

SOCIETY FOR EDUCATION AND EMPOWERMENT OF DISADVANTAGED (SEED)



ANNUAL REPORT OF 2018-19

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Vision: Equity for quality of life that ensures maximally possible independent living and wellbeing for every citizen irrespective of ability and diversity.

Mission: To provide access to accountable, economically viable, state-of-the-art, research-based professional care giving and developmental intervention towards skill building and independent living that ensures equity for quality of life.

Value Statement: We value equity and inclusiveness for every citizen irrespective of ability and diversity; believing in partnership of individuals, parents, professionals and community; in the process of empowerment and inclusion.

Introduction:

Disability is just a matter of perception. This very thought was carried forward and turned into reality by a group of rehabilitation professional with their far-sighted vision, has established Society for Education and Empowerment of Disadvantaged Institute For Mentally Retarded with an intention to rekindle the fire hope in the lives of the mentally challenged by rehabilitating them with the provisions for special education and training, behavior modification programmes, parent empowerment programme, therapies and other medical services as well as hostel facility for the intellectually impaired or autism.

This multifaceted institution is formed under the aegis of Society for Education and Empowerment of Disadvantaged (SEED) which is a voluntary organization registered under the Societies of Registration Act 2012, Persons With Disabilities (Equal Opportunities, Full Participation & Protection of Rights) Act;1995 and Rights of Persons with Disabilities Act 2016.

Society for Education and Empowerment of Disadvantaged (SEED) runs two residential projects ASHADEEP and MIDWAY HOME in the same campus at Kurukshetra Haryana. SEED provides residential facility to adult with Autism Spectrum Disorders and Intellectual Disability

Services in ASHADEEP & MIDWAY HOME

- Trained supervisor
- 24X7 Trained and experienced warden
- 24X7 Medical attendants
- 24X7 on call doctors
- 24X7 Emergency transport services
- 24X7 Care attendants
- Indoor play area
- Dance therapy
- Drama therapy
- Music therapy
- Art therapy
- Pet therapy
- Yoga

- GYM
- Creative hobby center
- Soft skill training
- Language training
- Emotional management training

Skill Training

Agro based

- Apiculture
- Horticulture
- Mushroom culture
- Floriculture
- Vermi-compost culture
- Dairy farming
- Medi-herb farming
- Nursery
- Bonsai farming
- Organic gardening
- Canine breeding
- Fish farming - monoculture
- Fruit processing (jam, juice, pickle)
- Bakery
- Rabbit breeding
- Bird breeding

Technology Based

- Sublimation printing
- Digital printing
- Photoshop
- Printing and xeroxing
- Housekeeping management
- Inventory management
- Canteen management
- Cash management
- Laundry management
- Front office management
- Database management
- Sale-outlet management
- Packaging and storing
- Care-giving – medical aid disbursement
- Bulk procurement
- Restaurant assistance
- Sale-outlet management

ACTIVITIES UNDERGONE IN THE INSTITUTE

Yoga

Yoga can be easily incorporated into a child's day in the home, school or program setting to support self-regulation, increase communication and expression of difficult emotions and reduce anxiety and frustration. Practicing yoga with the child will not only support them in feeling more calm and relaxed but can also support the adult working with the child in feeling more calm, the outcome being, a positive and relaxing experience for both the adult and the child.

- Our students start day with morning yoga in under guidance of yoga therapist.
- Teach students simple yoga poses and breathing exercises with the use of visuals, games, repetition and fun and motivating activities.
- Choose poses and breathing strategies at first that allow the child to feel successful and practice them consistently before adding new poses and breathing strategies.
- Create a yoga schedule with pictures of poses so there is consistency and the child knows what to expect.
- Allow the child to choose preferred poses in order to feel a sense of involvement and control.
- Incorporate "yoga breaks" throughout the day in order to encourage movement, stretching and breathing. This provides an opportunity to reset. Studies show that movement breaks throughout the day increase focus and concentration. Certain poses that cross the midline increase communication between the left and right hemispheres of the brain, which supports learning, movement and coordination and is thought to help develop new neuro-pathways in the brain.
- Set aside a "yoga space" in the setting with visuals of poses and breathing exercises for children to access when needed. Simple yoga stretches and breathing exercises can be done seated in a chair (chair yoga) if desired.
- Encourage children to engage in breathing strategies or yoga stretches when they become upset, agitated or experience anxiety as a replacement behavior or alternative behavior to acting out or exhibiting inappropriate behaviors.



Students performing Yoga in the early morning

GYM

Exercise not only helps children with autism better engage in the environment, but it also helps promote weight loss and leads to better overall health. Full-body exercises are best for kids with autism to increase coordination, strength, endurance, and body awareness.

And we have good evidence that exercise can provide similar benefits for children and adults on the spectrum. In particular, studies have shown that exercise reduces problem behaviors such as repetitive behaviors, off-task behavior, mouthing, self-injury, disruptiveness and aggression in those with autism.

As parents we look to ensure that our children maintain a healthy lifestyle that they both love and enjoy. We all know that maintaining a healthy and active lifestyle is beneficial

for all men, women, and children but staying active has many benefits for children on the Autism Spectrum.

Benefits of Exercise

Exercise has shown to provide benefits for children on the Autism Spectrum in many ways. Routine exercise not only provides physical benefits but also social and mental benefits.

1. Reduce Stereotypic Behaviors – Studies have shown that children that engage in vigorous exercise have shown a decrease in stereotypic (self-stimulatory) behaviors, hyperactivity, aggression, self-injury, and destructiveness. This is not something that happens over night but in due time you will start seeing improvements in your child.

2. Improving Social Skills – Children on the spectrum have a harder time engaging with their peers in a social setting. This could be due to anxiety, inability to read social cues, low self-esteem, decreased verbal communication, etc. When children engage in sports programs they build social relationships with teammates, work with others to accomplish goals, and build confidence. Sports participation also allows children to feel like they have a role in society and be part of a team, which they may not have felt before.

3. Establishing a Routine – As many professionals and parents of children on the spectrum know routines are incredibly important for children. Children with Autism tend to perform repeated self-stimulatory behaviors because it provides comfort that they are familiar with. By implementing physical activity slowly into a child's life so that their transition into a new routine is important. Find an activity that your child enjoys like a long walk or a sport they may find fun and introduce it into your child's routine.

4. Promote Weight Loss – Autism is related to a higher chance of early childhood obesity, which can lead to a greater chance that obesity can turn into more severe illnesses such as diabetes, heart disease, bone and joint problems. Children with Autism tend to live more inactive lifestyles, which in turn makes it harder for them to maintain a healthier weight. By implementing an active lifestyle at a younger age, exercising becomes a part of your child's routine to maintaining a healthier weight.

5. Improve Attention – Many children on the Autism spectrum have trouble staying attentive not only in the classroom but also at home. One reason for the decrease in attention among children on the spectrum is due to their stereotypic behaviors that become a distraction. By increasing their exercise it will help decrease their stereotypic behaviors and improve attention. In addition, having your child join a sport will also help them work together with others and improve listening to directions to accomplish the team goals.



Students performing in GYM

Functional Academics

Functional academics is merely academics made functional designed to teach skills which allow each student to succeed in real-life situations at home, school, work and in the community. The functional academics curriculum includes a range of areas namely: Pre-requisite concepts, math Activities of daily living.

Functional skills are essential in special education they help to make an IEP. Functional skills education should include a focus on transition to adulthood, functional reading, social skills, and self-determination should all be part of functional skills education.

A functional curriculum is a curriculum that focuses upon independent living skills and vocational skills, emphasizing communication and social skills. Students at the secondary level who are prime candidates for such a curriculum are identified.

