

CARE AND SUPPORT SOCIETY, MOKOKCHUNG, NAGALAND.

ANNUAL REPORT OF CBR PROJECT

Title of the project: Community Based Rehabilitation Program for People with Disabilities in Ongpangkong Range Block, of Mokokchung District, Nagaland.

Project No: 2018/090/CBR/LFW 04

Duration of the project: April 2018 – March 2019

The Care and Support Society is a nonprofit Non-Governmental Organization(NGO) established in 1995 and registered in 2001 under the Registration of Societies Act. It is also registered under the Foreign Contribution (Regulation) Act 1976 and also registered under section 12A of the income Tax Act 1961. The Care and Support Society main office is located at the heart of Mokokchung and operates in the district of Mokokchung, Nagaland.

Under the Care and Support Society, we have 6 project on the run supported by different national and international funding agencies and that has helped not only the organization but also the people in the community which has created awareness, benefited and also has brought a lot of changes in the life of the PwDs and also to the non PwDs. Thus, out of the 6 project, the Community Based Rehabilitation (CBR) for Person with Disabilities is covering the Ongpangkong Range Block, Mokokchung, Nagaland and it works under five matrix for the PwDs/CwDs in the community and here is a short description on how we function under the five matrix for the people with special needs.

Working Staff:

- Arenalila Jamir Coordinator
- Akumtemsu CBRW
- Sakumongla CBRW
- Imkongnungchet CBRW

Project Area:

Aliba, Chungtia, Kinunger, Khensa, Mekuli, Chuchuyimpang, Mokokchung Village, Ungma, Longmisa.

Statistical Data:

No. of Male PwDs - 120
No. of Female PwDs - 90
No. of CwDs - 55

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Total no.of PwDs - 265



Statistical data

SL.NO	TYPE OF DISABILITY	TOTAL
1	Locomotor	68
2	Leprosy Cured	0
3	Cerebral palsy	21
4	Dwarfism	0
5	Muscular Dystrophy	0
6	Acid Attack Victims	0
7	Blindness	3
8	Low vision	36
9	Deaf	1
10	Hard of Hearing	52
11	Speech and Language difficulty	0
12	Intellectual disability	36
13	Specific Learning Disabilities	0
14	Autism Spectrum Disorder	1
15	Mental Illness	26
16	Multiple Sclerosis	0
17	Parkinson's Disease	0
18	Haemophilia	0
19	Thalessemia	0
20	Sickle Cell Disease	0
21	Multiple Disabilities	15
22.	Others	6
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Activities under CBR

1. 12 monthly meetings of OBDPF, (last friday of the month)
2. 2 Assessment camp for availing aids and appliances, (4th & 5th Sept.. 2018)
3. 4 capacity building of BDPO Leaders, (26th April, 31st May , 8th Nov. 6th Dec 2018)
4. 2 Mental illness treatment camp, (17th May 2018, 17th Jan.2019)
5. 2 interface meeting with different govt.offices, (24th May 2018,27th March.2019)
6. 3 external visit,
7. 7 school visit in the project area where CwDs are enrolled,
8. 4 advocacy and awareness programe with village and church leaders, (28nd April, 12th July, 20th Sep.2018)
9. Block level sports competition, (24th January 2019)
10. Observation of World disabled day, (3rd December 2018)
11. 8 children group visit in the project area
12. Participated at para olympic games (13th & 14th Sept. 2018)
13. Conducted training on TOT (Trainin on traineers) (25th & 26th October 2018)
14. Home based rehabilitation (Continuous)



Five Matrix of CBR

1. Health
2. Education
3. Livelihood
4. Social
5. Empowerment

HEALTH:

Under the matrix of CBR, Health is one of the most important area where we focus on improving the health condition of the CwDs/PwDs in the project area. Some of the achievements are as follows:-

