

# **V.K.MOHAMED CHARITABLE TRUST**

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**2022-2023**

**ANNUAL REPORT**

***OFFICE BEARERS OF THE V.K.MOHAMED CHARITABLE TRUST***

**V.K.MOHAMMED ASHRAF**  
Managing Trustee

**FATHIMA ASHRAF**  
Trustee

**AMIR ASHRAF MOHAMMED**  
Trustee

**AYSHA ASHRAF**  
Trustee

**MURALEEDHARAN.R**  
Trustee

**SINILDAS.P.D**  
Trustee

## **PREFACE**

The V.K.Mohamed Charitable Trust was formed early in 2002, in commemoration of Janab V.K.Mohamed Saheb; the veteran freedom fighter and committed social reformer from Valluvanad.

The V.K.Mohamed Charitable Trust was registered on 14-1-2002 (Regn. No.15/2002).

The organisation; as the first step, the VKM Special School established at Valanchery of Malappuram district on May 20, 2002.

What started off as a desire to help the less fortunate of our brethren, has now turned into a reality. In the short time since its existence, the VKM Special School, has through its efforts made remarkable progress in rehabilitating the intellectually disabled children from Mankada, Pattambi, Thanaloor and Kuttippuram Blocks.

The scientifically designed special education program, medical intervention, parents education and community awareness programs, undertaken by this institution is a right step in erasing the stigma attached with the intellectually disabled. This will pave the way for a much enriched and productive life for the intellectually disabled.

The institution has a clear cut vision and plan for its future. With the support and good wishes of the community and all those associated with it, the management is confident of achieving these objectives.

## **INTRODUCTION**

According to reliable statistics about 7 to 10% of the population in any developing country suffer from one or other kind of disabilities.

About 2.5 to 3% of the population are categorized under intellectual disability.

As far as Malappuram district is concerned, there is a higher prevalence of persons who are intellectually disabled. This situation is adducted to prevalence of consanguineous marriages and excessive use of drugs during times of pregnancy.

## **THE TASK**

Rehabilitation of such a huge number of intellectually disabled children is a formidable task.

This involves early intervention, special education, parent education, vocational training, economic rehabilitation and also preventive efforts.

## **WRONG ATTITUDE REGARDING INTELLECTUALLY DISABLED AND PEOPLE WITH AUTISM**

Intellectually disabled people are often met with negligence and even ridicule. They are marginalized members of society. Negligence and ridicule have destructive effects since they create a feeling of inferiority in a person. It is not unusual to hear people teasing, mocking or laughing at them. This sort of behavior is harmful for any person's self-image. Equally

devastating is the arrogance expressed among school teachers when they persistently refer to intellectually disabled pupils as “stupid”. The self-esteem of pupils persistently exposed to such treatment gets seriously damaged. A sad fact is that parents tend to hide children with disabilities. This does not necessarily mean that parents don’t love their children. The underlying reason might be ignorance and despair since parents don’t know how to handle such children. As a result, disabled children are isolated and cut off from social communion.

## **INTERVENTION**

The efforts so far taken by different agencies for intervention in this wide target area have not even touched the fringe of the problem.

Especially in Malappuram district the superstitions and misunderstandings on the issue have marred some of the sincere efforts in right directions.

## **THE NEED FOR ALTERNATIVE EDUCATION/TRAINING FOR INTELLECTUALLY DISABLED IN MALAPPURAM DISTRICT**

According to the UN convention on human rights, education is a basic right for all people (Article 26 in the UN Convention on Human Rights). Intellectual challenges hinders children from acquiring this right. As mentioned above there is no center or school that can provide alternative education/training for intellectually disabled children, especially in the Southern parts of the district. This lack of appropriate alternatives for intellectually disabled children has to be addressed in order to offer education/training that is suitable for them, so as to provide these children with their basic right.

It is against this backdrop that socially conscious philanthropists like Mr.V.K.Mohammed Ashraf took up the issue in right earnestness, and formed a charitable non-governmental organization, viz. the V.K.Mohamed Charitable Trust.

The main objective of this Trust was to scientifically plan and implement a project for the rehabilitation of the intellectually disabled children.

With regard to attending the specific needs of intellectually disabled children the trust has the following objectives.

“To OPEN a school so that children who are intellectually disabled may be offered education/training in such ways that can take into account their difficulties. By opening a school for intellectually disabled children, we do not claim that we are going to cure the children so that their disability will disappear. What we intend to do is to use our time, our knowledge and our experience in helping these children to develop as far as their capacity allows them. By doing so, there will be hope for a better future for these children”.

“We intend to INCLUDE parents in educating/training children who are intellectually disabled. For these children, rehabilitation programmes that include training at homes are important. At the same time, families with such children will learn how to cope with their situation. By being involved in helping their children, the parent’s attitudes from despair to hope”.