1. Functional Reading
2. Functional Writing
3. Functional Mathematics
4. Time Concept
5. Money Transaction
6. Self-awareness
7. Empathy
8. Critical thinking
9. Creative thinking
10. Decision making
11. Problem Solving
12. Effective communication
13. Interpersonal relationship
14. Coping with stress
15. Coping with emotion



Learning Money Concept



Students learning functional academics

Computer Education

The use of technology in special education helps break the barriers for people with disabilities and provide them with access to the most relevant educational programs. Properly designed software and hardware allow students with special needs to get modern education and achieve any required information online.

Integrated Co-Teaching (ICT) Students with disabilities who receive Integrated Co-Teaching services are educated with age appropriate peers in the general education classroom. ICT provides access to the general education curriculum and specially designed instruction to meet students' individual needs.

Key Benefits of ICT-based Education:

- Promotes Learning by doing approach.
- Enables self-paced learning.
- Provides access to wide range of up-to-date learning materials.

- Enriches learning through a combination of audio, video, images, text and animation.
- Enhances learning through interaction and collaboration.



Students learning typing skills

Carom Board

Carom Board games play a crucial role in children's development and growth. Playing carom board games helps with learning, social and communication skills. It helps improve verbal abilities and attention skills by making a child concentrate and focus for longer periods of time. Play helps children develop language and reasoning skills, encourages autonomous thinking and problem solving as well as helps improve their ability to focus and control their behavior. Play also aids children to learn discovery and develop verbal and manipulative skills, judgment and reasoning and creativity.

Health Benefits of Board Games:

- Memory formation and cognitive skills – problem solving, help the brain retain and build cognitive associations.
- Reduces risks of mental disease – exercising your brain will help retain information and fight against dementia and other illnesses.
- “Speed up your responses.



Students Playing Carom board

Badminton

Badminton is an excellent game for the physical development of your child. Intensive movement around the playground will help the child to keep his body in great shape, as badminton is among the three most energy-intensive game sports and is considered as the fastest sport in the world.

Psychological benefits: Because badminton promotes physical fitness, it helps to reduce stress and anxiety. Exercise increases endorphins, which are the brain's feel-good neurotransmitters, and has also been found to improve mood and sleep.

When students are physically fit, they will achieve more academically. Sport develops a sense of friendliness among the children and develops their team spirit. It helps children to develop mental and physical toughness. This is because sports improve their blood circulation and their physical well-being.

Physical activity stimulates growth and leads to improved physical and emotional health. Today, research shows that the importance of physical activity in children is stronger than ever. ... “Sport can affect a child's development of self-esteem and self-worth,”



Student Playing Badminton

Cycling

Cycling is a highly effective form of exercise. However, cycling won't specifically burn belly fat. It will certainly help to reduce your overall body fat, but since spot reduction is a myth, you will have to be patient for your belly fat to burn off with the rest of your fat.

In general, running burns more calories per minute than cycling, although the differential slims if you cycle vigorously. Biking, meanwhile, is gentler. “Cycling is a non weight bearing

activity, so it is better for your knees and joints,” “and it does not cause much muscle soreness.”

Cycling for health and fitness

It only takes two to four hours a week to achieve a general improvement to your health. Cycling is:

- Low impact – it causes less strain and injuries than most other forms of exercise.
- A good muscle workout – cycling uses all of the major muscle groups as you pedal.
- Easy – unlike some other sports, cycling does not require high levels of physical skill. Most people know how to ride a bike and, once you learn, you don't forget.
- Good for strength and stamina – cycling increases stamina, strength and aerobic fitness.
- As intense as you want – cycling can be done at very low intensity to begin with, if recovering from injury or illness, but can be built up to a demanding physical workout.
- A fun way to get fit – the adventure and buzz you get from coasting down hills and being outdoors means you are more likely to continue to cycle regularly, compared to other physical activities that keep you indoors or require special times or places.
- Time-efficient – as a mode of transport, cycling replaces sedentary (sitting) time spent driving motor vehicles or using trams, trains or buses with healthy exercise.

Health benefits of regular cycling

Cycling is mainly an aerobic activity, which means that your heart, blood vessels and lungs all get a workout. You will breathe deeper, perspire and experience increased body temperature, which will improve your overall fitness level.

The health benefits of regular cycling include:

- increased cardiovascular fitness
- increased muscle strength and flexibility
- improved joint mobility
- decreased stress levels
- improved posture and coordination
- strengthened bones
- decreased body fat levels
- prevention or management of disease
- Reduced anxiety and depression.



Student Practicing Cycling

Cross fit Training

Cross fit is an effective way to get fit. Anyone can do it. It is a fitness program that combines a wide variety of functional movements into a timed or scored workout. We do pull-ups, squats, push-ups, weightlifting, gymnastics, running, rowing, and a host of other movements.

It may surprise you to hear a Cross Fit coach say that "reducing belly fat ultimately comes down to how you eat," but it's true. ... In order to lose belly fat, you need to reduce your overall body fat percentage by dialing in your diet, eating whole foods, ditching the junk, and creating a calorie deficit.





Dance Therapy

Dance movement therapy has recently made its mark as a viable treatment option for people with Autism Spectrum Disorder. Dance movement therapy uses movement to enhance emotions, behaviours and motor skills. People with ASD are often less or not aware of their mind and body. Dance movement therapy uses bodily sensations to stimulate and re-establish the mind –body connection, which in turn helps them to return to harmony. Many pieces of research and studies have supported the positive effects of dance movement therapy on people with developmental disabilities.

Benefits of Dance Therapy for people with ASD

Dance therapy can help people with developmental disabilities in various ways. The benefits are:-

1. Improved attention and concentration.
2. It gives them the liberty to expressive of their emotions, using movements.
3. It helps them enhance their social interactions and leads to the imitation of relationships when placed in dyads or groups.
4. A therapist can help people to develop vocabulary skills, using the imitation of the repetitive movements the person engage in.
5. They learn different patterns of movements required for daily activities.
6. Group sessions are best to develop communications and social skills.
7. Choreographed sequences can help in enhancing one's memory and recapitulation skills.
8. Touch during therapy help in reducing sensitivity to physical touch and helps build trust.

9. Improve body image.

10. It helps in developing body awareness and promotes general well-being.

11. Different plans of motion during therapy help to stimulate verbal communication skills.

12. It also helps to strengthen fine motor skills.

13. It provides a platform to people with ASD to build upon their social skills, which helps them further to understand the emotions and feelings of other people.

14. They learn to develop empathy.

15. It helps them to learn adaptation to different situations.



Students learning dance steps

Excursions/ field trip

“Today's students are visual learners and a field trip lets them touch, feel, and listen to what they're learning about, [which helps them] build on classroom instruction, gain a better understanding of topics, build cultural understanding and tolerance, and expose them to worlds outside their own.”

The Benefits of Learning through Field Trips, if you are going on a field trip, it is important to prepare your students by developing their visual literacy, and by integrating the trip actively into your curriculum. The museum (and field trip) experience takes place in a very different environment from your classroom.

Here are some advantages of having a school field trip:

- Connects Students To the Real World. School field trips provide every student with real-world experiences. ...
- Erases Classroom Boredom. ...
- Better Grades in Studies. ...
- Offers Different Cultural Experience and Creates a Social Bond. ...
- Meets Families Expectations.

The purpose of the trip is usually observation for education, non-experimental research or to provide students with experiences outside their everyday activities, such as going camping with teachers and their classmates. The main objective of conducting a field trip for students is to reinforce experiential and contextual learning. Field trips are a way of enhancing classroom learning by making real world connections.



Students Visiting Zoo



Students visited Kurukshetra PANORAMA

Roller Skating

Skating programs encourage individuals with disabilities to develop independence, confidence, and physical fitness through participation in ice skating. Research proves daily physical activity raises self-esteem, develops peer relationships, enhances overall health and improves quality of life.

Benefits of roller skating

Roller Skating is classed as an effective aerobic exercise that helps to strengthen the heart and improve muscle strength and endurance. Like many other sports you can enhance your work out with Roller Skates by adding hills to your route to challenge your body and improve fitness and endurance.