- (5/8) (0-5 yrs) have an adequate level of health in the project area.
- 54% (17/31) (6-14 yrs) in the project area have improved in their own self care.
- 51% (16/31) children with disability in the project area are in the process of learning basic communication skills from the CBRW and also some of them have improved in communication.
- 48% (13/27) PwMI in the project area are improving in their behavioral development and have improved behavior.
- 69% (146/210) adults with disability in the project area have improved/extended mobility and also they have access to more places and persons.
- 39 PwDs/ CwDs received aids and appliances.
- Mother's group got training on rehabilitation process to CwDs during capacity building training to severely disabled children.
- (17/17) CwDs are receiving Home Based Rehabilitation



EDUCATION

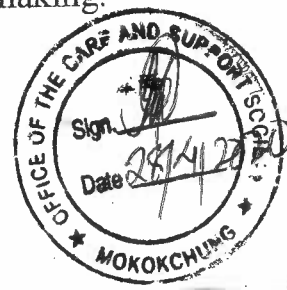
CBR Staffs in the project area works to achieve in the field of education for the CwDs and thus there has been changes and positive result. Some of the achievements are given below:-

- 100% (9/9) of villages having Anganwadi/ School going CwDs, where 80% of eligible CwDs go to Anganwadi / school regularly.
- 64% (35/55) of children in the project area have achieve intended academic competencies.
- 85% (40/47) CwDs in the project area with disability have achieved non-academic competencies.
- 9 children clubs have been formed.
- Interface meeting was conducted with head of the institutions (DEO/SDEO/ DWO/CDPO) in the project area along with District Administration where problems, issues and challenges were discussed faced by the PwDs.
- 30 CWDs are getting regular education.
- 3 CwDs got Scholarship in the year 2018-2019.
- 100% (11/11) of CwDs are receiving Home Based Education support from CBR team.
- 55/55 CwDs received TLM from NIEPMD, Chennai.

LIVELIHOOD

Livelihood support is one most important things under the matrix where PwDs are encouraged to engage themselves in different vocational trainings and find ways for them to work in different private sector as well as in different field to contribute to their family income and for their daily needs. Achievements under the area of livelihood are listed below:-

- 62% (132/210) of adults with disability are engaged in different productive activities that contribute to their family income or wellbeing
- 60% (126/210) PwDs, with their engagement in different activities in working have increased income in meeting their own daily needs.
- 130 PwDs have accessed social security benefits and skills development/livelihood opportunities through support from local communities.
- 22 PwDs received training on Mushroom cultivation and pickle making.
- 10 DPOs have micro saving bank accounts.



- 4 active DPO received livelihood support fund from CBRF.
- 8 PwDs have put up for new Disability Pension schemes.
- 3 Labour Card (Job Card) for PwDs have been made.

SOCIAL

Man is a social animal that we all live in a society surrounded by people of different cast, colour, creed and religion where even the PwDs are all part of it. And in order to bring uniformity in the community CBR has taken up various steps in improving their life style of living where in the field of social, we have achieved to a great extend. Some of the remarkable achievements/changes in the area of social life of PwDs/CwDs are:-

- 50/55 CwDs and 201/210 PwDs in the project area participate in all the family events and activities.
- 44/55 CwDs and 190/210 PwDs in the project area participate in the socio-cultural activities in the community.
- 105 adolescents/ adults participate in the family decision making.
- 56 of adolescents/adults participate in the family decision making bodies (religious, cultural, social, administrative bodies)
- (103/265) CwDs/PwDs Participated in the Block Level Sports Competition.
- 3PwDs participated at State level para olympic games at Dimapur.
- 2 PwDs participated at National level para olympic games at Gujarat.

EMPOWERMENT

To empower the PwDs is one of the major objectives of the CBR Project and thus taking up different measures to empower them. Achievements in the area of empowerment of the PwDs are:-

- Mokokchung District Disabled Forum (MDDF) was formed in 2018.
- 8 PwDs are members of the recently formed District Level Disable Forum in Mokokchung District.
- 113 through participation in the DPOs have become capable of making choices for their life and work to achieve them.



