

SHAURYA FOUNDATION TRUST

ANNUAL REPORT – 2019-2020

Vision – The Shaurya Foundation Trust works vision is to **enable economic development and independent living of persons with disabilities**

Mission - Aspire, aim, and achieve a holistic growth in persons with disabilities , enable them into **employable, empowered and independent human beings that become contributing members of the society**

SHAURYA FOUNDATION TRUST (SFT) is an active endeavour of Mr. Ravi and Mrs. Rani Gupta to create an army of intellectually challenged adults with specializations, who can help themselves and others in sustaining and living a respectable life.

SFT was established in 2010, when Mr. Ravi and Mrs. Rani Gupta realized that the money, the security and the nourishment they'd given their only son, Shaurya would be next to nothing once they passed away. They set out to form a community, a group of like-minded individuals who could use his skills, and complete him where he lacked. The Shaurya Foundation Trust was launched with the aim of achieving holistic development and facilitating them into employable, empowered and independent human beings who become contributing members of the society.

The Foundation launched its initial project in Delhi- a vocational training and therapy based skilling centre in 2011 with a team of professionals. The Centre created individualized training modules for skill enhancement and quickly established vocational training programmes in stationary making, bakery, art based activities, bead work etc.

The Delhi Centre was also to establish the groundwork the Palwal Centre where the Independent Living Programme was to be set up fulfilling all the objectives of the Foundation.

MESSAGE BY THE CHAIRMAN

Dear Friends

This year the foundation of the Independent Living Programme was laid with new team members joining and strengthening the efforts. Ms Arpita Yadav was welcomed to the Shaurya family and under her guidance we are sure the SFT programme will prosper.

It is the sincere and diligent work of the team that has strengthened us and today we can see the outcomes. Be it processes, training programmes or the skills of our trainees- every aspect the SFT has grown.

The mission now is to work on self sustenance and establishing a model that can benefit maximum number of persons with challenge. SFT is open to trying various models and keen on partnerships with other NGO's or professional organisations. The future in our view is to integrate skills and build inclusive work spaces. The identity of a person should be his skills not his limitations, economic status, religion or regional background.

We are sure that together we can achieve this. The Palwal project is a project which belongs to each and everyone who believes in equality and wants to create a new path for the disability sector.

Look forward to working together.

Ravi Gupta

AT A GLANCE- THE YEAR GONE BY

Year 2019 – 2020	National Trust Disabilities	Total Number
Shaurya Centre Ashram New Delhi		
Work transition training in various vocations Photography Bakery Cafe Art Centre Computers Therapies	Autism Intellectual Challenge (Mental Retardation) CP Multiple Disabilities	30 regular trainees
TEEJ & Diwali Meals <ul style="list-style-type: none"> • Products made in the centre showcased • Awareness of skills and talents • Creating awareness about disabilities 	Autism Intellectual Challenge (Mental Retardation) CP Multiple Disabilities	30 students and their families attended along with 200 other members of the general public
Photography Job work	Autism Intellectual Challenge	3 photography interns are part of the team doing catalogue shooting work for MESH
Online training and sales	Autism Intellectual Challenge	Products of the centre are on online sales
Shaurya Foundation Trust Palwal		
Skill Training started at our SFT Palwal Centre	Autism Intellectual Challenge (Mental Retardation) CP Multiple Disabilities Slow learners	20 students
Independent Living Camp	Autism Intellectual Challenge (Mental Retardation) CP Multiple Disabilities	20 of our students 2 nights 3 days camps 6 students from Step by Step school also participated in a one night camp

Activity Wise Year 2019-2020

		
<p>Packaging Training Date: 07-10-2019</p>	<p>Cafe Date: 23-05-2019</p>	<p>Photography Date: 03-09-2019</p>
		
<p>Mathi Making Date: 17-09-2019</p>	<p>Palwal Camp Date: 12-09-2019</p>	<p>Bakery Date: 30-09-2019</p>
		
<p>Computer Date: 03-09-2019</p>	<p>Dance Date: 07-06-2019</p>	<p>Sports Cricket Date: 22-11-2019</p>
		
<p>Stationary Making Date: 20-01-2020</p>	<p>Diya Painting Date: 16-09-2019</p>	<p>Sale Skill Date: 15-01-2020</p>

Year 2019-2020

Shaurya Foundation Trust had a very rewarding year with the Independent Living Programme taking shape and the young people (our trainees) actively guiding us in ensuring that the Independent Living Programme is not only a programme for our students but also is a programme by them.

