



ANNUAL 21 REPORT 22



Not all of us can do great things But we can do small things with great love

- Mother Teresa

#### **Dear Friends and Well Wishers**

It is really a pleasure for all of us to present our Annual Report with all details of our activities during 2021 – 2022before you.

The initial months of the said year was very turbulent due to Covid – 19 situations. Many of us have lost our dear and near ones. Like other countries, we also suffered economic burden, hardship and delaying for management of chronic illness.

But the virus could not defeat spirit of the human race and ultimately we have overcome the grim situation and started with neo-normal life – but we need to remain guarded against the virus.

We believe that if someone has good will, support will automatically come. And that has exactly happened during last one year as in spite of Covid – 19 situations, we could go on adding new healthcare activities for needy people.

Looking at the high ratio of malnourished children in Gujarat, we have stared a project named "RIGHTTO LIVE" in association with AMC and started taking care of malnourished children by providing diagnosis, treatment and nutritional food supported by valued donors.

We have also started TKR & Cochlear Implant surgeries at highly subsidised cost to the patients with support from respected donors.

Supported by respected donor, we have been organising outreach camps under the project named "REACH – Raise Early Awareness for Community Health" doing early screening for diabetes, breast cancer, cervical cancer, congenital birth defects in different parts of Ahmedabad and other areas and subsequently providing treatment as needed.

We express our gratefulness to all esteemed donors and doctors who have been continuously supporting us for different projects.

We intend to include more modern medical equipment in the coming days to provide better and subsequently the best medical treatments to the patients.

Last but not the least, we convey our gratitude to all our esteemed Donors, Doctors, Volunteers, Trustees, Committee Members, Yuva Team Members, well- wishers and the staff members for their contribution – involvement – support all these long years to make Health & Care Foundation what it is today.

Our heartiest regards to all

Dr. Kalpan Desai Trustee & Hon. Secretary Dr. Bharat Bhagat Chairman Dr. Prakash Bhatt Trustee & CEO



#### NATIONAL HEALTH MISSION DISTRICT EARLY INTERVENTION CENTRE

Recognized by Government of Gujarat

For Treatment of Congenital Birth defects and Other Pediatric Conditions

Health and Care Foundation have more than 35 Years of experience in the field of congenital birth defects. Considering our expertise, Government of Gujarat has approved the hospital as DISTRICT EARLY INTERVENTION CENTRE (DEIC) since 2015; under this banner, the hospital has been rendering complete diagnosis, treatment and surgery for 28 types of congenital birth defects.











Developmental Dysplasia of the Hip Pre - Post

Cataract Pre - Post

# PROJECT - RIGHT TO LIVE MALNOURISHED CHILDREN A JOINT EFFORT OF HEALTH & CARE FOUNDATION AND AHMEDABAD MUNICIPAL CORPORATION

Out of 8300 Anganwadi children in South West Zone, 159 children are suffering from severe acute malnourishment and 601 are moderately acute malnourished children.





# **ROLE OF HEALTH AND CARE FOUNDATION**

Diagnosis of Malnourished Children by Pediatrician

Investigation – Lab Reports and X Ray Chest

Nutritional Food Support Supply of Multi Vitamin Tonic and Other Medicines.





Be the change you want to see in the world

- Mahatma Gandhi



### **TOTAL KNEE REPLACEMENT**

**SUPPORTED BY - RMMMRT- MUMBAI** 



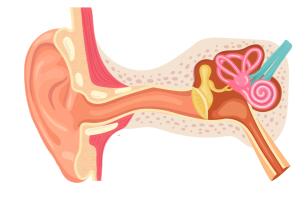
#### SHRAVYA C I (COCHLEAR IMPLANT) PROGRAM

**SUPPORTED BY - RMMMRT- MUMBAI** 

Cochlear is a sensory organ of hearing. It is a snail shaped located in the inner ear and is filled with a fluid which moves to vibrations from oval window. It is responsible to convert sound waves into electrical impulses then directing to auditory nerve.

For children up to 3 years' age who are unable to hear, with help of RMMMRT and expert surgeons, HCF organize corrective surgeries.

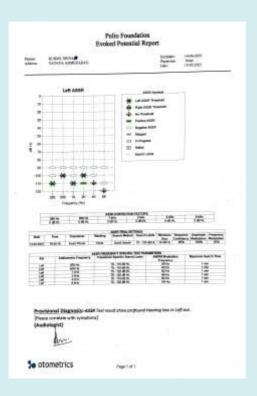
We have started cochlear implant surgery in January 2022 & till March 2022 we have performed 17 successful surgeries.

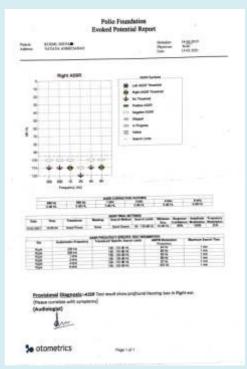












**REACH** (RAISE EARLY AWARENESS FOR COMMUNITY HEALTH) **OUTREACH SCREENING CAMP FOR DIABETES, BREAST CANCER, CERVICAL CANCER, CONGENITAL BIRTH DEFECTS** 

SUPPORTED BY - CREST DATA SYSTEMS PVT LTD.

#### **Screening camps started from 17th March 2022**

Looking at the need of the hour, Health and Care Foundation with support from Crest Data Systems Pvt. Itd is engaged in organizing free outreach camps for

Screening of Diabetes and Follow up for Secondary Investigations & Treatments

Screening for Early Detection of Cervical Cancer Screening for Early Detection of Breast Cancer

Screening for Congenital Birth Deformities in Semi-rural or Rural Areas.