“We intend to PROMOTE awareness in the surrounding community that it is everyone’s duty to respect the rights of children with intellectual impairment and support them. Through the

work at the VKM Special School, we hope to change people's attitudes will change from despair to hope".

"We intend to PROMOTE awareness in the surrounding community that it is everyone's duty to respect the rights of children with intellectual impairment and support them. Through the work at the VKM Special School, we hope to change people's attitudes concerning intellectually disabled members of society and create a sense of responsibility towards them".

## **THE SPECIAL SCHOOL**

The objectives of this special school are:-

- To raise the quality of life of intellectually disabled children.
- To bring forth the intellectually disabled persons to the main stream of the society.
- To initiate steps to secure for the intellectually disabled, the recognition due to normal children.
- To take up activities leading to mental development and enjoyment of the intellectually disabled children.

In this school, the classes are divided into Special class, Pre-primary, Primary, Secondary and Pre-vocational groups. Classes with more than eight children are subdivided. The students in each class are selected according to their age and intelligence level.

The syllabus is formulated after assessing the ability of each group. In every class, the thrust is for activities leading to mental development and enjoyment of the intellectually retarded children, language development activities, time and money concept formation, number skills, prevocational activities, plays indoor and outdoor (play therapy), music, training in cultural activities etc. Drawing and painting classes are also provided in the syllabus.

## **ACTIVITIES AT A GLANCE**

The VKM Special School is providing special education, vocational training, recreational facilities, sports and games facilities and facilities for cultural programmes. The total number of beneficiaries is 106.

## **CHILD DEVELOPMENT CENTRE**

A Physiotherapy Centre is attached to the school for the benefit of children with various Neuro-developmental disorders and disabilities. Now the centre has been expanded as a "Child Development Centre" with Multi disciplinary facilities for

- Early Intervention Clinic for new born physiotherapy
- Neuro Developmental Therapy (NDT) and Sensory Integration.
- Paediatric Rehabilitation
- Post Corrective Surgery Rehabilitation
- Parents Training
- Medical Guidance
- Group therapy sessions
- Gym training
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## **OTHER ACTIVITIES**

### **1-Cerebral Palsy**

#### **Botulinum Toxin- A injection**

- 30-01-2023 Botulinum toxin injection for 30 cerebral palsy kids from Medical College Calicut
- 23-01-2023- Parent counselling and orientation for kids those who are preparing for Botulinum toxin injection
- 20-01-2023 Evaluation of kids for Botulinum toxin injection by team of Physiotherapist from VKM
- 20-01-2023 Evaluation and out patient services for kids and consultation for different Orthosis prescription
- 22-10-2022 Botulinum toxin injection for 28 cerebral palsy kids from Medical College Calicut
- 17-10-2022 parent counselling and orientation for kids those who are preparing for Botulinum toxin injection
- 15-10-2022 Evaluation of kids for Botulinum toxin injection by team of Physiotherapist from VKM
- 01-10-2022 -Evaluation and out patient services for kids and consultation for different Orthosis prescription
- 24-09-2022- Botulinum toxin injection for 14 cerebral palsy kids from Medical College Calicut
- 20-09-2022 -Parent counselling and orientation for kids those who are preparing for Botulinum toxin injection
- 17-08-2022 -Evaluation of kids for Botulinum toxin injection by team of Physiotherapist from VKM
- 05- 08-2022 -Evaluation and out patient services for kids and consultation for different Orthosis prescription
- 23-07-2022 -Botulinum toxin injection for 23 cerebral palsy kids from Medical College Calicut
- 13-07-2022 -Parent counselling and orientation for kids those who are preparing for Botulinum toxin injection
- 10-07-2022 Evaluation of kids for Botulinum toxin injection by team of Physiotherapist from VKM
- 01-07-2022 Evaluation and out patient services for kids and consultation for different Orthosis prescription
- 17-05-2022 -Botulinum toxin injection for 23 cerebral palsy kids from Medical College Calicut
- 10-05-2022 -Parent counselling and orientation for kids those who are preparing for Botulinum toxin injection
- 08-05-2022 Evaluation of kids for Botulinum toxin injection by team of Physiotherapist from VKM
- 01-05-2022 Evaluation and out patient services for kids and consultation for different Orthosis prescription

#### **Corrective Surgery Programme**

67 children with various correctable and partially correctable orthopaedic deformities were screened and they were evaluated in detail. Out of them 40 children were undergone for surgery. Pre-operative evaluation, pre operative strength training , parental counselling prior to surgeries. Post operative rehabilitation and bridging of academic gap during post operative period are conducted here in VKM Special school. Till now 391 surgeries were done from MES Medical College, Perintalmanna.

