

Annual Report'2018-19

A YEAR TO RESTROPECT



AASHRAYA

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SECRETARY SPEAK.....

It gives me immense pleasure to present to you AASHRAYA Annual Report for the year 2018-19. A major milestone in the 20 year journey of AASHRAYA has been working towards the care and welfare of Children with Intellectual disabilities. This will enable AASHRAYA to expand and work towards inclusive education. I am also glad to note that support for kitchen garden has changed the mindset of the rural community so that the students and community are adopting the same in their own backyard. Apart from that the letter crossing programme among the student of India and Germany has really brought them nearer in their heart and mind.

AASHRAYA is a Non-government Organization which has been working for the development of the tribal people and underprivileged sections of society living in remote pockets of Eastern Region of Odisha. Established in 2000, the organization relishes the power of togetherness and strives to work among the under privileged group like children with disabilities for therapy and rural school students for kitchen garden promotion. AASHRAYA believes in overall development of the excluded community by providing therapy to children with intellectual disabilities, support to school for promotion of kitchen garden, exchange of culture among the students of India and Germany through letter crossing programmes. Support to excluded communities is the core objective of all developmental initiatives of AASHRAYA.

This represents a structural break that steps up demand for developing a therapy centre for children with intellectual disabilities with the support of local therapist. Now we are in a position to provide support to 20 children with intellectual disabilities which will soon reach to 50 through aware outreach camps and awareness campaign.

In the financial year 2018-19, AASHRAYA in total directly reached out to 5000 families in underserved to under serve area in different parts of Odisha. We look forward in future to work intensely for the community we are serving.

I would like to take this opportunity to thank our partners, donors, volunteers for their strong and consistent support, without which we would not have been able to achieve so much. I would especially like to thank our Board Members for their contribution, particularly when we needed to find solutions to big development challenges.

Jitendra Kumar Satapathy
Secretary, AASHRAYA

GENSIS EVOLUTION OF AASHRAYA

'AASHRAYA' is the convenient agency on secular, non-political and non-profit making welfare organization formed way back in 2000-01 by a group of social crusaders who had a commitment for working for all round development of the people with the people, with out discrimination of caste, creed, age, sex, and religion. It has resolved to increase and develop the living standards of targeted beneficiaries with the help introducing, innovative programmes, networking and activities on the basic aspect right based approach and proper lobby and advocacy of the proposed project.

OBJECTIVE OF THE PROGRAMME

'AASHRAYA' has been working on close contact with people and has establish a very good rapport in its project area. During its humble march, it has taken a number of community development projects. The organization has made it a point to maximize people's real participation at all state of development. Organization has always adopted for social mobilization, simultaneously to involve people in the process of detailed planning and implementation.

LEGAL ENTITY

Registered Non-Governmental organization registered under Indian societies Registration ACT XXI of 1860 in the year of 2000-01.

Registered under Ministry of Home Affairs Govt. of India under Foreign Currency Regulation Act in the year 2013-14

Registered under Director SSEPD, Department, Odisha under PWD ACT No-1 of 1996 in the year 2016-17.

The organization has applied for National Trust Registration under Ministry of Social Justice & Empowerment.

The organization has affiliated by ALL India Cricket Association for physically challenged, Mumbai.

The organization has registered under section 12(AA) and 80(G) relevant income tax registration.

The organization has its PAN & TAN.

