

CHESHIRE HOME INDIA-DELHI UNIT

ANNUAL ACTIVITY REPORT 2019



Annual Activity Report: January 2019 to December 2019

Cheshire Home India-Delhi Unit

Cheshire Homes India-Delhi Unit continued to take care of 70 residents during the period to provide residential accommodation on the lines of a home; for the care, treatment, nursing and general well-being of men, women and children of all classes and communities, who are chronically ill, permanent disabled or mentally challenged. Our residents have multiple disabilities and keeping in this mind our primary aim has been create a healthy, clean and lively environment for them. The details of residents are as given below:

a) Men	-	42
b) Women	-	21
c) Children	-	07

Cheshire Home is deeply saddened to inform that four residents named Anil, Ritu Arora, Gaurav Raj and Reema passed away after a long month treatment in Hospital, We wish them peace of mind in Heaven and they will remain with us by their good deeds.

Visits by Students and Volunteers:

- Cheshire Home was visited by the students of Jamia Millia Islamia Hamdard University and students of Gargi College. The students helped residents at the Day Care Centre (Workshop) in the making of envelope from handmade paper
- Regular visits by volunteers from Guru's spiritual trust. They provide lunch every month.
- Members of Amit Vijay Duggal Memorial Trust visited and entertained our residents. They also provided gift items.
- A visit by the RAK Nursing students, New Delhi and also a visit by the D.Ed., SE trainee student of Okhla centre.
- A visit by the students of Bhai Parmanand Vidya Mandir, Surya Niketan, Anand Vihar New Delhi was done.
- The students of Salokaya College of Nursing, students of Apollo Hospital, & students of Sister Nivedita Nursing College, (IGMC) Shimla, visited the Home. They also obtained various handicrafts products from the Day care Centre (Workshop)
- A visit by the Frankfurt finance School students, New Delhi and regular visits by volunteers from multinational companies such as Reliance finance, they also distributed snacks & food items to residents.
- Cheshire Home was visited by the students of Springdale's School, Dhaula Kuan, DAV Model School, Holy Family Hospital PG Nursing students, Students of M.A. Sarojini Naidu Centre for Women's Studies, Jamia Millia Islamia,
- NMDFC, Min. of Minority Affairs, New Delhi visited Cheshire Home India-Delhi Unit.

- Cheshire Home was visited by the students of Modern School, Barakhamba Road, New Delhi, & Delhi Public School, Mathura Road, New Delhi.
- Nova team community event made a visit to Home and also distributed sweets.
- A visit to CHIDU was made by students of Jamia Millia Islamia University Physiotherapy Internship programme.
- Bonafide students of FIMT School of Law, Students of MSW-Jamia Millia Islamia University, visited the Cheshire Home. They also purchased various handicrafts products from the Day care Centre (Workshop).
- Cheshire Home was visited by the students & Teachers of St. George School, Alaknanda, New Delhi & Grade XI Union World School in Dehradun. They interacted with children & visited Development Centre, Day care Workshop, Rehab Centre, & Early Education Center and Wards etc.
- Cheshire Home was visited by the MCD Team. MCD has launched special drive to check mosquito breeding.
- Cheshire Home was visited by the Team of (**The Humanity Development Club**). **The club** is an initiative of Satyug Darshan Trust. It has been formed to bring out what is latent or potential in a human being by exploiting the within available natural resources to start living life in an organized manner. Their ultimate mission is to unite the human race to work for re-establishing peace on earth by leading a virtuous life.
- Cheshire Home was visited by the students of St. George School, & Delhi Public School, Mathura Road, New Delhi
- A visit by The students of Indira Gandhi University, Maidan Garhi , New Delhi and Students of B.Sc. Nursing, G. Noida, distributed goodies, biscuits, chips to residents.
- Cheshire Home was visited by the students of Mata Jai Kaur School. An outreach Programme was held and they donated Electric items, ration & various other items.
- The students of Janki Devi Memorial College organized various fun activities for elder children of home and spent good time with them.
- The Nursing students of MBBS (HIMSR) Jamia Hamdard, Rajkumari Amrit Kaur College, Akansha Nursing College, and The Sushila School of Nursing & Apollo School of Nursing visited and they also purchased various handicraft products from the Day Care Centre (workshop).
- Home was visited by the students of MSW, Jamia Millia Islamia University. BSW student's orientation programme was also held.
- A visit was made by the employees of Pure software co. Noida.
- A group of NSS student volunteers of Gargi college who helped residents in preparing products for diwali sale.