It also **works** some **muscles** in the upper body as well. The primary **muscles** involved in **roller skating** are the hip abductors, the quadriceps, hamstrings, shins, and calf **muscles**. Secondary **muscles** worked are the erector spine in the back, abdominals and oblique.

Skating is a great lower **body** exercise, working muscles in **your** calves, quads. It's also a great way to build core strength, and depending on **your** form, you can even work an arm workout into **your** routine. It's good for **your** heart. **Roller skating** strengthens **your** muscles, and that includes **the** heart

Both indoor and outdoor **roller skating** are great ways to **burn** calories. **Skating** is a cardiovascular activity. It gets the heart working harder, it works up a sweat, and if you **skate** regularly and follow a healthy diet, you'll soon see the **fat** melt away. **Skating** to **lose** weight is an effective method of getting healthy.



Swimming

Water offers resistance that's great for your muscle endurance and strength training. It's important for **people with disabilities** to increase their muscular strength and endurance. In addition, **swimming** is an outstanding cardiovascular exercise which helps strengthen your heart muscle.

This class is designed to provide community members with a mental or physical disability the opportunity to learn and improve **swimming** skills, maintain and increase physical fitness, achieve success, and receive recognition within an aquatic environment.

Benefits of Swimming for People with Disabilities

As the Society for Education and Empowerment of Disadvantaged becomes more inclusive, people are eager to make more activities accessible for people with disabilities. One such activity is swimming. People with disabilities often don't participate in traditional team sports because they can be difficult to modify, but swimming has fewer obstacles. In fact, swimming helps people with disabilities feel more independent, increases their physical strength and stamina, and carries many other benefits.

The Benefits Themselves

No matter your disability or swimming level, you can benefit from time in the water. A pool setting can accommodate almost any disability, including orthopedic and mobility difficulties, blindness, deafness, and cognitive disabilities. Swimming and water activity benefits include:

Improved stamina and muscle mass/tone. People with disabilities such as cerebral palsy, Down syndrome often struggle with athletics because of rigid or loose “floppy” muscles. In the water, muscles and limbs are easier to move. Since water activity has a cardio component, participants can stretch muscles and increase their stamina. People who need to lose weight or gain muscle mass may find these goals more attainable through swimming than other sports.

Decreased focus on sensory issues. A blind or deaf person may feel out of control on land because he or she is bombarded with strange sounds, unfamiliar terrain, or many people talking at once. In a pool, these sensory issues are reduced or eliminated. Pool owners can use flashing lights to alert deaf patrons to important announcements. Blind swimmers can sign up for private lessons or undergo orientation therapy to help them navigate the pool.

Increased self-confidence and independence- Most people with disabilities spend their lives being told what they cannot do. Teaching someone with a disability to swim or otherwise enjoy water increases his or her self-confidence. Enjoying water or swimming well gives the person something he or she excels in and makes it easier to imagine independence in other areas





Students enjoying swimming

Vocational Training:

Vocational training can focus on skill sets and hands-on-learning in a simulated work environment and allows students to develop **skills** that can be used in the workplace. Classes would prepare the **autistic** student for a specific trade or **career** area that emphasizes hands-on learning and the application of knowledge.

Vocational training is **training** that focuses more on practical subjects than the theory. While many **students with disabilities** find it easier to enroll for a four-year degree, a growing number is starting to realize the benefits of **vocational training**.

'**Vocational training**' is a phrase that is often used by education and **training** institutions. **Vocational training** as: “**Training** that emphasizes skills and knowledge required for a particular job function (such as typing or data entry) or a trade (such as Dairy Farming, Vegetable Cultivation and Dona Making).

Vocational Rehabilitation (VR) is a federal and state funded program that works with people who have physical or mental disabilities to prepare for, gain or retain employment. VR is committed to helping people with disabilities find meaningful careers.

Dairy Farm

Farm management and animal health

- Chemical spray storage sheds.
- Chemical spray equipment washes down areas.
- Bulk fuel storage.
- Uncontrolled dumping or land filling of chemical containers or other waste products.
- Offal pits for animal carcasses and farm waste.
- Silage pits.
- Animals crossing streams.



Organic agriculture

"**Organic Agriculture** is a production system that sustains the health of soils, ecosystems and people. It relies on ecological processes, biodiversity and cycles adapted to local conditions, rather than the use of inputs with adverse effects.

Maintain and improve fertility, soil structure and biodiversity, and reduce erosion. Reduce the risks of human, animal, and environmental exposure to toxic materials. Fine-tune **farming** practices to meet local production conditions and satisfy local markets.

Beyond money and ethics, though, organic farming practices result in numerous environmental benefits.

- Reduced Exposure to Pesticides and Chemicals. ...
- Organic Farming Builds Healthy Soil. ...
- Combatting Erosion. ...
- Fighting the Effects of Global Warming. ...
- Organic Farming Supports Water Conservation and Water Health.

Organic farming is better for the environment.

Organic farming practices reduce pollution, conserve water, reduce soil erosion, increase soil fertility, and use less energy. **Farming** without pesticides is also better for nearby birds and animals as well as people who live close to **farms**.



Students participating in agriculture unit



Bird Breeding

Birds produce offspring by laying eggs which are fertilized through sexual reproduction. They are usually laid in a nest and incubated by the parents. Most **birds** have an extended period of parental care after hatching. Some **birds**, such as hens, lay eggs even when not fertilized, which do not produce offspring.



Paper Cup Making

A paper cup is a disposable cup made out of paper and often lined or coated with plastic or wax to prevent liquid from leaking out or soaking through the paper. It may be made of recycled paper and is widely used around the world. Paper cups and glasses are made in a variety of sizes and shapes according to the amount of material to be filled. Disposable paper plates are conveniently used for serving eatables during family functions, eating chats and snacks, fruits, sweets etc. The paper plates and bowls are made by fusing two layers of good

quality paper with a sheet of polythene. The product can be in any desired shape and size depending upon the die employed for manufacture.



Dona Making

Inauguration of MID-WAY HOME

MID-WAY HOME (MHW) is an abode designed to provide wellbeing for individual with special needs. A home with holistic planning, therapeutically designed space and programmes, which is guided by philosophy of right to quality of life & professional support. It offers services based on level of functioning, ensures least restrictive environment towards independent living and decision making. MWH is a brainchild of parents and professionals; which is committed to share parental challenges of care giving incorporating global best practices. With key focus on individual strength, opportunities & nurturing prosthetic & geriatric care; we aspire to bridge the monumental and most challenging transition to adulthood needs with committed lab leadership.

MID-WAY HOME inaugurated by Dr. S. S. Phulia, IAS, Deputy Commissioner Kurukshetra on 28/04/2018



Addressing Dr. S. S. Phulia, IAS, Deputy Commissioner Kurukshetra



Addressing Shri Subhash Sudha MLA, Thanesar

Raksha Bandhan Celebration

The festival of Raksha Bandhan not only celebrates the love and duty between brothers and sisters, it also has a social significance. It underlines the notion that everybody should live in harmony and hence speaks about the rich culture and traditions of India that make our nation extraordinary. To help our students learn about the culture of India. Sisters of our hostelers send rakhi for their bothers and our teachers and staff tied them on the eve of raksha bandhan.



Tying Raksha

INDEPENDENCE DAY

The republic of India gained its **independence** from the rule of the British on 15 August 1947. Since then every year, 15th August is celebrated as the **Independence Day** in India to commemorate its freedom from the 200-year-old British government. For India, 15th August is a **day** of her re-birth, a new start.

The tricolour fluttered proudly at Society for Education and Empowerment of Disadvantaged Kurukshetra on 15th August 2018 with the Director of the Institute, Dr. J. P. Keshari hoisting it to the melodious strains of the national anthem, as the students and teachers gathered to celebrate the 70th Independence Day of the nation.

The Cultural and Dramatics Club set up a crescendo of patriotic fervour with an array of events in the Special Assembly conducted by them. A grand march past by students was the highlight of the day. After the National flag was unfurled, all the teachers who were dressed to the occasion were felicitated by the Director of the institute.