Our VISION:

“AASHRAYA envisages an ethos of socio-economic development for ensuring a just humane and egalitarian social order”

Our MISSION:

“AASHRAYA strives to dispel all stars of deprivation and discrimination and aloofness towards vulnerable groups through disseminating the dependency syndrome, inculcating the spirit of self-help and self reliance”

Our LEGAL STATUS

- ⇒ Registered under PWD Act 1995 at Department of Social Security and Empowerment of Persons with Disabilities, Govt. of Odisha vide Registration No. 274/SSEPD of 2016, Bhubaneswar Dated 21-12-2016
- ⇒ Registered under Indian societies Registration Act XXI of 1860 in the year of 2000-2001 vide registration No. 21124/263 of 2000-2001 Dated 21-12-2000
- ⇒ Registered under FCRA in the year of 2013-2014 vide registration No. 104860201 Dated 02-07-2014
- ⇒ Registered under section 12 (AA) of income Tax Act vide registration No. 12A/511 – 25/ 10-11 Dated 30/09/2010
- ⇒ Registered under section 80 (G) Income Tax Act Vide registration No. 482/2010-11 Dated 30-09-2010
- ⇒

OUR CORE VALUES

- Passion for social development
- Highly professional
- Hard working
- Clear understanding
- Belief in the people's capacity
- High integrity
- Science to the cause
- Committed to the value

MAJOR THRUST AREAS:

- Welfare and improving standard of living of PWDs
- Rural and Urban Health
- Women empowerment
- Child development
- Human Right
- Sustainable agriculture
- Natural resource management
- Cultural programme & rural sports
- Income generation programme
- Rural development
- Social resources
- Capacity building
- Action research

TARGET GROUP

- Persons with Multiple Disabilities
- Women & destitute
- Youth & Children
- Small & marginal Farmer
- SC, ST and OBC
- Physically Challenged & senior citizen
- Child labour & Bonded labour
- Rural Artisans

HOW WE WORK:

- Go to the people
- Live among the people
- Learn from the people
- Pl on with the people
- Start with the people
- Start with what the people
- Start with what the people know
- Build on what the people know
- Teach by showing
- Learn by doing
- Not a show case but a system pattern
- Not odds and ends but a system
- Not piece meal but integrated approach
- Not to confirm but to transform
- Not relief but release

ACTIVITIES CARRIED OUT DURING THE YEAR 2018-19



Reached out to 5500 families covering Odisha states - 4 districts, 10 blocks, 24 GPs and 51 villages



Directly reached out to 200 children with disabilities and providing them awareness on early identification of disabilities and therapy to most acute cases.



Reached to 3000 students through kitchen garden promotion, letter crossing programme etc This programme helped the students in changing their attitude for life

OUR ACHIVEMENTS IN BRIEF

REHABILITATION OF PHYSICAL AND MENTAL CHALLENGED SOCIALLY DISADVANTAGED PERSON ALONG WITH THERAPY TO CHILDREN WITH INTELLECTUAL DISABILITIES SUPPORTED BY SSEPD, GoO

Objectives:

- Our main aim is to help children of PWDs who are neurologically affected. We have been treating child from 0-20 years age
- We are treating PWDs as Cerebral palsy (CP), Autism Spectrum Disorder(ASD), Hydrocephalus, Down's syndrome and Other Chromosomal Disorder or Genetic Disorder
- Since 2011 down the lane HTTC has been a hub for PWDs and their parents to provide them a hope for better life, abide from the social stigma and problems they face in day to day life.
- HTTC is a well equipped center providing various therapies in order to make the child independent throughout her/ his life
- It is always the first priority of HTTC to make a child socially stable and independent.
- The PwDs and their careers are always been at the peak of satisfaction regarding the provided services and counseling.



No. of children Supported : 20

Service Provided:

- Physiotherapy, Occupational therapy, Speech therapy & Locomotors Training, Special Education & Play therapy
- Aquatic Therapy

AWARENESS PROGRAM FOR DISABILITY PERSONS WITH PARIENTS SUPPORTED BY NIEPMD, CHENNAI

Under this program AASHRAYA has been giving more importance to integral growth of persons having different types of disabilities namely Autism, Cerebral Palsy, Mental retardation including multiple disabilities. We have been conducting educational and awareness events related to social integration of PwDs covering parents and care takers at community level.



