



SNEHA SPARSH

A Story of Love

Bi-Annual newsletter of Snehalaya Charitable Trust(R)

(For Private circulation only)

RESCUE, CARE, RE-UNION & MANY STORIES INSIDE



LOVE, CARE & JOYFUL SERVICE

MESSAGE



"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Matthew 25:40)

There is nothing in the Bible that would suggest that it is possible to separate love for God from love for people. We love and worship an invisible God. He has forbidden us to make an image of himself, but he has put his image into mankind. If we would see him and serve him, we must see and serve our fellow men. But beyond that, we must see and serve "the least of these" because in this we can better know that our service is rendered to God for love of him and for his glory. Serving those who are of worldly importance, especially those who can return the favour (Lk 14:12), is not wrong, but the motive for such service could always be in question, especially if the kind of service that Jesus is describing never occurs.

Once again, the invisible God makes himself present in his created beings. Jesus dwells by his Holy Spirit in the human temple of the Church (1 Cor 3:16). To love him and serve him requires loving and serving his people, especially "the least of these."

Snehalaya provides home for the homeless, care for the uncared, love for the unloved, help for the helpless and hope for the hopeless. Through the act of service, Snehalaya extends Gods love, mercy and compassion to every needy person.

God wants our lives to overflow with mercy, love, and compassion – the marks of His kingdom. As followers of Jesus, we have a choice: respond to unsettling realities in fear and withdraw, or follow Him in responding to the greatest needs of our day with love and hope. We know salvation doesn't depend on works, but we also know that caring for those in need is evidence of a faith that changes lives. I extend God's blessings to those who help, serve and contribute to the wellbeing of Snehalaya.

Rev. Fr. Santhosh Menezes
Chaplain

SNEHALAYA CAMPUS





WORDS FROM THE FOUNDER

"How wonderful and pleasant it is when God's people live together in unity" (Psalm 133)
Dear brothers and sisters,
If we deeply gaze in to the present situation we come across the voice of broken family, broken relationship, and mostly used the word as Break up. A broken family is one that includes unhealthy or severed relationships within the family unit. I do often ponder though the scientific knowledge and technology are in its extreme and the world is running after its Super-fast, but somewhere our families have diminished with lack of love, care and are in crisis.

I have personally encountered at Snehalaya the young adults go through stress and are in reaching to mental disorder. And if we examine the root cause for all these, the answer will be **the family**. "A Family is the first taste of heaven". family is everything to everyone. If family exit in one's life, crisis enters in. It's truly said, family that prays together lives together.



If we keep back our memory of traditional families here the structure of the house was small but the number of children were many and also love and togetherness was in bountiful. But at present the structure of the house is beautiful and well built, and the number of children are decreased, thus individuality has crept in. Each one in the family has got the self-contained room and internet has become unlimited, and the true family spirit and togetherness has become very limited.

Dear friends, our roots are our Family, lets wake up from the foam of individuality and start to nurture these roots thus to make a fruitful tree. I would like to give only two doses which will help to give remedies for this crisis.



1. Let the prayer be breath of the family. Even a family member are in foreign countries lets make use of media, by making a video call and unitedly let's pray.
2. Its well said spending time with children is more important than spending money on them. If we do so we will never regret in life. A well moulded child brings better shape in the society and the potters are the parents. Spend the qualitative time with your children.

If we follow this we can think of a healthy society in the world. Family is a seed if the seed is futile the tree will be unhealthy. Let's make our family very strong by taking these doses and prevent from the harmful virus.

Joseph Crasta
Managing Trustee & Executive Director

NEW ADMISSIONS

DARSHANA DEVI (58)



AHALYADEVI (45)



MALATHI (65)



NAGARAJ (36)



CHANDRASHEKHAR (28)



BISMATHULLA (30)



MITHUN (40)



STONER (40)



MUKESH KUMAR (40)



Every individual who arrives to Snehalaya, comes through different channels. Some are rescued by Volunteers, a few are by Police, officials, public and some are referred, but many more are still on the streets. Destiny brings them here.

Snehalaya the home of love and care welcomes everyone those are in need, specially the destitutes. It is not only a treatment centre but a family too.

In these six months of period nearly 48 - homeless people from the streets with psycho- Social problems were rescued and helped to live a peaceful and quality life. Along with food and shelter necessary medical treatment, counseling and various activities are planned for their happy living.

Snehalaya is greatfull to all our well-wishers and donors who support us in every kind to provide a happy stay for our needy brethren.

For more details visit our website : www.snehalayamangalore.com

RE-UNIONS

“Snehalaya aims at re-uniting the inmates with their families to ensure happy living after their recovery. The team was successful in reuniting more than 1000 inmates with their families in the past 13 years.

We are happy to share that Government of Kerala has recognised the efforts of Snehalaya in rescue, care, treatment and reunion process of the destitute with psycho-social problems and has given the authority to visit and support in reuniting the patients at different institutions of 5 Districts of Kerala State (Kasaragod, Kannur, Malapuram, Calicut and Wayanad). Team Snehalaya visited a few of the institutions and observed that many patients are waiting for reunion. The Snehalaya team under the Prathyasha Project since January 2022 successfully reunited more than 48 patients with their families.

BHAGAVATHI REUNITED WITH HER FAMILY AFTER 22 YEARS.



REUNION OF MARIYA FERNANDEZ AT GOA



MADHAVI REUNITED WITH HER FAMILY, AFTER 15 YEARS



CHELLAMA REACHED HOME AFTER 6 YEARS.



RAGI BAI REUNITED WITH HER FAMILY AFTER 8 YEARS



NAZEEM REJOINED HER FAMILY AFTER 5 YEARS.



USHA REUNITED WITH HER FAMILY AFTER 22 YEARS



REUNION OF MATHIN AT BIHAR



ANIL KASHIYAP RE-JOINED HIS FAMILY AFTER 9 YEARS



KISHAN REJOINED HIS FAMILY AT TELANGANA.



KARNATAKA BANK SUPPORTED SNEHALAYA



REUNION OF MRS. LAXMI AT MANDYA



A JOYFUL REUNION OF KEDAR WITH HIS FAMILY AFTER 16 YEARS



NIRMAL PAL RE-JOINED HIS FAMILY AFTER 16 YEARS



SEETHARAM BACK TO HOME AFTER 18 YEARS



Under the CSR Initiatives of Karnataka Bank Ltd HO, Mangalore, financial assistance was provided to procure an Electric Autorickshaw for Snehalaya. We are grateful to Karnataka Bank Ltd as their assistance has been a great support in carrying our activities towards the homeless people on streets .

JOURNEY OF JUSTICE IN REUNITING MOTHER AND CHILD AT BIHAR



On 13.02.2019, Vanitha cell of Kasaragod was on their night duty and found a lady aged nearly 40 years carrying a boy child of year old, was roaming at Kasaragod railway station. She informed the police that her name is Bihalath. The police of Vanitha Cell took them to Mahila Mandiram of Kasaragod. They informed the Kasaragod police to take the lady for treatment, and the child was given to Kasaragod District Child Welfare Committee. Then the woman was separated from the child and brought to Snehalaya.

During her admission process at Snehalaya, she had stated her name as Aarti. Then the treatment was started and she began to respond to the medications. As she was recovering she started asking about her infant who was with her during her rescue by Police. Team Snehalaya tried to collect the information about the child's whereabouts. The search for the child's whereabouts.

Team Snehalaya made a phone call to the Mahila Mandiram asking for the child and the only answer was that the child had been handed over to 'Pattuvat' Baal Vikas Bhavan. With this information, team Snehalaya visited the Kasaragod District C.W.C on March 27th 2021 to provide the information of the child to the mother. After explaining the facts, the mother requested to give her a chance to see the child. When team Snehalaya and the said mother found a poor response from them, Snehalaya team gave a written request to give the custody of the child to the mother. But her request was denied as C.W.C said that the mother should come with her family with proper documents.

A fight for justice was begun; it was a very difficult task to find the family of Arathi. Finally, on November 30th, 2021, the Snehalaya team traced Aarti's family in Bihar. According to her husband, her real name was Kanchanadevi, her husband Sanjay Bind, originally from Odawar village of Bihar, and she is a mother of 5 children and at the birth of 5th child, Karthik - Kailash she became mentally ill and left the house with three month old boy child. The family members searched for the mother and child but were unable to find them.

After finding the address, team Snehalaya contacted and communicated with family members and documents were sent to us. With these documents team Snehalaya, and Arati visited Kasaragod District C.W.C committee, but even then, there was no response and no reply to the letter given by us.

Then, Snehalaya team visited Kasaragod Police, CWC Women and Child Welfare Department, District Child Protection Officer and District Collectorate requesting to give the custody of the child to its mother.

Team Snehalaya was in contact with the family and ask to come down to Snehalaya to take back Arathi and her child. Team filed an application to District Child Protection officer seeking justice for the mother and child. And after 2 days with the cooperation of DCPO the child was shown to the parents for a moment.

The parents met the District Collectorate and requested for the custody of the child. At the discretion of the District Collector, all documents were presented to the Kasaragod



District CWC by the child's mother. Then again, the special meeting at the DC office was held in the presence of the Officers of District Child Protection Unit, Chairman of Kasaragod District C.W.C District Social Justice Officer, Founder of Snehalaya, Social Workers and parents of the Child.

District Welfare Committee, in the month of October 2021 had given the child for foster care. The District Collector enquired about this. And ordered for DNA test of Mother and said child under the direction of the District Child Protection Unit. The sample of the mother and child was taken for the DNA test at District Government Hospital of Kasaragod. DNA results confirmed that Arati was the biological mother of the child. On the basis of DNA results, the parents requested for the custody of the child.

However on 31.12. 2021, CWC Kasaragod gave the custody of the child to its biological parents. Thus the journey for justice for Mother and child which was started in March 2021, ended after 9 months - with a visit, meeting and discussion for more than 13 times at Kasaragod District Government authorities. The father, mother and the son happily returned to Bihar on 3rd January 2022.

