

Udayam Charitable Trust

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VISION

All people with disabilities fulfil their potential for empowerment and ensure their identity, rights and status, enjoying equal opportunities in communities, free from social discrimination and economic disparity.

MISSION

UCT strives to create a caring, inclusive and empowering environment for disabled children by:

- Providing services and support which values, respects and accepts disabled people and supports them to fulfil their lives with dignity, and on equal terms with others and
- Providing direct services, UCT also promotes awareness and provides technical support to community, local and disability support organization's and advocates for change.

OUR GOAL

To establish a specialty center well equipped with not only latest facilities but also trained personnel, providing good quality, affordable, up to date education and therapy.

OUR BELIEF

- In transparency
- In Charity with Dignity
- In professionalism and dedication

INTRODUCTION

Udayam Charitable Trust (UCT) is the voluntary Professional Social Service Organization exclusively working ensure their Identity, Rights and Status of the Differently abled. This organization is started with the following aims and Objects.

1. To promote early intervention of disabilities.
2. To Provide Special Education, Therapy services and Assistive devices and to all disabilities.
3. To promote barrier free environment to all the disabilities.
4. To conduct and facilitate research in the field of disability.

UDAYAM SPECIAL SCHOOL FOR ID. (Regd. Under RPwD Act-2016, No: 247/2018)

Udayam Special School for Intellectually Disabled provides great shelter from the rural mentally retarded children. This work is supported by the local well-wishers and valuable supporters. This center is helping the Intellectually Disabled in and around the Natham area of Dindigul district. At present 20 students are getting free education and Rehabilitation services with free transport services. All the students are very poor and coming from the road less villages.

EKLAVYA SPECIAL SCHOOL FOR AUTISM (Regd. Under RPwD Act-2016, No: 197/2018)

Eklavya special school is serving for those who have little or no communication abilities. The children are trained to exchange a picture card of an item they desire. Consequently, the student learns how to communicate. The Visual Support systems helps the child to develop verbal communication skills, it helps decrease tantrums, odd behavior and increases socialization.

Individualized Education Program: this program is also referred to as the IEP, and is a blueprint customized to the needs of each student. The IEP is compiled with information from the child's parents, and from reports after assessments by the Special Educators, Occupational Therapists, Behavior Therapists, Yoga Therapists, and Speech and Language Therapists.

In order to develop the best education plan for the student, we at Eklavya combine the expertise of our multi-disciplinary team and with the help of the student's parents, devised an IEP that produces the best outcome. At present 18 students are getting free education and Rehabilitation services with free transport.

SOLAI SPECIAL SCHOOL FOR ID: (Regd. Under RPwD Act-2016, No: 194/2018)

We are running Solai Special School for the Intellectually Disabled for the rural based and foot hills students in and nearby areas of the Sanarpatty block which is mostly covered by farmers families. Our school children attend periodical medical checkup and we are getting reference for further precaution. Lions club of Dindigul - Gem members celebrate their birthdays and wedding days with our children. 27.12.2018 our school children went a local trip to see various places with the support of the local well-wisher.

EIC PROGRAMME FOR AUTISM: (Regd. Under RPwD Act-2016, No: 339/2019)

Early Intervention program for Autism programme is supported by the State government of Tamilnadu which are focused on children between 0 - 7 years of age and aim to understand their developmental challenges and provide appropriate intervention. The intent of this timely intervention is to enable mainstreaming early in life.



At our EI center, we design therapeutic programs for early intervention to prevent disorders that may arise from genetic condition, adverse circumstances and developmental delays. Evaluation of the child's sensory and developmental needs, along with inputs from the doctor's report, consultation with parents and observations from house visits forms the basis of the child's sensory integration and diet program. The process followed for each child includes a Comprehensive Sensory Assessment, Designing the development plan, implementation of the customized plan and ongoing monitoring (re-designing of the program if needed) of the child's progress. *At present 36 Autism Spectrum children getting our services through EIC for Autism.*

IMPLEMENTATION PROCESS:

The therapists and teachers strictly follow the essential steps to meet these goals and track outcomes. Sensory integration monitoring is done by checking eye-hand coordination, pincer grip, visual discrimination, auditory discrimination, auditory-visual figure ground perception, kinesthetic, proprioceptive and vestibular development etc. An all-round training helps enhance these skills, besides boosting their confidence.

OCCUPATIONAL THERAPY

The Occupational Therapy course at Eklavya, is a direct remedial approach that teaches the child the basic life skills, the ultimate goal being to give the student independent control over their daily activities. Utilizing both non-standard and standardized assessment implements, the therapist evaluates the child's:



Stamina and Attention Span

Play skills

Need for Personal Space

Aggressive or Other Types of Behavior

Responses to touch or other types of stimuli

Interaction between the child and its Primary Care Givers

Transition to new activities

Motor skills such as posture, manipulation of small objects and balance

To treat a child with autism or special needs, there is no one perfect plan, as each child is different. Therefore, based on the information that is gathered from the evaluation, a tailored program is developed. The individualized Occupational Therapy plan may be a combination of different strategies, which helps the beneficiary to respond positively to his / her environment. Specialized therapeutic techniques like Sensory integration, Neuro development, Behavior modification approach, are utilized to improve the performance of the child, so that he / she will function better in their daily activities. The therapist supports by introducing, maintaining and improving these skills with the ultimate goal of providing self-sufficiency and independence, in the child's daily life. Concerted team efforts:

Without a multi-disciplinary team approach, no effort with special children can be fruitful. If parents, sensory integration therapists and occupational therapists, speech and communication facilitators, counselors, special educators, etc. work independently in their own way, the child will not show an effective improvement if parents, Sensory Integration and Occupational Therapists, Speech and communication facilitators, counselors, special educators etc. work independently. Team work is very essential. So educating parents plays an important role in our work process.