# **OUTREACH CAMPS**







#### **COVID MANAGEMENT CENTER**

Lions Clubs International - District 3232 B1 & District 3232 B2

To cope up with effect of Covid 19 in emergency, HCF with support from Lions Clubs International and District 3232 B1 and District 3232 B2 has established Covid Management Center to help needy patients.

#### **OXYGEN CONCENTRATOR SUPPORT**

Rotary Club of Cosmopolitan Ahmedabad Foundation (C/o. Dr. Kamal C. Shah)

Dr. Pravin Sharda

Shri Pathik Patwari

**Dinesh Kantilal Charitable Trust** 

**Oswal Cables Private Limited** 

Lions Club Of Amdavad Samvedana (C/o. Omni Lens)





#### **ENT UNIT**

#### SUPPORTED BY - UNISON PHARMACEUTICALS PVT LTD

ENT specialists identify, manage, treat and perform surgery for ear, nose and throat problems. We have equipment like endoscopes, operating microscope and surgical instruments.

In our hospital several type of hearing tests like, OEA, BERA, ASSR, Impedance audiometry and pure tone audiometry are performed in sound proof roof with modern equipment at either free of cost or at highly affordable cost.

#### PEDIATRIC ORTHOPEDIC UNIT

SUPPORTED BY - SHANTABEN KANTIBHAI PATEL (PATDIWALA)

The pediatric Orthopedic Unit at HCF provides a broad range of care for congenital birth disorders of the skeleton, joints and muscles in children. The hospital has all the facilities to perform such surgery, including the modern operation theater with modern equipment. After surgery, we also provide calipers as per the requirements of beneficiary.











**After** 



#### **CLUBFOOT CLINIC**

#### SUPPORTED BY - SUSHILABEN MANUBHAI PARIKH

Clubfoot is a congenital deformity in which an infant's foot is turned inward and downwards and approximately one infant in every 1,000 live births will have clubfoot.

At HCF, club foot deformities are successfully corrected with non-surgical Ponseti method followed by splints and physiotherapy. After casting period, few number of babies require tenotomy surgery to release tightness in the achilles tendon.



#### SPINAL CORRECTIVE UNIT

SUPPORTED BY - DR. NITIN SUMANT SHAH - HEART FOUNDATION & RESEARCH INSTITUT

The Spinal Corrective Unit at Health & Care Foundation takes care of children suffering from congenital spinal problems by corrective surgery supported by modern equipment and facilities. Surgeries are critical, with duration of around 4 to 8 hours depending on severity and these are expensive. In our hospital, surgeries below the age of 18 years are done free of cost or at affordable cost

Every year, team of spinal experts comes from USA & UK to perform spinal surgeries to support us.



**Before** 



**After** 



### **CLEFT LIP & CLEFT PALATE**

Cleft lip and palate are one of the most common birth defects. Cleft lips mostly seen in boys, while cleft palate is seen in girls and occurs about 1 to 2 per 1000 births in the world. Cleft lip and palate is surgically repaired in the hospital totally free of cost under expert plastic surgeons and supported by KAMLA FOUNDATION, UK. Surgery can significantly improve child's appearance, quality of life, and ability to eat, breathe and talk.



**Before** 



**After** 



**Cleft Palate** 

**Cleft Lip** 



**Before** 



**After** 



#### **CEREBRAL PALSI UNIT**

JIVRAJPARK CENTER- SHAH CHIMANLAL CHHOTALAL LOKHANDWALA CHARITABLE TRUST
NIKOL UNIT SUPPORTED BY - LATE DR. J C SHAH & AHMEDABAD MUNICIPAL CORPORATION
DCU SUPPORTED BY - SMT. SHANTABEN JAYANTILAL CHOKSI, C/O. SHRI J. J.
CHOKSI

Our foundation has been running units for cerebral palsy children, which is usually neglected by community. Under this unit, we have been providing different type of therapies which help children to maximize their abilities and physical strength, prevent complications, and improve their quality of life and expert doctors perform regular diagnosis of the children to ensure their assessments and proper rehabilitation.











#### **AUTISM UNIT**

SUPPORTED BY - LATE SHARMISHTHABEN MANUBHAI SHAH (BADARPURWALA)

Autism is a complex neurological disorder impacting the normal development process of the child. Usually, it is found in 2 children per 1000 live births. Children become hyperactive due to autism.

Our intervention covers Behavioral Therapy, Speech Therapy, Social Skills Training, Yoga and Meditation Therapy, Sensory Integration (S.I) Therapy, and learning Alternative mode to develop communication skills.



#### **VOCATIONAL TRAINING CENTRE**

SUPPORTED BY - SHREE GUJARAT VAISHYA SABHA

Vocational Training Unit helps in developing grown up special child's unique capabilities while helping them achieve economically independence. In this department, we have been providing training to disabled & mentally retarded persons above the age of 18 years so they can prepare different items such as Paper Bags, Rakhis, Foot Mats, Diyas etc.













### **CHILD MAL-NUTRITION TREATMENT CENTER (CMTC)**

SUPPORTED BY - SRIMATI MANJULABEN JAYANTILAL SONI A JOINT EFFORT OF HCF AND AMC



CMTC center is an exclusive 6 bedded ward, where we provide highly nourished balanced food having rich protein and vitamin for mother and the child. Coordination and follow ups through Anganwadi workers; the unit is managed by expert doctors and trained staff.

PRAVINBHAI BALUBHAI CHARITY TRUST



# The end result of kindness is that it draws people to you

- Anita Roddick



#### **OPHTHALMIC DEPARTMENT**



As India has the highest number of visually challenged persons in the world, the importance of this unit is immense. Visual impairment has various causes, but it is felt that over 75% of cases could be prevented if treatment made available.