EAST ZONE LEVEL DIVYAN CRICKET TOURNAMENT IN BHUBANESWAR

A three days East Zone Divyang Cricket Tournament in organized in Bhubaneswar with the active support of local cricket lovers who provide free – Paramount Ground adjacent to BJEM School in BJB Nagar. The programme is also supported by Rotary Club. After three days programme Odisha team become the tournament winner. Our Divyang Cricket association is affiliated to Mumbai Divyang cricket association.

DISABILITY CARE & SUPPORT PROGRAMME

During the reporting year, our grass-root volunteers reached to the houses of selected PwDs and educated their parents and caretakers, as a result 35 people of children with disabilities have been covered under social security schemes and entitlements. Besides AASHRAYA also organized 3 nos YOGA camps in which PwD beneficiaries were also covered.

AASHRAYA by utilizing its own resource has been providing necessary care support to selected PwDs of MR, CP & Autism categories thorough running a disability care and support centre at Sahid Nagar of Bhubaneswar, the capital city of Odisha. Under this centre, it provides institution care free education using appropriate TLM, speech therapy, physiotherapy, YOGA therapy along with recreational facilities such as painting, drawing, indoor games, easy physical exercises and rehabilitative services etc.

AASHRAYA has realized that, many PwDs silently suffer a lot as they face domestic violence, social stigma and discrimination. For this reasons they pass their time with fear and insecurity. Being the slave of pitiable situation, those who migrates outsidess to beg alms, become victimized, exploited and abused in the hands of anti-socials. PwD

communities of different locations of the state really struggle to lead a quality life since they remain isolated from mainstream development schemes, programs and facilities even though several legislation and protection Acts are prepared for their inclusion and integration. To many extents their human rights are violated in different forms.

AASHRAYA's frontline workers are voluntarily dedicated to create awareness among the care takers of PwD communities. Over the years, it has been organizing community based awareness activities like parents meetings, awareness rally and observation of different days, which has become effective to link the eligible PwDs with available care support and facilities.

WORLD DISABILITY DAY:

ଦୃଢ଼ ମନୋବଳ ଅସମ୍ଭବକୁ ସମ୍ଭବ କରିଥାଏ

ଭୁବନେଶ୍ୱର, ୩୧୧୨(କମିସ): ସ୍ୱେଚ୍ଛାସେବୀ ଅନୁଷ୍ଠାନ 'ଆଶ୍ରୟ' ପକ୍ଷରୁ ଅନ୍ତର୍ଜାତୀୟ ଭିନ୍ନତା ଦିବସ ପ୍ରାୟତଃ ଯାତ୍ରା ନିବାସୀରେ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି। ସମାଜସେବା ଚଳୁଛି ମହାକ୍ତିକ୍ଷ ଅଧ୍ୟକ୍ଷତାରେ ଅନୁଷ୍ଠିତ ଏହି ଉତ୍ସବରେ ମୁଖ୍ୟ ଅତିଥି ଭାବେ ଓଡ଼ିଆ ଟିଭି ଏଣ୍ଟରପ୍ରିଜ ପଲିଟିକାଲ୍ ନିର୍ଦ୍ଦେଶକ ଡ. ରବୀନ୍ଦ୍ର କୁମାର ସାହା ଯୋଗଦେଇ କହିଥିଲେ ଯେ, କଳ୍ପାଶକ୍ତି ଓ ଦୃଢ଼ ମନୋବଳ ଅସମ୍ଭବକୁ ସମ୍ଭବ କରିଥାଏ। ତେଣୁ ଆମେ ନିଜକୁ କେବେ ଭିନ୍ନତା ବୋଲି ଭାବିବା ଉଚିତ ନୁହେଁ। ମୁଖ୍ୟବକ୍ତା ଭାବେ ଗଣେଶ ପ୍ରଧାନ ଯୋଗଦେଇ କହିଥିଲେ ଯେ, ଜଣେ ଶାରୀରିକ କ୍ଷେତ୍ରରେ ଭିନ୍ନତା ହୋଇପାରେ ହେଲେ ମାନସିକ କ୍ଷେତ୍ରରେ ନୁହେଁ। ଉତ୍ସବରେ ସମ୍ମାନିତ ଅତିଥି ଭାବେ ଭେଙ୍ଗଟେଣ୍ଡର ଇଂରାଜୀ ମାଧ୍ୟମିକ ବିଦ୍ୟାଳୟର ଅଧ୍ୟକ୍ଷ ଚନ୍ଦ୍ରଶେଖର ପତି ଓ ଓଡ଼ିଆ ଟିଭି କ୍ରୀଡ଼ା ଅଧିକାରୀ ଗୋପାଳମୋହନ ପଟ୍ଟନାୟକ ଯୋଗଦେଇ ବକ୍ତବ୍ୟ ରଖିଥିଲେ। ଆଶ୍ରୟର ସଭାପତି