Students revered the supreme sacrifice of freedom fighters by organizing a vibrant display of programmes interspersed with music, drama and patriotic songs.



JANAMASHTMI

Janmashtami is celebrated as the birthday of Lord Krishna, one of the most powerful and famous reincarnations of Lord Vishnu. According to the Hindu calendar, this festival is celebrated on the Ashtami of Krishna Paksh or the 8th day of the dark fortnight in the month of Bhadon. This day indicated the beginning of hope in the older times; hope that the malicious rule of Kansa would soon end.

To seek the blessings of Lord Krishna, Janmashtami was celebrated at Society for Education and Empowerment of Disadvantaged Kurukshetra with mirth and joy. The fragrance of flowers, soothing aroma of camphor and the jingle of bells filled the air. While this religious importance is not lost, this day signifies a lot more too modern India; it signifies excitement, euphoria and a joyous spirit of enthrallment. To celebrate the extraordinary bond between children and the Almighty, The Millennium School took the opportunity to both jubilate and learn with the young minds. The students dressed up as lord Krishna and Radha, complete with flutes, peacock feathers and matkas. The premise was decorated beautifully and the spirit of festivity was enhanced with Jhankis depicting life history of Lord Krishna. The celebration that followed was truly entertaining and educating.

The life history of Lord Krishna was very beautifully depicted by colourful Jhankis. The parents had a great time participating in fun games..... The main attraction of the event was breaking of the treasure filled Matki.....

The Director of the Institute, Dr. J. P. Keshari blessed all the students on this auspicious day and gave them the message as always, looking ahead instead of reminiscing in the past. His words truly summed up the efficacy of celebrating festivals of devotion and obedience towards their parents and teachers.





Students showing their skills during Janmashtami Celebration

GANDHI JAYANTI CELEBRATION

Society for Education and Empowerment of Disadvantaged Kurukshetra, celebrated Gandhi Jayanti on 02nd October 2018. The students of SEED started the special assembly with a small talk on the life of Mahatma Gandhi. The students also shed light on Gandhi Ji's invaluable contribution in India's freedom struggle and how his principles of truth and non-violence are still remembered today. The students presented mime act to depict the importance of peace and harmony. The institute Director Dr. J. P. Keshari spread the message of endurance, peace, harmony and expressed his gratitude to Gandhiji for giving us the powerful tool of Non-Violence. She not only paid homage to Gandhi ji but also talked to children about Lal Bahadur Shastri, the second Prime Minister of India, whose birth date coincided with Mahatma Gandhi.

The assembly ended with the students marking their respect by singing, "Raghupati Raghav Raja Ram...." which aptly matched with the principles of our 'Father of the Nation'. Students also promised to abide by the campaign- 'Swachhta Hi Sewa Abhiyan', which will culminate on 2nd Oct 2018, started by the Prime Minister on 15th Sept.'18 with the pledge to keep school, home, and city clean.



Students performing their skills on Gandhi Jayanti Celebration

DUSSEHRA CELEBRATION

SEED celebrated Dussehra with a lot of fervor and ardor. A spectacular one act Ramlila was staged by the MID-WAY HOME students in which they presented the scenes from the banishment of Rama from Ayodhya followed by his victory over Ravana.

A huge effigy of Ravana with ten heads was burnt after the Ram Lila. The students raised the slogans of 'Raghupati Raghav Raja Ram' and everyone around enjoyed the serene atmosphere. The primary objective of the entire show was to convince the students that no matter how intelligent a person is, his pride will be the reason of his collapse. They were informed that Ravana was basically very intelligent. His knowledge was equal to the knowledge of ten heads. His ten heads are symbolic of his great wisdom. They were intimated how his single mistake overpowered and nullified his entire wisdom. So ultimately the students were told to be genuine in their doings.



Dandiya celebrations

Colourful and auspicious festival dedicated to Goddess Durga Navrati was celebrated at MID-WAY HOME. Invoking the blessings of divine deity, the students came dressed in traditional Garba and Dandiya attire.

The students enjoyed the mellifluous music, rhythmic beats and matched the mood of festivity.

The student's joy knew no bounds when children from theosophical society entered the campus. With an aim to spread joy and happiness, SEED family made the children feel happy and special by arranging games, dancing and sharing special gifts with them. The entire campus was a huge family tapping their feet to match up the festival spirit.

The students enjoyed community lunch in their traditional dresses. The Managing Director Dr. J. P. Keshari addressed the students and told them that the purpose to organize this celebration was actually to make the students aware of the oft repeated message i.e the triumph of virtue over the vice. He congratulated the teachers and the students for the coming festival season.



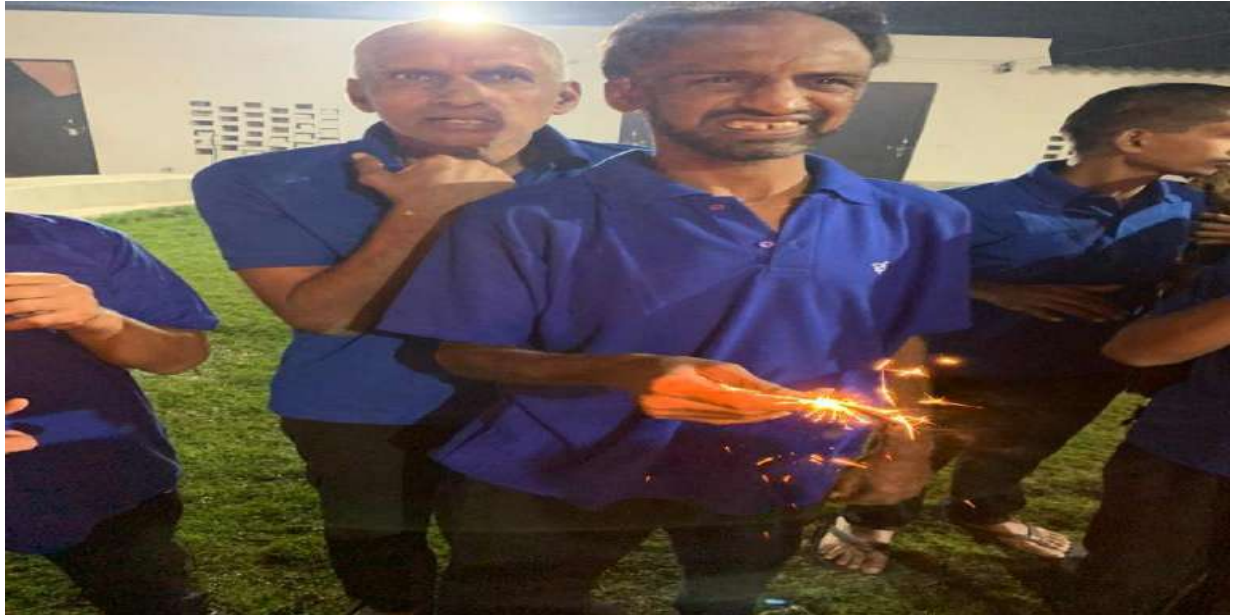
DIWALI CELEBRATION

“Diwali”, the festival of lights, illuminates the darkness of the New Year’s moon, and strengthens our close friendships of Society for Education and Empowerment of Disadvantaged Kurukshetra, celebrated Diwali on 7th November ‘2018 in the institute premises with great fervour. The students were told about Diwali and why it is called the festival of lights. All the students of ASHADEEP and MID-WAY HOME came dressed up in traditional wear.

A wave of enthusiasm and excitement could be sensed in the SEED as the students observed the festivities. Students exchanged sweets with their friends and made beautiful handmade Diwali greeting cards for their parents. Teachers reiterated that all of us should save our environment by planting a sapling every diwali and avoid bursting crackers.



Rangoli Making



Students participating fire crackers

World Disability Week Celebration

International Day of People with Disability (IDPWD), held on 3 December each year, aims to increase public awareness, understanding and acceptance of people with **disability**. This year's theme, as proclaimed by the United Nations, is 'Empowering people with **disability** and ensuring inclusiveness and equality'.