We have been providing all facilities under one roof for prevention of blindness through investigations, treatment and advanced surgery for all age group of patients. Under this unit, General eye check-ups, vision test are done in the OPD and necessary surgeries done by expert consultants. All these facilities are provided either free of cost or at highly affordable cost with help of modern equipment and expert ophthalmologists and surgeons.

#### Under this department we have units for

CORNEA GRAFTING GLAUCOMA ISSUES

RETINAL PROBLEMS

ORBIT AND OCULOPLASTY SURGERY



# INVESTIGATIVE DIABETIC RETINOPATHY CLINIC RAMANGOURI AND HIRALAL SHAH

SUPPORTED BY - HIRALAL J SHAH CHARITABLE TRUST



Diabetics often suffer from the growth of new blood cells from the retina into the vitreous humor, which cause bleeding and stretching of the retina. Early diagnosis can preempt surgical intervention; HCF provides OCT procedures and advanced cases are treated by laser and injection at HCF.

#### SCREENING OF DIABETIC RETINOPATHY AT OUTREACH CAMPS

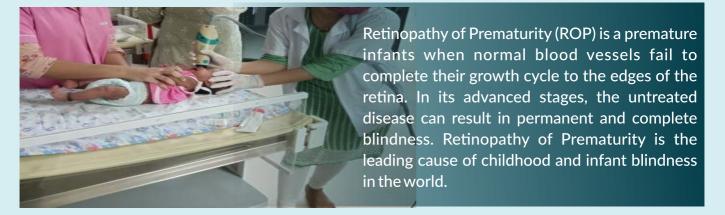
SUPPORTED BY - SMT SMITABEN AND SHRI KIRITBHAI SHAH (USA)

Diabetic retinopathy is diagnosed in outreach camps and subsequently treated in our hospital by way of laser therapy and injection as needed.



#### **RETINOPATHY OF PREMATURITY**

SUPPORTED BY - PARAMPUJYA ACHARYA SHREE KALYANSAGARSURISHWARJEE MAHARAJ SAHEBAMOLA SURENDRABHAI MANGALDAS KACHRABHAI PARIVAR (TINTODAVALA)



High-risk infants are screened by our technical team with special camera and treated as required to avoid blindness by Retinal surgeon.



#### PEDIATRIC OPHTHALMOLOGY UNIT

SUPPORTED BY - SHETH HARILAL HARIVALLABHDAS TRUST

Since the visual system is in a developing phase in childhood, hence it is imperative that any eye disorder in children be identified and rectified as early as possible. Pediatric Ophthalmologists treat eye defects like Cataract, Squint, Glaucoma, Keratoconus in children at free of cost.





# **CENTRE FOR DIABETES – AWARENESS AND DETECTION**SUPPORTED BY - LALJI MEHROTRA FOUNDATION

India has the highest number of diabetes patients in the world – irony is that Gujarat's diabetes ratio is higher than all India average. CENTRE FOR DIABETES run by our trust to organize outreach screening camps in community places for diabetes. After primary screening, if found positive, patients are advised to come to our hospital for all secondary investigations which are done totally free of cost. We organize awareness seminars, talk-shows also for prevention of diabetes. We also run a **Diabetes club** to help the patients continuously on long term basis under Diabetics Membership Card.

Secondary investigations just INR 100/-	Tertiary care Treatment Just INR 500/-
FBS / PPBS 6 times in a year	Heart 2D Echo
Physician Reference 4 times in a year	Kidney Electrolytes (NA+, K+, CI)
Eye Fundus Check-up 2 times in a year	Kidney Sonography of Kidney
ECG 2 times in a year	Eye FFA or Fundus Photos + OCT
Serum Createnine 1 time in a year	Foot Podiascan and Thesiowin



#### **DIABETIC FOOT CLINIC**

**SUPPORTED BY - MADHURAM** 

Our diabetic foot clinic provides all facilities by modern computerized foot equipment and specialized consultants. Regular follow up can save the complications of diabetic foot. Beside this, in our modern workshop, we prepare diabetic foot ware and foot insoles at a very affordable cost.

#### **JUVENILE DIABETES CENTRE**

**SUPPORTED BY - SOPHOS** 

Type 1 diabetes is fatal unless treated with proper care and insulin. We have been treating all kids by most common method of administering insulin. We provide them insulin at subsidized cost supported by Donors.

### **Dialysis Unit**

# **UNIT-1**LATE LALIT SHAH DIALYSIS UNIT

#### **SUPPORTED BY:**

LATE SUDHIRBHAI SARABHAI CHOKSI FAMILY & PRAVINBHAI BALUBHAI CHARITY TRUST UNIT-2 & 3
PRAVINBHAI BALUBHAI CHARITY TRUST

We have been providing dialysis procedures to needy people by modern equipment, under experienced dialysis technicians and expert doctors at free of cost for MAA and PMJAY card holders and at nominal costs for others.





#### **WOMEN WELLNESS CLINIC**

SUPPORTED BY - SMT KALABEN ARVINDBHAI NANAVATI
Supported by - LATE DHANLAKSHMIBEN MANILAL RANCHDDAS

Breast Cancer and Cervical Cancer is the most common cancer in women and the second most common cancer to cause death in women. We provide all types of sonography and mammography at HCF

#### I-BREAST EXAMINATION AND AWARENESS CAMPS

**SUPPORTED BY - SHILP GRAVURES LTD** 

Device Supported By - U & U LTD -UK A NEW WAY TO DETECT BREAST CANCER



HCF regularly conducts Outreach Breast Screening Camps for awareness and early detection of Breast Cancer by i-Breast exam device in and around Ahmedabad city. Those who need additional investigation, we counsel them to attend hospital for tests like Mammography and Sonography of Breast.