ବୈରାଗୀଚରଣ ପରିଡ଼ା କାର୍ଯ୍ୟକ୍ରମର ପରିଚାଳନା କରିଥିଲେ। ଏହି ଅବସରରେ ବିଭିନ୍ନ କ୍ଷେତ୍ରରେ ସ୍ୱାଧୀନ କରିଥିବା ମାର୍କସ୍ତ ରେଡ୍ଡି, ଶିବ ପ୍ରସାଦ ରାୟ, ପ୍ରମୋଦ ଭଗତ, ସଞ୍ଜୟ ହିସ୍କା ଓ ଅନ୍ୟମାନଙ୍କୁ ପ୍ରମୋଦ ଭଗତ, ସଞ୍ଜୟ ହିସ୍କା ଓ ଅନ୍ୟମାନଙ୍କୁ

AASHRAYA observed the “**World Disability Day**” on 3rd Dec 2016 in Bhubaneswar (Capital city of Odisha state). More than **200** disability persons participated in this state level event. Selected PwD participants had received prizes and certificates for their outstanding performances in the fields of leadership, voluntarism, social works, education, art, culture, training, self-enterprise promotion, inclusion in social welfare schemes including sports and games. They were appreciated by the special invitees for their name and fame not only at state level but also at national level.

The objective of this Day was to assess the current status of the Convention on the

Rights of Persons with Disabilities (CRPD) and SDGs and laying the foundation for a future of greater inclusion for persons with disabilities. Other objectives were to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. The theme for this year's International Day was “Achieving 17 Goals for the Future We Want”. This theme notes the recent adoption of the 17 Sustainable Development Goals (SDGs) and the role of these goals in building a more inclusive and equitable world for persons with disabilities.

MULTI FACILITY CARE FOR OLDER PERSONS

AASHRAYA has internalized the care and service for elderly people as they feel lonely because of their children migrate distance places. In reality they face a lot of problems and psychosocial complications at their old ages. Like young adults every senior citizens of our nation also deserve to live with dignity. As we know that, they at their elderly stage mostly require regular care support and treatment.

However, with a view to help such type of disabilities in our locality, we have been running a multi-facility care center where they are getting need-based reactionary facilities. This facility works as a recreation centre for the target elder people since they can get information regarding present socio- political, socio-economical affairs and the social changes occurring owing to modern civilization even at countryside. At present the daily visitors of old persons have raised from 50 to 60 per day. They have been provided free medical checkups, medicines, First Aid and breathing exercises under this centre aims at making them stay active and stress free. Senior citizens, especially the widows those were facing social stigma and discrimination many times and those were regarded as unwanted elements in their own homes, now feeling comfort for their friendship with other persons.