Extra-Curricular Activities / Festival Celebrations

Republic Day Celebration:

The Republic Day was celebrated on 14th January 2019 with Great Spirit. A lively cultural programme was also presented by differently abled children and residents to mark the occasion.



Lohri Celebration:

The Lohri festival celebrated on 13th January, 2019.



Holi Celebration:

Holi Utsav was celebrated with high festive spirit. A lively cultural programme was held and was enjoyed by all residents & staff and Bhajan Sandhya an entertainment-cum-spiritual event was organised for the residents.



Sport's Day Celebration:

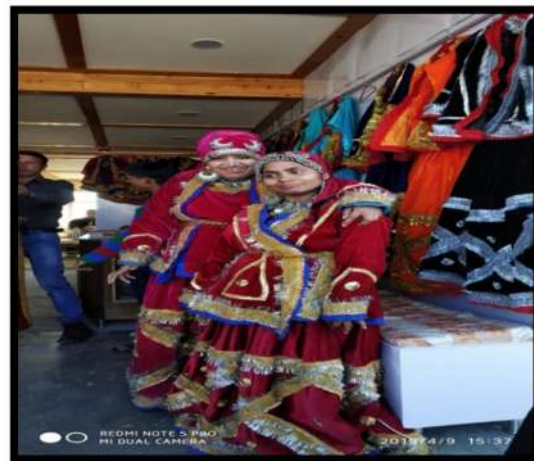
Home celebrates its Annual Sports Day on 4th April to commemorate the birthday of late Maj.General Virendra Singh. Various sports events and other cultural activities starts in the last week of March to get all prepared for the day. All residents show full spirit for the much awaited annual programme and participate with great zeal in various sports organised for them. The prizes get distributed on the Sports Day function to the winners.





Excursion Trip:

- A four day trip to Mussoorie was organised for residents. They enjoyed visiting the places, Dehradun, Rishikesh.



- ❖ Environment Day was celebrated on 4th June 2019 with great spirit at Cheshire Home. Children & residents Planted trees to mark the occasion.



- ❖ Monthly basis Birthday celebrations were performed for the residents and EEC children.



Management Committee Meeting

- ❖ Management Committee Meeting of Cheshire Home India Delhi Unit was held on 19 February, 2019.
- ❖ Managing Committee Meeting Cheshire Home India Delhi Unit, was held on Thursday, 11th July, 2019 Members Present in the Meeting.
- ❖ AGM Cheshire Home India Delhi Unit was held on 27th September 2019, all Board Members were present in the Meeting.



COMPETITION:

A painting competition was organised by MCD under National TB control programme to celebrate the World TB Day on 24 March, 2019.



- ❖ Spiritual Healing Dance was performed by Eli Ho Australian Artist.



- ❖ Festival of Raksha Bandhan was celebrated with great enthusiasm among the residents and Children.



- ❖ Independence Day celebrations were held on 14th August, 2019 followed by a variety of cultural programme.



❖ L
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Krishna's birthday 'Janmashtami Utsav' was celebrated with high spirit.



❖ Founder's day, an annual event was celebrated on 7th September, 2019.



- ❖ Children from Maj Gen Virendra Singh Early Education Centre were performed on Teacher's Day Celebration, they played teacher's role and hold the class on particular day.



International Day of Persons with Disability

- International Day of Persons with Disability was celebrated on 3rd December, 2019 under this Cheshire Home India Delhi Unit organised Eye Camp, Dental Camp, & Neuro followed with the counselling of Residents and their Parents. A grand lunch party was organised for all after the camp. Doctors, Residents, staff & other guests were invited for lunch.



- ❖ A volunteer Sports Coach from Okhla Centre for special Education comes regularly to teach Children Maj General Virendra Singh Early Intervention Centre to develop their motor skill and to increase their team participation, Concentration & Coordination.