### **MULTISPECIALTY DIAGNOSTIC CLINIC**

SUPPORTED BY - SHRIMATI KALABEN ARVINDBHAI NANAVATI

Understanding the high cost of Specialist Services, we run Multispecialty Diagnostic Clinic. Under this clinic, we have been offering services like Gastroenterology, Pulmonology, Upper Extremity Orthopedic, Nephrology, General Surgery, Pediatric General Surgery, Sonography, Cancer Pain and Palliative Medicine & Dermatology which provide diagnostic facilities at highly subsidized rate.



#### **DENTAL UNIT**

SUPPORTED BY - SMT. CHANDRAVATIBEN CHIMANLAL SHAH - SHRI C.C. SHAH (BAUSHIR M. MARFATIA AND CO.) FROM HIS FAMILY AND SHRI PARSHWANATH CAHRITABLE TRUST AND SHRI MAHAVIR TRUST - SMT. AMLABEN AND SHRI RAJESHBHAI C. SHAH AND PRABHAVATIBEN HIRABHAI BHAGWATI



A fully integrated Dental unit providing sustainable solutions in the field of Dentistry having state of the art infrastructure, Equipment & Instrumentation, world class procedures. We have been providing facilities namely Root canal, Ceramic & Metallic cap, Filling, Scaling, Extraction, X Ray, Denture, Implants, Periodontal Surgery, Ortho Treatment, Veneers (Smile Designing) etc. treatment at highly affordable cost.

#### PAIN MANAGEMENT CLINIC

Our pain management clinic provides comprehensive care for people living with chronic pain, for whom medication & other therapies are ineffective. The cause of pain is thoroughly analyzed by qualified pain physicians & treatment options like medication and different procedures, therapies-sometime by Injection, Ozone therapy, Radio-Frequency therapy are provided as per need.

#### PEDIATRIC DIAGNOSTIC UNIT

SUPPORTED BY - SMT SMITABEN AND SHRI KIRITBHAI SHAH

Children are diagnosed, investigated and treated for different diseases by expert pediatrician under this unit at very nominal cost





#### **HEALTH CHECKUP CENTER**

SUPPORTED BY - LATE SHRIMATI KANCHANGAURI JAMNADAS SHAH

To prevent the onset of diseases and illness, it is important that you build the foundation of a strong protective wall. We have been providing health checkup facilities including blood test, kidney and liver function test, thyroid test, ECG for cardiac, X ray, Eye checkup, Dental checkup at highly nominal cost

#### **GENERIC MEDICINE CENTRE**

SUPPORTED BY - MAHALAXMI MATA TRUST (PALDI)

HCF help needy people who buy medicines by providing them access to genuine generic medicines at discounted prices. We are highly thankful to Shri Bipinbhai Shah and Mahalaxmi Mata Trust (Paldi) for their generous support.

#### **RADIOLOGY UNIT**

Radiology unit provides X ray chest, Upper – lower limb and spine x ray by modern equipment, In addition we provide 2D Echo, Ultra sound sonography.

#### **PATHOLOGY UNIT**

SUPPORTED BY - SULOCHNA C DALAL

Our pathology laboratory is always focusing on quality testing, timely report to provide early treatment. All types of blood and urine investigations are done with best modern equipment using quality reagents at highly nominal cost.

### **PROSTHESIS AND ORTHOSIS WORKSHOP**

We have been preparing different types of splints, high tech limbs, calipers, spinal braces, diabetic foot wear, insole and artificial limbs for needy people at nominal cost at highly subsidize rate.

#### **MUSCULAR DYSTROPHY UNIT**

SUPPORTED BY - LATE SADGUNABEN RATILAL ZAVERI

We run Muscular Dystrophy unit which is basically incurable diseases with support from INDIAN MUSCULAR DYSTROPHY SOCIETY AND RESEARCH CENTER and we have been providing our best for unfortunate patients as well as medicines under this mission.



#### **GENERAL PHYSIOTHERAPY UNIT**

SUPPORTED BY - UGARCHAND PATEL

We provide advanced assessment and therapies to address neuro-musculoskeletal injury and dysfunction. We provide rehabilitation solutions utilizing and individualized, single or multi-disciplinary approach to do maximum acquire function at work play or activities in daily life.

#### **SENIOR CITIZEN CENTER**

SUPPORTED BY - RATIBHAI G PATEL

Our motto is to provide a holistic service to ensure physical, mental and social wellbeing of senior citizens. We provide facilities such as entertainment, yoga, once a month blood sugar check, every week blood pressure measurement, indoor games and library.

#### **VACCINATION CENTER**

SMT SMITABEN & SHRI KIRITBHAI SHAH USA PRAVINBHAI BALUBHAI CHARITY TRUST AHMEDABAD MUNICIPAL CORPORATION

The vaccination center is providing vaccinations and plays a vital role to improve the health status of community. This center serves indoor and outdoor neonates, children, Adolescent Girls and women by providing life-saving vaccines free of cost which is provided by AMC; other type of vaccines for children and women are provided at subsidized cost or free of cost to underprivileged people. The center organizes outreach camps at different locations for providing vaccines at the camp site.