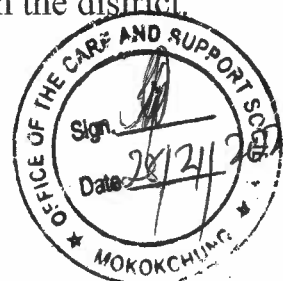
- 9 villages in the project area have active intervention for inclusion and development of PwDs through the involvement of DPO Members.
- 9 DPOs in the project areas have ensured access to services and entitlements for PwDs and other needy members of the community.
- 11 joint initiatives have taken up by the DPOs (VDPOs/BDPO) along with the villagers to access entitlements and services (*inclusive education, disability pensions, availability of medicines in the PHC, availability of doctors in the PHC and Labour card, cleanliness drive, proper functioning of EBRC, issue of AAY Card for PwDs, needs of PwDs was discussed with district Administration*).

TRAININGS AND PROGRAMMES (Conducted/Attended)

- CBR Staffs attended Awareness Camp cum seminar program on disability organized by NAPAD.
- CBR Coordinator attended Result Based Management training at Guwahati.
- CBR Staffs attended awareness programme on Disability and Rehabilitation organized by NIELT, Kolkata.
- Assesment camp at Mangkolemba and IMDH Mokokchung organized by NIELT, Kolkata.
- Attended World Mental Health Day at Mokokchung organized by Mokokchung Legal Services Authority and District Mental Health Program.
- Attended Mushroom cultivation training at kohima, Nagaland, organized by Dept.of Horticulture, Govt.of Nagaland.
- Attended CBR North East partners meet at Guwahati.
- Conducted VDPO/BDPO capacity Building program.
- Conducted 3 days Training on Trainers (TOT) under CBRF.
- Conducted training on Mushroom cultivation and pickle making to the DPO leaders and PwDs.

POSITIVE CHANGES

- CBR team and VDPO leaders have developed a good networking with District Administration and different government Departments in the district.



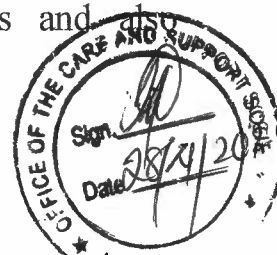
- BDPO leaders are actively involved in addressing different issues faced by the PwDs in the community and also in visiting government offices for the proper ways to solve their issues.
- Village council and the church leaders are joining hands with the PwDs in the community and giving handhold support in all the activities carried out by the DPOs.
- PwDs in the project area are getting a good platform from the churches and village people in all the occasions and programmes that are being held.
- CwDs under HBE have improved in their educational level and are even enrolled regular schools
- Positive response and ready for a helping hand for the PwDs/CwDs from the District hospital when asked.
- CwDs under HBR have improved in their adequate level of health and self care.

BEST PRACTICES

- Weekly and monthly meeting of CBR Team improves the works and documentation process.
- Effective linkages and networking with various entitles viz .District Administration District, District Welfare Dept, Armed personal, Churches, Village councils for facilitation of effective implementation of the CBR team.
- Developing a good relationship with the CwDs/PwDs families and community.
- PwDs active participation creates a close relationship with different organizations, departments and even among the VDPO and BDPO.
- Strengthening of VDPOs.

OVERALL ACHIEVEMENTS

- Churches and Village Council have come forward to support PwDs in all activities carried out by the members within the community.
- District Level disabled forum has been formed.
- District Welfare Dept. have positive response and support PwDs
- CwDs are being accepted and enrolled in Govt. and private schools but there are still reservations because of lack of special trained teachers in both Govt. and private schools.
- Key leaders of VDPOs and BDPO are becoming more confident, knowledgeable about their Right, schemes and entitlements and building up good linkages with different government offices.