❖ **Airtel half Marathon**

We participated in the Airtel Delhi half Marathon which was held on Sunday morning, 20th Oct, 2019 with a large group of residents & buddies. The Marathon was organised by Airtel from Jawaharlal Nehru Stadium in Delhi. Our residents as usual participated with great enthusiasm and showed a spirit of togetherness and joy. The moments of the race were great and memorable one for all of us.



- ❖ Residents celebrated Dussehra; the festival of victory of good over evil with joy. They also burnt the effigy of demon, Ravana.



❖ Excursion Trip

A four day trip to Manali was organised. It was a memorable trip for all residents. Here are few glimpses of the tour.



❖ **A DAY OUT AT FARM**

Residents enjoying a picnic with Chairperson at her farm house in Sona, Gurgaon. A wonderful day was spent out in lush greens of the huge beautiful farm. It was indeed a great learning experience with nature loaded with fun.



Christmas Day Celebrations

On the occasion of Christmas Day Dance, music, Cake cutting n little Santa's all filled with X'mas spirit at Home. Cake and sweets distribution to all added the extra festival flavour of joy.



RENOVATION WORK:

Renovation work of Toilets in Children & Women's ward has been completed and work in Men's ward is in progress.

PURCHASE OF NEW VEHICLE:

A new Eeco Maruti Van was purchased for mainstream school children and it was sponsored by Select City Pvt.Ltd under the project fund for Formal Schooling

WORKSHOP ACTIVITY

A letter sent to the NSS president of Gargi College requesting for the volunteers for our workshop, was accepted. And the NSS students of Gargi are coming to the workshop and helping our residents in the making of Diya's and candles for Diwali preparations.



WELFARE SERVICES FOR RESIDENTS

Physiotherapy students of Jamia University are organising regular Physiotherapy services to our residents.



Key Highlights of Cheshire Home Projects

PwD Counselling & Rehabilitation Centre:

This project established with the aim to foster independence in the residents as far as possible through different interventional strategies like Activities of Daily Living Training, Occupational Therapy, Special Education, Music Therapy and Psychological Interventions.

Key highlights of the activities carried by PwDs Team:

- Training of Adequate daily living activities like *brushing, washing face, folding clothes, applying cream, wearing undergarment*, were also given separately to females and males, to females by special educator and to by males occupational therapist. The eating area of ADL like *eating on their own with the help of spoon and hand, pouring water from bottle to a glass, cooking simple recipes or making Maggie and Tang* was handled by psychologist.
- The consulted clinical psychologist visited the centre for providing guidance in the intervention being provided to the PwDs, intervention was focussed on the adequate daily living training to make them more independent in their functioning and carry out daily routine on their own.
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- On the occasion of Janmashtami on 31st August, residents celebrated it by preparing colourful paper flutes.
- Tang making and Maggie making were done in group (15 residents each) to assess their current level in respective field.



Pre Vocational Execution Visit – Lajpat Nagar
Central Market



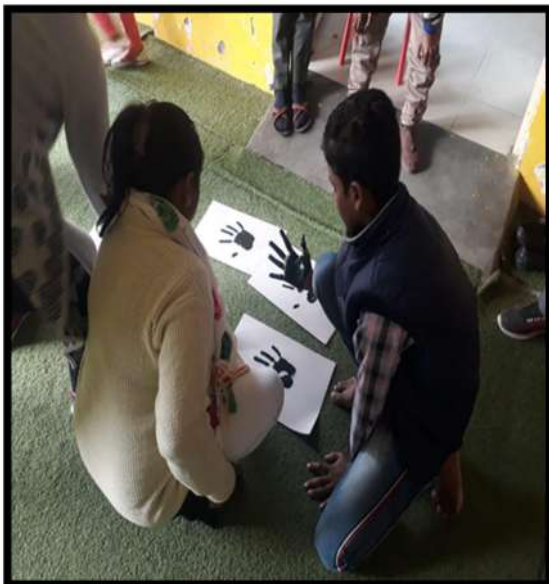
Cooking Activity – making laddoo

Maj Gen Virendra Singh Early Education Centre:

The mission of Early Education Centre is to ensure that families who have at high-risk children in their young age are able to receive resources and support that assists them in maximizing their child's physical, cognitive and social/emotional development while respecting the diversity of families and communities. The early intervention Centre aims at providing training (specifically school readiness) and counselling to both children and parents, Early Education Centre provides day care facilities to destitute disabled children along with age specific activities with expert or professional help.