Haryana Government has organized State Level Function on the occasion of International Day of Persons with Disabilities at Kurukshetra on December 3, 2018. On this occasion, the Social Justice and Empowerment Department Govt. of Haryana State Minister Shri Krishan Bedi have honored State Level Awards to different categories. Our student Master Ronak Bhatiya has awarded as brand ambassador in the field of disability rehabilitation.



Shri. Krishan Bedi Minister Dept. of SJE Govt. of Haryana and State Disability Commissioner
Haryana honoring Master Ronak Bhatiya as Brand Ambassador



We have provided a Stall for exhibition of our products

LOHRI

The harvest festival of Punjab, Lohri is also known as the “Wheat Bowl”- bread-basket state of India. This festival is celebrated to mark both celebration and sense of sharing.

Society for Education and Empowerment of Disadvantaged Kurukshetra celebrated Lohri in the school premises with a lot of exuberance and funfair. The mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. The function started with a special assembly followed by speeches highlighting the importance of the festival of Lohri, which ushered in the cheerful spring season bidding adieu to the dull winter.

Folk songs and dance added the festive spirit in everyone and very well depicted the significance of this festival. The students and teachers dressed in traditional Punjabi attire sang songs immersed in rich cultural folklore of Punjab. Groundnuts, Popcorns etc. were also distributed among the students.

The Institute Director Dr. J. P. Keshari lit the sacred bonfire to initiate the celebration and wished everyone a very Happy Lohri. He also encouraged each one to value their cultural heritage.





Students and staff participating on Wood fire

REPUBLIC DAY CELEBRATION

The 66th Republic Day was celebrated on January 26 at the school grounds. The students took pride in glorifying and celebrating the spirit of unity and brotherhood. The event began at 9:00 am with the hoisting of the Indian National Flag by the Chief Guest of the day **Shri Shiv Prasad, President SEED** followed by the National Anthem. The students of 2 houses – MID-WAY HOME and ASHADEEP, marched in rhythmically to the patriotic tunes played by the school band. The school echoed with patriotic fervour as the students of MID-WAY HOME danced to the tunes of patriotism, enacted skits, sang patriotic songs, and even wore tri-coloured clothes to mark the occasion.

The students who won various cultural and literary competitions held during the year were felicitated by **Dr J. P. Keshari Director MID-WAY HOME** on the auspicious occasion.

The Chief Guest in his address highlighted the significance of the day, and made the students aware that the future of their country lies in their hands. Hence they need to study well now and inculcate good values in life, which will help them to be good citizens of the country.



HOLI CELEBRATION

“A day full of colours! A day full of excitement! A day full of wishes! Yes, it’s Holi! A day to rejoice love! Happy Holi”

Holi the festival of colours, is one of the most important festivals of India and is celebrated with great pomp and fervour. A day before Holi, Holika is burnt to remove negativity and bring the colours of positivity into our lives. The dominant idea behind holi is to spread the message of harmony.

To celebrate this festival, a Special Assembly was conducted by the students of SEED, wherein a beautiful skit was performed deciphering the importance of Holi and the safety measures required while playing Holi. A mesmerizing dance performance by the tiny tots also enthralled the audience.

The Director of the institute, Dr. J. P. Keshari praised the efforts of the students saying that Holi is the day to express love with colours and he also implored them to play safe Holi by avoiding artificial colours which are dangerous for their skin.



Students and staff playing with Colour

87th Regional Parents Meet

We are honoured to organize 87th Regional Parent’s Meet towards Social Inclusion and Living with Dignity” held on 9th – 10th March 2019, (with the help of PARIVAAR NCPO and NIEPID) at MID-WAY HOME, Kurukshetra, (Haryana). It was first Regional Parents Meet in Kurukshetra and second in Haryana state.

Inaugural Function and the Proceedings for the 1st day (9th March) were conducted by Dr. J. P. Keshari and by the MID-WAY HOME Team. Proceedings for 2nd day were conducted by all the respective Members of PARIVAAR and NIEPID. For all the events, Chairperson and Co-

chair was instituted to, make it more formal and useful comments are disseminated by the experts. Valedictory Function was conducted by Prof. Sushil Kumar Gupta, Dep. Of Special Education, Kurukshetra University, Kurukshetra.

Guest of Honours and Special Invitees: Dignitaries on the dais were as under:

- Mrs. Uma Sudha, (Chairperson, Municipal Council Thanesar)
- Cdr. Shrirang Bijur, President PARIVAAR India,
- Col. V K Gautam Past President, PARIVAAR
- Dr. Amita Sahay, Officer In-charge, NIEPID-RC Noida,
- Prof. Sushil K. Gupta, Dep. Of Special Education KUK.
- Mrs. Merry Barua, Chairperson, Action for Autism,
- Sh. Amarjeet Singh Aanand Vice President North Zone PARIVAAR
- Dr. J. P. Keshari, Managing Director, MID-WAY HOME
- Dr. A. D. Paswan, Director, SIRTAR, Rohtak
- Mrs. Indu Chaswal, Disability Rehabilitation Expert Ludhiyana.
- Mr. Vivek Joshi, Self Advocates' Forum of India
- Mrs. Amanpreet Kaur, Principal Special School Tarantaran, Punjab
- Mr. Vijay Shah, Varanasi
- Mr. Surender Singh, Muskaan, New Delhi
- Mrs. Abha Kiran, Muskan, New Delhi
- Mr. Yashwinder Kapil, GRIID Chandigarh
- Mrs. Poonam Lal Chaudhary, Discover Ability, Mohali, Punjab
- Mr. Neelratan Ohdar, Rehabilitation Practitioner, Kurukshetra
- Mr. Manish Aggarwal, Special Olympics

Participation: In total around 386 delegates and Resource persons from states (Haryana, Punjab, Chandigarh, Delhi, Gujarat and Maharashtra) participated in this Regional Parents Meet.



Programme is inaugurated by Mrs. Uma Sudha, Chairperson, Municipal Council, Thanesar



Dainik Bhaskar News Paper, 29th April 2018

आशादीप मिड वे होम में दिव्यांगों को मिलेंगी आधुनिक सुविधाएं, डीसी ने किया शुभारंभ

समाज कल्याण के लिए आशादीप संस्था कर रही है सराहनीय काम : फुलिया

भास्कर न्यूज़ | कुरुक्षेत्र

डीसी डॉ. एसएस फुलिया ने कहा कि समाज कल्याण के लिए आशादीप संस्था सराहनीय कार्य कर रही है। इस संस्था के योगदान को कभी भुलाया नहीं जा सकता है। वे शनिवार को खेड़ी मारकंडा के पास आशादीप संस्था के मिड वे होम के शुभारंभ पर बोल रहे थे।

इससे पहले डीसी डॉ. फुलिया, विधायक सुभाष सुभा, भाजपा प्रदेश कार्यकारिणी के सदस्य जय भगवान शर्मा, संस्था के अध्यक्ष डॉ. जेपी केसरी, अमरजीत सिंह आनंद, प्रो. एसके गुप्ता ने विधिवत रूप से मिड वे होम का उद्घाटन किया। विधायक व डीसी ने मिड वे होम के प्रशासनिक ब्लॉक, हॉस्टल, डेयरी फार्म, खूब फार्म आदि का अवलोकन किया। उन्होंने कहा कि



कुरुक्षेत्र | खेड़ी मारकंडा के पास आशादीप संस्था के मिड वे होम का शुभारंभ करते विधायक सुभाष सुभा व अन्य।

दिव्यांगों की देखभाल करना सबसे बड़ी सेवा है। दिव्यांग बच्चों को भी सामान्य बच्चों की तरह जीने का अधिकार है। विधायक सुभाष सुभा