BASELINE SURVEY ON PWDs:

AASHRAYA's volunteers conducted household level baseline survey in identified urban slums of Bhubaneswar in a participatory approach. The purpose was to select vulnerable PwDs to carry out our planned activities in coming days. The survey was useful to identify people with Autism, Cerebral Palsy, and Mental Retardation including multiple disabilities. Use of PRA tools and active participation of local volunteers as well as the social opinion leaders of the slum communities during this survey had increased the parents and caretakers level of awareness. The survey information also became useful for **AASHRAYA** to identify the barriers that contribute to the problems PwDs and their caretakers encounter, which, in turn, became useful for planning and service development. The need assessment was also useful to procure educational materials which were distributed later among the selected PwDs. During the survey process our volunteers also conducted community meetings, which created sensitization among the caretakers and parents for their role to do social integration and mainstreaming of the Persons with Disabilities.

PROMOTION OF SHGs OF DISABLED PEOPLE

With a view to empower and strengthen the abilities of persons with disabilities, **AASHRAYA** has been working since the past quarters. To this year end, we have formed five SHGs of PwDs and organized residential training programs on handicraft products and computer. These trainings have improved their productive skills as they have been promoted economic activities at their individual level.

Outputs achieved:

- ◆ 54 nos. PwDs of SC category are trained & skilled for which they have started their enterprise which help them for livelihood promotion and income generation
- ◆ The training has not only increased their skills & enterprise competencies, but also improved their soft skills and leadership
- ◆ They are educated and informed on available facilities, scopes and opportunities for sustainable livelihood

Increased in livelihood potential among the target beneficiaries based on market demanded products for which a sizable portion of the trained youth can enter to the workforce in the long run

DRUG DE-ADDICTION PROGRAMME

Sensitization programme on addition of different products which includes alcohol, tobacco both smoking and chewing etc. is organized on 31st May which is observed as "World No Tobacco Day". In this programme we have involved youths both who are addicted and who are de-addicted with our counseling. We also called recourse persons from different institutes who are working on mouth cancer. The addicted youth promised to leave tobacco with the support of our organization.

EDUCATION AND HEALTH CARE AT SCHOOL

In this programme there was letter crossing among the school children of India and Germany. This programme is supported by German Mandelzweig Projekthilfe e.v. The students of both the countries get an opportunity to interact with each other to learn the culture.

SCHOOL KITCHEN GARDEN PROGRAMME

In this programme nine schools are supported with seeds and other support to develop kitchen garden. In this project the students took the lead role to develop the kitchen garden with the active guidance of the teachers and SMC members. It is a great learning for all so that they have started developing the similar kitchen garden in their backyard.

AGRICULTURE PROGRAMME

Fifty five farmers are provided with technical support by our technical team. They are using indigenous seeds and organic manures in the course of production. There is great finding that the farmers have received almost same amount of paddy what they were getting with the support of inorganic products. So they are motivating others to go for organic farming in the next year.

YOGA CAMPS

Yoga programmes are organized in all the nine schools. In this programme the trained yoga teachers are invited to educate the students. It has motivated the students who are continuing the same in their yoga classes and in their home.

ANTI – CHILD LABOUR PROGRAMME

Our organization organized sensitization programme among the migrant workers from different parts of Odisha and are working as labour. The programmes for the education of the children are organized. Apart from that the migrant populations are educated about their benefits/ schemes provided by government.

NURSERY RAISING

The support for kitchen garden is provided in the schools. So quality seedlings are raised in two nurseries raised by the SHG groups. After selling the seedlings the SHGs received an income of Rs.10,000/- as profit.

SHG FORMATION AND STRENGTHENING

Our organization activated 14 defunct SHGs in Puri district. Two of them are involved in nursery raising and rest women groups are provided training for enhancing their skill on different aspects.

EDUCATION SUPPORT TO POOR STUDENTS

Our organization this year provided computer training to the 20 poor girls in Jajpur district. This is self sponsored programme and three of them have already get placement in Bhubaneswar. In this programme we also try to educate them on spoken English, skill on sales etc. These professional courses have really helped them to get the job.

