



Unnikulam Po, Kozhikode, Kerala

Annual Report- 2018-19

INTRODUCION

The Healthcare Foundation is a Public Charitable Society Registered under the Registration of Societies Act XXI of 1860 having its registered office at Kozhikode popularly known as Calicut in Kerala of South India. The organisation is proudly entering into 10th anniversary in terms of social, relief and charity. As a nongovernmental organisation, the celebration of 10th anniversary will be dream come true moment to the humanitarian whom made valuable efforts in terms of physically, mentally and spiritually. This foundation is very thankful the foundation members, staff, humanity peoples, religious-social and political NGO's, government and other agencies, publics. Here I am submitting this report to the In front of Governing body members. The year was so dynamic and full of activities though there were no specific fund for certain projects. The team could work voluntarily for the sustainability of projects. Most of the projects are leading towards sustainability and it proves that our humble efforts are begin to yield results. The year's strength was on making each project sustainable.

Healthcare Foundation is a secular, non-political, non-governmental, non profitable, registered charitable organization having broad experience in uplifting the people with mental illness and intellectual disability. The thrust area of the organization includes relief operations, health camp, blood donation camps, and national integration camps for the youth, guidance and counselling, training in disaster management and medical equipments distribution.

Healthcare foundation is formed and registered under the 'Societies registration act of 1860' in the year 2010 and is affiliated to 'Indian Council of Social Welfare' Nehru Yuva Kendra' and State. Undertaking selfless service as an obligation, healthcare foundation works towards its mission of assuring individual and collective activities in the society with virtue, generosity and dedication for the betterment of its inhabitants. As you know, Healthcare Foundation working in three different streams of the society such as Karunyatheeram Special School, Community Health, and Disaster Management.

I. KARUNYATHEERAM SPECIAL SCHOOL FOR DIFFERENTLY ABLED

“A unique campus for differently abled”

Karunyatheeram Special School has been established in 2010 and registered under General Education Department, Govt. of Kerala (Reg No.806/13/17). The campus that spans around 1.5 acres in the Kattipara Grama Panchayath of Kozhikode District is well equipped with a team of trained, experienced and committed professionals in the areas of social work, special education, physiotherapy, occupational therapy, speech therapy, vocational training and child development. Karunyatheeram Special School is an adobe of innocence where the specially gifted children find a second home to spend their days just like other children. Beyond the boundaries of caste, religion, economic conditions or other barriers, every student enjoys similar care and love.



139 students are studying in Karunyatheeram special school and it's the most important activity of healthcare foundation. Physiotherapy, speech therapy and occupational therapy services are available. Trained expert teachers are working in the vocational unit. 'Rehab city' is our new project that elaborate the efficiency of Karunyatheeram special school and that under construction for 2019-2020 annual project. In addition to that we are also providing

A. Vocational Training

HCF started vocational training programme from 2010. Around 80 beneficiaries have under gone various vocational training above the age of 18 years. We provide job oriented training based on their interests and abilities which equip them to do specific jobs and become self dependent. They are being trained in fashion designing, painting, handicrafts and agriculture.

B. Job Unit

An endeavor to assist the trained students of Karunyatheeram to find a source of income to meet their daily expenses. It provides each student with a dependable engagement which gives them financial benefits as well as a sense of self dependency.

Rehabilitation Center

A venue easily accessible by the students for support and care for their entire life time whenever they are in need. It can accommodate 200 children with physical and intellectual disabilities.

ACTIVITES DONE (2018-19)

Regular services for Inmates

In Karunyatheeram special school there are 139 students are studying under SCERT special education syllabus and they are individually attending regular rehabilitation services such as Occupational therapy, Speech therapy, and Physiotherapy. All these students are frequently attending Play therapy and Dance therapy.

| Category | Boys | Girls | Special Education | Occupational Therapy | Speech Therapy | Physiotherapy | Vocational Training |
|---------------------|------|-------|-------------------|----------------------|----------------|---------------|---------------------|
| Autism | 8 | 6 | 14 | 14 | 14 | 0 | 1 |
| Multiple Disability | 3 | 2 | 5 | 5 | 2 | 5 | 2 |
| Cerebral Palsy | 3 | 2 | 5 | 4 | 5 | 5 | 2 |
| Mental Retardation | 72 | 43 | 115 | 56 | 73 | 90 | 73 |
| Total | 86 | 53 | 139 | 79 | 94 | 100 | 78 |

Parents Meeting

Karunyatheeram conducted parents meeting in every month which include awareness session on autism types, symptoms, treatments, prognosis, behaviour issues common issues they are facing, academic problems and their remedies and question answer session.

Hridayasparsham Programme

On June 12th was the opening day of 2018-19 session years. 'Hridaya Sparsham' program for Children was memorable. Wheel chair distribution also conducted on this function with the financial support of Kuwait chapter, Healthcare Foundation. 16 wheel chairs were distributed



Tours Programmes

Karunyatheeram conducted 2 tour programmes in the year of 2018-19 which are Alppuzha Excursion and Vismaya (Water theme Park) visit.



Field visits

Karunyatheeram conducted some field visits in the year of 2018-19 at Police station (Thamrassery) 13 students and 3 staff participated in this visit, Fire station (Mukkom), Deseeya Ayurvedic Pharmacy Poonoor.



Snehasangamam

'Sneha Sangamam' conducted on 1st September. Renowned Gandian and N Y P director Dr. SN Subbaravu, civil service winner Shaid Thiruvallur, famous singer Thajudheen Vadakara are visited Karunyatheeram campus.



Product Exhibition

Karunyatheeram conducted an exhibition of craft items and glass paintings which was made by our vocational unit students. This exhibition was held as the part of 'Akshrolsavam' programme conducted by Poonoor Kalasahithya Vedhi.



