

SREYA FOUNDATION

ANNUAL REPORT 2019 - 20

Introductory Information about the Organization

General Introduction about SREYA FOUNDATION & Its Activities

With a strong strive to serve the society, the Sreya Foundation has taken its inception in October 2007 vide Registration number 416/07. The Foundation was registered as a TRUST with a broader objective to serve the society through Education and Voluntary Services. The Founders of Foundation, with their privilege of experience in National and International educational scenarios and vivid fields of academic excellence have contributed the idea of the SREYA FOUNDATION with an intrinsic desire to serve and guide the society in the direction of Education. The SREYA EXPERTS constitute a multi-disciplinary team of experts from various fields like Education, Psychology, Psychiatry, Special Education and Human Resource Management. The compendium of their expertise will definitely aim in serving the society in a non-profitable manner.

Sreya Foundation started a Free day care centre for 73 Mentally Challenged Children at Anakapalle town, where there are no such facilities and the people have to opt for a Hostel facility to get their wards trained at Visakhapatnam. We are providing training, Therapy, Mid day Meals, Uniforms & Transport etc completely free of cost. Sreya Foundation is meeting all the expenses (about Rs. 1-1.5 lakhs) from their own funds raised from the family members. We are providing FREE Residential Rehabilitation for around 28 kids as have a limited rented accommodation and we are planning to extend it to more and more.

We are conducting free Medical Camps, Awareness Programmes, and training programmes for the Parents and siblings of these Mentally Challenged children.

1. Conducted more than 50 Training Programs for the Adolescent students of Visakhapatnam District in the areas like Life skills training, Personality development, Learning Disabilities, Adolescent Counseling, Career Counseling, Examination counseling etc.
2. Offering free educational & Psychological Counseling services for the students and parents in Educational, Personal, Social, Emotional & Career aspects.
3. Offering free Rehabilitation Guidance centre for the Mentally Retarded Students and

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their parents at Visakhapatnam.

4. Conducting a FREE RESIDENTIAL CARE CENTRE & TRAINING CENTRE by name SREYA MULTI SERVICE CENTRE under Sreya Foundation, for about 30 Mentally Retarded Children at Kapuluppada where there are no such facilities students.
5. Conducting a FREE DAY CARE CENTRE & TRAINING CENTRES under Sreya Foundation, for about 30 Mentally Retarded Children by name SREYA VIKAS CENTRE at SUJATHANAGAR where there are no such facilities for students.
6. Running a FREE DAY CARE EARLY INTERVENTION CENTRE for about 25 children of age group 0-10 years to provide early intervention and rehabilitation therapies by name SREYA DISHA CENTRE at Sujathanagar.
7. Conducting Awareness Programmes for the Parents in the aspects of early intervention services for the parents of the Mentally Retarded Children of Visakhapatnam District.
8. Providing Home based Training services for the children with Profound/Severe Mental Retardation who are affected by Cerebral Palsy & Spasticity.
9. Providing FREE Physi- therapy centre & Speech Therapy units for the intervention services of the Mentally Retarded children at KAPULUPPADA in our SREYA MULTISERVICE CENTRE. We are proud to have drastic improvement among the children who took the privilege of these services.
10. We are also arranging FREE SURGICAL INTERVENTIONS for the children with severe cerebral palsy in association with KRUSHI ORTHOPAEDIC SERVICES , Visakhapatnam.
11. We are offering various Vocational Trainings for the Mentally Retarded Children to train them for financial independence and work mind which in turn enriches self confidence among them as well as their parents.
12. We are organizing various competitions /events on various occasions like World Disabled Day, Independence day, Republic Day, Children' Day etc to develop confidence and self-concept among the Mentally challenged children. We also encouraged our students to participate in the Special Olympics for the mentally Retarded Children conducted on September 13th 2009 and May 2012.
13. Awarded District Social Service Merit Certificate from the Minister Sri. P. Bala Raju on the eve of Independence Day 2010.
14. Working for the Body and Organ Donations at State Level.
15. Providing FREE scholarships, BOOKS and Laptops for the needed Poor and talented

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Students at different level through Scholarship Programs of SREYA FOUNDATION, Visakhapatnam.

16. Distributed Dry Ration Kits, Covid Materials like Sanitizers, Masks, Hand wash liquids etc for about 35 families for 14 months in the CORONA Pandemic situation.

17. Providing Free Medicines and Masks for the Covid Patients from May 2020 till date.

18. Providing Psychological counseling's and guidance for the Parents of our kids and other needy people regarding the Covid situations.


Broadly Speaking our Present list of Activities:

- a. Provide Free Residential Care, Day Care and Home based training for the Mentally Challenged
- b. Offering Vocational Trainings, Special Education Trainings , Functional Academics and Life Skills Training
- c. Offering Free Physio therapy, Speech Therapy & Occupation Therapy
- d. Organizing Awareness Camps
- e. Identification and Assessment Camps
- f. Training Programmes for the Parents & Siblings
- g. Parental Counselling
- h. Community Based Rehabilitation Services
- i. Provide extensive support to the Parents in handling the special children
- j. Free Medical Camps
- k. Early Intervention Services for the children with Mental Retardation, Autism, Cerebral Palsy & Multiple Disabilities
- l. FREE Psychological and Educational Counseling's for different groups.
- m. Giving Scholarships and Books for the deserving students
- n. COVID Relief Activities: Covid Safety Material, Medicines & Dry Ration Kits Distributions.