ने कहा कि जो व्यक्ति अपने मां बाप से आशीर्वाद लेता है, वह व्यक्ति जीवन के हर लक्ष्य को हासिल कर लेता है। इस संस्था के लोगों ने

थानेसर में दिव्यांगों के लिए देश का सर्वोत्तम संस्थान बनाकर एक सराहनीय कार्य किया है। संस्था को सरकार व प्रशासन की तरफ से पूरा सहयोग किया जाएगा। भाजपा प्रदेश कार्यकारिणी सदस्य जय भगवान शर्मा ने कहा कि दिव्यांगों को बेहतर सुविधा मुहैया करा संस्था उन्हें जीवन में आगे बढ़ा रही है। कार्यक्रम में ईरू चसवाल, अमरजीत सिंह सहित अन्य लोगों ने अपने विचार व्यक्त करें। कार्यक्रम में एसके गुप्ता ने मेहमानों का आभार व्यक्त किया। मीके पर करनल बाबा, नीना, संगीता जैन, संगीता राठी, भास्कर दुबे, जिला परिषद की उपाध्यक्षा परमजीत कश्यप, ब्लाक समिति के वाइस चैयरमैन सोमनाथ सैनी, पार्षद विशाल शर्मा, जिला समाज कल्याण अधिकारी सुरजीत कौर, सरपंच अग्निज पाल कश्यप मौजूद थे।

दिव्यांगों के लिए आशादीप मिड-वे होम का उद्घाटन

अमर उजाला न्यूज
कुरुक्षेत्र।

उपायुक्त डॉ. एसएस फुलिया ने कहा कि समाज कल्याण के लिए आशादीप संस्था सराहनीय कार्य कर रही है। इस संस्था के योगदान को कभी भुलाया नहीं जा सकता है। इस प्रकार की संस्थाएं समाज के लोगों को प्रेरणा देने का काम करती हैं, इसलिए समाज के अन्य लोगों को समाजसेवा के लिए आगे आना चाहिए।

वे शनिवार को खेड़ी मारकंडा के पास आशादीप संस्था के मिड-वे होम का शुभारंभ करने के बाद लोगों को संबोधित कर रहे थे। इससे पहले उपायुक्त, विधायक सुभाष सुधा, भाजपा प्रदेश कार्यकारणी के सदस्य जय भगवान शर्मा, संस्था के अध्यक्ष डॉ. जेपी केसरी, अमरजीत सिंह आनंद, प्रोफेसर एसके गुप्ता ने मिड-वे होम का उद्घाटन किया। इस दौरान उपायुक्त ने मिड-वे होम के प्रशासनिक ब्लॉक, होस्टल, डेयरी



आशादीप मिड वे होम का उद्घाटन करते डीसी और विधायक सुभाष सुधा

फार्म, खूब फार्म सहित अन्य कक्षों का अवलोकन किया।

उपायुक्त ने गांवों को चारा भी खिलाया। विधायक सुभाष सुधा ने कहा कि इस संस्था के लोगों ने धनसे हलका में दिव्यांगों के लिए देश का सर्वोत्तम संस्थान बनाकर एक सराहनीय कार्य

किया है। इस संस्था को सरकार व प्रशासन की तरफ से पूरा सहयोग किया जाएगा। भाजपा प्रदेश कार्यकारणी सदस्य जय भगवान शर्मा ने कहा कि दिव्यांगों का पालन-पोषण करना सबसे कठिन कार्य है, इसलिए संस्था के योगदान को कभी भुलाया नहीं जा सकता है।

विधायक ने कहा-संस्था के लोगों ने दिव्यांगों के लिए संस्थान बनाकर एक सराहनीय कार्य किया

संस्था के संचालक डॉ. जेपी केसरी ने कहा कि इस संस्था में ट्रेनिंग सुपरवाइजर, 24 घंटे चिकित्सक, मेडिकल सुविधा, शिक्षा, डांस, ड्रामा, संगीत, आर्ट, योग, जिम, हावी सेंटर सहित तमाम प्रकार की आधुनिक सुविधाओं की व्यवस्था की गई है। इसके अलावा डेयरी, फार्मिंग व सुरक्षा की व्यवस्था के पुख्ता इंतजाम किए गए हैं।

इस मौके पर करनल बाबा, नीना, संगीता जैन, संगीता राठी, भास्कर दुबे, जिला परिषद की उपाध्यक्ष परमजीत कश्यप, ब्लॉक समिति के बाइस चेयरमैन सोमनाथ सैनी, पार्षद बिशाल शर्मा, जिला समाज कल्याण अधिकारी सुरजीत कौर, सरपंच अंजिज पाल कश्यप मौजूद थे।

समाज कल्याण के लिए आशादीप कर रही सराहनीय कार्य : फुलिया

जगमन संवाददाता, कुरुक्षेत्र : उपायुक्त डॉ. एसएस फुलिया ने कहा कि समाज कल्याण के लिए आशादीप संस्था सराहनीय कार्य कर रही है। इस प्रकार की संस्थाएं समाज के लोगों को प्रेरणा देने का काम करती हैं। समाज के अन्य लोगों को भी ऐसी संस्थाओं से सीख लेकर समाज सेवा के लिए आगे आना चाहिए।

वे शनिवार को खेड़ी मारकंडा के पास आशादीप संस्था के मिड वे होम का शुभारंभ करने के उपरांत लोगों को संबोधित कर रहे थे। इससे पहले उपायुक्त डॉ. एसएस फुलिया, विधायक सुभाष सुधा, भाजपा प्रदेश कार्यकारणी के सदस्य जय भगवान शर्मा, संस्था के अध्यक्ष डॉ. जेपी केसरी, अमरजीत सिंह आनंद, प्रो. एसके गुप्ता ने विधिवत रूप से मिड वे होम का उद्घाटन किया और दीप शिक्षा प्रज्वलित कर कार्यक्रम का आगाज किया। इस दौरान उपायुक्त ने मिड वे होम के प्रशासनिक ब्लॉक, होस्टल, डेयरी फार्म, खूब फार्म सहित अन्य कक्षों का अवलोकन किया और उपायुक्त ने गांवों को चारा भी खिलाया।

उपायुक्त ने संस्था के संस्थापक डॉ. जेपी केसरी व टीम के सदस्यों को बधाई देते हुए कहा कि दिव्यांगों को देखभाल करना सबसे बड़ी सेवा है। इस संस्थान में देश के जोने से कोने दिव्यांग बच्चों की शिक्षा व प्रशिक्षण देने का काम किया जा रहा है। इन विशेष बच्चों को प्रशिक्षण देने के लिए नियुक्त



आशादीप संस्था द्वारा तैयार मिड वे होम के उद्घाटन अवसर पर सरस्वती वंदना करते विशेष बच्चे।

डीसी डॉ. एसएस फुलिया व विधायक सुभाष सुधा ने किया आशादीप मिड वे होम का उद्घाटन, इस होम में दिव्यांगों को मिलेगी सुविधाएं

शिक्षकों का होना जरूरी है। विधायक सुभाष सुधा ने कहा कि जो व्यक्ति अपने भी बाप से आशीर्वाद हाथिल करता है वह व्यक्ति जीवन के हर लक्ष्य को हासिल कर लेता है। इस संस्था को सरकार व प्रशासन की तरफ से पूरा सहयोग किया जाएगा। भाजपा प्रदेश कार्यकारणी सदस्य जय भगवान शर्मा ने कहा कि दिव्यांगों का पालन पोषण करना सबसे कठिन कार्य है।

विज्ञान और नई तकनीक के सहयोग से तैयार किया भवन संस्था के संचालक डॉ. जेपी केसरी ने मिड वे होम नई तकनीक और वैज्ञानिक सोच के साथ तैयार किया गया है। यह होम खासकर दिव्यांग बच्चों की जरूरतों के हिसाब से तैयार किया गया है। इसमें ट्रेड सुपरवाइजर, 24 घंटे चिकित्सक, मेडिकल सुविधा, शिक्षा, डांस, ड्रामा, संगीत, आर्ट, योग, जिम, हावी सेंटर सहित तमाम प्रकार की आधुनिक सुविधाओं की व्यवस्था की गई है।