Inauguration of Shaurya Bakery products kiosk at the Delhi High Court Canteen-

The Delhi High Court Canteen is a popular spot for all of Delhiites who visit the courts and getting a kiosk there is a strong endorsement for Shaurya Foundation and its mission. Five of the High Court judges attended the event and spoke highly of work done and assured us of their support.

This kiosk is the third sale avenue that we have put up in addition to the ones at Select City Mall and HMT Mall at Mehrauli.

These outlets help us to smoothen out the production lines and most importantly sensitize people about the skills and capacities of persons with intellectual challenge.

Photography Unit

Lumix Workshop and Shoot

The photography unit under the guidance and training of Arpit Sir was much appreciated and gained acclaim. LUMIX team shortlisted our project and approached us to make a documentary on our work. The documentary followed the journey of our photography unit through Arpit Sir and the remarkable journey he had as a person with hearing impairment teaching persons with intellectual challenge and the photography becoming the medium through which they could express themselves better.

The documentary making was a long but a satisfying process and was launched on the social media where it was much liked and appreciated.

The Virohan Students Photo Shoot

The Shaurya Photography trainees organised a photo shoot for the Virohan students at Palwal. The event was to encourage peer interaction amongst the students and also to encourage better grooming for the Virohan students and a chance for photography trainees to better their skills at models photography.

The event was a great success as the Virohan students started to dress better post the workshop and the pictures were good enough for us to use as posters and pamphlets to promote the project.

Other than this the photography unit covered all the events at Shaurya and almost all the pictures in our newsletter are done by the trainees who are part of the ENABLED PHOTOGRAPHY UNIT.

MESH Photography Workshop at Rajpur

Arpit Sir was invited by our client MESH to do a photography workshop at Rajpur for all its artisans and NGO members. The idea was to train them in photography skills so that they could better their online sales. As better pictures make better sales. Arpit sir was accompanied by Mr Ashutosh who acted as an interpreter as Arpit Sir cannot speak and communicates through signs and gestures.

The workshop was a great success at all levels.

INCLUSION AND COMMUNITY OUTREACH

The focus this year was to reach out to the community at large specifically at Palwal and also create opportunities for inclusion and integration for our trainees, their families and also our mission for empowerment and independent living.

The Diwli celebrations at Palwal our students shined in the cultural events – performing dance, fancy dress and small skits. The most interactive session was the quiz on Ramayan and was well participated by the audience. The Palwal District CJM Mr Piyush Sharma, graced the occasion and was very impressed by the spirit of the trainees to achieve the best that they can, to never give up. He also interacted with the parents and the SFT staff and complimented them for their dedication and sincere work.

DIWALI SALE – The team stretched itself and put up 14 stalls all over Delhi and especially Palwal region. The Palwal team worked late into the night on stalls in Diwali melas and we made good sales in Delhi and Palwal. The whole effort was ofcourse baked by untiring effort of our trainees who perfected more skills and diligently hand decorated each and every diya, handmade each mathi and cookie, hand crafted each stationary item.

The feedback from all our customers was positive as they not only appreciated the efforts of the trainees but also were impressed by the quality and consistency of the products.

The Diwlai Mela at Delhi Centre was a grand affair with all the team members excelled in decorating the premises and setting up the stalls. The trainees were specifically groomed for the sale and snack counters. This was the first Diwali Mela were the cafe unit put up a sale stall. The stall was managed by Ms Arunima and the mouth watering menue of idli chat, gol gappas, paan shots, chessy dip with lavash, pizza slices and stuffed buns fresh from the oven.