ACTIVITIES OF SNEHALAYA

JANUARY TO JUNE 2022

MONTHLY ACTIVITY FOR STAFF:



Snehalaya conducted outdoor games for the staff as a monthly activity. All the staff from office, medical and supportive staff participated in the tug of war, Dog and the Bone and Cricket. More than 50 staff actively participated and enjoyed the activity.

WELCOME OF THE NEW CHAPLAIN REV. FR. SANTHOSH MENEZES TO SNEHALAYA



On 01/05/2022 Snehalaya family welcomed new Chaplain **Rev Fr. Santhosh Menezes**. He was given a floral welcome by Director Br Joseph Crasta and trustee Mrs Olivia K L. Br Joseph Crasta thanked Bishop Most. Rev. Peter Paul Saldana and all the priests who contributed their valuable time in meeting the religious needs of the residents. He also said that Snehalaya is blessed to have a young and vibrant priest. Rev Fr. Santhosh Menezes's beloved family also accompanied him during this ceremony.

MAYAVI DON'S MAGIC SHOW WAS TRULY MAGICAL.



A magic show was arranged for the inmates of Snehalaya on 26th January 2022. **Mayavi Don** team from Vittla was invited for this show. Mrs Olivia K L. Secretary of Snehalaya was present at this event which added more joy and happiness. The inmates and the staff had a wonderful time enjoying every bit of the Magic Show. After the show, the inmates had a great time dancing and singing.

The Snehalaya family thanked team Mayavi Don - Mr Don, Mrs Anitha and Mr R K Kanyana who made the day memorable through their free Magic Show.

ANNADANA BY K.S.Y.S K.C ROAD



On 8th February 2022, on the occasion of the death anniversary of Sulthan-Ul-Hind Ajmer Khwaja Urs members of **Karnataka Sunni Yuvajan Sangh, K.C Road**, had visited Snehalaya and served delicious meals for our inmates with great love.

The food had been prepared at the community kitchen of Snehalaya. It was an amazing experience for all the members.

Br. Joseph Crasta, expressed his sincere gratitude towards all dignitaries and members of Karnataka Sunni Yuvajan Sangh, K.C Road and offered prayers for late Sulthan-Ul-Hind Ajmer Khwaja Urs.

INTERNATIONAL WOMEN'S DAY CELEBRATION

"Every woman's success should be an inspiration to another.
We're strongest when we cheer each other on." - Serena Williams.

Snehalaya Celebrated International Women's Day on 8th March 2022. Rev. Sr Flavia AC – Superior, Mrs Gangadevi K. K. Anganwadi Teacher, Bachalike & Rev. Sr Monica AC Senior Sister, Seva Ashram Pavor, Br. Joseph Crasta Founder, Snehalaya Charitable Trust®, Mrs Olivia K.L. Trustee & Secretary Snehalaya Charitable Trust® were the guests.

The guest spoke about the importance of the day and continued saying family members and the society should be practical in celebrating this International women's day by respecting and protecting them.

The day was specialised by our female inmates and staff by felicitating the guest. The children from Bachalike Anganwadi and inmates of Snehalaya performed colourful cultural program.



73RD REPUBLIC DAY CELEBRATION

Republic day was celebrated with great zeal at Snehalaya. Dr Mohammad Shalimar, renowned Ayurvedic Doctor for 30 years, unfurled the national flag. Secretary Mrs Olivia K. L. Trustee, Mr Jovial Crasta, graced the occasion.



RAMADAN GIFT TO SNEHALAYA FAMILY: AHMADIYYA MUSLIM COMMUNITY OF MANJESHWAR VISITED SNEHALAYA.

The young minds of Ahmadiyya Muslim Community of Manjeshwar put their hearts together for a kind gesture to Visit and interact with the residents of Snehalaya Psycho- Social Rehabilitation Centre and Old age Home. They not only spent their valuable time at Snehalaya but also offered dress, hygienic items and fruits to the residents especially during this Ramadan. Snehalaya family offered and prayed for God's blessings on each one of these youngsters from Ahmadiyya Muslim Community.



JOYFUL IFTAR MEAL AT SNEHALAYA

Students from Uppala visited Snehalaya on 25/04/22. On the occasion of Ramadan the students had a Iftar – A Joyful meal with the residents of Snehalaya. Soon after the Azaan, the delicious Biryani prepared at the community kitchen of Snehalaya, by the help of volunteers on behalf of the student team, is served to more than 300 residents of Snehalaya. The residents and students team enjoyed the meal together.



NEW MEN'S SALOON AT SNEHALAYA



Nothing makes us more handsome than the Belief that we are handsome.

To make this statement more define and strong, the Officials of Snehalaya brought forth a beautiful Saloon for men, with all the required accessories.

BIRTHDAY CELEBRATION OF 80 CHILDREN FROM DE MERCEDE, PANIR DERALAKATTE,



Everyone of us are a Gift of God, It's our duty to celebrate and Cherish the life.

On 3rd April 2022 little children from De Mercede along with their manging team came to Snehalaya to celebrate their birthday.

All the children lit their Birthday candles, danced with balloons and cut the Birthday Cake. They enthusiastically participated in games and cultural programme. All the children were wished and blessed by the guest along with their Birthday gift. Br. Joseph Crasta offered the play material Kit to the children.

After the celebration all joined for the fellowship meal.

ANNUAL OUTING FOR SNEHALAYA FAMILY MEMBERS:



Snehalaya family overwhelmed with joy at Manasa Amusement Park on 27th May 2022 along with the Founder, Br. Joseph Crasta, Trustees Mrs Olivia K L, Mr. Jovial Crasta, Mr Prakash Pinto and all inmates and staff spent a joyful day and had lots of fun in the water at Manasa Amusement Park. This yearly picnic was supported by well-wishers and kind hearted people. The Snehalaya family is grateful to them and offer prayers and seek showers of God's blessings on them and their families.

BIRTH ANNIVERSARY OF LATE MRS. JOSEPHINE DSOUZA HELD AT SNEHALAYA.



The Birth Anniversary of the late Mrs Josephine Dsouza, Mother of Mr Joel and Ms Joyce, was celebrated with great zeal and enthusiasm at Snehalaya, on 02/06/22. The Holy Mass was offered for the departed soul of Josephine Dsouza. After the mass Snehalaya family members assembled at the new hall for the celebration.

Executive Director Br. Joseph Crasta and Trustee Mrs Olivia K L, Mr. Jovial Crasta and the inmates of Snehalaya prayed together for Late Josephine Dsouza, Mr Joel and his family. Chaplain of Snehalaya Rev Fr Santhosh Menezes graced the occasion by his esteemed presence. **The Dean Band Kumbha** presented the rocking show.

The inmates danced with joy and glee for the Brass Band. The staff and inmates coloured this event by voicing the traditional Brass Band songs. After the celebration, a sumptuous meal was enjoyed by everyone. Snehalaya family prayed that, may God grant eternal rest to late Mrs Josephine Dsouza and may she enjoy the heavenly bliss and send the blessings from heaven on her children and on every one of us.

CAPACITY BUILDING TRAINING FOR SNEHALAYA STAFF



On 28.05.2022 Snehalaya Charitable Trust® in Collaboration with Anirvedha Resource Centre for Psychological Wellbeing, Kadri Mangalore organized a capacity building training for the staff of Snehalaya. Ms. Greeshma Saldanah – Speech Therapist and Ms. Risha Counsellor of Anirvedha conducted a very interactive session on Stress Management & Mental Hygiene. During this session group interactions and discussions along with self-care strategies and cognitive restructuring took place.

CAMPS

AUDIOLOGY AND SPEECH SCREENING FOR SPECIAL RESIDENTS



Marthomma College of Speech and Hearing, Badiyadka, Kasargod conducted an Audiology and Speech screening camp for the inmates of Snehalaya, on 24/02/2022.

Br. Joseph Crasta, Speech therapist - Ms Ayana, Audiologist - Mr. Akshay were the key persons at this camp. more than 75 inmates with speech and hearing impairment were screened.

SPEECH, LANGUAGE AND COGNITIVE SCREENING



Snehalaya Charitable Trust ® in association with the Audiology and Speech Language Pathology Department of Yenepoya Medical College and Hospital Deralakatte organised Speech, Language and Cognitive screening camp at Snehalaya on 03.06.2022 and 06.06.2022. This 2 days camp was planned specially for the patients with speech and hearing impairment.

DERMATOLOGY CAMP HELD AT SNEHALAYA



Skin is a very essential supporting part of our body and we need to keep it healthy. Br. Joseph Crasta, founder of Snehalaya organised a Dermatology camp for the inmates on 14th January 2022. This camp was conducted in association with the Dermatology Department of Yenepoya Hospital.

Dr. Manjunath, HOD of Dermatology Department, Dr. Prakash Saldahna- Medical Superintendent of Yenepoya Hospital and Mr Razak arranged the camp wholeheartedly.

Dr Fathima, Dr Atul, Dr Nawaz, Dr Kasturi, and Dr Kamal rendered their service at this camp.

Around 75 inmates from the male and female sections were benefited by this camp.

SPEECH, LANGUAGE AND COGNITIVE THERAPY BY YENOPOYA THERAPISTS



Snehalaya Charitable Trust ® in association with the Audiology and Speech Language Pathology Department of Yenepoya Medical College and Hospital Deralakatte organized Speech, Language and Cognitive therapy camp at Snehalaya on 30.06.2022. This camp was planned specially for the patients with speech & hearing impairment. This therapy camp arranged twice in a month at snehalaya

VARIOUS CHURCH GROUPS, FAMILY, YOUTH VISITED SNEHALAYA DURING THE SEASON OF LENT:

"The best way to find yourself is to lose yourself in the service of others". - Mahatma Gandhi.

In all these 13 years the social activities of Snehalaya are supported by the kind hearted people with social concerned without any boundaries of caste and religion. During this Lent Season under the leadership of parish priests and various group heads, many teams visited Snehalaya and spent a day with the sick and needy people and offered various day-to-day items for the inmates. Many cultural programmes are conducted to entertain the inmates of Snehalaya. Whole groups stepped together for the music which brought smiles on their faces and made their day memorable.