इस संस्था से दिव्यांगों को मिलेगी आधुनिक सुविधाएं

खेड़ी मारकंडा में उपायुक्त और विधायक ने किया आशादीप मिड वे होम का उद्घाटन

प्रशासनिक ब्लॉक, होस्टल, डेयरी फार्म, खूब फार्म सहित अन्य कक्षों का भी अवलोकन किया।

हरिभूमि न्यूज : कुरुक्षेत्र

उपायुक्त डॉ. एसएस फुलिया ने कहा कि समाज कल्याण के लिए आशादीप संस्था सराहनीय कार्य कर रही है। इस संस्था के योगदान को कभी भुलाया नहीं जा सकता है। इस प्रकार की संस्थाएं समाज के लोगों को प्रेरणा देने का काम करती हैं, इसलिए समाज के अन्य लोगों को समाजसेवा के लिए आगे आना चाहिए। वे शनिवार को खेड़ी मारकंडा के पास आशादीप संस्था के मिड वे होम का शुभारंभ करने के उपरांत लोगों को संबोधित कर रहे थे। इससे पहले उपायुक्त, विधायक सुभाष सुधा, भाजपा प्रदेश कार्यकारणी के सदस्य जय भगवान शर्मा, संस्था के अध्यक्ष डॉ. जेपी केसरी, अमरजीत सिंह आनंद, प्रोफेसर एसके गुप्ता ने विधिवत रूप से मिड वे होम का उद्घाटन किया और दीप शिक्षा प्रज्वलित कर कार्यक्रम का आगाज किया। इस दौरान उपायुक्त



कुरुक्षेत्र। आशादीप मिड वे होम का उद्घाटन करते व सरस्वती वंदना करने वाले दिव्यांग बच्चे।

सरकार व प्रशासन करेगा पूरा सहयोग

विधायक सुभाष सुधा ने कहा कि जो व्यक्ति अपने भी बाप से आशीर्वाद हाथिल करता है वह व्यक्ति जीवन के हर लक्ष्य को हासिल कर लेता है। इस संस्था को सरकार व प्रशासन की तरफ से पूरा सहयोग किया जाएगा। भाजपा प्रदेश कार्यकारणी सदस्य जय भगवान शर्मा ने कहा कि दिव्यांगों का पालन पोषण करना सबसे कठिन कार्य है।

उपायुक्त ने गांवों को चारा भी खिलाया। विधायक सुभाष सुधा ने कहा कि इस संस्था के लोगों ने धनसे हलका में दिव्यांगों के लिए देश का सर्वोत्तम संस्थान बनाकर एक सराहनीय कार्य



दिव्यांगों की आधुनिक सुविधाओं की व्यवस्था

संस्था के संचालक डॉ. जेपी केसरी ने मिड वे होम नई तकनीक और वैज्ञानिक सोच के साथ तैयार किया गया है। यह होम खासकर दिव्यांग बच्चों की जरूरतों के हिसाब से तैयार किया गया है। इसमें ट्रेड सुपरवाइजर, 24 घंटे चिकित्सक, मेडिकल सुविधा, शिक्षा, डांस, ड्रामा, संगीत, आर्ट, योग, जिम, हावी सेंटर सहित तमाम प्रकार की आधुनिक सुविधाओं की व्यवस्था की गई है।

इस मौके पर करनल बाबा, नीना, संगीता जैन, संगीता राठी, भास्कर दुबे, जिला परिषद की उपाध्यक्ष परमजीत कश्यप, ब्लॉक समिति के बाइस चेयरमैन सोमनाथ सैनी, पार्षद बिशाल शर्मा, जिला समाज कल्याण अधिकारी सुरजीत कौर, सरपंच अंजिज पाल कश्यप मौजूद थे।

प्रशिक्षण देने का काम किया जा रहा है। इसके लिए विशेष प्रशिक्षण की आवश्यकता होती है। सामान्यतः के अनुसार इन बच्चों का संस्कार देने के लिए नियुक्त शिक्षकों को होना जरूरी है। इस काम को आशादीप संस्था संभाले कर रही है। यह सामान्यतः देते हुए जरूरी काम कि दिव्यांग बच्चों को भी सामान्य बच्चों की तरह जीने का अवसर है। सुशिक्षित इन बच्चों को भविष्य के लिए और इन की भावनाओं की सुरक्षा भी जरूरी है। इस संस्था को प्रशासन की तरफ से हर संभव सहयोग दिया जाएगा।

दिव्यांग बच्चों के अभिभावकों को बदलना होगा व्यवहार

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मिड वे होम में आयोजित कार्यक्रम में अभिभावकों के सवाल का जवाब देते विशेषज्ञ।

जागरण संवाददाता, कुरुक्षेत्र : मिड वे होम में आयोजित उत्तर क्षेत्रीय पैरेंट्स मीट में पहुंचे विशेषज्ञों ने मानसिक दिव्यांग बच्चों को बदलने से पहले उनके अभिभावकों को अपने व्यवहार में बदलाव लाने की सलाह दी है। उन्होंने कहा कि अभिभावक अपने व्यवहार में बदलाव कर उनकी जीवन शैली में कई तरह के सुधार ला सकते हैं। विशेषज्ञों ने ऐसे अभिभावकों की जिज्ञासा को शांत करते हुए कहा कि वह अपने बच्चों के साथ सामान्य बच्चों जैसे ही व्यवहार करें। ऐसे बच्चों के साथ अलग से व्यवहार करने पर कई बार परिस्थितियां बिगड़ जाती हैं और बच्चा जिदी हो जाता है। दिल्ली के मुस्कान संस्थान से पहुंची ट्रेनर आभाकरण ने

कार्यक्रम

- मिड वे होम में आयोजित उत्तर क्षेत्रीय पैरेंट्स मीट में दिया प्रतिक्षण
- देश भर से आए 18 विशेषज्ञों ने शांत की ऐसे अभिभावकों की जिज्ञासा

कहा कि हमें ऐसे बच्चों को भी जिम्मेदारी देकर देखना होगा और इससे पहले हमें उन्हें जिम्मेदारी देने के लायक बनाते हुए इसके लिए तैयार करना होगा। इन बच्चों के लिए सबसे ज्यादा जरूरी किसी ऐसे काम की तलाश करना है जिसे वह आसानी से कर सकता हो।

इस काम के बेहतर परिणाम लाने के लिए समूह तैयार किए जा सकते हैं। इन



मिड वे होम में आयोजित कार्यक्रम में उपस्थित अभिभावक व अन्य।

समूहों को क्षमता के हिसाब से काम रीति जा सकते हैं। वह मानसिक दिव्यांग बच्चों के लिए आसान होगा है।

ट्रेनर सुरेंद्र सिंह ने कहा कि मानसिक दिव्यांग बच्चों के लिए खूले में भी काम उपलब्ध हैं, लेकिन इनमें उन्हें कठिनाइयों का सामना करना पड़ता है। लेकिन अगर हम संगठित होकर किसी एक समूह के लिए काम की तलाश कर उन्हें इससे जोड़ेंगे तो बदलाव और सुधार आसानी से होगा।


इस तरह के समूह बनाकर शुरू किए गए काम ज्यादा सफल हो रहे हैं। मिड वे होम के प्रबंध निदेशक जैपी केशरी ने कहा कि व्यवहारिक प्रबंधन ना कर पाना अभिभावकों के लिए सबसे बड़ी समस्या

बनी हुई है। ऐसे बच्चों को मुख्य धारा से जोड़ने के लिए व्यवहार प्रबंधन पर ध्यान देना होगा।