The event was supported by an advocates volunteers who came bearing gifts for the trainees and hosted all the fun sports and photography stall that were put up. A big thankyou is due towards Ms Mamta Rani and her team who added to the event in multiple ways.

TEEJ UTSAV- This year the focus was on highlighting our students skills and all rakhis, loombas , bead work and stationary items made were a testimonial to their improved skills. The designs and products were much appreciated and we had a record sale.

Designer stationary was introduced in our product range and that particularly did very well during the sale.

SPOPRTS PROGRAMME –

The Sports Programme at Palwal grew under the guidance of our Occupational Therapist Dr Shamim Alam and Sports Coach Ganga Sir. The programmes focus is on building motor skills and personality development. The enthusiastic approach of Ganga Sir has motivated all our students to shed their inhibitions

and participate in sports classes, yoga and dance. The fun sports have helped the students to improve in motor coordination, cooperation and confidence. Another by product of the programme has been better discipline of the students. Infact, parents have reported improved motivation to attend their sessions and do work at home as well.

Inclusive Cricket Match – The Shaurya XI invited Etasha XI for a cricket match. Etasha is an NGO which works for skill development in the Janoli, Palwal. The NGO has a big presence in the Palwal region and supportive of SFT mission. The students from Etasha have been regularly visiting us at Palwal centre and have been sensitised to disability and disability related issues.

The cricket match was an effort to promote inclusiveness and sensitization and was successful on both accounts. Both teams were integrated teams with a few players from Shaurya and others from Etasha. The boys mingled easily and the teams played competitively but in the spirit of fair play.

INDEPENDENT LIVING PROGRAMME-

The Independent Living camps duration increased and all our students from Delhi including girls attended the camps. Starting from 2 days 1 night camps this year we hosted 4 days and 3 nights camps. The trainees were well prepared for this and the results were visible to parents as they reported better skills in activities of daily living, more confidence and enhanced self reliance. The food and diet related issues also showed improvement.

Step by Step School Camp – SFT had it first camp with SBS NOIDA SEN Department in December. 7 students from SBS came for a 2 nights and 3 days stay at ILP, Palwal. The camp was the first experience for many of the students but they seemed well prepared and the enjoyed their stay. The team had worked in collaboration with the SBS team to design a meaningful and productive stay for the boys. The visit had to be cut short due to rioting in Delhi but the teams coordinated well and all the students reached home safely. Most commendable was the adaptability the students showed in coping with plans and schedule changes. Bharti Mam and Vijay Sir from the SFT Team

did an excellent job in hosting the guests and received raving reviews from them.

The Camps have been like a pilot for the launch of the Independent Living Programme as we have ironed out the services and the programmes.

Virohan & Shaurya Foundation Trust Partnership

The Palwal project was envisioned with setting up services that can be self sustained. One of the vertices is to set up business partnerships so that we broaden the horizon of skills our trainees may learn and also open up career choices for them.

Virohan is a not for profit organisation which works on skilling for the medical sector. The run trainings in 24 courses and has centres PAN India. Virohan has presence in Haryana and Palwal region also. SFT also believes that this partnership will also SFT to gain recognition as a skilling centre and will also promote community participation and inclusion. SFT initiated two batches of Operation Theatre Technician, total 37 students for this course. This was to be source of revenue for Shaurya but the logistics of the programme required us to relook at the project and defer it for next phase of the Palwal Project. However, the project lead to immense learnings about the local community, their interest and aptitudes also.

26 January

Maurti Sthapna – Palwal

The 26 January a Mega Picnic was organised at Palwal to thank all our supports and benefactors. Ms Arpita Yadav, ILP Director Palwal headed the organising committee and ensured a smooth running of the event. The maurthi stapanana at Palwal Campus Mandir was clubbed with this event and we a fascinating merger of the rituals and revelry.

The trainees participated in both events, Shaurya Gupta lead the students participation in both as he attended the 3 daylong event.

The picnic was grand success with over 300 people who attended the event. The team hosted fun games stalls, cricket match, bingo, musical chairs etc but

the biggest draw was the food which was Purani Delhi famous delicacies .
Simultaneously a bhandara was hosted at the Palwal campus.