The simplest acts of kindness are by far more powerful than a thousand heads bowing in prayer

- Mahatma Gandhi



#### **HAPPENINGS**























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# **DEPARTMENT WISE DATA YEAR 2021-22**

Secondary Investigations  Secondary Investigations  I Breast Cervical Scening Cancer  Total Children Vaccinated						YSTEMS PVT LTD Diabetes &	RIGHT TO LIVE			
Malnourished Screening 1st Till March Result Total Children Vaccinated					I Breast Sreening	Secondary				
	New Beneficiaries			4	5		Screening Camps		_	
200 109 59 <b>Beneficiaries</b> 207 142 37 1741 640	784	640	1741	37	142	207	Beneficiaries	59	109	200

SPINAL CORRECTIVE SURGERY UNIT			CLEFT LIP & CLEFT PALATE			CENTRE FO	R DIABETES	DIABETIC FOOT		
New Beneficiaries	Follow-up Beneficiaries	Surgery Done	New Beneficiaries	Follow-up Beneficiaries	Surgery Done	New patient	Follow-up patient	New patient	Follow-up patient	Procedure
33	11	16	29	27	20	716	3960	159	426	216

#### CEREBRAL PASLY UNIT- JIVRAJPA

		DO	ASSESSMENT						
Nuero	Developmental Delay	Autism	СР	MR	Autism	ОТ	РТ	Speech	Psychotherapy
328	7	71	322	453	226	378	356	120	62

		AUTISM UNIT			VOCATIONAL TRAINING CENTRE			
Autism	Pediatric Neuro and Orthopedic	Pediatrician	DCU	Early Intervention	Diya	Paper bags	Rakhi	
71	5	67	3	238	13900	4425	1210	

#### OPHTHALMIC

GENER	RAL OPHTHALM	OLOGY	CORNEA GRAFTING UNIT			GLAUCOMA UNIT				
New patient	Follow-up patient	Adult Cataract	New patient	Follow-up patient	Surgery	New patient	Follow-up patient	Perimetry	Pachymetry	
2366	2250	287	52	67	3	100	150	29	19	

INVES	TIGATIVE DIABET	IC RETINOPATHY	CLINIC		ETIC RETINOPATHY AT CH CAMPS		RETINOPATHY OF
ост	FFA	Laser	Injection	Camp site	Camp site Screening patients		Follow-up
168	12	49	138	4	450	3243	1090

	MULTISPECIALTY DIAGNOSTIC CLINIC											
SPECIALITY	Gestro	Nephro	Pulmo	General surgeon	Pediatric general surgeon	Dermetology	Upper extremity	Mis				
NEW BENEFICIARIES	28	51	29	60	7	222	190	68				
FOLLOWUP	10	73	19	10	0	166	63	13				



ENT UNIT PEDIATRIC ORTHOPEDIC UNIT						CLUBFOOT CLINIC				
Follow-up Beneficiaries	Surgery and procedure	Speech Therapy	New Beneficiaries	Follow-up Beneficiaries	Surgery done	New Beneficiaries	Follow-up Beneficiaries	Ponseti	Tenotomy	
449	162	143	316	158	139	38	60	84	30	

JUVEN	ILE DIABETES C	ENTER	DIALYSIS UNIT		NANAVATI	WOMEN WELLN	IESS CLINIC		I-BREAST EXAMINATION		
New patient	Follow-up patient	Registered beneficiaries	Total Procedure	New patient	Follow-up patient	Sonography	PAP test	Mammography	No. of Camps	No. of Beneficiaries	
25	567	388	6471	109	10	290	120	327	41	1113	

# ARK CENTER AND NIKOL CENTER

	THERAPY											
	PT	ОТ	SI	ADL	PLAY	Speech	Special Education	Behaviour therapy	Psychotherapy			
Jivrajpark Unit	6446	7175	2512	1972	1981	84	3208	1768	38			
Nikol Unit	3641	2617	966	1320	1019	<del>-</del>	-	-	-			

HEALTH CHECK UP	PA	IN MANAGEMENT CLIN	NIC	NEW BENI	EFICIARIES	GENERIC MEDICINE CENTRE
Total beneficiaries	New beneficiaries	Follow-up Procedure beneficiaries		New Beneficiaries	Follow up beneficiaries	Total beneficiaries
2484	645	361	144	655	572	14796

# DEPARTMENT

	RETINA UNIT					ORBIT AND O	CULOPLASTY S	URGERY UNIT		
iurgery	New patient	Follow-up patient	ост	Treatment	FFA	Laser	Injection	New patient	Follow-up patient	Surgery
6	400	554	168		12	49	138	68	63	19

PREMATURITY UNIT		PEDIATRIC OPHTHALMIC UNIT			DENTAL UNIT		
Positive eyes	Treated Eyes	New Children	Follow-up	Pediatric Cataract	New Beneficiaries	Follow up beneficiaries	Treatment
485	146	218	134	25	2096	5497	4211



# **COMMITTEE**

### **TRUSTEES**

Dr. Bharat Bhagat	Shri Pravinbhai Shah	Shri Krishnakant C. Shah	
Dr. Prakash Amin	Shri Jayendrabhai Patel	Dr. Rohitbhai Parekh	
Dr. Kalpan Desai	Dr. Prakash Bhatt	Shri Nipambhai Shah	
Shri Manan Godiawala	Dr. Keyur Shah	Shri Ambarbhai Patel	

# **SPECIAL INVITEES IN BOARD OF TRUSTEES**

Shri Sarvagnabhai Godiawala	Shri P.K.Ghosh	Shri Anil G. Agrawal
Dr. V. N. Shah	Shri P K Taneja	Shri Dhruv Shah

### **ADVISORY COMMITTEE**

Shri Milan Dalal	Shri Rashmikant Shah		Lion Mukesh Patel
Dr. Khodabhai T. Patel	Shri Ashokbhai G. Shah		Shri Pareshbhai Talati
Shri Prafulbhai Shah	Dr. Hemant Broker		Shri Mansukhbhai Patel
Dr. Pankaj M. Shah	Shri Piyushbhai Desai		Dr. Vipin Naik
Dr. Kamlesh Devmurari	Shri Shailes	hbhai Dalal	Shri Kamal Chandravadan Shah
Shri Dharmeshbhai Hariyani		Lie	on Mahendra Shah