- 06-03-2023- Intrathecal baclofen injection for 7 children from MES Medical College in collaboration with Mobility Mission run by VKM Special School.
- 23-03-2022 Corrective surgery for 7 children from MES Medical College in collaboration with Mobility Mission run by VKM Special School.
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- 24-07-2022 Corrective surgery for 7 children from MES Medical College in collaboration with Mobility Mission run by VKM Special School.
- 16-10-2022
- Corrective surgery for 7 children from MES Medical College in collaboration with Mobility Mission run by VKM Special School.
- 15-11-2022- Corrective surgery for 9 children from MES Medical College in collaboration with Mobility Mission run by VKM Special School.
- 29-01-2023 Corrective surgery for 9 children from MES Medical College in collaboration with Mobility Mission run by VKM Special School.

## **Intellectual Disability**

### **Vocational Training and Agricultural activity**

- Live work training for 20 students -started data uploading on 23-03-2023 for Mumbai stock exchange
- June August online training for 20 kids for doing Excel worksheet for Mumbai stock exchange in PDF format
- Periodical evaluation for kids and teachers.
- September- November
  - Monthly training for vocational instructors by Amba foundation regarding virtual curriculum activities
- Students started virtual curriculum training phase 1 and phase 2.
- Receive the 20 laptops from Amber foundation
- 20 students enrolled for assistant computer operator training conducted by JSS.
- 25%-45 % students achieves the capacity Identification of different seeds, crops, watering of crops, manuring process.
- Special education for pre primary primary and secondary class students.
- Different sports activities, prevocational activities.

## **CELEBRATIONS AND EVENTS**

- Celebrated Praveshanolsavam' with wide variety of programmes.
- Celebrated World Environment day on 5<sup>th</sup> June with tree planting in School Campus.
- Celebrated Eid, Onam, Christmas and New Year with appropriate programmes.



- Independence Day was celebrated on 15-08-2022 with flag hosting and programmes.



Celebrated World Cerebral Palsy Day 6<sup>th</sup> Oct '2022 with with variety of programmes



- Celebrated Disability day with cultural programmes.
- Online computer training by amba foundation



- .Baclofen pump trial 6-3-2022



- .Kerala police academy visit



- .SURGERY total 35 cases (24/07/2022,17/09/2022,29/01/2023)
- BOTOX total 86 cases(23/07/2022,24/09/2022,222/10/2022,14/01/2023)

## **TRAINING AND AWARENESS BUILDING PROGRAMMES**

- Conducted Parents Awareness Classes on Niramaya Insurance and Legal Guardianship by National Trust..

### **Parents Meeting**

Class wise online and offline parents' meetings were held during the academic year to evaluate and discuss the progress of the children. Concerned teachers explained the various aspects of parenting of a intellectually retarded child.

### **A PEEP INTO FUTURE**

Discussion and other deliberations were held at various levels, including among parents and staff at the resource centres , professionals etc with a view to mould the future for the VKM Special School for Intellectually Disabled.

The goals:-

- A Sustainable future for the institution
- To maintain its progress and further develop the institution
- To prepare a short term plan
- To visualize a long term plan• .

### **THE BACKDROP**

It is generally agreed that the general image of the institution and its impression among general public and professional experts are very good. This is especially because, the school has made a head on start and it could achieve remarkable progress within the shortest time.

### **THE GENERAL OVERVIEW**

The overview of our immediate future plans shall be centered upon:-

- Include welfare of women and their empowerment as a subsidiary welfare component.
- Extent the area of operation of the school from its present six Panchayath limits.

### **PLAN FOR IMMEDIATE FUTURE**

- Corrective surgery camps to continue.
- The Physiotherapy division to be further strengthened.
- Channelize and reshape the goodwill of the general public into flow of funds; with a view to make the institution sustainable.
- To start various courses related to Rehabilitation of Intellectually disabled

### **LONG TERM VISION**

The following shall be the major components of this plant:-

- To develop the VKM Special School as a model and nodal centre for the rehabilitation of all that is possible, for the Cerebral Palsy, Intellectual Disability and other Neuro-developmental disorders.

- The ultimate target shall be to develop this institution to Referral status, by enlisting the services of professionals and specialists and installing all the required equipments and other infrastructural facilities.
- Develop the institution into a nice blend of institutional programmes and community based rehabilitation project.
- Make the set up financially sustainable

## **GENERAL**

We remember with deep gratitude Almighty Allah, but for His blessings and guidance these achievements would not have been possible.

We thank our various well wishers, the doctors, the parents, the Trustees of the V.K.Mohamed Charitable Trust, the special educators and staff of this institution, but for their hard works, these achievements would not have been possible. We profusely thank them and once again and pray for them.

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