



ANNUAL REPORT =2020-21

Name: Voluntary Medicare Society (VMS)

Regd. Address: Bemina Bye-Pass Srinagar adjacent SKIMS Medical College.



www.voluntarymedicare.org



<https://www.facebook.com/voluntarymedicare/>



: 0194-2494080

Introduction: Voluntary Medicare Society of J&K was established in the year 1970 as a medico-social voluntary organization dedicated to the care, treatment and rehabilitation of physically, mentally, Visually, speech & hearing challenged persons irrespective of caste, color, creed and religion. The Society was founded by Dr. Mir Mohammad Maqbool Retired Prof. and HOD of ENT Department Govt. Medical College Srinagar. The society is registered with the registrar of societies J&K government in 1970 under No.130. The Society is exempted from income Tax under 80G of Income Tax Department. Besides the society is registered by ICPS, Social Welfare under PWD act, Niti Ayoug, School education department, Labour commission and registered under FCRA with the Ministry of Home Affairs Govt. of India.

Auditor: Bhat Durani & Associates

Banker: J&K Bank, State Bank of India, HDFC Bank.



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Executive Committee: The organization is headed by an elected Executive Board of 9 members including President.

Details of Executive Members of VMS

S.No	Name	Address	Designation in VMS	Actual occupation	Gender
1	Dr.Mir Mohammed Maqbool	140, Karan Nagar Srinagar	President	Retd. HOD ENT Dept. Govt. Medical College Srinagar	M
2	Mr. Khursheed Ahmad Malik	Hyderpora Bye-Pass near classic Hospital srinagar	Vice- President	Retd. Commissioner Secretary	M
3	Mrs. Masooda Yasin	F-1 Friends Enclave New Airport Road Humhama Srinagar	Secretary	Retd. Director Technical education J&K	F
4	Mr. Mushtaq Ahmad Malik	H.No.139 Umer colony Lal Nagar Chanpora	Treasurer	Civil Engineer	M
5	Mr. G. R. Sufi	Googjibagh near Masjid noor	Member	Retd. Chief Information commissioner	M
6	Mr. Mohammed Morifat Qadiri	Balgarden srinagar	Member	Journalist	M
7	Mr. Abdul Hamid Banday	House No. 41 Firdous colony Eid Gah Sringar	Member	Ex. Executive President JK Bank	M
8	Dr. Farooq Ahmad Kaloo	29/3, Ibrahim colony Hyderpora Srinagar	Member	Ex. Director Animal Husbandry J&K	M
9	Dr. Mushtaq Margoob	Professors Colony Kanitar	Member	Retd. HOD Psychiatric Hospital Rainawari srinagar	M

Staff Details :Currently organization is having 51 full time staff members on roll. The assistive staff including five physically challenged persons (3 female & 2 male). The society have panel of 5 expert doctors who provide their services on Voluntary basis as and when required.

Besides 18 full time staff members are working for APPI project work & one employee for sawab centre.



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VMS Collaborative Programmes

International Committee of Red Cross(ICRC)

With the support of **ICRC**, based on the **Polypropylene Technology and Physiotherapy Interventions** VMS is promoting quality of services contributing to the re-integration of the lower limb amputated cases and other physically challenged persons into the society. ICRC is assisting the P&O unit in providing appropriate and quality physical rehabilitation services to patients including material for prosthesis, orthosis, walking aids, wheel chairs. ICRC also support in capacity building programmes for the staff dealing with P&O beneficiaries. They are helping the society to promote wheelchair basketball sports at State & National Level.



ICRC



Indian Spinal Injury Centre Vasant Kunj New Delhi (ISIC):

ISIC is a specialty Centre in New Delhi dealing with Spinal Injuries. We have an MOU with ISIC in different service areas like advanced training in Spinal Cord Rehabilitation Management, coordination in running Shafaqat Rehabilitation Centre for spinal injury patients and referral system to avail the advanced facility of ISIC.

Central University of Kashmir (CUK): Shafaqat Special School and Inclusive school has been adopted by CUK as Lab School for post graduate students of Education.



IGNOU: The Srinagar regional centre of Ignou has been referring their post graduate psychology and sociology students for internship and field work since year 2013.

APPI: Azim Premji Philanthropic Initiative (APPI) supported an early intervention program since 2019 which is still going on in 4 districts: Baramullah, Kupwara, Kargil & Leh. The project aims at providing home based early identification & rehabilitation of children with developmental delays and disabilities by establishing 4 sub centres in above districts where children (who are in need) are getting free rehabilitation services.



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SOCIAL WELFARE SRINAGAR: Social Welfare Society is a registered grant in aid for children with special needs for



DISTRICT LEGAL AID SERVICE AUTHORITY SRINAGAR

Legal Aid Service clinic is established, Legal Aid Service Authority Srinagar, within the premises of VMS to provide the legal assistance to the needy of any kind.

The society is having linkage with prominent NGOs of J&K State, Govt. institutions, offices and tertiary hospitals for referral and other services

Services and facilities available at VMS.

VMS provides both Institution based and community based rehabilitation to physically mentally, visually, speech and hearing impaired persons. Under the auspices of Voluntary Medicare Society (VMS) we have shafaqat special school, shafaqat inclusive school, shafaqat rehabilitation Centre, Sawab Centre, Legal Aid Clinic, CBR Programs &, Livelihood Projects.



Shafaqat Special School: provides special education, early intervention, parental counselling, Speech and Audiology Training, Vocational Training, Behaviour Modification Training, Sensory Integration therapy, Sports activities.