# **INVITEES**

Dr. Maltiben M. Shah	Madhukarbhai T. Shah	Dr. S. R. Apte			
Shri Ravindrabhai Mehta	Shri Dhrupadbhai G. Shah	Smt Sukeshi Shah			
Shri Girishbhai Mehta					



# **INTERNATIONAL RESOURCE COMMITTEE**

Shri Kiritbhai Shah - President	Dr. Nayanbhai Nanavati	Dr. Shaishav Bhagat
Dr. Shital Parikh	Shri Vivek Bhagat	Shri Takshak Desai

# **YUVA TEAM**

Smt. Heenaben Godiawala	Shri Dhaval R. Shah		Shri Yamik Thakkar
Shri Pathik Patwari	Dr. Tejas Padodara		Dr. Jatin Patel
Shri Anuj Mehta	Shri Daxesh Soni		Smt. Hinaben Jariwala
Shri Kirtan Shah	Smt. Rupalben Shah		Shri Dhruv Shah
Shri Darsh Parikh Shri Nile		esh Patel	Shri Dhrumilbhai Joshi
Smt. Deepaliben Joshi Shri Apoorv		a Thakershy	Shri Parag Shah
Shri Ankit S. Pate	el		Shri Arpit Talati



# DONOR LIST THANKS TO OUR ESTEEMED DONORS

	NAME	DONATION IN INR
1	M/S AIA ENGINEERING LIMITED	30,00,000
2	LALJI MEHROTRA FOUNDATION	30,00,000
3	HEART FOUNDATION AND RESEARCH INSTITUTE	25,00,000
4	M/S CREST DATA SYSTEM	15,00,000
5	M/S SCHUTZ CARBON ELECTRODES PVT LTD	12,00,000
6	DALAL LALLUBHAI ISHWARDAS CHARITABLE TRUST	11,00,000
7	M/S INVENTIA HEALTHCARE LTD	11,00,000
8	M/S UNISON PHARMACEUTICALS PVT LTD	11,00,000
9	M/S SHILP GRAVURES LIMITED	10,00,000
10	DINESH KANTILAL CHARITABLE TRUST	7,00,000
11	M/S SHITAL INDUSTRIES PVT LTD	6,66,666
12	M/S AMANTA HEALTHCARE LTD	5,00,000
13	SHRI ARVIND RANCHHOD PATEL - USA	5,00,000
14	ESTATE OF LATE THAKKAR PRAVINABEN NATVARLAL	5,00,000
15	SMT MINAL BHAGWANDAS AMIN	5,00,000
16	SHRI ANANDABAVA NETRA CHIKITSALAY	5,00,000
17	M/S OSWAL CABLE PRODUCTS PVT LTD	4,70,000
18	SHRI RASHMIKANT JAMNADAS SHAH	4,00,000
19	SANKAT NIVARAN SOCIETY A/C 2	4,00,000
20	AMBABEN MAGANBHAI PATEL PUBLIC CHARITABLE TRUST	3,00,000
21	DR. SURESHBHAI D BHATT CHARITABLE TRUST	3,00,000
22	M/S MAZDA LIMITED	3,00,000
23	M/S PRASAD KOCH TECHNIK PVT LTD	3,00,000
24	SMT SUREKHA P SHAH	3,00,000
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54	SHRI JASHVANTLAL BABULAL SHAH	81,000
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88	SMT AMISHA SHIRISHBHAI FADIYA	25,000



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96	SMT SAVITABEN RASIKLAL TRUST FUND	25,000
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122	SHRI ARPITBHAI JOSHI	11,111
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124	SHRI DINESHCHANDRA PRANLAL GANDHI	11,000
125	SMT JAYSHRI ANIL ACHARYA	11,000
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139	SHRI RAJESHKUMAR H ACHARYA	10,000
140	SHRI RAJULA MINESH SHAH	10,000
141	SMT REKHA KAUSHAL SHAH	10,000
142	SMT SUPRIYA SUNILBHAI SHAH	10,000
143	SMT SUVINA DINESHBHAI MASRUWALA	10,000
144	SMT TARUBEN M GANDHI	10,000
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147	MIHIRBHAI	7,200
148	SHRI RISHABH RAMESH DOSHI	7,100



	NAME	DONATION IN INR
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152	SHRI ASHVINKUMAR N TRIVEDI	5,000
153	SHRI BALVANTRAY G DESAI	5,000
154	DR BHARAT C BHAGAT	5,000
155	SHRI DIVYANG S PANDYA	5,000
156	DR (MRS) MRUDULA LALA	5,000
157	DR PANKAJ M SHAH	5,000
158	SMT JAYABEN V PATEL	5,000
159	SHRI JITENDRA DASHRATHLAL SHAH	5,000
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162	MRS. ANJANA ASHWIN BHATT	5,000
163	SHRI NIREN H SHAH	5,000
16	4SHRI NITINBHAI Y DIVATE	5,000
165	SHRI SHILPA S GANDHI	5,000
166	SMT MANJULABEN NAVINCHANDRA SOLANKI	5,000
167	SHRI GAURANG PANDYA	5,000
168	SHRI S J MUNSHAW	5,000
169	SHRI MRUGEN KAMLESHBHAI SHAH	5,000
170	SMT RAJAN LALITMOHAN PARIKH	5,000
171	SMT AMI HIREN JANI	5,000
172	SMT RASILABEN AMIN	5,000
173	SMT RANJANBEN AMIN	5,000
174	SMT AVNIBEN SHAH	5,000
175	SHRI VAIBHAV PATEL	5,000
176	SMT SONAL PREMAL PAREKH	5,000
177	SHRI ROHITBHAI MANSUKHLAL SANGHVI	5,000
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<b>Dr. Anand Shukla</b> Anesthetist	<b>Dr. Beena Parikh</b>	<b>Dr. Bharat Oza</b>	<b>Dr. Bhargav Trivedi</b>
	Anesthetist	Anesthetist	Anesthetist
<b>Dr. Devang Parikh</b> Anesthetist	<b>Dr. Gautam Prajapati</b> Anesthetist	<b>Dr. J. R. Belani</b> Anesthetist	<b>Dr. Kant Modi</b> Anesthetist
<b>Dr. Manoj Katharia</b>	<b>Dr. Mansi Shah</b>	<b>Dr. Maulik Mehta</b>	<b>Dr. Minesh Patel</b>
Anesthetist	Anesthetist	Anesthetist	Anesthetist
<b>Dr. Mithun</b>	<b>Dr. Piyush Goswami</b>	<b>Dr. Rohit Parekh</b>	<b>Dr. Umesh Parikh</b>
Anesthetist	Anesthetist	Anesthetist	Anesthetist
<b>Dr. Vishmay Thakkar</b> Anesthetist		<b>Dr. Mayur Bhavsar</b> Anesthetist	

# **CEREBRAL PALSY UNIT**

<b>Dr. Anand Ayar</b> Neuro Physician	<b>Dr. Darshna Vora</b> Autism Specialist	<b>Dr. Deepika Jain</b> Developmental Pediatrician	<b>Dr. Harsh Patel</b> Neuro Physician
<b>Dr. Harshruti Shah</b> Neuro Physician	<b>Dr. Nitish Vora</b> Neuro Physician	<b>Dr. Prakash Chauhan</b> Orthopedic Surgeon	<b>Dr. S. R. Apte</b> Occupational Therapist

**Dr. Varsha Tripathi** Neuro Physician



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**Dr. Jeet Naik**Dental

**Dr. Pratik Shah**Dental

**Dr. Rahul Bachvani**Dental

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**Dr. J C Mehta**Diabetes Physician

**Dr. Navin Patel**Diabetic Foot surgeon

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**Dr. Ramesh Goyel** Endocrinology

**Dr. Ruchi Shah** Endocrinology

**Dr. Rutul Goklani** Endocrinology

**Dr. Shalmi Mehta** Endocrinology

**Dr. Shrikant Somani** Endocrinology

# **ENT UNIT**

**Dr. Prakash Bhatt** ENT

**Dr. Amrish Soni** ENT

**Dr. Ansu Singh** ENT

**Mr. Sanket Mehta**Audiologist and Speech
Therapist

**Mr. Santosh Kumar** Audiologist



# **GENERAL PHYSICIAN**

**Dr. Shubha Desai** General Physician

# **MULTISPECIALITY UNIT**

<b>Dr. Apoorva Patel</b> General Surgeon	<b>Dr. Jatin Patel</b> Gastroenterologist	<b>Dr. Jay Panchal</b> Cancer Pain Palliative care	<b>Dr. Keyur Shah</b> Dermetologist
<b>Dr. Pinakin Patel</b> Multi Speciality	<b>Dr. Pratik Patel</b> Pulmonologist	<b>Dr. Praveen Sharda</b> Upper extrimity Orthopedic Surgeon	<b>Dr. Rupen Panchal</b> Nephrologist
<b>Dr. Sudhir Chandarana</b> Pediatric General Surgeon		<b>Dr. Trupti Patel</b> Sonographist	

# **OPHTHALMOLOGY DEPARTMENT**

<b>Dr. Alay Banker</b> Retinal Vitrous Surgeon	<b>Dr. Sajal Bhatt</b> Retinal Vitrous Surgeon	<b>Dr. Anil Shah</b> General Ophthalmologist	<b>Dr. Beena Desai</b> Corneal Surgeon
<b>Dr. Sajni Shah</b> Pediatric Ophthalmic Surgeon	<b>DR. Shefali Maheshwari</b> Glaucoma Surgeon	<b>Dr. Sonal Kochar</b> Corneal Surgeon	<b>Dr. Juhi Shah</b> Orbit and Oculoplasty Surgeon

# **ORTHOPEDIC DEPARTMENT**

<b>Dr. Ashish Shah</b>	<b>Dr. Divyang Dave</b> Orthopedic Surgeon	<b>Dr. Kalpan Desai</b>	<b>Dr. Kamlesh Devmurari</b>
Orthopedic Surgeon		Orthopedic Surgeon	Orthopedic Surgeon
<b>Dr. Manish Misry</b>	<b>Dr. Maulin Shah</b>	<b>Dr. Nitin Goswami</b>	<b>Dr. Pragnesh Shah</b>
Orthopedic Surgeon	Orthopedic Surgeon	Orthopedic Surgeon	Orthopedic Surgeon
<b>Dr. Prakash Amin</b> Orthopedic Surgeon		<b>Dr. Prakash Chauhan</b> Orthopedic Surgeon	



## **PAIN CLINIC**

**Dr. Chandani Patel**Pain Clinic

**Dr. Divya Chokshi**Pain Clinic

**Dr. Meeta Joshi**Pain Clinic

**Dr. Monika Sharma**Pain Clinic

# **PATHOLOGY LABORATORY**

**Dr. Biren Shah**Pathologist

# **PEDIATRIC UNIT**

**Dr. Jhanavi Ayar** Pediatrician

## **PLASTIC SURGERY UNIT**

**Dr. Himanshu Vora**Plastic Surgeon

**Dr. Rutvij Parikh** Plastic Surgeon

**Dr. Ravi Kalola** Plastic Surgeon

# **RADIOLOGY UNIT**

**Dr. Dhiren Shah**Radiologist

# **SPINAL CARE UNIT**

**Dr. Amit Jhala** Spine Surgeon

**Dr. Dhruv Patel**Minimally Invesive Spine Surgeon

# **WOMEN WELLNESS CLINIC**

**Dr. Anila Kapadia**Onco Gynecologist

**Dr. Kshama Shah** Gynecologist

**Dr. Shakuntala Shah**Onco Surgeon

**Dr. Shefali Desai** Breast Surgeon



# **OPD UNIT**

**Dr. Malti Shah** Medical Director **Dr. Pankaj Rawal** Medical Superintendent **Mr. Anadinath Banerjee** Head - Hr & Administration