Key highlights of the activities carried Early Education Team:

- Training of Adequate daily living activities like *brushing, washing hands before and after meal* were also given to EEC Children by special educator. The eating area of ADL like *eating on their own with the help of spoon and hand, pouring water from bottle to a glass, cooking simple recipes or making Maggie and Tang* was handled by Special Educator.
- Successful enrolment of 25 children for mainstream education in Balvantray Mehta Vidhya Bhawan and NIMH Model School, Three children from EEC topped their classes in Mainstream School.
- Every quarter excursion trip were held for children in placed like Nandan Van Park, National Rail Museum, Waste to Wonders Park and science Museum.
- We have started the non-fire cooking class on monthly basis as prevocational training to children who are above 12 years old.



Independent Living for PwDs:

This project has been established with the mission to rehabilitate a group of **6 PwDs** who are visually impaired / polio affected, for their self-reliance livelihood and social inclusion into the community by providing a home with facilities such as daily basic necessities, which will help them to be self-sustain and be independent.in the period of two year we had successfully enrolled 15 beneficiaries under the Independent Living Project.

Key highlights of the activities of Independent Living Project:

- Curriculum vitae have been prepared with the purpose to getting them employed.
- Team has identified /visited the new employer for employment of these PwDs.
- Team has identified /visited the new employer for employment of these PwDs.
- All 15 beneficiaries are successfully employed in self and wage employment.



Resident Status (2019-2020)

S.NO	NAMES	STATUS	ACTIVITY DONE	PROGRESS
1.	P.V KRISHNAN	<ul style="list-style-type: none"> • Intellectually moderate. • Cerebral palsy • Social judgement intact • Appropriate behaviour • Mood get fluctuate • Unable to sit through and follow instruction • Problem in communicating with pressured speech 	<ul style="list-style-type: none"> • Personal session • Group session • Group Discussion 	<ul style="list-style-type: none"> • With intervention he is able to identify his emotion and get space to express it. • While initiating conversation, now knows how to end it. • Participation in music activity.
2.	SANJAY ARORA	<ul style="list-style-type: none"> • Intellectually Mild • Cerebral palsy • Involvement in the project was low • Communication present with everyone. • Social judgement was present. • Lack motivation to participate in activity • Avoid group activity • Knowledge and skills of various things were present, like, managing money, about the objects, etc. 	<ul style="list-style-type: none"> • Personal session • Group session • Group discussion • Usage of computer device • Exposure and involvement of handling exhibition held by Cheshire Home during Diwali festival. • Involvement in pre vocational activity, like block printing, envelope making, etc. • Life skill training. 	<ul style="list-style-type: none"> • With intervention, able to show interest in group activities like music, antakshari, etc. • Able to assist staff members with calculation, maintains documents, creative
3.	SAROJ KUMARI	<ul style="list-style-type: none"> • Intellectually severe. • Cerebral palsy 	<ul style="list-style-type: none"> • Group session • Personal session • Life skill training. 	<ul style="list-style-type: none"> • With intervention, expressing personal emotions

