



ANNUAL REPORT

2018 - 2019



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NEW DIMENSION

1. Orientation Program of Diploma of special education in Autism Spectrum Disorder 2nd September 2018



An „Orientation Programme“ was organized for the students of D.Ed.Spl.Ed.ASD. The programme commenced with the lighting of the lamp followed by an AARTI VANDANA song. The Chairman of Shristi Dr Rajiv Nandy welcomed the students. He shared the institution vision, the curriculum, institution systems, teaching methodologies and the co-scholastic activities. He laid stress on effective communication between the teachers and students and also sought their support and suggestions so that the best could be done for the overall development of the students. He also gave tips on how to nurture a specially able child with love and care to build a strong foundation for his glorious future.

2. Hum Utsav Celebration- Social inclusion- A step towards independent living.



The 21st century education reignites hope towards equality in opportunity and education as complete inclusion.

Shristi has contributed significantly to the process of learning and striving towards excellence in the field of management of learning, intellectual and developmental disabilities. Our system also grooms young and dynamic individuals into special educators besides educating and equipping the parents of such children through workshops/seminars.

On **December 24th, 2018** at DLF Public School (Sahibabad), Shristi in collaboration with DLF Public School, National Trust & Arizona State University (USA) organised “**Hum Utsav-Social Inclusion-A step towards independent living**”. This was an Inter School Multi-Disability inclusive program of regular school children and children with special needs.

“A country is progressive when all citizens participate in its development.”

Children who study and play together, **live together**. We understand the need to include children with disabilities and decided to organize the meet to achieve the following objectives: -

- To sow the seeds of early inclusion among all stakeholders.
- Developing a stimulating environment to devise and improvise social inclusion strategies.

- To develop motivation and confidence among marginalized groups.
- Early development of camaraderie for future sharing in society.
- Develop a society free of discrimination.

We also invited participation from the parents of CWSN (max 30) to attend the workshop on 'Intellectual disability and sexuality'. We also organised a special session for the special educators and occupational therapists in the workshop on 'Recent advances in aids to special educators and occupational therapists' by Prism health services, USA.

Many Known faces from different disability sector were the part of HumUtsav.

CHIEF GUEST:-Shri Mahender Prasad:- Shri Mahender Prasad is currently „Joint Housing Commissioner“ (Meerut Zone). Guest of Honor:-**GUEST OF HONOR:-Prof. Amitav Mishra:-** Dr Amitav Mishra currently working as Professor (Special Education) at Indira Gandhi National Open University, New Delhi, India. **RESOURCE PERSON AND GUEST:- Dr MousumiBhaumik(Ph.D.SE)** Is inactive clinical, educational; research & HRD services for 20 years now and is currently serving as HOD (Special Education), at NIEPID Regional Center (Delhi & NOIDA). **Dr Prachi Rathi:-** President of Prism Health Services and an Occupational Therapist, who is passionate about helping people find solutions for better living. **Jahnavi Bhalla and Adhvik:-** Having a background in biology and global health both speakers would dwell upon the stigma attached to menstrual health by educating about the biology behind the process in a fun and interactive way.

3. Rehabilitation Council of India CRE Program – Cognitive Behavior Therapy – Basic and Beyond 15th September 2018



A CRE program of Rehabilitation Council of India was organized for the students and professionals of various fields. The programme commenced with the lighting of the lamp followed by an AARTI song. The program was conducted by Dr Ajay Kumar and Dr Sangeeta. They are renowned clinical psychologist from NIMHANS. They have discussed the methodologies used in Cognitive Behavior therapy to the professionals. It's a fruitful workshop for all where they learn about the impact of cognitive behavior therapy in patient's improvement.

4. Inauguration of Project DOR 25th January 2019.



Dor is an inclusive vocational training program for underprivileged differently-abled & normal children, adolescents, teenagers and adults as well, where free vocational training will be provided. The program is introduced by an Organisation „SHRISTI“. SHRISTI is a non govt. The organization working in the field of intellectual disability. it is a child development & learning institute where children with Learning Disabilities could be managed holistically. Shristi came into being in 1995. And till now has developed four centres for children with Learning Disability at Vivek Vihar in Delhi, Vasundhara Ghaziabad U.P, Indirapuram and Greater Noida. The idea behind the project is the hope of upliftment of underprivileged children, adults and differently-abled as well and to bring them into the mainstream by making them self sufficient, independent and integral part of the society.