Shafaqat Inclusive School: is recognized by State Education Department upto 8th standard where children with Mild, Borderline Mental Retardation are enrolled irrespective of physical, visual, speech & hearing disability for formal education. Allied therapies are provided to needy



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children as per their needs.

Shafaqat Rehabilitation Centre: Provides physiotherapy, occupational therapy, developmental therapy, cam therapy, hydrotherapy, gymnasium, indoor wards, OPD/IPD expert consultations, assistive technology, Rehabilitation services to visually impaired persons.

Shafaqat Prosthetic and Orthotic Centre: In collaboration with International Committee of Red Cross (ICRC, Geneva) the Society has



established a prosthetic and orthotic center for persons with limb amputations. The center is fully equipped with modern gadgets, technology, using the best material available in international market. The limbs and splints are provided free of cost to the deserving beneficiaries. The patients are discharged after providing gait training by specially trained physiotherapists for the purpose. Currently the P&O department of

VMS has capacity to manufacture about 8 prosthesis and 40 orthotics in a month, besides pre and post fitting training.

Sawab Centre for Mental Health: A mental health unit by the name Sawab center is working for people with various psycho-social issues. The center runs under the guidance of Dr. Mushtaq Marghoob (H.O.D IMHANS). A team of psychiatrists and psychologists are rendering services as and when needed.

Legal Aid Services clinic: is established, under the guidance of District Legal aid Services Authority Srinagar, within the premises of VMS to provide the legal assistance to the needy of any kind.

Visually Impaired Unit : The Society has rehabilitation unit to take care of visually impaired. It is run by trained visually impaired staff. The department provides Mobility, ADLs, Braille, Computer training, Caregiver training, (3 months adjustment training), Early Learning Kits and Ophtho Consultations.

Community Based Rehabilitation: VMS organizes and conducts awareness camps, surveys for identification of disabled persons, assessment camps, medical camps, rehabilitation cum medical camps, free distribution of aids and appliances, symposiums and workshops on disability related issues.



Young athletes program: VMS has established a separate Sports Club, first of its kind in Jammu and Kashmir for physically, Mentally, Visually, Speech & Hearing impaired persons to empower them and to integrate them in the Society through sports activities.

Young athletes are examined and trained in -built sports tendencies in order to develop later sports capacities & those physically challenged persons who has the capacity to participate in Para sports are trained & encouraged to Participate in State, presented INDIA at National and International events.



Review of Year 2020-21

- Free Distribution of COVID Relief (Dry ration) among 820 beneficiaries.
- Free Distribution of Medicines during COVID 19 IST Wave.
- Online classes to Special students of SSS/SIS. On an average 450 sessions per day were conducted.
- Online examination of Students of SIS.
- Tele-rehabilitation to persons with disabilities and other associated conditions.
- Trainings to Asha Aganwari workers, community heads at sub centres.
 - some staff members attended Webinar through verbal mode on ICRC Physiotherapy standards from 2nd November 2020 (Four Sessions).
 - Unified car Rally from VMS, Bemina to Poloview organised by VMS on 3rd December.
 - Live Consultations/queries for CWSN and PWDs on 3rd December under APPI project.
 - On 4th December, A day with radio Mirchi and FM 92.7 highlighting experience and hardships faced by CWSN and adults during present pandemic Covid -19.
- On 5th December, A day with TV Channels in which persons with Spinal Cord injuries and Students of Shafaqat Inclusive School



Particularly class 8th(Board Exam students) shared their experience and difficulties faced by them in present Pandemic Covid-19.

- On 5th December, Lectures on Disability issues by VMS Staff. Felicitation program for students of class 8th, wheelchairs Basket Ball and Para Sports team Players.
- Online sports training for Wheelchair athletes.
- An oxygen bank and medicine support was created for the needy & deserving beneficiaries and a link was created with the disaster management authority for referrals of needy for the said support from VMS side.
- Participation of Deaf & dumb students in Srinagar district junior/sub junior & senior sports championship organised by association of Duff & dumb on 20th March 2021.
- P&O assessment camp was held at sub centre baramulla, where beneficiaries for Prosthetic & orthetic devices were registered and later provided with required device.
- Quarterly steering committee meetings were conducted to discuss the current status of all cases, challenges, etc.
- Regular Meetings of VMS Staff with Administrator on alternate Fridays afternoon regarding progress, loop holes, etc were conducted.

Data of beneficiaries under various welfare programmes for 2020-21

- No. Enrolled special students of Shafaqat Special School= 33
- No. Enrolled special students of Shafaqat Inclusive School=27
- No of Online sessions=11700
- No of patients attended for Speech therapy and hearing evaluation= 244
- No. of Hearing aids Distributed= 22 (In VMS) & 58 (in APPI project)
- No of Prosthesis delivered= 43
- No of Orthosis delivered= 262
- No of Walking Aids delivered= 32
- No of Wheelchairs delivered= 32
- No of Adaptive devices delivered= 21
- No of Physio/Occupational therapy Patients rehabilitated= 502
- No of Patients attended in Visually Impaired Rehabilitation Unit.= 01



FUTURE PLANS AND COMMITMENTS

- To set up a full-fledged inclusive School.
- A Surgical Unit to provide both the surgical intervention & Rehabilitation under one roof.
- Skill development center for Physically/Mentally/Speech & Hearing challenged to make their livelihood independent.
- A livelihood support System for the needy persons who have permanent physical disability.
- Sports Club for Physically Challenged.
- Home modification for barrier free accessibility.
- CBR for Physically / mentally challenged persons.
- Separate CP clinic.



VMS FAMILY



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