- Arm Forced 44th Assam Rifles of the District are very supportive for the PwDs
- Attitudinal changes happening in the community level.
- Improvement in accessing disability certificates in the District Hospital as well as the availability of psychiatrist in the District Hospital
- District Administration is taking up all the issues relating to the PwDs seriously.
- Participation of parents of the CwDs in different activities has come up to a large amount.
- District Medical Department are responding positively to the issues taken up to them regarding the PwDs.

PLANS IN MAINSTREAMING DISABILITY

- Inclusion of PwDs in the village council members and in sub committees within the community.
- Continue to recruitment eligible PwDs as staff.
- Accessibility within the organization –physical, information and communication.
- Inclusion and participation of CwDs/PwDs in programmes and activities of the NGO.
- Creating a friendly environment for the disabled.
- Equal treatment and opportunity.
- Gender equality.
- To take up issues/ problems faced by the PwDs/DPOs.



PHOTO GALLERY

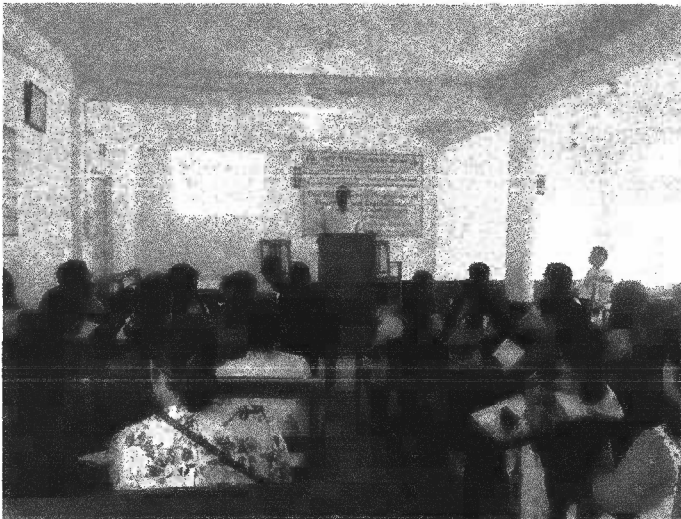
Home based for severe cerebral palsy CwDs



School visit in the project area



Awareness programme for caregivers and parents



Assesment camp for availing aids and appliances



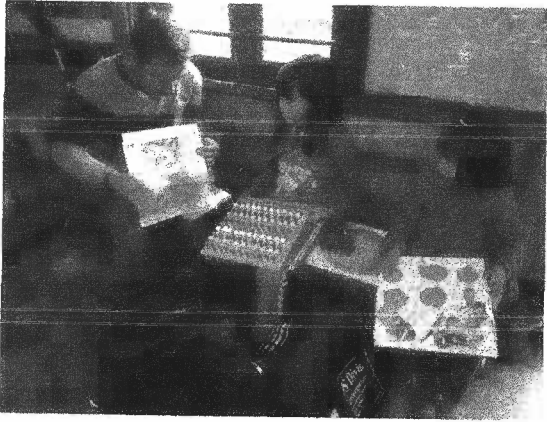
Mental illness treatment



Observation of world disabled day



Home Based Education for CwDs



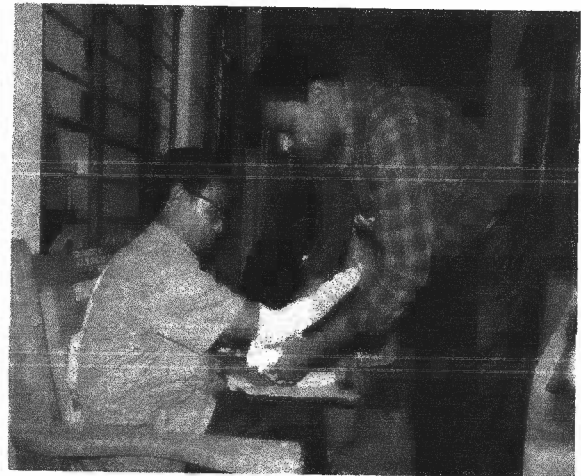
Sports meet for PwDs/CwDs



Participation of PwDs



Assessment camp



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