We have been training intellectually challenged, Autism, Cerebral Palsy and Multiple Disabled

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Children from 2005.

Organization Activities

- Special School for Children with Intellectual Disabilities
- Conducting Screening camps for identification of children with IDD
- Training to the Parents on Home Management for the development of the children with IDD
- Awareness Camps about the right perspective towards the IDD children from all sections of society
- Providing Health Insurance NIRAMAYA through The National Trust, New Delhi for all the children with IDD.
- Working closely with likeminded NGO's who are from the similar field for the upliftment of the children with IDD.

SREYA FOUNDATION is the implementing agency on behalf of The National Trust, New Delhi for the Project Disha (Early Intervention & School Readiness Program) Centre and Vikaas (Day Care) March 2016. It has implemented SAMARTH centre at Anakapalle for 2 years with the support of National Trust and when the National Trust asked us to choose only one centre, we chose Disha Cum Vikaas centre and the Samarth centre is shifted to our own remises at Kapuluppada, Visakhapatnam with the name "Sreya Multi Service Centre" and being maintained by our own funds.

Early Intervention and Sensory Integration, Special Education, Speech Therapy, Physiotherapy, Occupational Therapy, Music Therapy, Dance, Yoga and Pre Vocational Skills are the services provided at the centre.

Sreya Disha cum Vikaas centre reopened on 1st June 2019 and conducted the Parents Meet on 9th June 2019. In the meeting the home tasks given were discussed, evaluated and parents have expressed satisfaction towards their children improvement. The student strength has reached to 60 trainees at the end of this academic year. To attend the needs of all the trainees, we have fulltime employees of four Special Educators, two Assistant Teachers, one Physiotherapist, one occupational therapist supported by 3 care takers and on a part time basis we have one speech therapist, one music teacher, one drawing teacher apart from Accountant cum Office Assistant. Two Doctors, One Pediatrician and one ophthalmologist one Dentist visited the school as and when the need arises. **We are also providing free mid day lunch and protein food as snacks to all the beneficiaries.**

SREYA FOUNDATION has conducted the following programmes from April 2019 to March 2020. To mention a few, following are some notables in addition to the routine school activities....

1. Inauguration of the SREYA SKILL TRAINING CENTRE: (16-02-2020)


Sreya Foundaion has started SREYA SKILL TRAINING CENTRE at KAPULUPPADA by Sri P.Krishna Prasad, Students were enrolled on the same day. Local Corporator & Some local people and Parents of the school participated in the inaugural.

2. Medical Camp: (03-07-2019)

A Medical camp is organised by ENT doctor. Dr. Navin garu conducted camp to assess, test and analyse the hearing & other ENT aspects of the beneficiaries of Disha & Vikas. The advises and prescriptions of the doctor are handed over to individual care takers for respective care and medications.

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3. **Medical camp: (10-08-2019)**
A Medical camp is organised by Dr. Kameswara Sarma garu ,surgeon and Dr. T.Somesh garu , Orthopedician on 10-08-2019 for the assessment of the general health conditions of the beneficiaries of the Disha & Vikaas students. Some Parents also participated and it's highly resourceful for planning the interventions. The two doctors gave the Medicines required for the kids FREE of cost.
4. **Independence Day: (15-08-2019)**
Independence Day is celebrated with high spirits in the school. Flag Hoisting done by the local Rotary President & other local Bussiness leaders like Manchukonda Ramkrishna garu of Manchukonda Jeweles. Sweets were distributed. Kids participated in the Fancy Dress Competition & Dance competitions. Various fancy dresses of the National Leaders was planned.
5. **Teachers day (05-09-2019)**
Teaches day celebrations are conducted and our teachers were felicitated. A training programme on the Assessment skills was taken by DR .Usha Devi. for the staff.
6. **18-09-2019 (Training Programme on Pscho social management of Children with Mental Retardation):**
One-day training programme on Pscho social management of Children with Mental Retardation was conducted for the Parents & siblings of children with Mental Retardation. Parents & siblings from other Institutions also participated along with our Parents group. Nearly 45 members participated in the same. Dr. Usha Devi (Special Educator & Master Trainer National Trust), K.Uma Giridhar) (Special Educator & Master Trainer National Trust), Mr. Pavan Kumar (Psychologist) , Sai Padma (Global Aid) are the resource persons. It was a one day programme with 4 sessions.
7. **World CP day: October 6th 2019**
We conducted a Walk in the Beach road to create awareness on Cerebral Palsy.
8. **22-10-2019 (Awareness Programme on Vocational Trainings for the Children with Disabilities)**
A Vocational Training Awareness Programme was conducted by Sreya Foundation & Prajwal Vani NGO to orient the parents & Children with Disability. Suchitra Rao & Dr. Usha devi are the resource persons along with trainers. 25 participants attended the same.
9. **09-11-2019 (Assessment Camp)**
An Assessment Camp was conducted at Kapuluppada at our Sreya Multi Service Centre to extend our service to identify & extend our services to ALL the Disability groups in general & Children with Mental Retardation, Autism & Multiple Disabilities in Particular. A Multi-Disciplinary Team of Experts like Orthopaedic Doctor, ENT, Psychiatrist, Paediatrician and Special Educator. 8 cases were identified and a total of 23 registered for services. The Sreya Multi Service Centre will focus on the Assessment & needs of the beneficiaries.
10. **12-11-2019 (School Games)**

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Sreya Foundation celebrated Games Day on 12-11-2019. All the students' participated in gams like running, Bucket & Ball, Basket Ball, Musical Chair etc. Children participated actively. Students of other special schools also participated in the games more enthusiastically.

11. **Childrens Day:**
November 14th is our School Foundation Day and Sreya Completed 15 yrs of its journey. We conducted in a great manner loaded with full enthusiasm and fervour.
12. **World Disabled Day: December 3rd:**
Entire world honours the day December 3rd as the Day for the Disabled. We, In Visakhapatnam gather in thousands including PWDs, their families, NGOs and other stake holders. The entire day we conduct cultural programmes, Enthusiastic stalls of NGOs with their produced goods, Games & other skills. District Collector and all the local officials and local MLAs and MPs attend it. Its a Huge festival for all of us with Feast Food and exciting gifts. None wants to miss it.
13. **Vocational Training Camp:** We conducted a Vocational Training camp: January 26th, 2020 for the mothers of the PWDs in the centre in the area of Juite bags stitching We assessed their interest, created awareness about the product and soon we are going to conduct the training for 45 days.

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From March 18th The Special schools and Residential centre were closed as per the orders of the State Government because of CORONA.

- a. We are contacting all the parents telephonically and also through whatsapp video calls for necessary guidelines and counselling related to the safety and hygiene of COVID 19. But most of our parents belong to BPL families and some of them are not having smart phones and some are reluctant to attend video calls repeatedly despite our request as they are distressed of the jobless situation. Some families moved to their hometowns too. In our school area and our kids residing area a gas blast in LG Polymers on 7th May happened.. It has a drastic impact on health issues of our kids families and some families of beneficiaries & 2 staff were shifted to our new building in Kapuluppada which is 20 kms away from it. We provided food and shelter for 8 days to about 26 members.
- b. We are providing online counselling the parents about care giving at home in the aspects like Mask Awareness, Usage and Maintenance of Mask, Mask Stitching, Use of Hand wash and Sanitisers, Fruits & Vegetables washing, Social distancing etc...Our teachers prepared videos and posted in the Sreya Foundation Parents whatsapp group. We asked to imitate the same and repost in the group.. But the parents told they don't know how to shoot and send videos. We gave counselling tips how to utilise time in COVID times and suggested some games and activities to keep them busy...
- c. Therapists regularly guiding home activities for Physio, Occupational & Speech therapy sessions.
- d. Special educators are guiding online to the parents for home based activities.
- e. The medical requirement (Medicine etc.) of PWIDs if any shall also be addressed by the RO. No Medical requirement except sanitary napkins and some Vitamins for the beneficiaries. We gave Sanitary napkins and Vitamin c & B complex tablets with the support of Rotary club.
- f. Dry Ration kits also be provided to the 26 families of PWIDs for 8 months continuously.
- g. We follow the guide lines of physical/ Social distancing and other things as issued by the Central & respective state govt.
- h. We are providing online counselling the parents about care giving at home in the aspects like Mask Awareness, Usage and Maintenance of Mask, Mask Stitching, Use of Hand wash and Sanitisers, Fruits & Vegetables washing, Social distancing etc.
- i. We distributed Hand wash liquids, Hand sanitizers, 3 masks for the family. Beneficiary wise counselling tips were given to parents for home based care giving,

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- j. We reopened the Institute from 1st October, 2021. We reopened the Vikaas centre first for the beneficiaries who are above 18 yrs of age and completed Two doses of Covid Vaccine. For the Disha students we are conducting Physio, Occupational and Speech therapy sessions in 4 shifts from morning 9.30 to 4 pm. We are providing transport for ALL the students to attend the sessions and we are conducting the sessions with utmost care and precautions.
- k. We provided online video instructions to use the TLM Kits through our whatsapp group and You tube channel each material wise. The students are asked to do the activity with the supervision of the Parent or Guardian and repost it in picture form or Video form. Feedback is provided and guidelines are provided.
- l. We organised a Guidance and Counselling session for the Parents and siblings of the Centre online regarding the Teaching Learning Kits and usage.
- m. Therapy sessions started for the needed Disha beneficiaries with utmost care and face shields by our therapy staff. But we have no orders for the remaining kids to attend the classes as the cases increased due to third wave. WE are providing online classes and making them do the activities as per the TLM kits provided by the National Trust.

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Miles to go.....Journey of Sreya Continues....

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