Exhibition at IIM

As the part 'back water' program conducted by IIM, Calicut, Karunyatheeram organized an exhibition and sales of handicraft products of our students. It was three days programme. A great support from the institution was appreciable.

Children's Day Celebration(14-11-2018)

Children's day was celebrated in association with G-tech, Thamrassery. Students of G-Tec joined with special school students in Children's day celebration of the year. There was organized a rally and some cultural programmes

World Disability Day Observation (3/12/2018)

Karunyatheeram conducted half day Awareness class on world disability day. The session mainly discussed on autism types, symptoms, treatments, prognosis, behaviour issues common issues they are facing, academic problems and their remedies. 38 Parents were actively participated in the session

Drawing Competition

Karunyatheeram organized a Drawing competition on 29th November on behalf of Palestine solidarity day observation. 25 students participated in this competition.



Christmas-New Year Celebration

Christmas-new year grandly celebrated on 29th December 2018. During this Celebration there was conducted a carol singing programme, and gift changing between New Year friends and other cultural programmes.



Awareness Programme for Parents

Parents awareness class conducted on 10th January 2019 in co-operate with Ayurveda department of Kattippara grama panchayath. The session was taken by Dr. Praveen (Ayurveda dept. Kattippara) topic was that the Importance of Ayurveda treatment in

the rehabilitation of differently abled; and gave an introduction about Kaithiri project. 85 parents were participated in this session



Students Participation In State Level Programmes
(Please give the details)

Karunyatheeram students are participated in Olympics, football tournament, art fest in the state/district levels.

Vegetable Farming

Karunyatheeram campus started organic vegetable farming with the support of Agriculture dept. Kattipara Panchayath. It was successful project in the campus. The students of vocational training centre enjoyed it much more; and its harvesting programme was inaugurated by Mr. Razak Karat (MLA, Koduvally.

II. COMMUNITY HEALTH

Day care clinic for psychiatric patients

Individuals with mental illness are taken care during the day. It gives a chance for the patients to come out of the four walls and aid in their betterment by being in a different place interacting with other people.

Ambulance Service

An ambulance service is made available to public which is accessible at anytime. This service is more likely to be helpful for impecunious and poorly patients and in emergency situations such as accident cases.



Blood Donor's Forum

HCF Monitors a team of volunteers who are willing to donate blood for patients, hospitals and blood banks in case of an emergency need of blood. HCF also facilitates the opportunity to the individuals, group of people or any voluntary organization who are willing to donate blood or to conduct a blood donation camp.

Home care

A dedicated team extending care and support to the people at their home who are in trouble because of severe illness.

Medical equipment distribution

As the part of Healthcare foundation's community health movement we providing, patient friendly equipments like wheel chairs, waterbed, walker etc are distributed to public when they are in need which is reclaimed once they recover.

SAS Community Clinic

The psychiatric clinic giving services for 40 psychiatric patientPsychiatric OP(4 days in each month), Day Care(4 days in each month), counselling services and home care and working under this clinic. The Medical Institution of MHAT Calicut giving full support for this centre.

Ambulance service, home care, blood donation ,medical instrument supply and relief activities and working efficiency under the community clinic.

III. DISASTER MANAGEMENT

Disaster Management Team Kerala

Health care Foundation is having disaster management team and trained by the specialists of different authorities for managing such difficult situations. They provide training for fire & rescue, building rescue techniques, first aid, water rescue, road safety etc. Moreover our team provides practical training for natural calamities as they are perfectly trained by professionals for managing all sorts of disasters.

The disaster management team giving many contribution to the Kerala state. The main aim of disaster management team is to help and giving training for the society.



1. In June 2018 our team supported and co-ordinated for Karinchola disaster.
2. The team also helped of Muthanga forest fire.
3. Team conducted one day training programmes for society for development of the people some of the main training centres and Sulla Musalam Arabic college GLP School Kinaloor, Malabar botanic garden ,Payyoli Higher secondary School ,Plliyothu LP School Koodaranji Grama Panchayath auditorium ,Suprabhatham, Calicut Presentstion higher secondary school etc...
4. The team conducted two days leaders training camp with the co operation of Calicut tromacare. Many people participated in this camp .The team members participated in this camp.
5. The team members participated the training programme conducted by state youth welfare board at Munnar. The team trainer Shamsudheen Akarool achieved national award. It is the one of main achievement of the last year.



GENERAL PROGRAMS

Pularvettam & Mazhyavillu



Healthcare Foundation celebrated 8 anniversary as Pularvettam attended by Hon. Minister K T Jaleel and A K Saseedran and the 9 anniversary as Mazhyavillu at Karunyatheeram Campus. Both programmes conducted with a lot of cultural events.

Kaithiri Project



The campus is selected for the project named 'Kaithiri' sponsored by Ayurvedadepartment and Kattipara grama panchayath .more than 250 students are getting the benefits of this project, the inauguration is done by the Hon. Minister E P Jayarajan.

REHABILITATION OF FLOOD VICTIMS

Healthcare Foundation have provided adequate support for flood affected victims . part renovation of their home, we provide financial support under the auspices of NANMA, an organization is run by American Malyali Association..All these are under the coordination of N. K Abdul Majeed 'NANMA' gave memento for collecting dress to North media for participating in re-build Kerala project. The State Youth Welfare Board gave special compliment for the foundation.



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CONCLUSION

I am very much thankful to all our donors, various Government departments, local authorities, visitors, NGOs, elected representatives and friends for their concern and support. My heartfelt thanks to my board of Directors for their confidence and trust bestowed on me in leading the organization successfully.

Thank you

CKA Shameer Bava
General Secretary, Healthcare Foundation
31 March 2019