The project was inaugurated on 25,Jan,2019, Friday in Vasundhara Ghaziabad sec 10, branch of SHRISTI. The inauguration program was conducted and hosted by Dr PreetyNandy(head of the institute in the same branch) and attended by Rotary club of Kaushambi AG. The program was started with the performance of the children of the institute after that the governor of rotary club Dr Prashant Sharma inaugurated the center. It was a very wonderful program.

PARTICIPATION OF SHRISTI

Talent Show for The Specially Abled on 5th August 2018



Shristi school children participated in a talent show for specially-abled children organized by Raindrop foundation at Rajendra Bhawan. Two children Smridhi and Dev Kumar from Shristi school performed the dance in the song named “Suno gaur se duniyawalo” and three children from Vivek vihar school performed the dance in the song named “kittisihassi, kittisi Khushi”. Children seem so excited while performing on stageon that day.

Ability Utsav YMCA - 3rd and 4th December 2018



Shristi school children participated in a talent show for specially-abled children organized by YMCA Jai Singh Road through its institution for special education. Aman Tejpal, Ronak Baid, Yakshita and Mohit Kapoor from Shristi school participated in lots of events which include dance, singing, art & craft, painting.

SUCCESS STORY

Prgyan Dash,

5-year-old child joined evening clinic in 2018. He was diagnosed with Autism and also had sensory processing difficulties like restlessness, poor sitting span in school. He always preferred Solitary play. He becomes aggressive at times, has poor social skills. This was affecting his peer interaction and communication. He received occupational therapy where activities based on sensory integration. After one year of regular therapy the child started expressing and responding what he likes and doesn't like and interacting with peer in similar other group games likes catching ball but for lesser period of time.

Anika,

one year old child, came to Shristi in 2018 with delayed developmental milestones. She had poor sitting balance, standing with support, poor muscle strength, supported creeping, persistence of primitive reflexes, limited bed mobility, immature equilibrium reaction. She gave smile to parents with limited eye contact. Anika received occupational therapy sessions five days in a week. Occupational therapy activities based

on weight bearing exercise, which included kneeling, squatting, sit ups and maintain posture in prone extension position activities on therapy / gym ball, bed mobility training. She was cooperative and adaptive during the sessions. She performed most of the bed mobility included rolling, creeping, bridging, crawling which showed marked improvement in the performance of her bed mobility skills. Her muscle strength is also improved as she is able to sit without support, sit ups, standing without support for (5min) with minimum assistance. Anika responded satisfactorily in most of the age appropriate activities.

CELEBRATIONS IN SHRISTI

Rakshabandhan Celebration 26th August 2018



The children were very excited about Rakhi celebrations! Every festival in our school is celebrated with great pomp! Special attention is given to the socialization of children in our school. Children are told about the importance of the festival! In the vocational

group, the girls made rakhi for the boys and tie rakhi on the wrist of the boys! Boys give them gifts! Every child enjoys this festival!

Teacher's Day 5thSeptember 2018



This day is very special for all teachers! On Teachers' Day children wishes Teachers with Roses, they received gifts by All Children! All teachers decorated their classes! Dr Nandi Ma'am arranges lunches for all the staff! This time, the teachers of Vasundhara and the teachers of Vivek Vihar all enjoyed Teachers' Day together! We all gathered and went to DLF World School Greater Noida! We all played the Tambola game and enjoyed it a lot. Enjoyed many such games! After that everyone had lunch! After lunch, Dr Rajiv Nandy Sir gave gifts to all the staff!

Ganesh Chaturthi 13th September 2018



Ganesh Chaturthi is celebrated with great pomp in our school! Ganesh establishment is prepared with great fanfare by all the staff! All the children are very excited about worship! Ganesh is worshipped with regular rituals from the establishment to immersion! Prasad is made in the canteen! All people take the aarti and prasad after worship and rejoice! Bhandare is organized on immersion day!

Dussehra Celebration 17th October 2018

All the children were very excited on this day! The teacher explained to the children in detail about the importance of Dussehra, why do we consider Dussehra? On this day children enjoyed painting, musical chairs, dance and music! In the music class, all the children sang songs in melodious voice!

Deepawali Celebration 5th November 2018

We celebrated Deepawali Festival in our school. Children decorated their classes with flags and earthen lamps. Students were wearing colourful dresses. Some of the students had also set up stalls for food items. All these items were home-made. Students presented dances and songs. Dr PreetiNandy Ma'am made the speech in the end. She urged the students not to play with fireworks at this festival. She also wished that the whole of India might be healthier and more prosperous.

Children Day Celebration 14th November 2018



Children's Day was celebrated in School with enthusiasm. Celebrations began with a prayer service conducted by teachers. It was followed by a quiz. Teachers were dressed up in a variety of traditional attire. A colourful dance followed. Indoor games were played by the children. The celebration ends with the distribution of small packets of gifts to all the children of schools.

Christmas Celebration 21stDecember 2018



This year Christmas was celebrated with great fervour and enthusiasm in our school. The entire school was filled by the positive vibrations of Christmas carols. The Primary sections had beautifully decorated their classrooms with bells and stars. The Christmas trees in their respective classrooms were decked up beautifully. Several other activities like making of Christmas Cards and Hand-crafted gifts were organized. The story of the birth of Lord Jesus and the legend of Santa Claus was enacted. The young students learnt about the spirit of giving and sharing and they too exchanged gifts with each other. The winners were given Christmas goodies and the others were given tokens for participation.

Lohri Celebration 11thJanuary 2019

Lohri Festival was celebrated in school where Giddha and Bhangra Dance were performed by the Students. They sang the songs along with teachers and the Dr Preeti Nandy Ma'am lit the fire. Students participated with great zeal, enthusiasm and enjoyed a lot.

Basant Panchami 8th February 2019

Basant Panchami day was celebrated by students and teachers. The Goddess Saraswathi was worshipped. Children made kites and few abled children also try to fly those kites. The program was ended by the distribution of blessed food distribution.

Foundation Day Celebration 15th March 2018

Shristi School celebrated its Foundation day on March 15th, 2018 at the school premises. The school was decorated elegantly. We organize the reunion of our ex-students and does Hawan Pooja in the morning. All students and teachers participated in the pooja and had blessed food.

Holi Celebration 20th March 2018

The festival of colours was celebrated with great enthusiasm at Shristi school. Holi the vibrant festival of colours and joy was celebrated by staff members in the school with flower petals, traditional gujia sweet, peppy holi songs, music, dance, and of course natural colours. Children put colours on each other. Truly Holi not only strengthens the bond of unity but it also makes us stronger as a family.

Independence Day Celebration

On the occasion of 71st Independence Day. Our Sensorium students celebrated it by doing various art and craft activities with the help of special educators/teachers. It was started by singing a patriotic song with teachers, after that the students draw the national flag of India in their drawing books and also did an art and craft activity by making a tricolour wall hanging.

Janmashtami Celebration



Janamashtami was celebrated in our school with great fervour and enthusiasm by students. They all dressed up in colourful costumes. They do dance and enjoys games on that day.

Invite in Khaitan Public School 24th October 2018.



Dr Rajiv Nandy has been invited as a Guest of Honor in Khaitan Public School in the inauguration ceremony of their special education centre "KARUNA" A special school for children. Dr Rajiv Nandy talked and discussed the importance of inclusion in school to promote the wellness of children with special needs.



Rotary Club Fair 26th October 2018

A Diwali Fair was held at our school on 26 October! On this day people from Rotary Club also came to our school! Those people encouraged the children and also distributed prizes! Those people were very impressed by seeing the stall of vocational items! He encouraged the enthusiasm of vocational staff and vocational training

children. Children performed dance and play on the occasion of the arrival of the Rotary Club executives! The Rotary Club executives praised the vocational item as well as bought the goods! All the children and staff were very happy!

Deepawali Stall 3rd November 2018

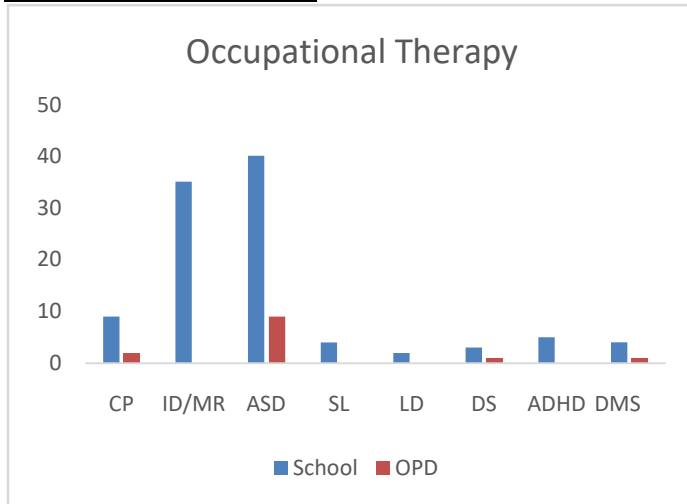
Diwali stall has been organized by Shristi school staff and children at Jain mandir. They sold candles, chocolates over there. They also sold the items at VivekVihar school. DLF Public School Sahibabad and few corporates group named Jamun.com and Isha Group.