		<ul style="list-style-type: none"> • Vision impaired • Communication present • Social awareness present, however need discrimination. • Lack life basic life skill 		<p>and feelings improved.</p> <ul style="list-style-type: none"> • Awareness of personal hygiene.
4.	VEENA KARBANDA	<ul style="list-style-type: none"> • Intellectually moderate. • Problem with day to day activity. • Sit through specific group activity. • Doesn't communicate, have problem in forming rapport • Socially become aware need discrimination. • Awareness of basic life skill not present. 	<ul style="list-style-type: none"> • Personal session • Group session • Activity of daily living. 	<ul style="list-style-type: none"> • With intervention basic hygiene awareness is present and can convey if feels any discomfort.
5.	RAJU	<ul style="list-style-type: none"> • Intellectually mild • Cerebral palsy • Partial vision distortion. • Social judgement intact • Able to communicate and express. • Show appropriate behaviour. • Able to finish the given task. • Need constant reassurance. • Have basic awareness of life skill. • Impulsive in certain situation. • Lack goal orientation and 	<ul style="list-style-type: none"> • Personal session • Group session • Group discussion • Usage of computer device for audio visual purpose. • Involvement in pre vocational activity, like block printing, envelope making, etc. • Activity of daily living. • Social skill training • Life skill training 	<ul style="list-style-type: none"> • With intervention, real goal oriented behaviour is done • Comes up with practical solution of the problems faced by him. • Basic social etiquettes and mannerism is practiced.

		practical decision.		
6.	RASHMI SAPRA	<ul style="list-style-type: none"> • Intellectually Mild • Cerebral palsy • Social judgement was present. • basic knowledge is present • behaviourally manage herself • Mood discrepancy is present • Need motivation for work • Development on basic life skills 	<ul style="list-style-type: none"> • Personal session • Group session • Group discussion • Usage of computer device • Involvement in pre vocational activity, like block printing, envelope making, etc. • Life skill training • Grooming session 	<ul style="list-style-type: none"> • With intervention show interest in activities • Participate in group activities and interact with others • Showed learning of using money, community services, etc. • With a safe space she is able to express her feelings and deal with it in a practical way.
7.	SUKHDEV	<ul style="list-style-type: none"> • Intellectually moderate • Cerebral palsy • Selective mutism • Communication restricted • Difficulty in forming rapport. • Least involve in group activity. • Problem in following basic instruction. 	<ul style="list-style-type: none"> • Personal session • Group session • Involvement in pre vocational activity, like envelope making, folding, etc. • Activity of daily living. • Social skill training. • Life skill training. 	<ul style="list-style-type: none"> • With intervention, he is able to perform in group activity like music and art. • Communicating with fellow resident and staff members • Raise his likes and dislikes • Share his emotions and can identify • Follow the routine and instruction given to him. • Participate in pre vocational activity.
8.	SAMEER	<ul style="list-style-type: none"> • Intellectually moderate • Cerebral palsy • Partial visual distortion. • Social judgement paired • Able to communicate and express • Participate in group and individual activity • Social etiquettes absent • Basic life skill absent 	<ul style="list-style-type: none"> • Personal session • Group session • Group discussion • Usage of computer device for audio visual purpose. • Involvement in pre vocational activity, like block printing, envelope making, etc. • Activity of Daily living. • Social skill training • Life skill training 	<ul style="list-style-type: none"> • With intervention he is able to follow social etiquettes, greeting others, saying sorry, excuse me, etc. • Awareness of money, community service, health and hygiene increased. • Participate, motivate and help other in his capacity in group

				activities.
9.	DHARMENDAR NEGI	<ul style="list-style-type: none"> • Intellectually severe • Social judgment impaired • Difficulty in communication due to speech. • Able to sit through a session. • Difficulty in following instruction. • Least participation in group activity. 	<ul style="list-style-type: none"> • Personal session • Group session • Activity of daily living 	<ul style="list-style-type: none"> • With interventions, he is able to communicate discomfort, can point and use words like hello, table, mai teakh hu, etc. • Sit through group activity of music and art.
10	VEENA BEHL	<ul style="list-style-type: none"> • Intellectually moderate. • Follow and adhere to basic routine work from day to day life. • Social judgement need guidance • showcase appropriate behaviour • Take participation in group activities. • Lack social etiquettes • Lack basic life skills • Lack attention and often diverge from the task assign. 	<ul style="list-style-type: none"> • Personal session • Group session • Group discussion. • Involvement in pre vocational activity, like block printing, envelope making, etc. • Activity of daily living. • Social skill training. • Life skill training. 	<ul style="list-style-type: none"> • With intervention. She helps staff and other member wherever help required. • Sit through and complete her task • Increase in attention span. • Express her emotions in the safe space and able to identify it. • Follow basic social etiquettes. • Awareness of money, community, health and hygiene is present.

THANK YOU