SKILL DEVELOPMENT PROGRAMME FOR ENTREPRENEURSHIP DEVELOPMENT

a. Khali plate making

Two SHGs are provided training on Khali plate and dana making. After getting the training they already started their activities. We have helped them in bank linkages. All are now part of financial inclusion programme of the government.

b. Readymade garment

Ten women of three SHGs are trained on readymade garment making. After the training they started stitching the garments for the students of the schools and colleges.

c. Mushroom cultivation

The members of three SHGs are trained on mushroom cultivation. After the training they have already started the activity. They need further handholding to get spun and marketing of the produces.

AASHRAYA has developed a programme for all the SHG members to be the part and partial of financial inclusion. They are availing all the benefits like insurances for them and their family members. Apart from that the SHGs are skilled for marketing of their product locally as well as through marketing network.

FAMILY COUNSELLING

We have a family counseling sell in Bhubaneswar where we support the destitute as per their need. We also counsel the carer of persons with disabilities to reduce their stress and help them to get some sort of engagement in life.

YOUTH CAMPS

Youths are the future power of our country. So we organize three days youth camp of 50 students in summer vacation in Jajpur district, In this programme the youths are trained on life skill, participated in different competitions, involved in decision making process, part and partial of organizing the programme. They really enjoyed it along with a lot of learning

SEMINAR & WORKSHOP

A workshop on Yoga is organized in Nimapada block where the teachers and college students took part. The trainers have informed the participants about the benefits of different yogas fpr the cure of diseases and keep them fit in life.

SURVEY & RESEACH

Our organization is involved in survey of children with intellectual disabilities in Khurda, Jharsuguda and Jajpur. We have made the categories with the support of specialists. We have made a plan for almost all of them like community based rehabilitation, therapy, skill upgration training, Careers support and suitable rehabilitation strategy for them. It will be worked out soon.

FUTURE COURSE OF ACTION

We have a planned to reach to many more excluded communities through our interventions. We are planning to reach to minimum 100 children with intellectual disabilities by providing them therapy support. We are also planning for the rehabilitation of persons with disabilities and their cares. We will reach to other excluded communities like beggars, trans genders, elders by providing both care and welfare to them and bring them to main stream.

[THE END]

ACTIVITIES PERFORMED RELATED TO NATIONAL TRUST DISABILITIES:

Name of Activity	Date of Activities	Category and No. of Beneficiaries covered
Rehabilitation of physical and mental challenged socially disadvantaged person along with therapy to children with intellectual disabilities supported by SSEPD, Government of Odisha.	It has been running from 1 st April 2018 onwards.	MR, CP & Autism/Intellectual Disabilities including multiple disabilities: 20 inmates
Awareness program for disability persons with parents supported by NIEPMD, Chennai Under this program AASHRAYA has been giving more importance to integral growth of persons having different types of disabilities namely Autism, Cerebral Palsy, Mental retardation including multiple disabilities. We have been conducting educational and awareness events related to social integration of PwDs covering parents and care takers at community level.	15 th March 2019 To 20 th March 2019.	Persons with disabilities: 200 Parents: 300
Disability Care program for rehabilitation and social welfare and integration	15 th December 2018 onwards	Multiple disabilities: 100
Multifacility care centre for senior & elderly persons.	Continuing since last 5 years	Older persons, senior citizens and ailing people: 200
World Disability Day: Community Mobilization, Sensitization, Greater Public Awareness Generation, Information Education and Communication, Sports event with proving prizes, felicitation, Rally, Public meeting etc.	3 December, 2018	500 PwDs
Baseline survey and need assessment among PwD communities	15 th April 2018 To 15 th June 2018	MR, CP & Autism, spastic children, Intellectual & multiple Disabilities: 700
Capacity Building of SHGs • PwDs of SC category are trained & skilled for which they have started their enterprise which help them for livelihood promotion and income generation	7.9.2018 To Continuing from time to time	Locomotors, handicap, hearing impaired & General partial disabilities: 200
Drug de-addiction program	5 nos. awareness camps conducted within 2 nd October 2018 to 15 th Octobers	250

Photographs:







