



ANNUAL REPORT (2022-2023)

INTRODUCTION: The Independent Living Trust was created in the year 2009 by Shri Th. Saratkumar Singh as a Founder Member of the Trust, who took part in the movement of National Federation of Parents Association since 1996 representing Parents Association, Manipur for enactment of National Trust Act 1999.

The Trust was registered on 6th July, 2009 under Registered Number 1587 of 2009. But again for inclusion of additional members it was re-registered under the Trust act on 9th April, 2013, Regd. No. 722 of 2013. The primary objective of the Trust is to empower and rehabilitate the persons with developmental disabilities to live independently through special education, therapeutic and economic rehabilitation approaches with advance technologies in all areas especially rural, urban and tribal areas of Manipur.

With the above primary objective in mind the Trust felt that there is in need of a special school or a center to train the children/persons with Developmental Disabilities in daily living activities for self-care, functional academics, creativity, pre-vocational etc. and also to provide therapeutic/medical services for improvement of their mental and physical abilities like sports and games, yoga, occupational therapy, physiotherapy, psychotherapy, dance, music etc. Thus, the trust started running a residential special school for children with intellectual and developmental disabilities including children with Autism and cerebral palsy since 2011 at the trust's office building at Imphal, accommodating 15 children in the beginning. Many parents approached for admission in the school and demand increases since 2014 tremendously. But, due to lack of proper infrastructure in the office complex the school could not accommodate/entertain all the needy persons. In the wake of COVID 19 and for want of proper infrastructure, the school could not be operated since 2019.

The Trust planned to shift/operate the school at a different location where proper infrastructures could be provided. A land measuring about 4500sqft at Hiyanghang about 14km from the office of the trust has been acquired under the ownership of Smt. K. Manileima Devi, Secretary/Trustee Member of the Trust to start a Centre (special school/rehabilitation) for residential care and rehabilitation in the near future. The land and building of the Present Office of the Trust is under a lease agreement from the Owner Smt. K. Manileima Devi, Secretary/Trustee Member.

X. Manikanta Devi

Secretary

Independent Living Trust
Imphal



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ACTIVITIES 2022-2023:- Leaving the operation of the school, the trust has started focusing its activities since 2020 on conduct of 1. Awareness program on various facilities, schemes, etc. available for the benefit of persons with disabilities. 2. Community and Home based rehabilitation program 3. Parents and siblings counselling and training. 4. Workshop/Seminar/Meeting on various issues related to Acts and Schemes for the welfare of PwDs. 5. Training and competitions in the field of Sport, Yoga, Dance, Music etc. in the community, district and state level for the empowerment of persons with PwDs in particular Autism, Cerebral Palsy, Intellectual and Multiple Disabilities.

Holding of sensitization programs, health camps, conduct of sports and cultural events, home and community based rehabilitation programs, etc. were the main activities of the Trust in this year 2022-2023.

On 7th April a health camp for dental assessment of persons with intellectual and developmental disabilities was organised by the trust at B.B. Paul Mental Development Home, Imphal. 70 students from schools and centres for persons with disabilities were assessed in the camp and advised for follow up care and treatment. 7(Seven) Dental Doctors and 5 physiotherapists provided voluntary services in the camp. Shri Ng. Utam, Director of Social Welfare, Manipur and Dr. Th. Suraj Singh, Prof. of Neurology, RIMS were among the distinguish guests present in the program.



Dental Screening at the Health Camp by Dental Volunteers.

Dental Screening at the Camp

X. Mani Kiran Don

Secretary
Independent Living Trust
Imphal



Smt Th. Sheileje Devi, Physiotherapist of Independent Living Trust with colleagues assessing ability and strength and counselling on nutrition at the camp.



Shri Ng. Utam, Director of Social Welfare, Govt. of Manipur with Th. Sarkumar, Founder, Independent Living Trust witnessing the Health Camp.

On 23rd July 2022 another Health Camp for assessment and identification of disability was held at the Community Hall, Chandel District. 3 Medical Professionals, one each in Psychiatry, ENT and Ophthalmology were deputed by the Dept. of Health Services, Manipur for the camp. In the assessment some persons were identified as disability and process for obtaining their UIDID was initiated online in the camp.



A view of the Assessment Camp for UIDID at Chandel.



Awareness Programme during the Assessment Camp at Chandel.

X. Manikanta Das

Secretary
Independent Living Trust
Imphal



**Participants in the Awareness Programme of the
Assessment Camp.**



**Shri L.Dhaneswar, Dy. Director Social Welfare in
the Awareness programme during the Camp**

The Trust organized a sensitization program on Central and State Government Schemes and facilities available for the benefit of persons with disability, on 24 August, 2022 at the mini secretariat, Bishnupur District. Representatives of Govt. Departments and NGOs, Guardians of PwDs, and PwDs participated the program. The provisions for the rights and benefits of PwDs described in the RPD Act 2916 and National Trust Act 1999 were highlighted in the program. Procedure for applying state government schemes was explained by the District Social Welfare Officer who attended the program as resource person.



Sensitization Programme at Bishnupur District

X. Marikiana Don
Secretary
Independent Living Trust
Imphal



ADC and staffs of DC in the Sensitization Program at Bishnupur

Similar sensitization program was also organized at the Dy. Commissioner's Conference Hall, Thoubal District on 29 August, 2022. Representatives from NGOs dealing with disabilities, District Social Welfare Office, Chief Medical Officer's Office, PwDs participated the program. The legal guardianship provision in the National Trust Act 1999 is well highlighted and procedure for online application for Legal Guardianship was explained.



**NGO representatives and Parents in the
sensitization Programme with Deputy
Commissioner, Thoubal.**

**Shri A. Subash Singh, Dy. Commissioner,
Thoubal District with the participants in
the Sensitization Programme.**

*X. Manikanta Devi
Secretary
Independent Living Trust
Imphal*



**Mrs Sandhyarani devi, Asst. Commissioner
to DC at The Sensitization Programme.**



**Shri Th. Saratkumar singh, Founder
Member of Independent Living Trust at the
Sensitization**



On 3rd Dec, 2022 The Trust has organized a sports meet in connection with the celebration of International Day of Persons with Disability at Moreh, Tengnoupal District in association with of Zonal Education Office (IED) Tengnoupal District. 50 Children with special needs participated the meet. The sport meet was held in three disciplines viz Athletics, BOCCF and Football based on the Special Olympics rules. Special Educators from Education Dept. and Coaches from Special Olympics assisted in organizing the meet.

Special Athletes at the Starting Point



**BOCCF demonstration to the Distinguished
Guests**



*X. Manoj Singh
Secretary
Independent Living Trust
Imphal*



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**Shri M. Akhsayakumar Singh, (Retd. Prof
Clinical Psychology, RIMS) President
Special Olympics Manipur in the Chair
during the Sports Meet.**



**Shri Th. Saratkumar Singh, Founder of
Independent Living Trust with the Lower
Ability (with CP) in SOFT BALL THROW
Court.**



Athletes and coaches in the BOCCÉ



Special athletes in BOCCÉ

X. Mani Kiran Das.

**Secretary
Independent Living Trust
Imphal**