SKILL TRAINING:

Mushroom Cultivation Training:

A two day training programme was conducted to initiate parents and 24 CWSNs on the lucrative business of cultivating mushrooms. This would provide an avenue for families to earn an additional income. The training programme was conducted at the Bio -village Research Centre, MSSRF. The topics that were discussed and demonstrated were:

Introduction to mushrooms.	5	Mushroom bed preparation
Climatic conditions necessary for growth.	6	Harvest and Storage of Mushrooms
Production of the Spawns (Mushroom Seed)	7	Advantages and Disadvantages of
Raw materials needed		Mushroom cultivation.

Under these umbrellas UCT discussed with the organized special groups related to the training given to them to improve their own skill. It is a different one that the maximum emphases will be given to that what they know and what they have by their own. In future they have decided to start their own trade in the name of their own special groups. UCT expected that in the forth coming financial year at least all the trained personnel's will be in a position to start up their own trade based on their gained knowledge.

AIDS & APPLIANCIES PROVISION:

Based on the medical camp result and Survey report UCT arranged to provide appliances to the needy persons so far 38 were provided by the DDAWO through MLAs Fund to make ease their mobility. UCT has a plan to promote another 20 tricycles for the needy physically challenged people based on the medical camp. DDAWO of Dindigul, Theni Sivagangai district also ensure to provide the same in the fourth coming year.

Tricycle	Wheel Chair	CP chair	H. Aid	Crutches Calipers	Shoes Splint	CP walker	Total
3	6	2	18	6	1	2	38

ENVIRONMENTAL AWARENESS PROGRAMME:

UCT has conducted the Environment Awareness Campaign with the support of LIONS Club, Dindigul. Environmental Awareness Campaign focused on forests for sustainable livelihood and sub theme in waste management. We provided awareness and hand bills about climate forests for sustainable livelihood to school students and public. In the evening we gave the demonstration about forests for sustainable livelihood to the participants.

EARLY INTERVENTION ON WHEELS:

Through Early Intervention on Wheels UCT provides Early Intervention and Community Based Rehabilitation of Persons with Disabilities affected with severe disability in Dindigul and in the inclusion of persons with disabilities in community development programmes. This project is funded by The Sundaram Finance and United Way of Chennai as CSR initiative for Differently abled.

OUR SERVICES UNDER EIC ON WHEELS PROGRAMME

- Early intervention (EI) at doorsteps - i.e., home-based services occur in "natural environments".
- Starting of EICs at Cluster level.
- Mainstreaming / Inclusion of the beneficiaries in nearby schools after the preparation training.
- Use of Tele calling, Voice /text message facilities
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- Support to prevent loneliness and isolation,
- Provision of access to health services.
- Convergence with government and stake holders and insurance schemes.

CBR & HOME BASED TRAINING PROGRAMME

Home Based Training - 189, Early Intervention services to the children with disabilities - 44, Educational Scholarships - 34, Enrolled Children with disabilities in Anganwadi & Primary Schools - 175, Workshop to parents for skill up-gradation- 78, Awareness created on disability and schemes to school teacher - 115.

Vocational Training
Speech & Physiotherapy
Psychological Intervention
Music and Yoga therapy



Co-curricular activities
Parents counseling and guidance etc.

MENTALLY ILL PROGRAMME

We take care for Mental illness persons without any funding support. Now a day's many MI persons living without any care on the road side and street side. They are eating rotten fruits and drinking drainage water. We are trying to change their feelings, think, behave, and interacts with other people.

However, the vast majorities of those with a mental illness behaves and look no different from anyone else. UCT providing counseling about common mental health problems include depression, anxiety, sexual problems and addiction.

AGRI BASED COMMUNITY DEVELOPMENT PROGRAMME:

Village development is the most need of current scenario. Because majority of agriculture people living in village and using fertilizes mainly to their farms. As a result of this usage water, air and food grains become poisoned and animals are affected. UCT concentrating in this and provided awareness among farmers to use organic and natural method of farming. Now days each farmer wants to use organic manures in little way. But we assure that shortly the farming area will increase.

HEALTH AWARENESS PROGRAMME:

UCT conducted the health awareness programmes for Anganwadi workers. This programme covered immunization, nutrition, reproductive infectiveness, HIV/AIDS preventions, safe delivery methods and training. After the completion of training, Anganwadi workers spreading this message to pregnant mothers, eligible couples and adolescent girls.

CONCLUSION:

To many well-wishers, Government Officials, United Way of Chennai, Sundaram finance and individual donors of UCT - the donors, philanthropists, entrepreneurs, funding agencies, individuals who found it in their hearts to offer logistic, human or financial support to our various programmes - thereby contributing to the process of improving the lives of the CWSNs, we extend our grateful thanks. Our parents of CWSNs in many ways have been inspirational in beginning our programmes. Their support and their constant effort to change the existing ground realities have helped us in achieving our goals.

Our journey towards Rehabilitation, continues!!!