

Association for Advancement and Rehabilitation of Handicapped
(AAROH)
ANNUAL REPORT 2021-22
DURING COVID-19

AAROH is one of the pioneering institutions in the disability field, and is recognized by the Rehabilitation Council of India and the National Trust (Ministry of Social Justice & Empowerment).

AAROH has all requisite approvals U/S 80G and is also FCRA Registered.

Our Mission at AAROH is to assist individuals with intellectual disability to live a meaningful life with dignity. Towards that end, AAROH has established the Navjyoti Institute, a registered Charitable Society that has been offering Services to the Community Since 1983. Navjyoti is located in Vasant Kunj (South Delhi) from where it operates the following programmes:-

1. NAVJYOTI SPECIAL SCHOOL FOR INTELLECTUALLY DISABLED CHILDREN & YOUNG ADULTS:-

- Child- Focused Educational Programme
- Functional Education Home Sciences
- Behaviour Management Programme
- Personality Development
- Pre-Vocational Training
- On the Job Work Programme

2. NAVJYOTI WELLNESS & HEALTH:-

- Handicrafts: Decorating Diya, Holi Colours, Organic Soap, Jewellery and Accessories
- Leisure and Recreation Club
- Sports, Music, Bakery and Yoga
- Excursion and Outing
- Speech Therapy
- Occupational Therapy
- Health Check-up
- Special Education
- Intervention Programme
- Psychological Assessment
- Parental Counselling

3. AAROH TEACHER TRAINING CENTRE:-

- D.Ed. Special Education(ID)
- Equivalent to NTT/PRT/JBT
- Recognized by Rehabilitation Council of India, New Delhi
- Well Qualified regular and guest faculty
- Exposure to National Institutes
- Placements in various integrated and Special School

ON JOB WORK TRAINING PROGRAMME: -

After a long experience in the field, Navjyoti has taken an initiative to start facilities for an On Job Work Training of the Navjyoti students. The course has been designed for preparing the young adults to develop confidence and an understanding to be able to cope up with transition after completing their school curriculum.

Number of Students and Classes / Groups:-

Students at Navjyoti are grouped according to their age, level of disability and associated conditions such as Mental retardation, Autism, ADHD, Cerebral Palsy, and Down's syndrome etc. There were 58 beneficiaries on rolls during the academic year 2021-22.

Classes / Group	Age Group	Total No. of Students
• Pre – Primary	5 – 8 years	11
• Primary I & II	9 – 13 years	22
• Secondary	14 – 16 years	12
• Pre- Vocational & Vocational	14 – 20 years	13

Navjyoti Special School Staff/ Teacher Training Centre Faculty:-

- **On Regular Basis:-**
Principal, Experienced Special Educators, Clinical Psychologist, Speech Therapists, Occupational Therapists, Teachers and Supporting Staff
- **On Visit Basis:-**
Doctor and Music / Dance/ Sports /Yoga instructor
- **On Regular Basis at TTC:-**
Course Co-Ordinator, Faculty-I, Faculty-II & Faculty-III
- **Guest Faculty at TTC:-**
Speech Therapist, Occupational Therapist, Physiotherapist, Pediatrician and Psychologist

OUR PROGRAMMES/ACTIVITIES AT A GLANCE (During Lockdown Period):-

NOTE: - This year due to covid -19 most of the activities were Online. Only few activities were organized at the school premises keeping all the safety measures and Covid Appropriate behaviours in the mind.

❖ **Autism Awareness Day:-**

Autism Awareness Day was celebrated with AAROH TTC students followed by a few Games & sports activities i.e. Assisted Walk, Make the ring, Balancing the ball and fun activities i.e. Hand printing and Drawing followed by Covid Appropriate Behaviour(CAB)and standard operating procedure (SOP). All teachers, faculties, teacher trainees and students wore Blue outfit to support autism awareness.

❖ **Founder's Day:-**

The founder's day celebrated every year on 1st August to pay tribute to our founder secretary Air vice Marshal S.C. Gupta, who had passed away on the same day. We

organized Hawan in the school premises and followed Covid Appropriate Behaviour (CAB) and standard operating procedure (SOP).

❖ **Independence Day & Republic Day Celebration:** -

Republic Day and Independence Day is organized on the respective dates with a teachers and management and followed Covid Appropriate Behaviour (CAB) and standard operating procedure (SOP).

❖ **Teachers Day Celebration:-**

Every year on 5th September we celebrate teacher's Day.

❖ **Diwali Celebration:-**

Just like previous years this year also we put up a stall in front of FAB INDIA, Vasant Kunj. We also celebrated Virtual Diwali with our students on zoom platform followed by Diwali Puja.

❖ **Saraswati Puja:** -

Saraswati Puja was organized on 5th February 2022 at the school premises. A few students of Navjyoti and AAROH TTC performed Saraswati Vandana followed by Aarti and prayers at school premises and followed by Covid Appropriate Behaviour (CAB) and standard operating procedure (SOP). We also arranged Saraswati Puja virtually for rest of our students.

❖ **Holi Celebration:-**

Just like previous years this year also we made Holi colours (Red, Yellow, Green and Orange) and put up a stall in front of Fab India, Vasant Kunj.

AAROH TEACHER TRAINING CENTRE (TTC):-

AAROH is successfully running the RCI approved two years Diploma course in Special Education (**D.Ed. Spl.Ed. (ID)**) with effect from June 2017. The centre is fully equipped with all the facilities.

Collaboration with Mira Model School, Janakpuri

Navjyoti initiated collaboration with Mira Model School, Janakpuri. In this, we did online special education assessments and send the reports to the Principal of Mira Model School. Our Special Educator and Psychologist visited there and counsel the parents of LD and Slow Learners. After that Special Educator had started taking individual session of these children.

SUPPORT TO THE BENEFICIARIES:-

- Mrs. Satya Mehra Memorial Sponsorship programme was inaugurated on 21st Dec. 2013 for providing free ship for the beneficiaries under the scheme of AAROH welfare programmes. Since then every year approx. 10 – 15 students are getting the benefit.

- AAROH is also registered with the National Trust, Ministry of Social, Justice & Empowerment, Govt. of India. Since July 2016.

Our journey over the last thirty eight years has been long and very challenging but ultimately very fulfilling. We have been able to reach where we are today by the support and encouragement by many who believed in us.

Shweta Bhatt
Principal



Autism Awareness Day



Holi



Republic Day



Diwali