YCS MEMBERS OF ST JOSEPH CHURCH, SOORIKUMERU BORIMAR



THE MEMBERS OF CHARISMATIC PRAYER GROUP OF, SACRED HEART OF JESUS, MADANTHYAR



THE INFANT JESUS WARD MEMBERS OF CHRIST THE KING, KAYYAR



THE MEMBERS OF ST SEBASTIAN WARD OE, ST LAWRENCE BONDEL



THE RELIGIOUS SISTERS OF ST AGNES CONVENT MANGALORE



THE MEMBERS OF LEGION OF MARY OF HOLY CROSS, CORDEL



THE ICYM MEMBERS OF ST THOMAS THE APOSTLE, AMMEMBAL



THE MEMBERS OF PRAYER GROUP OF OUR LADY OF MERCY, FAJIR



INFANT JESUS CHURCH HOSANGADI



THE PARISHIONERS OF MARY HELP OF CHRISTIANS ADYAPADY



THE YOUTH CLUB OF SHREE ANANTHESHWARA TEMPLE MANJESWAR



THE ICYM MEMBERS OF HOLY CROSS, ELIARPADAV



THE MEMBERS OF SVP BAJAL UNIT



THE MEMBERS OF YCS OF, OUR LADY OF FATIMA, MIYAPADAVU



MR PRAVEEN DSOUZA AND FAMILY, CHELUR AMMEMBAL



BIRTHDAY CELEBRATION OF BABY GAYUSH, SUDEEP AND AAYAN



THE PARISH PRIEST AND PARISHIONERS OF OUR LADY OF VEILANKANNI FARLA



THE YCS MEMBERS OF SACRED HEART OF JESUS, VORKADY



MARY MATA CONFERENCE, S.V.P KATIPALLA



THE MEMBERS FROM INFANT MARY WARD OF SACRED HEART OF JESUS, SURATKAL



BIRTHDAY CELEBRATION OF IRAL



EXPOSURE VISIT TO SNEHALAYA BY THE STUDENTS OF VARIOUS COLLEGES

As a part of the studies, students from different colleges visited Snehalaya. Orientation, interaction, and activity were the main content of this exposure visit. Students and residents of Snehalaya had a good time with unique and homely environment and experience.

RANI CHANNAMMA UNIVERSITY, BELAGAVI



ST. ALOYSIUS COLLEGE, MANGALORE

STUDENTS FROM ALL OVER KARNATAKA UNDER MACHIS PROGRAM - ST. ALOYSIUS COLLEGE



RED CROSS UNIT OF ST ALOYSIUS COLLEGE MANGALORE



HIRA WOMEN'S COLLEGE, THOKKOTTU



ST. ALOYSIUS DEGREE STUDENTS VISIT - UNDER SAHAYA PROGRAMME



NURSING STUDENTS OF SRIDEVI COLLEGE, MANGALORE



ST. ALOYSIUS MBA STUDENTS VISIT - FROM BEERI



POST GRADUATE STUDENTS FROM ST ALOYSIUS COLLEGE BEERI



STUDENTS OF ST. JOSEPH'S COLLEGE (AUTONOMOUS), BANGALORE



DE ADDICTION CENTRE THE UPCOMING PROJECT OF SNEHALAYA



SNEHALAYA DE ADDICTION CENTER AT PAVOOK

Alcoholism and Drug addiction is a disease that creates temporary madness and insanity but destroys health family and society. Disorders due to psychoactive substance use, destroys self and humanity. Specially the youngsters are becoming victims of this treacherous. And thus struggling to be freed of this act.

Snehalaya Charitable Trust has a fore thought to facilitate De Addiction centre to relinquish and lead an independent normal life for people aggravated by alcohol, drug and other addictions.

Dear friends We accept and appreciate any support in kind or deed to actualize our dream.

" TOGETHER WE CAN DO SMALL THINGS WITH GREAT LOVE " - MOTHER TERESA

As Snehalaya is completing 13 years of service to the mankind we are offering prayerful thanks to all our well-wishers, donors and supporters.

With immense joy and gratitude we cordially invite you to join for the

Foundation day on 26th August 2022

Thanks giving Eucharistic celebration at Snehalaya Chapel @ 11.30 am Followed by fellowship meal

Please call to 9544038505 and confirm your participation

Joseph Crasta

Managing Trustee & Executive Director

The Mannah : Serving the hungry



“ There is no greater charity than feeding a hungry.”

Mannah mission is one such initiative of Snehalaya Charitable Trust. Since 2015 everyday 700 free mid day meals are served for the caretakers of patients at wenlock government hospital, Mangalore. This mission has reached the hungry and needy people.

You all have always been very generous in contributing for our residents. You are welcome for a thoughtful contribution by sponsoring Mannah mission on your special days.

“ಅನ್ನದಾನಕ್ಕಿಂತ ಶ್ರೇಷ್ಠವಾದ ದಾನ ಇನ್ನೊಂದಿಲ್ಲ”

2015 ರಿಂದ ಇಂದಿನವರೆಗೆ ಸ್ನೇಹಾಲಯ 'ಮನ್ನಾ' ಯೋಜನೆಯ ಮೂಲಕ ಮಂಗಳೂರಿನ ಐಲ್ವಾ ವೆನ್‌ಲಾಕ್ ಆಸ್ಪತ್ರೆಯ ನುಮಾರು 700 ಜನ ರೋಗಿಗಳ ಪರಿಚಾರಕರಿಗೆ ಪ್ರತಿದಿನ ಉಚಿತ ಮಧ್ಯಾಹ್ನದ ಊಟದ ವ್ಯವಸ್ಥೆ. ಇದರಿಂದ ಸಾಕಷ್ಟು ಕಷ್ಟದಲ್ಲಿ ಇರುವವರಿಗೆ ಹಸಿದವರಿಗೆ ನಿರಾಶ್ರಿತರಿಗೆ ಹಾಗೂ ರೋಗಿಗಳ ಕುಟುಂಬದವರಿಗೆ ಒಂದು ಹೊತ್ತಿನ ಊಟವು ಲಭಿಸಿದೆ. ಸಮಾಜ ಮನಸ್ಸರು ಈ ಯೋಜನೆಯ ಅವಶ್ಯಕತೆಗಳನ್ನು ಮನಗಂಡು ಮನ್ನಾ ಯೋಜನೆಗೆ ಸಹಕಾರ ನೀಡಬೇಕಾಗಿ ಪ್ರಾರ್ಥಿಸುತ್ತೇನೆ .

"THE HAND THAT GIVES WILL BE BLESSED IN THOUSAND FOLD"

You can Offer...

Breakfast	6,000/-
One Time Meal(Lunch or Dinner)	15,000/-
Full Day Food	35,000/-
Special Meal	30,000/-
Mannah	8,000/-

To,



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A/c No: 30820138336
Snehalaya Charitable Trust (R.)
State Bank of India
Kankanady Branch, Mangalore.
IFSC: SBIN0003300 MICR: 575002007

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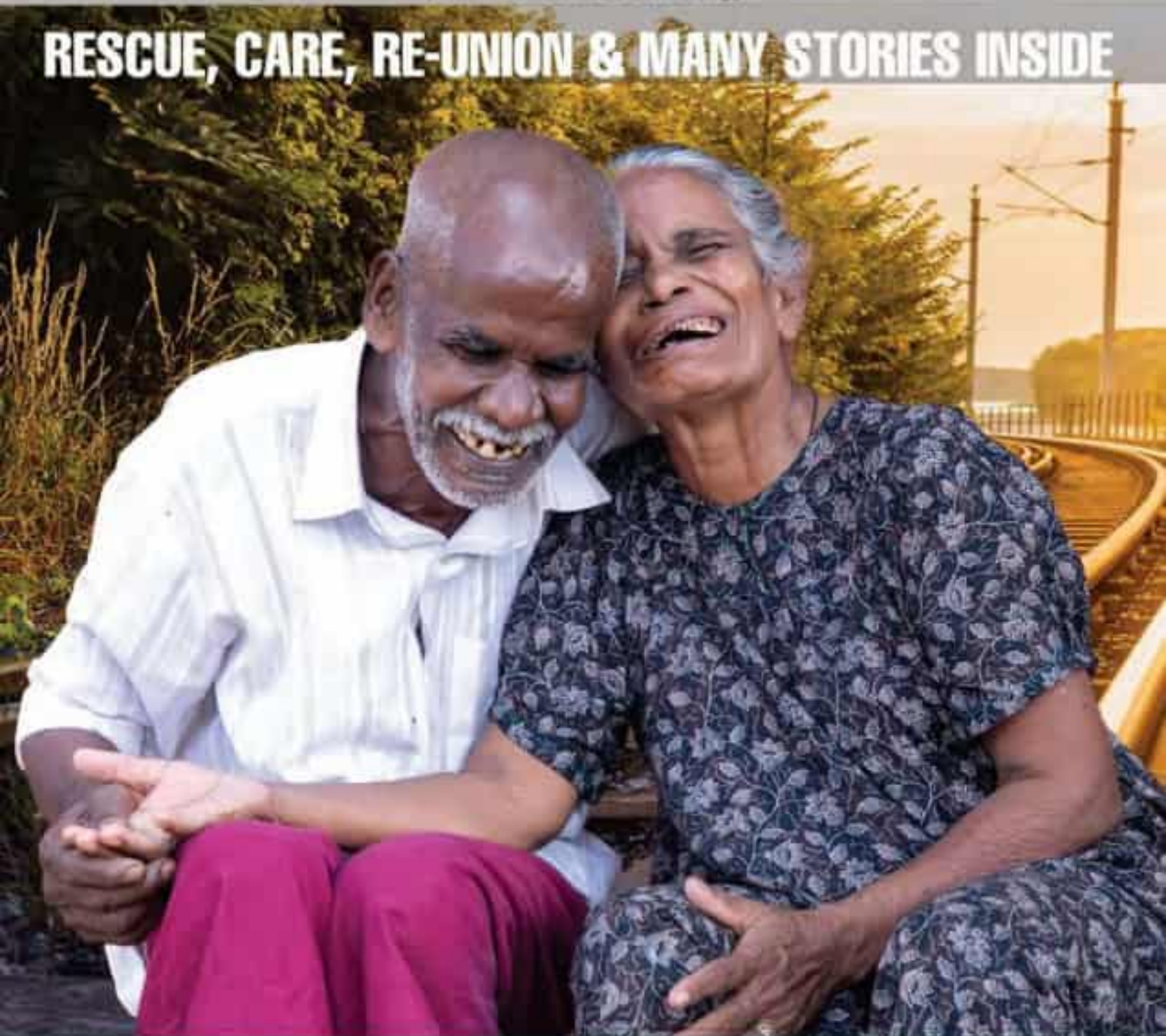
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MESSAGE



God dwells in pure hearts. Love binds man to man, and God to man. He imbibes divine nature into sinners. That insight is Christmas — which is not a ritual but reality and revelation. Jesus came to seek and save the sinner, to heal the broken-hearted, to destroy demonic works and to establish his kingdom of peace and joy on earth where hostility, turbulence and division rule.

The glad tidings of his birth were brought first to simple shepherds through the angel Gabriel. Jesus is the Good Shepherd and the light of the world. Christmas banishes fear from man. Real Christmas is personal, believing, obeying and sharing the eyewitness of seeing God. Christmas is about giving, not grabbing. Simple shepherds bowed before the baby in the manger, in swaddling clothes, and worshipped their Chief Shepherd. On that silent night their shouts of joy could not awaken those around from their slumber.

The bright Star of Bethlehem led the wise men of the East to their king, the faithful star guiding them for two years. They might have appeared foolish to the world but they were successful in their life's pilgrimage. Their gifts of gold, frankincense and myrrh symbolised their revelation of God. We can give without loving but we cannot love without giving.

The message of Christmas is that where there is hope, love, light and life, the plan and purpose of God will reach. Wishing you a merry Christmas and a happy new year 2023, filled with blessings, prosperity, and abundance.

Rev. Fr. Santhosh Menezes
Chaplain

SNEHALAYA CAMPUS





WORDS FROM THE FOUNDER

Hamilton Wright Mabie, an American essayist, once beautifully said, *"Blessed is the season which engages the whole world in a conspiracy of love!"*

The month of December is the month of joy and happiness for the whole world. Indeed it's a time of celebration with all the joys and excitement of Christmas. The words joy & happiness are inseparably connected to Christmas and to the biblical account of the birth of Jesus Christ. The angel brought "good tidings of great joy" to the shepherds. The wise men, when they saw the star, "rejoiced with exceeding great joy". Elizabeth, when she heard Mary's voice said that her baby "leaped in my womb for joy".

But what is the real meaning of Christmas? Is it putting up a decorative Christmas tree? Lights all around our homes? Distributing Cakes and cookies to our near and dear ones? Dinner with family and friends? Or exchanging gifts? Sure, the giving and receiving of gifts can bring us immense joy, but this should only be a small part of the meaning we find in Christmas.

The source of this great 'joy at Christmas' is the 'Light' that shines brightest in darkness. That's the heart of the Christmas story, an overriding message of hope, joy and blissfulness that echoes in the lyrics of "O Holy Night": But the unmistakable truth to remember is that God didn't come into our world at high noon. He entered our lives in darkness showing us the way to light, guiding us towards self-emptying love, kindness, compassion, and forgiveness, and thereby demonstrating how to overcome shadows and darkness. Christmas teaches us that even when things seem dark, we can trust the everlasting light.

Behind the celebration of Christ's Incarnation is the presence of great darkness as well as light. The Light of the World, in fact, came into a world of darkness. There was, firstly, the darkness of "no room at the inn", when no place could be found for Christ to be born.

The second episode of darkness was the Massacre of the Innocents, Herod's instruction to kill all the male children born nearby to ensure that Christ did not survive.

The third instance of darkness did not occur at that time but happens now. Hunger, thirst, sickness, poverty, and abandonment are the persistent realities in the lives of millions of people, as it was in the time of Christ. The question is whether the Birth of Christ and its celebration would have any meaning at all in a world which is torn between Hunger, Disease, rejection, loneliness, and Deprivation. Therefore the real meaning of Christmas is to give up one's very self – to think only of others. The Son is born, like a small light flickering in the cold and darkness of the night. That Child, born of the Virgin Mary, is the Word of God made flesh ... There is darkness in human hearts, yet the light of Christ is greater still.

Snehalaya, the embodiment of love and compassion, a beacon of hope, is trying its best to be a drop in the mighty ocean of God's love. Through our feeble hands, we try to provide bread to the hungry, through our healing hands we try to bandage the wounds and heal the sick, through our companionship, clothe those who have nothing to wear. On this occasion, we thank all our benefactors, donors, and well-wishers for their generous contribution towards this noble cause. We pray that at this joyful Christmas, may the Babe of Bethlehem bring his tenderness, love, kindness, and blessing to all of us and brighten the darkness of this world. Let us join our hands in the deep and profoundly fulfilling purpose of building God's kingdom by serving the poor and oppressed as Jesus did. We'll encounter a living God not only in our Cribs but in the hearts and on the faces of our several suffering brethren.

*"Wish you all a Joyful Christmas &
a Prosperous Happy New year 2023"*

Joseph Crasta
Managing Trustee & Executive Director

RESCUE

Psycho-Social rehabilitation is the process that facilitates opportunities for persons with chronic mental illness to reach their optimal level of independent functioning in society and for improving their quality of life. Snehalaya is working tirelessly to provide effective care and rehabilitation for those who are suffering from the mental illness and other psycho-social difficulties. We walk beyond the lines, rescue the lost wanderers, and work to get them back into their own houses for a joyful living. Rehabilitation activities includes yoga, pushover exercises, training for daily living skills, social skills, life skills, vocational training, indoor and outdoor activities, therapeutic activities, individual, and family counselling. In addition, extensive outreach activities, mental health and medical camps were also a integral part of the rehabilitation activities.

DARSHAN (24)



SUNDARI (50)



**SANJAY
KUMAR SAHU (50)**



MAHESH (30)



BALESHAN (24)



SHARATH(26)



JOGESHWAR(33)



MANORANJAN(30)



AZEEM (35)



RAMESH (45)



NITHYANANDA (58)



RUKSANA (33)



MONTHU (56)



AJITH (45)



MANIK CHAND (30)



RESCUE

SARASAMMA (68)



SAIKUMAR (40)



SHEKAR (42)



BARG PASHMAN(68)



GEETHA DEVI (55)



DASHRATH (45)



SURESH (45)



SUMAN DEVI (50)



MUNSI (30)



VANDANA (60)



BASHEER (40)



ESTHIMATH
ZUHARA (48)



BHOTO (50)



DIVYA (36)



SRINIVAS (40)



GOWRI (55)



MOHAMMAD ALI (60)



Since 2009 more than 1000 destitute with Psycho-Social issues were rescued to provide the care and treatment at Snehalaya Psycho-Social Rehabilitation Centre for Men and Snehalaya Psycho-Social Rehabilitation Home for Women.

RE-UNIONS

“Snehalaya aims at re-uniting the residents with their families to ensure happy living after their recovery. The team was successful in reuniting more than 800 residents with their families in the past 13 years.

Out of those rehabilitated 80% of them were successfully reunited with the family for a joyful life. Our Rehabilitation activities and training strategy is designed to provide the residents the best opportunity to independently perform their day to day activities and landing a good job or earning according to their capability. In order to reunite the residents, we also work with the Government departments and other NGOs.

DEEPCHAND (29) REUNITED AFTER TWO DECADES.



REUNION OF MR. AJITH AT UTTAR PRADESH



REUNION OF MALABHARATH KUMAR AT ANDHRA PRADESH



AFTER 26 YEARS RAMA WAS REUNITED AT GUJARAT



BHOTO (50) REUNITED AT JHARKHAND AFTER THREE DECADES



MOHAMMAD ALI (60) IS REUNITED AT KASARAGOD



RE-UNIONS

RAMBABU (57) REUNITED AT ANDHRA PRADESH AFTER 16 YEARS



DULAL (49) REUNITED AFTER 15 YEARS



MEENU (70) REUNITED AT JHARKHAND AFTER 16 YEARS



MOTHER GOT HER SON JASMANT KUMAR(30) BACK



NAGESH MAHENDRA(45) REUNITED AT TAMILNADU



MALATHI (65) REUNITED AT ORISSA AFTER 16 YEARS



GEETHA (32) IS SUCCESSFULLY REUNITED AT MAHARASTRA AFTER 9 YEARS



DARSHANA DEVI(82) HAPPILY REUNITED AT HARYANA



THE SAGA OF THE INSEPARABLES



"Love is not always Christmas bells, Sometime it is tough as nails, But one thing you are sure to find, In the end there is peace of mind." - Joshua Aaron Guillory

Life without love is meaningless. Love was born even before mankind was born and it still exists in all kinds of organisms, including humans. Though love is expressed in various forms and between different relationships, eternal love is accomplished between a man and a woman. Love is one trait that never diminishes as long as you give it to others and keeps on growing. There are immortal stories of lovers. Even in the stories that ended in tragedy, love has never failed; only the lovers have. They stand evergreen and are suitable for all ages of time.

Here is the real-life story of an inseparable couple, who, in spite of fighting all the odds of life ever remained loyal, intimate and close to each other. It was a frantic evening on 28th September 2022. There was a sudden, unexpected, heavy rainfall in Ottapalam, Palakkad. The heavy pour lasted about two hours. While every man and woman, child and even animals ran for some cover and shelter, 72-year-old Chandran and his 69-year-old, blind wife Ponnukutty sat on the railway platform, motionless, without making any effort to hide under some roof. The heavy rain had drenched them completely and as a result, the feeble couple was shivering. While Chandran's eyes were gazing at the extensive, unending railway tracks, his mind was wondering where he could get a morsel of bread to feed his hungry wife, for, the last two days they drank only water, not to quench the thirst but to escape the excruciating, agonizing hunger.

It wasn't, that they had not made any effort to beg for food, but on that hapless day, they did not come across a single generous heart that could give them some money or food to satisfy their hunger. Now it was almost 8:00 pm. In a mellow voice, Chandran whispered to his wife Ponnukutty, "Now is the time, I can hear the sound of the train" that's all.... the duo cuddled and sobbed for a while and then laid down, keeping their heads on one track and legs spread on another. The sun of their life was almost setting, their hopes were bleak and they had no strength to face another dark night, for their hunger was insufferable.

The sound of the approaching train could be clearly heard. In another few minutes..... the mutilated bodies of the couple would be going to be scatted that night. But..... Suddenly, a passer-by appeared there as if God had sent His angel at the right time. He saw the couple lying on the track in an effort to end their life. He ran and held their hands and brought them to a safer place. Then, having heard their pathetic story he made a quick search on Google to find someplace in order to help this couple. Finally, the search led him to trace Snehalaya and the man called Br. Joseph Crasta, the founder of Snehalaya. As per his directions, the man put them on the train, that was coming to Mangalore. And finally, the couple reached Manjeshwar... and from there to Snehalaya.

Chandran, an orphan, was working as a daily labourer for a landlord. Prior to marrying Ponnukutty Chandran was compelled by a sectarian religious landlord to change his religion and in return, Chandran was promised that he would be married to a girl, would be given one acre of land, a house to stay and a job as a daily labourer. Everything happened as Chandran was promised.... But on the first day of the marriage, his newly married wife told him that she was already a four-month pregnant mother. It was as if lightning had struck Chandran. He felt gravely cheated. That was the first and last day Chandran saw his newly wedded wife. Embittered, resentful and cynical, he left that place forever. Chandran came to Nambullipura where he met Ponnukutty, the only daughter of a widowed mother. Ponnukutty doesn't remember to have seen her father's face for he had died when she was very small and worse as fate would have it, lost her mother in a road accident when she was 16 years old. After her mother's death, her step-brothers and sisters pushed her out of their house, calling her an accursed witch.



From then on begins a tough, insecure, lonely life of Ponnukutty. To feed herself she would do any available jobs like washing and cleaning, sweeping and swabbing, cutting grass, fetching firewood and even sweeping in front of the shops in the small city, Nambullipura. Days, Months and Years pass without much hope. Several times

THE SAGA OF THE INSEPARABLES

she felt there is no reason why and for whom she should live but at the same time the thought of death made her dreadful. Finally, at the age of 37 she meets another desperate, lonely human being like her in the person of Chandran. Soon they begin to like each other's company and this like turns into a desire to stay together and support each other till the end of life. Love, at first sight, may fail often but True love is perpetual when you love someone until your last breath. For a few years, everything was good in the life of Chandran and Ponnukutty. Chandran worked hard all day long to keep Ponnukutty happy and Ponnukutty extended her helping hand by doing odd jobs for different families. They rented a small house, cooked the food they liked and lived happily. But fate has its own destiny. Life is what happens to us while we are making other plans. Fate is like a strange, unpopular restaurant filled with odd little waiters who bring you things you never asked for and don't always like. 26 years of their happy life was suddenly interrupted when Ponnukutty became suddenly blind. Chandran left no stone unturned and took her to every best doctor and hospital till all his savings were over. Because of this, he could not pay the house rent for 3 months and the landlord pushed them out.



Once again, fate had Chandran and Ponnukutty on the streets, now still harsh because Chandran couldn't leave her blind wife and go to work and also ageing in years, he had become very weak. Begging was the only solution. Someone took them to an Ashram overseen by Religious Nuns. Since they had separate dormitories for males and females, the inseparable duo couldn't manage. They left the Ashram and came on the road again. Rarely did they eat a meal properly. If one tea was bought, they shared half each. Several times they drank only water and slept hungrily. Day by day life was becoming increasingly threatening and impossible to live in a merciless world. Then follows the frantic evening of 28th September 2022, when the couple decided to give up their life under a running train.

But our God is certainly the God of miracles. Through different people, different signs, and circumstances, God works in an unseen way and shows His power. God saw the misery and agony of Chandran and Ponnukutty.

After 18 months of great struggle and fighting for existence, they were safely guided to Snehalaya. Upon arriving here, they were separated as per the rules of Snehalaya. Chandran was put in the men's section and Ponnukutty in the women's wing. But they could not be kept separated even just for a day. Ponnukutty started crying stridently so the same evening, they were allowed to meet each other. For a while, they cuddled and cried bitterly and then Chandran, in an effort to console his wife began to rub gently Ponnukutty's head gently, explaining about the kind treatment they received, the food and all other facilities given to them in Snehalaya and therefore, as per the rules to remain separate.



Ponnukutty refused to be consoled and seeing this inseparable union of love, loyalty and allegiance to each other, the eyes of the management, staff and all those who gathered were filled with tears. Finally, Br Joseph Crasta, the founder of Snehalaya, had to intervene. A man of compassion, Br Joseph too, could not evade the pressure of his pulse and felt pity for this couple who were ripened in age but young and evergreen in their mutual love and care. He immediately decided that the couple should live together. A small house, a bit far from the campus was made ready and the couple was shifted to their small, beautiful house. Every minute need is looked after. They are extremely happy. Having been asked how they felt in their new house, Chandran said "We feel like we are in heaven now. It is because of God's love and compassion that we are here. We need not worry about anything. Gods angels are taking care of our minute needs."

In today's world marriages have become ostentation and fashion without proper commitment. Even for silly reasons, there are battles, conflicts, and domestic violence, couples are driven to annulment, separation and divorce due to a lack of physical and emotional intimacy. Chandran and Ponnukutty stand as the epitome of the Sacramental union of perpetual love, loyalty, and fidelity. May God bless this inseparable couple and keep them always under his protective care.

ACTIVITIES OF SNEHALAYA

JULY TO DECEMBER 2022

INDEPENDENCE DAY CELEBRATION



CELEBRATION OF GANDHI JAYANTI



SNEHALAYA FOUNDATION DAY



DISTRICT LEVEL DEPARTMENTAL CELEBRATION OF BIRTH ANNIVERSARY OF ST. MOTHER TERESA

FEAST OF THE NATIVITY OF THE BLESSED VIRGIN MARY



FOUNDATION STONE LAYING CEREMONY OF SNEHALAYA DE ADDICTION CENTRE

INAUGURATION OF THE HEAD OFFICE OF SNEHALAYA CHARITABLE TRUST



ONAM WAS CELEBRATED WITH GREAT ZEAL

WORLD MENTAL HEALTH DAY CELEBRATED AT SNEHALAYA



DIWALI CELEBRATION



ACTIVITIES OF SNEHALAYA

JULY TO DECEMBER 2022

SNEHAMILANA 2022 A DAY WITH PLJHV



SNEHA KOOTA 2022 - CHRISTMAS CELEBRATION



INSPIRE BEFORE EXPIRE...

There is a Chinese saying that goes: "If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody." For centuries, the greatest thinkers have suggested the same thing: Happiness is found in helping others.

For it is in giving that we receive — Saint Francis of Assisi
The sole meaning of life is to serve humanity — Leo Tolstoy
We make a living by what we get; we make a life by what we give — Winston Churchill

Of course, as much as these slogans sound pleasant and congenial to the ears, so much they are difficult to live. But I was flabbergasted to see a person who not only lives these principles but has made service a way of life. Br Joseph Crasta, the founder of Snehalaya is one of the humanitarians who lives the axiomatic truth of unselfish love and selfless service to the last and least of society.

I am greatly privileged to have had the tangible and living experience of being at Snehalaya for the past month. Snehalaya means 'Home of Love' and it is just that for many despised, neglected, marginalized and socially segregated and deprived who have no one else to turn to. Along with Br Joseph Crasta, there is a battalion here in the form of administration and caretakers who, with outstretched arms of love, embrace the unwanted, and unsolicited and fill them with hope and courage. Hats off to you, the Snehalaya management, all staff and Volunteers.

Br Joseph Crasta is undoubtedly a saintly man with oodles of kindness and compassion in him. While conversing with this great man he said, "The purpose of life is not only to be happy, it is to be useful. It is to inspire before we expire". Marvelous divine wisdom oozing out of the mouth of a simple but extraordinary man. Indeed, it only takes a spark to get a fire going and all those around can feel the warmth of its glowing. If at all you happen to come to Manjeshwar, Kasargod, please do visit Snehalaya, the embodiment of love and service, and experience the warmth of the fire of love residing here

Fr. Cyril D' Souza

Bishop of Jaipur, Rajasthan

MEDICAL INTERVENTIONS

The objective of medical camp is to provide initial care to people in life-threatening conditions which reflect the unique strengths and goals of medical ethics. Snehalaya is Striving to meet all the needs of the residents. Hence, we are privileged to have the assistance of government and charitable medical hospitals and health care centres.

our residents benefit significantly from Medical camps in terms of staying healthy, happy, and disease-free. The crew is exceptionally dedicated, efficient and professional. given that we are very careful and cautious about the residents health, these camps are quite useful in addressing the medical demands of our brethren.

We also ensure:

- Raise health awareness among the residents and teach them to deal with communicable and non-communicable diseases.
- Evaluate the living conditions and determine the obstacles and challenges to work on solving their problems.
- Refer medical cases towards surgeries if required.

The physicians conducting the camps are obliged to act in the best interest of the patients. Every patient attending the camps are treated similarly and cared for evenly.

TRAINING PROGRAMME AND TB SCREENING BY DISTRICT TB CENTRE KASARAGOD



YENEPOYA DENTAL COLLEGE, DERALAKATTE, ORGANISED DENTAL CAMP.



GENERAL MEDICAL CHECKUP



PSYCHIATRIC REVIEW



PHYSIOTHERAPY



VARIOUS CHURCH GROUPS, FAMILY, YOUTH, STUDENTS VISITED SNEHALAYA

"The best way to find yourself is to lose yourself in the service of others". - Mahatma Gandhi.

In all these 13 years the social activities of Snehalaya are supported by the kind hearted people with social concerned without any boundaries of caste and religion. Under the leadership of Religious Institutions, Organizations, various group heads, and many other teams visited Snehalaya and spent a day with the sick and needy people and offered various day-to-day items for the inmates. Many cultural programmes are conducted to entertain the inmates of Snehalaya. Whole groups stepped together for the music which brought smiles on their faces and made their day memorable.

MRPL STAFF AND FRIENDS VISIT



CATHOLIC SABHA UNIT AND PARISHIONERS FROM ST. LAWRENCE CHURCH, VIJAYADKA



SVP, ICYM, YCS MEMBERS OF OUR LADY OF FATIMA CHURCH PERUMI



STUDENTS OF ST. ALOYSIUS COLLEGE SAIHAYA PROJECT



ST. ALOYSIUS PU STUDENTS VISITED SNEHALAYA



FAMILY MEMBERS OF KP MOHAMMADIL, HAMEED AND KP ABDUL REHMAN



SNEHALAYA WAS CHIRPED BY THE STUDENTS OF THE CANARA COLLEGE, MANGALORE



YAMC AND HOSPITAL STUDENTS VISITED SNEHALAYA



MEMBERS OF ST. JOSEPH'S WARD FROM SACRED HEART CHURCH MARIL, PUTTUR



HOME BAKER'S UNION KASARAGOD



**BSW CHIKKANAYAKANAHALLI TOWN TUMAKUR
GOVERNMENT FIRST GRADE COLLEGE**



GOVERNMENT LOWER PRIMARY SCHOOL BADAJE.



**PARTICIPANTS OF PGDGC ST AGNES PG CENTRE,
MANGALORE.**



**CATHOLIC SABHA OF SACRED HEART OF
JESUS VORKADY**



**STUDENTS OF DR. P. DAYANANDA PAI - P.
SATISHA PAI GOVERNMENT FIRST GRADE
COLLEGE, CAR STREET, MANGALORE**



SRA SISTERS FROM VAMANJOOR



STUDENTS OF P A COLLEGE OF ENGG



STUDENTS OF ST. AGNES CBSE SCHOOL



**STAFF OF D'CUNHA HOME PRODUCTS
MOODABIDRE**



MAGIS FROM ST ALOYSIUS



STUDENTS OF ST. MARY'S HIGH SCHOOL FALNIR



APPEAL TO SUPPORT SNEHALAYA DE ADDICTION CENTER

The suggested effort is anticipated to combat the Substance use disorder, which is uncontrollably spreading over the world. This De-Addiction Center will have a significant role in shaping the young generation and in creating a happy and healthy family.



During our treatment intervention we came across many mentally ill individuals experiencing psychosis as a result of substance use. In view of this a full-fledged de addiction center is being realized.

The estimated construction cost of the building is Rs. 7.5 Crores

"Great acts are made up of small deeds, we are sure that with your support this De-Addiction center will be a great contribution to the society."

Foundation
stone
laying
Ceremony



G Pay

+91 8590256917

Snehalaya Charitable Trust
Snehalaya Charitable Trust



OUR ACCOUNT DETAILS
SNEHALAYA CHARITABLE TRUST
HDFC BANK
A/C NO. 50100193685241
MANGALORE BRANCH
IFSC:HDFC0000094

HEAD OFFICE : Lotus Paradise Plaza
4th Floor, 417#,
Bendur Mangalore - 575002

The Mannah : Serving the hungry



“ There is no greater charity than feeding a hungry.”

Mannah mission is one such initiative of Snehalaya Charitable Trust. Since 2015 everyday 700 free mid day meals are served for the caretakers of patients at wenlock government hospital, Mangalore. This mission has reached the hungry and needy people.

You all have always been very generous in contributing for our residents. You are welcome for a thoughtful contribution by sponsoring Mannah mission on your special days.

“ಅನ್ನದಾನಕ್ಕಿಂತ ಶ್ರೇಷ್ಠವಾದ ದಾನ ಇನ್ನೊಂದಿಲ್ಲ”

2015 ರಿಂದ ಇಂದಿನವರೆಗೆ ಸ್ನೇಹಾಲಯ 'ಮನ್ನಾ' ಯೋಜನೆಯ ಮೂಲಕ ಮಂಗಳೂರಿನ ಐಲ್ವಾ ವೆನ್‌ಲಾಕ್ ಆಸ್ಪತ್ರೆಯ ನುಮಾರು 700 ಜನ ರೋಗಿಗಳ ಪರಿಚಾರಕರಿಗೆ ಪ್ರತಿದಿನ ಉಚಿತ ಮಧ್ಯಾಹ್ನದ ಊಟದ ವ್ಯವಸ್ಥೆ. ಇದರಿಂದ ಸಾಕಷ್ಟು ಕಷ್ಟದಲ್ಲಿ ಇರುವವರಿಗೆ ಹಸಿದವರಿಗೆ ನಿರಾಶ್ರಿತರಿಗೆ ಹಾಗೂ ರೋಗಿಗಳ ಕುಟುಂಬದವರಿಗೆ ಒಂದು ಹೊತ್ತಿನ ಊಟವು ಲಭಿಸಿದೆ. ಸಮಾನ ಮನಸ್ಸುರು ಈ ಯೋಜನೆಯ ಅವಶ್ಯಕತೆಗಳನ್ನು ಮನಗಂಡು ಮನ್ನಾ ಯೋಜನೆಗೆ ಸಹಕಾರ ನೀಡಬೇಕಾಗಿ ಪ್ರಾರ್ಥಿಸುತ್ತೇನೆ .

"THE HAND THAT GIVES WILL BE BLESSED IN THOUSAND FOLD"

You can Offer...

Breakfast	6,000/-
One Time Meal(Lunch or Dinner)	15,000/-
Full Day Food	35,000/-
Special Meal	30,000/-
Mannah	8,000/-

To,

ACCOUNT DETAILS :

A/c No: 30820138336
Snehalaya Charitable Trust (R.)
State Bank of India
Kankanady Branch, Mangalore.
IFSC: SBIN0003300 MICR: 575002007

All donations to the trust are exempted under w/s 80G of Income Tax Act 1961 of Government of India.

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SNEHA SPARSH

A Story of Love

Bi-Annual newsletter of Snehalaya Charitable Trust(R)

(For Private circulation only)

RESCUE, CARE, RE-UNION & MANY STORIES INSIDE

**FROM SLAVERY
TO FREEDOM**



LOVE, CARE & JOYFUL SERVICE



FOUNDER'S MESSAGE

THE DISINTEGRATION OF THE FAMILIES AND ESTRANGEMENT OF RELATIONSHIPS

In the modern world, the disintegration of families has become a troubling trend, marked by the estrangement of relationships and a pervasive sense of selfishness. With the rapid pace of life, the values and priorities within families have shifted, often leading to the neglect and abandonment of elderly parents. In this throwaway culture, where convenience and individualism take precedence, many children find themselves detached from their roots, running away from home in search of independence and personal fulfilment. The erosion of familial bonds, once considered sacred, reflects a broader societal shift toward self-centeredness, where immediate gratification outweighs long-term commitments. This troubling trend highlights the pressing need to nurture and revive the value of family, emphasizing empathy, compassion, and the interconnectedness of generations to restore the fabric of our communities.

In the olden days, the traditional family system typically consisted of an extended family structure where several generations lived together under one roof. This included grandparents, parents, siblings, and sometimes even relatives. Even then there was enough place for everyone inside the house. The pet animals lived outside. The toilets were outside. But now the pet animals and toilets have come inside the house while the grandparents, sometimes even old parents are not only outside the house but they are out in the streets and orphanages.

In my experience of picking such people from roads and streets for the past 14 years, I have closely experienced their agony and pain. Abandoned parents often experience a range of intense emotions, including shock, betrayal, anger, sadness, and a deep sense of loss. Dealing with these emotions can be overwhelming and may lead to anxiety, depression, and a decline in overall mental well-being.

It's not only the parents and grandparents being rejected but often the children also run away from their families. Conflicts within the family, such as frequent arguments, parental substance abuse, domestic violence, too much demand by the parents or neglect of the children have also created an unhealthy and unsafe environment for children. The runaway children are vulnerable to exploitation by individuals who may take advantage of their circumstances. They can become targets for exploitation, including involvement in the drug trade or other criminal activities.

Estrangement among family members can also take place due to the comparison of one's family to more fortunate or affluent families. This can lead to dissatisfaction, envy, and a sense of inadequacy. It's important to remember that each family has its own unique set of circumstances, challenges, and strengths. Focusing on comparing oneself to others can distract from appreciating and nurturing the relationships, love, and support that exist within the family unit.

When making comparisons, it can be valuable to consider the circumstances of those who are less fortunate. By doing so, we gain perspective and empathy for those who may be facing greater challenges or disadvantages in life. Comparing ourselves to those who are less fortunate can foster gratitude for our own circumstances and inspire us to contribute positively to the world around us. Today it is more than a necessity to build positive relationships: Nurturing positive relationships with family, friends, and communities can significantly enhance happiness.

FOUNDERS MESSAGE

THE DISINTEGRATION OF THE FAMILIES AND ESTRANGEMENT OF RELATIONSHIPS

Investing time and effort in maintaining healthy connections, resolving conflicts, and fostering a sense of belonging can create a happier social environment. Cultivating gratitude for the present moment and practising mindfulness can help individuals appreciate the small joys in life, reduce stress, and enhance overall well-being. It's important to recognize that making the world a happy place is a collective effort. While individuals can contribute on a personal level, it also requires systemic changes, collaboration, and a shared commitment from communities, organizations, and governments to address broader issues that impact happiness and well-being.

Remember that happiness is multifaceted and can vary from person to person. It's not about ensuring constant happiness but rather creating an environment that supports overall well-being, fulfilment, and a sense of purpose for individuals and communities.

God has created us to be happy and spread happiness around. Hence, each of us has an obligation to create a happy society and make this world a 'Happy Place' to live in. Charity begins at home.

"Everyone needs a house to live in, but a supportive family is what builds a home."

– Anthony Liccione

Joseph Crasta

Managing Trustee & Executive Director

CHAPLAIN'S MESSAGE

SNEHALAYA, AN ABODE OF LOVE AND COMPASSION

Snehalaya Rehabilitation Centre stands as a revered sanctuary, a shrine of mental peace and happiness, where the chains of addiction and mental illness are broken, and souls find respite. Within its nurturing embrace, individuals burdened by the weight of affliction discover a haven of healing and transformation. The centre's dedicated staff, armed with compassion and expertise, guide each resident on a profound journey towards liberation.

Through comprehensive care, therapeutic interventions, and a compassionate environment, Snehalaya facilitates personal growth and resilience, uplifting the spirits of those in need. By inspiring individuals to embrace their potential, the centre enables them to transcend their challenges and discover a renewed sense of joy and serenity.

May Snehalaya Rehabilitation Centre be blessed abundantly, growing in the gentle shadow of God's grace. May its compassionate mission reach out far and wide, touching the lives of thousands who are suffering and in need. May Snehalaya be a place of transformation, where broken spirits find solace, and shattered lives are rebuilt with compassion and care. May its impact ripple through communities, bringing light to the darkest corners and reminding us all of the profound power of love and empathy. In God's embrace, may Snehalaya Rehabilitation Centre continue to be a vessel of healing and restoration, offering comfort and support to all those who pass through its doors.

Fr D.S Cyril
Chaplain, Snehalaya

RESCUE

Psycho-Social rehabilitation is the process that facilitates opportunities for persons with chronic mental illness to reach their optimal level of independent functioning in society and for improving their quality of life. Snehalaya is working tirelessly to provide effective care and rehabilitation for those who are suffering from the mental illness and other psycho-social difficulties. We walk beyond the lines, rescue the lost wanderers, and work to get them back into their own houses for a joyful living. Rehabilitation activities include yoga, pushover exercises, training for daily living skills, social skills, life skills, vocational training, indoor and outdoor activities, therapeutic activities, individual, and family counselling. In addition, extensive outreach activities, mental health and medical camps are also an integral part of the rehabilitation activities.

AHMED PASHA (40)



B SAI KUMAR (33)



RANGAN (50)



DINESH (30)



PAUL DSOUZA (53)



NAGARJUN(26)



CHOTU KUMAR(32)



SURENDRA PILLA (60)



KANDUR(59)



NARAYAN SWAMI (35)



KAMALA (35)



SUKUVARA (65)



MOHAMMED (42)



FAKHIR (42)



NARAYANA MOOLYA (70)



RESCUE

NISHA N.C (42)



VARALAKSHMI (54)



BHAGYA LAXMI (35)



ASHLI GOJAR (45)



BALVINDER SINGH (58)



KUMARI HANU (29)



ROOPALI (28)



KAIYANI (25)



NAVEENA KUMARI (50)



MEERA BAI (49)



LAXMI (39)



PADMAVATHI (48)



RADHIKA (46)



DEEPIKA (23)



RANI (40)



OBITUARY



JEROME MOREIRA



VARGHESE PATHIKKAL



SUDHAKAR



PADMAVATHI



JOPHY JOSEPH

RE-UNIONS

“Snehalaya aims at re-uniting the residents with their families to ensure happy living after their recovery. The team was successful in reuniting more than 900 residents with their families in the past 14 years.

Out of those rehabilitated 80% of them were successfully reunited with the family for a joyful life. Our Rehabilitation activities and training strategies are designed to provide the residents the best opportunity to independently perform their day to day activities and acquiring a good job or earning according to their capability. In order to reunite the residents, we also work with the Government departments and other NGOs.

HUSSAIN REUNITED AFTER THREE DECADES.



REUNION OF VANDANA AT BIJAPUR KARNATAKA



REUNION OF AHMED PASHA AT BIDAR KARNATAKA



AFTER 6 YEARS KALYANI REUNITED AT PONDICHERRY



REUNION OF SURENDRAN PILLA AT KANYAKUMARI



REUNION OF VINAY AT BIDADI OF BANGALORE



RE-UNIONS

DASHRAT REUNITED AT HAZARIBAGH JHARKHAND



MANIK CHAND REUNITED AT NALANDA BIHAR



BARG PASMAN REUNITED AT DARBHANGA BIHAR



FATHIMA REUNITED AT UPPALA OF KASARAGOD KERALA



REUNION OF GOWRI AT WEST BENGAL



GEETHA DEVI REUNITED AT BIHAR



BHUWAN REUNITED AT DHARMAPURI TAMILNADU



KENCHANNA REUNITED AT CHITRADURGA KARNATAKA



FROM DARKNESS TO LIGHT

"The Real Story of Ravindran [Name Changed] a Cocaine Addict"



Ravindran sat huddled in the corner of the passageway, his body shaking and his mind racing. His clothes were tattered and stained, and his hair was matted and unkempt. His eyes were wild and bloodshot, and his skin was pale and clammy. Ravindran had lost everything - his job, his home, his family - all to the cocaine that he craved so desperately. It had become his entire world, his reason for living. He would do anything to get his hands on it, even if it meant stealing or hurting others.

Things weren't so for Ravindran in the beginning. He had always been a brilliant student. He excelled in school and had a natural talent for science and technology. When he graduated high school, he decided to pursue a BTec in Computer Science. He was at the top of his class, and his professors predicted a bright future for him in the tech industry.

But as Ravindran began to enter the workforce, he found that the pressure was too much for him to handle. He was expected to work long hours and meet tight deadlines, and he began to feel overwhelmed. At first, he turned to alcohol to cope, but that soon turned into something more dangerous - cocaine.

At first, it was just a way to stay awake and focused during long workdays. But soon, Ravindran found that he couldn't function without it. He began to spend all of his money on cocaine, and he started to miss work and deadlines. His once-promising career began to crumble around him. As Ravindran's addiction grew worse, he started to isolate himself from his friends and family. He was ashamed of what he had become, and he didn't want anyone to see him in his current state. He stopped answering phone calls and emails, and he stopped going out in public altogether.

His health began to deteriorate, and he lost a dangerous amount of weight. His once-brilliant mind was now clouded by the constant need for cocaine.

He couldn't focus on anything else, and he found himself slipping further and further into a state of despair. Surrounded by empty cocaine baggies and discarded needles, he wondered how he had gotten to this point. He had once been a promising young man with a bright future ahead of him, but now he was nothing more than a miserable cocaine addict.

As he sat there alone in the dark room, he felt a sense of despair wash over him. He knew that he was trapped, that he would never be able to break free from the grip of addiction. He had tried to quit so many times before, but the withdrawal symptoms were too intense, and the cravings too strong. He just immediately needed some liquor or cocaine powder to calm his nerves.

He looked down at his hands, which were covered in cuts and bruises from his latest attempt to score some cocaine. He knew that he was hurting himself, but he couldn't stop. The addiction had taken over his mind and his body, and he felt powerless to resist. He felt a sense of shame wash over him. He knew that he was a shell of his former self, a broken and pitiful creature.

The sun was setting over, and the darkness was covering the city symbolizing the darkest night in the life of Ravindran as well. Indeed, it was the most ill-fated night in the life of Ravindran as the spell of darkness engulfed the soul of Ravindran. Far of he saw the neon lights of the club flickered to life, beckoning to him like a siren's call. He knew he shouldn't go, that he needed to stay away from the drugs, but he couldn't resist. He needed the high, the rush of adrenaline that came with snorting that white powder. Whatever money he had Ravindran quickly slipped into his pocket and made straight for the night bar. He walked past the bouncer, nodding in recognition, and made his way to the bar. The bartender knew him well and knew what he wanted without him even having to ask. He slid a small baggie across the counter and Ravindran eagerly snatched it up.

FROM DARKNESS TO LIGHT

He didn't even bother with a table, just leaned against the bar and poured the powder out onto his hand. He snorted it quickly, the burning sensation in his nose a familiar feeling. He closed his eyes and leaned his head back, letting the high wash over him. But as the night wore on, the high faded and he was left feeling empty. He stumbled out of the bar, his mind foggy and his body weak. He wandered the streets aimlessly, searching for something to fill the void inside of him. Dreadfully and desperately, he wanted more stuff to calm his shivering body but there was no money with him. Now the night was almost half spent and still a lot of time for the day to arrive. Ravindran knew that he couldn't wait so long. He remembered his mother had two gold bangles; his mind was brightened with the thought. In a vague slumber, he made his way home. Whatever followed after that was a deadly blackout for Ravindran.



It wasn't until the next morning that he realized what he had done. As he woke up from the pool of blood, he saw his hands and his clothes covered with blood, and the memories flooded back to him. He had killed his own mother and ailing father who resisted Ravindran when he was forcing them to give the bangles. In a drug-fuelled rage, he had struck them with a hatchet and mutilated their bodies and put them in the fridge. Yes, Ravindran had become a monster, a slave to the cocaine that had not only destroyed his life but also committed a heinous parricide of those who gave him life, education and everything he wanted and nurtured him so lovingly. The neighbours who had sensed something enigmatic being happened in Ravindran's family had informed the police and Ravindran was taken away in handcuffs.

Since Ravindran was not fully sane the court ordered him to be sent to a rehabilitation centre instead of putting him in jail.

The Snehalaya authorities were called and Ravindran was brought to Snehalaya for treatment. The sun was shining brightly on the day that Ravindran walked through the doors of the Snehalaya. He had hit rock bottom, and he knew that he couldn't keep living the way he had been. He had lost everything - his parents, his job, his friends, his family - all to the cocaine addiction that had taken hold of him.

But as he walked through serene doors, he felt a glimmer of hope. The staff was kind and welcoming, and the other patients seemed to understand what he was going through. Some of them had been where he was, and they were all working together to overcome their addictions.

The first few days were tough. The withdrawal symptoms were intense, and Ravindran felt like he was going crazy. But the Snehalaya staff was there for him, offering him support and encouragement every step of the way. They helped him through the physical symptoms, and then they began to work on the mental and emotional aspects of addiction.

Through group therapy sessions, individual counselling, and other activities, Ravindran began to see the world in a new light. He learned coping mechanisms for dealing with stress and triggers, and he began to understand the underlying issues that had led him to addiction in the first place. As the weeks went by, Ravindran felt himself getting stronger and more confident. He began to make friends with the other patients, and he even started to enjoy the various activities that the rehab centre offered. He learned how to meditate, how to cook healthy meals, and how to exercise in a way that was good for both his body and his mind.

And then, one day, he realized that he was ready to leave the centre. He had completed the program, and he felt like a new person. He was clean, sober, and ready to face the world again. As he walked out of the rehab centre, he felt a sense of pride and accomplishment. He had overcome his addiction, and he knew that he had the tools and support he needed to stay clean for the rest of his life. And as he looked up at the bright blue sky, he knew that the future was full of possibility and hope.

ACTIVITIES OF SNEHALAYA

JANUARY TO JUNE 2023

OFFICIAL VISIT BY OCB CHAIRMAN



REPUBLIC DAY CELEBRATION



"SANTHWANAM" A DAY FOR RICKSHAW DRIVERS



INTERNATIONAL WOMENS DAY 2023 CELEBRATION



SHAREEF AREBAIL MEMORIAL PROGRAM BY YOUTH CONGRESS



IFTAR CELEBRATION



MENTAL HEALTH SEMINAR



HOLY WEEK AND EASTER CELEBRATION



ST JOSEPHS WARD MANJESHWAR, WARD FEST



HEALTH MALABAR DOCTORS DAIRY INAUGURATION



ACTIVITIES OF SNEHALAYA

JANUARY TO JUNE 2023

FAREWELL TO FR. SANTHOSH MENEZES



WELCOME TO FR. CYRIL D'SOUZA OUR NEW CHAPLIN



VISIT BY OCB MEMBER FR. LIJO CHITTHILAPILLY



VISIT BY MR. PADMARAJ B CHAIRMAN OF GURU BELADINGALI FOUNDATION, TREASURER OF SRI KUDROLI GOKARNATHENIWARA TEMPLE AND GENERAL SECRETARY KPCC BANGALORE



MEDICAL INTERVENTIONS

Our residents benefit significantly from Medical camps in terms of staying healthy, happy, and disease-free. The crew is exceptionally dedicated, efficient and professional. Given that we are very careful and cautious about the inmate's health, these camps are quite useful in addressing the medical demands of our brethren.

The physicians conducting the camps are obliged to act in the best interest of the patients. Every patient attending the camps are treated similarly and cared for evenly.

MEDICAL CAMP BY AJ HOSPITAL (DERMATOLOGY, ENT, OPTIMALOLOGY, AUDIOLOGY)



GENERAL MEDICAL CHECKUP BY YENEPOYA HOSPITAL



TB TEST BY TB CENTER, KASARAGOD



HOMEOPATHY CAMP BY YENEPOYA



UDID CAMP BY DMO OFFICE, KASARAGOD



DENTAL CAMP BY YENEPOYA DENTAL COLLEGE



VARIOUS CHURCH GROUPS, FAMILY, YOUTH, STUDENTS VISITED SNEHALAYA

"The best way to find yourself is to lose yourself in the service of others". - Mahatma Gandhi.

In the past 14 years the social activities of Snehalaya are supported by the kind hearted people with social concern, without any boundaries of caste, creed and religion. Under the leadership of religious institutions, organizations, various group heads, and many other teams visited Snehalaya and spent a day with the sick and needy people and offered various day-to-day items for the inmates. Many cultural activities are conducted to entertain the inmates of Snehalaya. At times the entire group put their steps together for the music which brought smiles on their faces and made their day memorable.

STUDENTS OF SA-ADIYA ARTS & SCIENCE COLLEGE



MEMBERS OF SANTHOSH CLUB OF ARTS AND SPORTS SITHANGOLI, KASARAGOD



ICYM MEMBERS OF GANTALKATTE PARISH



MEMBERS OF ST ALPHONSA WARD BEJAL



B.SC 3RD YEAR STUDENTS OF ST. ALOYSIUS' COLLEGE



STUDENTS OF HIRA WOMENS PU COLLEGE



STUDENTS OF RANI CHENNAMMA COLLEGE BIJAPUR



DEGREE STUDENTS OF ST ALOYSIOUS COLLEGE MANGALORE



CATHOLIC SABHA MEMBERS OF BEJAL PARISH



MEMBERS OF FIRST UNDER ARM WHATSAPP GROUP MANJESHWAR



MEMBERS OF TALENT RESEARCH FOUNDATION



MEMBERS OF SSVV MOGARNAD PARISH



MEMBERS OF SSVV BELA PARISH



STUDENTS OF ST ALOYSIUS COLLEGE



MEMBERS OF LIGION OF MARY MAHAASHTRAM PARISH



MEMBERS OF SECULAR FRANCISCAN ORDER BELTHANGADY DENARY



STUDENTS OF ST. ALOYSIUS COLLEGE



MEMBERS OF JEPPU LAY ASSOCIATION



EVERSHINE WARD MEMBERS VAMANJOOR PARISH



MEMBERS OF SENIOR CITIZEN ASSOCIATION ROSARIO CATHEDRAL MANGALORE



MEMBERS OF SRA WHITE STAR LAY ASSOCIATION VAMANJOOR



STUDENTS OF ST ALOYSIUS COLLEGE



**MEMBERS ROSHINI ALUMNI ASSOCIATION
MANGALORE**



**MEMBERS OF THE LADIES SOCIAL SERVICE
LEAGUE (R) MANGALORE**



**MEMBERS OF SYRO MALABAR YOUTH
MOVEMENT THOTATHADI & KANJAL**



**STUDENTS OF THE MCA DEPARTMENT, ST.
ALOYSIUS COLLEGE, BEERI**



MEMBERS OF ST LAWRENCE WARD PERMANNUR



MEMBERS OF HOLY CROSS WARD BELLORE CHURCH



**PARISHIONERS OF ST MARY'S SYRO MALABAR
CHURCH, MUNDAJE**



STUDENTS OF ALVA'S COLLEGE MOODBIDRE



**MATHRUVEDHI UNIT FROM THOTATHADY
CHURCH**



**MEMBERS OF ST BASIL WARD BONDEL
CHURCH**



APPEAL TO SUPPORT SNEHALAYA DE ADDICTION CENTER

The suggested effort is anticipated to combat the Substance use disorder, which is uncontrollably spreading over the world. This De-Addiction Center will have a significant role in shaping the young generation and in creating a happy and healthy family.



During our treatment intervention we came across many mentally ill individuals experiencing psychosis as a result of substance use. In view of this a full-fledged de addiction center is being realized.

The estimated construction cost of the building is Rs. 7.5 Crores

"Great acts are made up of small deeds". We are sure that with your support this De-Addiction center will be a great contribution to the society.



WORK IN PROGRESS



+91 8590256917

Snehalaya Charitable Trust
Snehalaya Charitable Trust



QR Code

**OUR ACCOUNT DETAILS
SNEHALAYA CHARITABLE TRUST
HDFC BANK
A/C NO. 50100193685241
MANGALORE BRANCH
IFSC:HDFC0000094**

**HEAD : Lotus Paradise Plaza
OFFICE 4th Floor, 417#,
Bendur Mangalore - 575002
H.O Contact No: +91 85903 39570**

The Mannah : Serving the hungry



“There is no greater charity than feeding a hungry.”

Mannah mission is one such initiative of Snehalaya Charitable Trust. Since 2015 everyday 700 free mid day meals are served for the caretakers of patients at wenlock government hospital, Mangalore. This mission has reached the hungry and needy people.

You all have always been very generous in contributing for our residents. You are welcome for a thoughtful contribution by sponsoring Mannah mission on your special days.

“ಅನ್ನದಾನಕ್ಕಿಂತ ಶ್ರೇಷ್ಠವಾದ ದಾನ ಇನ್ನೊಂದಿಲ್ಲ”

2015 ರಿಂದ ಇಂದಿನವರೆಗೆ ಸ್ನೇಹಾಲಯ 'ಮನ್ನಾ' ಯೋಜನೆಯ ಮೂಲಕ ಮಂಗಳೂರಿನ ಐಲ್ವಾ ವೆನ್‌ಲಾಕ್ ಆಸ್ಪತ್ರೆಯ ನುಮಾರು 700 ಜನ ರೋಗಿಗಳ ಪರಿಚಾರಕರಿಗೆ ಪ್ರತಿದಿನ ಉಚಿತ ಮಧ್ಯಾಹ್ನದ ಊಟದ ವ್ಯವಸ್ಥೆ. ಇದರಿಂದ ಸಾಕಷ್ಟು ಕಷ್ಟದಲ್ಲಿ ಇರುವವರಿಗೆ ಹಸಿದವರಿಗೆ ನಿರಾಶ್ರಿತರಿಗೆ ಹಾಗೂ ರೋಗಿಗಳ ಕುಟುಂಬದವರಿಗೆ ಒಂದು ಹೊತ್ತಿನ ಊಟವು ಲಭಿಸಿದೆ. ಸಮಾಜ ಮನಸ್ಸರು ಈ ಯೋಜನೆಯ ಅವಶ್ಯಕತೆಗಳನ್ನು ಮನಗಂಡು ಮನ್ನಾ ಯೋಜನೆಗೆ ಸಹಕಾರ ನೀಡಬೇಕಾಗಿ ಪ್ರಾರ್ಥಿಸುತ್ತೇನೆ .

“THE HAND THAT GIVES WILL BE BLESSED IN THOUSAND FOLD”

You can Offer...

Breakfast	6,000/-
One Time Meal(Lunch or Dinner)	15,000/-
Full Day Food	35,000/-
Special Meal	30,000/-
Mannah	8,000/-

To,

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A/c No: 30820138336
Snehalaya Charitable Trust (R.)
State Bank of India
Kankanady Branch, Mangalore.
IFSC: SBIN0003300 MICR: 575002007

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