कई बार बच्चों को शुरूआती दिनों में उचित शिक्षा ना मिलने पर भी दिक्कत बढ़ जाती है। परिवार संस्था के अध्यक्ष सेवानिवृत्त कर्मोडर श्रीरंग एन बिजुल ने कहा कि इसके लिए संगठित होना जरूरी है। संगठित होकर जिला स्तर पर कमेटियां बनानी होंगी, जो समय-समय पर इस क्षेत्र में हुए सुधारों की पड़ताल करेंगे। इस तरह के प्रयास से ही सुधार हो सकता है। इस मौके पर आयोजित कार्यक्रम में पहुंचे विशेषज्ञों ने अभिभावकों के सवालों का जवाब देकर उनकी जिज्ञासा को भी शांत किया।


LIST OF STUDENT – 2018-19

S.NO.	Name Of Student	Father's Name	D.O.B	Disability
1	Rippen Garg	Sh. Om Prakash Garg	22-7-1986	ID
2	Jashpal Singh	Late Sh. Surjeet Singh	17-1-1981	ID
3	Shivam	Dr. Bhupinder Singh	6-1-1992	ID
4	Deepak Krundu	Sh. A.K. Krundu	8-3-1983	ID
5	Deepak Punjabi	Late Sh. Harish L. Punjabi	1-1-1975	ID
6	Chandresh Bakshi	Sh. Satish Bakshi	31-10-1983	ID
7	Umesh Grover	Late Sh. G.M.Grover	1-11-1974	ID
8	Puneet Alagh	Sh. Raj Kumar Alagh	16-12-1976	ID
9	Vaibhav Thukral	Sh. N.K.Thukral	15-5-1988	ASD
10	Shakti Dhamija	Sh. A.K.Dhamija	31-1-1986	ASD
11	Praveen Talwar	Sh. M.L.Talwar	22-8-1964	ID
12	Harish Aggarwal	Sh. Laxmi Kant Aggarwal	17-7-1977	ID
13	Nand Kishore	Late Sh. Suresh Chand	10-11-1989	ID
14	Robin Garg	Sh. Subhash Chand Garg	16-6-1989	ID
15	Ashu	Sh. Ragunathan	22-8-1972	ID
16	Nishit Anand	Sh.K.D.Anand	13-4-1990	ASD
17	Mohit Soni	Sh. Vijay Raj Soni	10-1-1985	ID
18	Gurucharan Singh	Sh. Dayal Singh	4-11-1984	ID
19	Mohit Sharma	Dr.H.K.Sharma	6-3-1994	ID
20	Raju	Sh. Ram Gopal	14-11-1973	ID
21	Ankur Parasar	Sh. Sunil Kumar Parasar	15-7-1993	ASD
22	Deepak Sharma	Sh. Sudarsan Sharma	10-12-1966	ID
23	Prateek Aggarwal	Sh. Anup Aggarwal	5-4-1986	ID
24	Gagan Seth	Sh. Arun Seth	3-5-1981	ID
25	Yogesh Dureja	Late Sh. R.S. Dureja	14-10-1981	ID
26	Gagan Mukhija	Sh. Tarveen Mukhija	22-4-1995	ID
27	Chetan Vats	Late Sh. Mahendar Vats	24-7-1981	ID
28	Rahul Taneja	Sh. G.S Taneja	19-11-1976	ID
29	Pranav Saxena	Sh. R.S. Saxena	1978	ID
30	Rohit Sindhi	Sh. Ramesh Sindhi	1-4-1990	ID
31	Ajay Sharma	Late Sh. P.D.Sharma	23-3-1963	ID
32	Vineet Aroda	Sh. Satish Kumar Aroda	7-6-1986	ID
33	Lavkesh Gera	Sh. Lalit Kumar Gera	29-8-1983	ASD
34	Raunak	Sh Gurvinder Singh	13-2-2001	ASD
35	Manpreet Singh Bhasin	Smt.Manjit Kaur Bhasin	24-5-1976	ID
36	Akshat Saran	Sh. Amar Kirti Saran	2-2-1993	ID
37	Mitali Wadhi	Late Sh.Saroj Kumar Wadhi	18-1-1979	ID
38	Bhawna Kumar	Mr.Naresh Kumar	23-3-1984	ASD
39	Babli Arora	Sh.Shyam Sunder	26-12-1965	ID
40	Sujata Das	Sh.Bhaktosh Das	28-7-1980	ID
41	Kanika Sharma	Late Dr.A.K Sharma	23-10-1997	ID
42	Sonia	Shri Baldev Raj	19-1-1980	ID
43	Tajinder Kaur	Late Sh. R.S Chaudhar	05-12-1964	ID
44	Ruby Khambra	Sh.Ram Parkash Khambra	03-09-1983	ID

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(Reg. No. 59, Year 2008-09) Kurukshetra

LIST OF STUDENT – 2018-19

45	Nimmy Chatrath	Late Sh Ranvir Kumar	17-01-1987	ID
46	Kanika Chaudhary	Sh. Brij Mohan Chaudhary	18-09-1992	ID
47	Sumila Dhingra	Sh. Darshan Dhingra	11-8-1975	ID
48	Mikku Chaswal	Sh. Ashwini Kumar Chaswal	07-12-1983	ID
49	Smt Sudha	Late Sh-Jagdish Prasad Garg	15-6-1975	ID
50	Satish Kumar	Late Sh.Raja Ram Aggarwal	---1989	ID
52	Sanchit Kumar	Late Sh-Gulshan Kumar	11-02-1998	ID
53	Ishan Shrivastva	Sh. Niraj Shrivastva	07-02-2003	ASD
54	Nabh Aggarwal	Dr. Naveen Aggarwal	04-07-2004	ASD
55	Arshinder Ahuja	Sh-Haminder Ahuja	1-12-1997	ASD
56	Amit Singla	Sh Som Parkash Singla	12-11-1982	ID
57	Animesh Gupta	Sh-Ajay Gupta	22-2-1998	ID
58	Yatik Kumar	Sh-Jatinder Kumar	14-07-2000	ASD
59	Raunak Bhatia	Sh-Inder Pal Singh Bhatia	02-04-1997	ASD
60	Siddharth Sahu	Sh. Sujit Kumar Sahu	19-12-2002	ASD
61	Rohit Raj	Sh- Manoj Kumar Singh	21-6-2005	ASD
62	Anshul Kumar	Late Sh-Sharad Kumar	26-01-2002	ID
63	Zubin Asad	M.Asaduddin	15-09-1993	ASD
64	Rohit	Late Sh-Vijay Kumar Gupta	03-04-1980	ID
65	Shoubhik Biswas	Sh-Sukumar Biswas	22-5-1999	ASD
66	Jatin	Sh-Jagdish Arora	13-12-1988	ID
67	Rishabh Bhardwaj	Sh-Pramod Kumar Bhardwaj	27-06-2002	ID
68	Ruman Singh Sikka	Sh-Jogdesh Singh Sikka	18-12-1998	ASD
69	Nittin Sachdeva	Sh-Ashok Kumar Sachdeva	01-04-1975	ID
70	Saieesh Kapoor	Sh-Neeraj Kapoor	02-02-2002	ASD
71	Nishant Kapoor	Sh-Sudhir Kapoor	17-03-1983	ID
72	Nishant Arora	Sh-Subhash Chand Arora	17-09-1988	ID
73	Rajat Singh	Sh-Braj Mohan Singh	22-04-1997	ID
74	Vencel D,Souza	Sh Victoredward D,Souza	07-03-2003	ASD
75	Anurag Sharma	Late Sh-Jay Bhagwan Sharma	02-05-1968	ID
76	Tinu Vaish	Late Sh-Rajesh Vaish	08-11-2002	ASD
77	Sparsh Shinghal	Sh-Piyush Kumar Shinghal	12-03-2005	ID
78	Animesh Pandey	Sh-Vibhash Kumar	19-08-2004	ASD
79	Dipanshu Dhingra	Mr Sunil Dhingra	01-10-1993	ASD
80	Amit Kumar	Sh-Anil Kumar	11-04-1994	ID
81	Agam Vashisht	Mr Vivek Vashisht	12-02-2004	ASD

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