Picnic Day 22nd February 2018

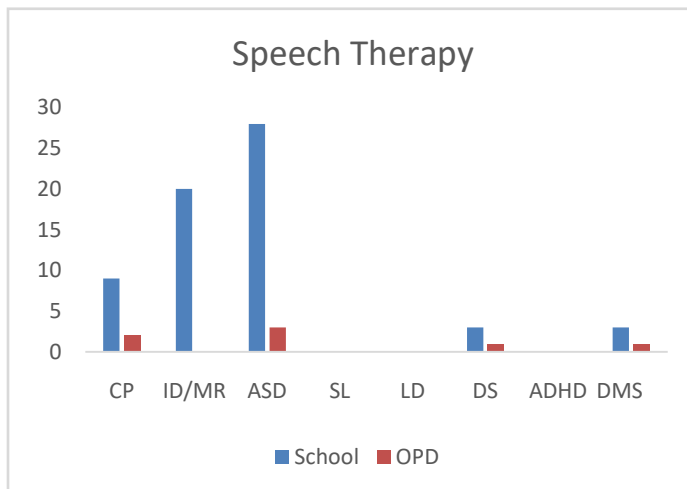


Students were welcomed by the people of National Bal Bhawan after entering the gate. Children have been provided with soft drinks followed with snacks. Children explore few activities in Bal Bhawan which includes Toy Train, Museum, Magic Mirrors, Mini Zoo, Science park and Library. They played sports games on the ground and eat lunch after that. They all enjoyed to their fullest on that day.

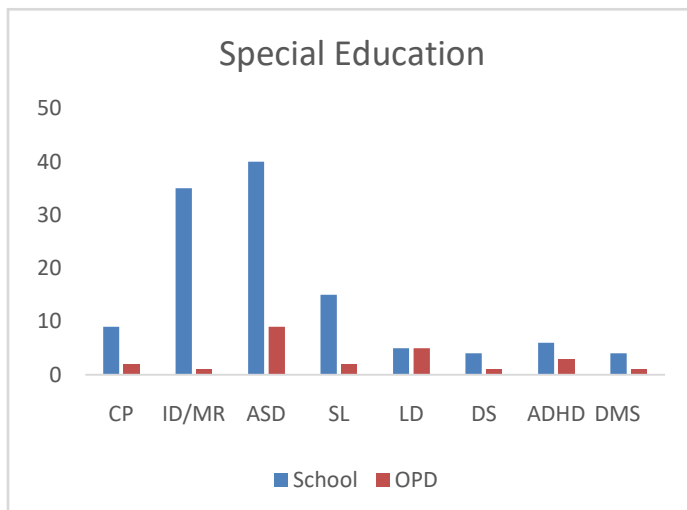
STATISTICAL ANALYSIS OF SPEECH THERAPY, OCCUPATIONAL THERAPY AND SPECIAL EDUCATION DEPARTMENT



The statistical analysis of Department of Occupational therapy depicted that there were maximum number of children treated with Autism Spectrum Disorder in the school in the descending order of intellectual disability, cerebral palsy, down syndrome and attention deficit hyperactive disorder.



The statistical analysis of children enrolled in school depicted that there were maximum number of children treated with Autism Spectrum Disorder in the school in the descending order of intellectual disability, cerebral palsy, down syndrome, slow learner and attention deficit hyperactive disorder in Shristi.



The statistical analysis of children enrolled in special education depicted that there were maximum number of children treated with intellectual disability in the school in the descending order of Autism Spectrum Disorder, cerebral palsy, attentional deficit hyperactive disorder, down syndrome and slow learner and in both the branches of Shristi.

Camps organized by Shristi.



SHRISTI a Delhi based organization with different branches at Vasundhara, Greater Noida, Sahibabad organized a camp at Dasna Ghaziabad. The doctor from the specialized field from Psychology, Occupational therapist, Special educator and Vocational trainer was the part of the evaluation team. The team was able to identify more than 55 children with various disabilities includes Cerebral palsy, Mental Retardation, Autism, and Multiple Disabilities. The team also explained to them about the various schemes of National Trust-DISHA an early intervention and school readiness program, NIRAMAYA- an affordable health insurance plan for differently-abled persons. The camp ended with a vote of thanks from organizers appreciating the efforts of SHRISTI for taking up social responsibility in the community.

TRAINING COURSES

- ❖ Three months Sahyogi Training course under National Trust.
- ❖ Three months RCI Foundation Course on Education of Children with Learning Disabilities (Online).
- ❖ Six month Advanced Diploma in Learning Disabilities.
- ❖ Vocational Training Courses
- ❖ Training Sessions for parents on Sensory Integration, Autism and other related issues.

PROJECTS UNDER SHRISTI

- ❖ Disha- Early Intervention and social Readiness scheme for children under 10 year.
- ❖ Badhte Kadam- An Awareness and community Interaction program.
- ❖ Niramaya - Health Insurance Scheme for PwD under National Trust.
- ❖ D.Ed.Spl.Ed (ASD) – Diploma in Special education (Autism Spectrum Disorder)

The objective of Niramaya scheme is to provide affordable Health Insurance to persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities.

- ❖ Sahyogi – Caregiver Assistance Training program.
To provide caregiver training and create a skilled workforce to support high need persons with Autism Cerebral Palsy Mental Retardation and Multiple Disabilities, their families and institutions.

ACHIEVEMENTS

- Over 2000 workshop at schools, colleges, institutes, medical colleges.
- CME and paper presentation at National & international conferences.
- Academic collaboration with Mc gill university, Montreal, Canada.
- Inclusive setup (Cosmosiumprojects)at DLF School, Sahibabad.
- Resource rooms in 8 schools of Delhi & NCR.
- Evaluation for learning disability in over 50 schools of Delhi NCR.
- Interns are accepted from all over the country and aboard.
- National workshop on learning disability in collaboration with IAP(Indian academy of pediatrics).

NETWORKING WITH GOVT. & NGOS

- Rehabilitation Council of India.
- National Trust
- Department of Social Welfare, Govt. of NCT of Delhi
- National Institute for the Mentally Handicapped
- Ali Yavar Jung Institute for the Hearing Handicapped
- Institute of Human Behavior & Allied Sciences (IHBAS)
- National Institute of Open Schooling
- Indian Spinal Injury Centre
- Carlson Group
- Amar Jyoti Charitable Trust
- Manovikas Charitable Trust
- KOSHISH
- DIRD Delhi
- Santosh Medical College.
- Jamia Hamdard
- Jamia Millia Islamia.
- Amity University
- Delhi University Colleges.
- Networking with schools

Affiliations and Recognitions

- Shristi parents Support Group is registered under Indian Trust Act, Government of India. Registration no. 8355 dated- 22.07.1999.
- Shristi is also registered with Disabled Welfare Section of the Department of Social Welfare, Govt. of NCT of Delhi under Section 52 of PWD Act 1995.
- Shristi is registered under NitiAyog, Govt. of India.
- Shristi is registered with The National Trust.
- Shristi is registered with PWD Act 1995 Uttar Pradesh .
- Registered with RCI (Rehabilitation Council of India) as Skill Training Centre for the Foundation Course on Education of children with Learning Disabilities (FC-ECLD) online mode.

• Activities at a Glance

Education	Vocational Training	Occupational Therapy	Speech Therapy	Child Guidance Clinic	Human Resource Development
<ul style="list-style-type: none"> ▪ Sp. Education ▪ *1. NIOS ▪ Prog. Music ▪ Sports ▪ Cultural activities ▪ Social skills trg. ▪ Co curricular activities 	<ul style="list-style-type: none"> ▪ Computer ▪ Baking ▪ Stitching ▪ Cooking ▪ Art & Craft ▪ Canteen management ▪ Entrepreneurial skills 	<ul style="list-style-type: none"> ▪ High Risk Baby Clinic ▪ Assessment ▪ Sensory Integration ▪ ADL Training ▪ Play Therapy 	<ul style="list-style-type: none"> ▪ Assessment ▪ Speech Therapy ▪ Audiometry ▪ Audio training ▪ Dev. Of communication skills 	<ul style="list-style-type: none"> ▪ Counseling to children & parents ▪ I.Q. Testing ▪ Assessment of learning disorders ▪ Remedial teaching ▪ Dev. Of social skills ▪ Dev. Of communication skills 	<ul style="list-style-type: none"> ▪ *2 RCI FCECLD ▪ *3 ADLD ▪ Sahyogi ▪ Foundation course on Education of children with learning Disabilities (online program) ▪ Advance Diploma in learning Disabilities ▪ D.Ed. Spl.Ed (ASD)





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