UNIT	SCHEDULE	TIMING
General Ophthalmology	Daily	9.00 am to 11.00 am
Psycholotgical Assessment	Daily	10.00 am to 5.00 pm
Pediatrician	Daily	10.00 am
Diabetes Checkup	Daily	9.30 am to 1.00 pm
Dental Checkup	Daily	9.00 am to 5.00 pm
Pathology Laboratory	Daily	8.30 am to 5.30 pm
Radiology	Daily	8.30 am to 5.30 pm
Physiotherapy	Daily	9.00 am to 6.00 pm
Health Checkup	Daily	8.30 am
P & O Workshop	Daily	10.00 am to 6.00 pm
Vaccination	Daily	10.00 am
Generic Medical Store	Daily	9.00 am
CMTC Center	Daily	10.00 am to 5.00 pm
General Practitioner	Daily	10.00 am to 12.00 noon
Glucoma	Monday	1.00 pm
Adult Orthopedic Food Deformity	Monday	2.00 pm
General Surgeon	Monday	9.30 am
Dermetology	Monday / Friday	9.00 am
	Tuesday / Thursday	10.00 am
Clubfoot	Monday / Wednesday	2.00 pm
Pediatric Orthopedic Foot Deformity	Monday / Wednesday	2.00 pm
Mammography	Monday / Wednesday / Friday	10.00 am to 12.00 noon
Pain Management Unit	Monday / Wednesday / Friday	10.00 am
Sonography	Monday to Friday	10.00 am to 12.00 noon



UNIT	SCHEDULE	TIMING
Senior Citizen Wellness Center	Monday to Friday	2.00 pm to 6.00 pm
Speech Assessment	Tuesday / Thursday /	10.00 am to
	Saturday	2.00 pm
Nephrology	Wednesday	9.00 am
Orbit and Occuloplasty	Tuesday	2.300 pm
Retinopathy of Prematurity	Tuesday	1.00 pm
Scoliosis Deformities	Tuesday	1.00 pm
Autism	Tuesday	2.00 pm
Pediatric General Surgeon	Tuesday	11.30 am
Upper Extrimity Deformity	Tuesday	3.00 pm
Diabetic Retinopathy	Tuesday / Friday	1.00 pm
Cancer Pain and Palliative Care Unit	Tuesday / Friday	10.30 am to 12.00 noon
2D Echo	Tuesday / Friday	10.00 am
ENT checkup	Tuesday / Thursday	9.00 am to 11.00 am
MD Physician	Thuesday / Thursday	3.30 pm
	Saturday	
Cornea Grafting	Thursday	3.00 pm
Developmental Assessment	Thursday	10.00 am
Cleft lip and Palate	Thursday	11.30 am
Cerebral Palsy	Friday	9.00 am
Diabetic Foot	Friday	10.00 an
Gastroentrology	Friday	3.00 pm
Minimally Invensive Spine Surgery	Friday	4.00 pm
Pediatric Ophthalmology	Saturday	12.00 noon
Juvenile Diabetes	Saturday	10.00 am
Pulmonology	Saturday	3.00 pm
Mascular Dystrophy	Saturday	12.00 noon to 3.00 pm
PFT	Saturday	3.00 pm



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Bank Name - THE KALUPUR COMMERCIAL CO-OPERATIVE BANK LTD

Bank Account No - 02010114196

Bank Address - Near Ratnasagar Flat, Kesariyaji Cross Road, Jivrajmehta Hospital Road, Vasna, Ahmedabad - 380 007

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FCRA Certificate No. 041910250

**Bank Name - STATE BANK OF INDIA** 

Bank Account No - 40096251727

Bank Address - FCRA cell, 4th Floor, State Bank of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi - 110001

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SHRI PARAGBHAI - + 310 707 1151 Email ID : parag@arpanfoundation.org MR. KIRIT SHAH - +15108614080 Email ID : kiritshah@yahoo.com

WEBSITE: https://arpanfoundation.org

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If you want to walk fast walk alone but if you want to walk fan walk togethen

- Ratan Tata

You can connect with us

www.healthandcarefoundation.com











# HEALTH AND CARE FOUNDATION

CHARITABLE HOSPITAL

# Cerebral Palsy Unit

Report – Year 2021-22

# Activity Report for the year Number of children Early Intervention — 65 Autism - 14 Day care unit - 23 Vocational Training unit - 12

This time due to covid no activities were carried out.

Children who required regular therapy were called twice a week to the centre. Therapists gave the therapy wearing masks & hand gloves. Children and parents were allowed with masks. All the furniture and equipments were after each therapy sessions; the OPD also was not there. This type of situation continued ever after October'22. Only routine actives of therapy, vocational training were carried out with social distancing

# Creative activities for special children completion of 21 years of our unit





# Navratri - Garba celebration



World Epilepsy Awareness Day - Integrative session with Neuro pediatrician for parents and professionals.





During the year in our unit all the festivals of the year are being celebrated with all the fun and enjoyment by children, parents and staff. Children even celebrated teachers day by becoming teachers them self and teaching in the class.



# **Festival Celebrations**



# Picnic and Many more





# Yoga Day and sports events





