trustees Consist Of Parents and Corporate Experts to Guide All Activities of the Centre – Rehab, Finance & Admin**
- ❖ **All Facilities under One Roof – Education, Training, Therapy and Fruitful Occupation & Life Care...**
- ❖ **Supported By Eminent Corporate Houses, Philanthropists and Social Organizations. (Godrej, Ht Parekh Foundation, Hiranandani Group, Axis Bank Foundation, Rotary, Etc. Etc.)**
- ❖ **Beneficiaries Range From Borderline To Severe Levels Of All Types Of Disabilities, Making It Truly A Mutually Beneficial Activities (MBA) Foundation!!**

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The prevailing Covid situation also had a severe impact on the functions of our Foundation. Even though our Centre was closed, we had to take care of the Life Care trainees staying with us. This was very difficult as due to travel restrictions, no one from outside were allowed to visit the Centre.

Our Life Care staff also could not venture out, as they had to look after the trainees. Moreover, there were time restrictions for the shops to be kept open for the public and this was an added constraint. We had to ensure that basic essentials were reached to them on time. With the help of our Well Wishers like Lions Club; Rotary and other Institutions, we ensured that all essential commodities reached our Centre on time. This was a huge relief.

Our Life Care trainees also got affected with Covid. Since our trainees are differently abled, it is very difficult to keep them masked all the time and maintain social distancing norms. We were constantly monitoring their fever; oxygen levels and pulse frequently and passing on the information online, to the Doctors. We also located testing centers, who are mobile. They came and did the testing as per doctor's instructions and provided us reports online. We also enabled door delivery of medicines.

We managed to keep the affected trainees in separate rooms with dedicated care takers. In one or two cases, hospitalization was needed and here again the nearby hospitals lend us a helping hand. We had 24/7 interaction with the life care team to keep their morale high. It was a testing time for all of us throughout the year.

The severe effect of the pandemic took away more than six months and we were also not able to impart any training to the wards. Our counseling team and special educators were in touch with all Parents and trainees who needed guidance during these stressful times.

Simultaneously, we also had to find ways & means to take care of our day care trainees. The parents were worried as the wards were getting restless. The Management decided on a paradigm shift from conventional to online training.

We held meetings with teachers and explained the concept of on line teaching and made them realize that it will be in vogue for quite some time due to the pandemic situation. The tech savvy teachers guided the others to learn internet tools and other skill sets & how to make them operational. They also learnt from online videos and also by attending online seminars conducted by affiliated organizations. After a few trial runs, they gained confidence and were ready.

Convincing the parents was the most difficult phase. Since the parents were sending the trainees to the Foundation on a daily basis, suddenly handling them 24/7 compounded their worries and they were in a confused state. Each teacher who was handling a group of trainees at the centre held detailed discussions with each parent.

The concept of online classes was explained to them in detail. The need for uninterrupted training was stressed, lest they forget what has already been learnt. In the beginning, few parents were not ready as they were low in confidence. The teachers instilled confidence in them by motivational talks and they agreed to join.

#### **Facing TheChallenges Head-on And Finding Solutions:**

**Operation OfMobiles:** The teachers handling the group gave a demonstration to all parents as to how the mobile phones should be positioned during training and therapy sessions. Teachers also discussed with parents on next day planning, any changes in schedules, sending educational videos etc.

**Category Grouping:**In order to make the learning process effective, the trainees were grouped into four categories - early intervention, pre-vocational, vocational & sheltered workshop. This group was further segregated into Autism; Cerebral Palsy; Mentally Challenged and Multiple Disabilities. Our therapists were also taking online sessions and also provided guidance to the Parents.

The Management was also in constant touch with all the Staff and giving them all help and assistance during these trying times. With the co-operation of all, we were in a position to manage keep things under control, during these trying times.

## ONLINE GLIMPSE OF DIFFERENT ACTIVITIES



### Our supporterS during Pandemic Times



**BASF India Ltd**

**Donation from Sutherland**

### PALGHAR PROJECT - ONLINE CLASSES

The Online English & Computer classes for Speech and Hearing-impaired students in Palghar area was started in August 2020 under the auspices of Rotary Club of Palghar, member of Able to Ability group, initiated by the then District Governor, Mr. Sunil Mehra 3141 dist. & ably supported by Mr A V Suresh, District Director.

The Young Butterfly – ViveFX- consulting LLP, Kandivali is conducting this training program. This program is supported by Rotary club of Bombay Pier.



**19<sup>th</sup> Founders Day 2021 (27<sup>th</sup> Feb 2021)**



19<sup>th</sup> Founders day was organized online and was streamed on YouTube with the Support of Rotary club of Juhu Mrs Kala Sridhar. We had videos from Mr Niranjan Hiranandani, Dr. Phiroza J. Godrej, Mr Amith Dholakia, Mr N R Venkatachalam and parents.

## World Disability Day – 2020 (3rd December 2020)



It was an online event organized by Mrs Kala Shridhar of Rotary club of Juhu.

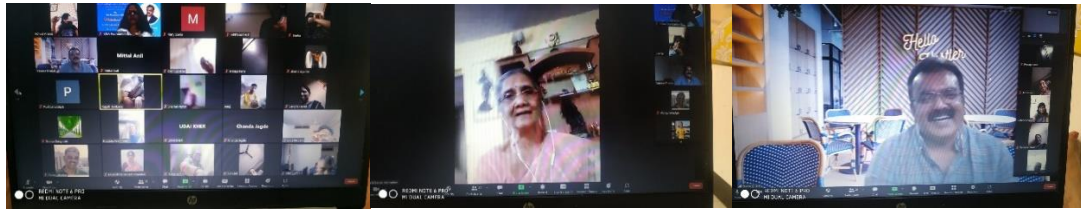
## World Disability Day 2021(3<sup>rd</sup> December 2021)



1. Talk on Mental Health Issues of ALL - ABLE & DIFFERENTLY ABLE vis-a-viz Pandemic by Hvovi Bhagwagar Psychologist & Psychotherapist.

2. Discussion on Disability Management - Challenges & Opportunities during the Pandemic By Geeta Castellino , Representatives from Parents, Teachers, Employers and Counsellors/Therapists

**10<sup>th</sup> December 2021**



Motivational Talk - An Inclusive program – Are we motivated enough to act? For abled and differently abled Mr Yateen Gharat- IAF certified Professional Facilitator

**12<sup>th</sup>& 19<sup>th</sup> December 2021**



Competition of differently able trainees from different NGOs & MBA Foundation was organized in association with The Smiling Souls. The program was conducted online by Mr Sunil Kholsa & Ms Tejasa.

**DATABASE OF TRAINEES DISABILITY-  
WISE DURING YEAR 2020-21**



Intellectual Impairment = 58

Cerebral Palsy (CP) = 28

Autism = 24

Multiple Disabilities = 10

**TOTAL NUMBERS = 120**

**Virtual Vocational Training :-**



