



Indian Red Cross Society

ODISHA STATE BRANCH



SAHAYA

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29th ANNUAL REPORT

2020-2021



ABOUT SAHAYA

1. Organisaitnal set up of the Institute :

Indian Red Cross Society, Odisha State Branch "Sahaya" was established on 1st October, 1991. It is situated at Blood Bank Campus, Mangalabag, Cuttack.

2. Objectives :

- ◆ To Provide Educatinal Training.
- ◆ To Provide Health Care Services.
- ◆ To Provide Rehabilitation Services.
- ◆ To Provide outreach Programmes.
- ◆ To Provide Cultural Development of the Disabled and disadvantaged Children.
- ◆ To Provide parent counselling.
- ◆ To Provide home bound Programme.

3. Activities undertaken by 'Sahaya'

(a) Diagnostic Clinic

Identification Camp in the slum areas.

(b) Workshop

(c) Special School for mentally retarded Children.

There are 61 students are reading in the school. It is a non - residential school. The school opens at 10 a.m. and closes 4.00p.m. This unit is receiving Grant from the Ministry of Social Justice and Empowerment, New Delhi.

(i) Services provided at the School :

Services to the persons with disabilities by trained professionals are provided as under :

- ◆ Detailed assessment.
- ◆ Special education - as per Institutional Traing Programme.
- ◆ Physio Therapy.
- ◆ Speech Therapy.

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- ◆ Occupational Therapy.
- ◆ Music and Drama Therapy.
- ◆ Yoga Therapy.
- ◆ Physical Educational Therapy.
- ◆ Dance Therapy, Computer, Puppet show.

(ii) Special Educational Services. :

Children with mental retardation are assessed on current level of functioning in the various skill areas such as Personal, Social, Academic, Occupational, recreational skills. Parents are involved in all stages of assessment.

(iii) Home based Programme :

A programme plan is made for home based training and demonstrations are given to the parents for carrying out the skill training or therapy programme for home management.

The Institute undertakes assessment and evaluation. Covering case history taking, Physical, intellectual and developmental assessment, special educational assessment, therapeutic needs assessment and examination for home management.

(iv) Behaviour Modification Services. :

Persons with mental retardation having problematic behaviours like disobedience, head banging, self-biting, self-injuring crying and other wide variety of problematic behaviours are taken up in this service. After making detailed assessment for finding out the frequency and severity of behaviour, functional analysis is made to find out the factors influencing such behaviour programme package is made and parents are given instructions on suitable interventions in the event of occurrence of the target behaviour. Follow up is made at regular intervals to maintain the progress.

(v) Parent - Teacher Interaction :

As a part of Parent - Teacher interaction, meetings are organised at the school. The home management of the mentally retarded children is discussed with the parents. The reports on progress of the enrolled students are presented by special educators, thereby making the parents aware of the achievements of their children.

THERAPY UNIT :

There are 34 students working in the therapy unit.

(vi) Physio Therapy :

Most children with mental disability have greater health needs than the general children. They are more likely to experience mental illness and are more prone to chronic illness such as epilepsy, physical and sensory impairments along with communication difficulties. Therefore it is important for physiotherapist to have patient - centred care to these children for correction of their sensory and physical impairments.

(vii) Occupational Therapy :

Children with mental retardation develop motor skills such as sitting and walking slower than normal children. After detailed assessment, demonstration of therapeutic exercises for correcting and movement is given.

(viii) Speech Therapy :

Delayed development of speech and language is one of the features of mental retardation. Many children also present a variety of hearing defects. These clients requiring services and taken up for detailed assessment. Speech and language intervention package is developed according to the individual needs of the child. Parents are guided to carry out intervention at home under the advice of the speech therapist.

(d) Electro Therapy and Hydro Therapy :

Ultrasonic Therapy is given as a neural discomfort correction.

Physio function therapy given through Hydro Therapy.

(e) Parents Counselling :

Parents counselling is very important. The objective of this counselling is to involve the parents in the care, management and training of their children, encourage mutual support amongst parents, exchange ideas and information.

(f) VOCATIONAL UNIT :

There are 34 students working in these wing. The wing has 5 trades. Such as :

- ◆ Tailoring & Craft
- ◆ Beautician Training
- ◆ Photocopy, Spiral Binding, Lamination & Coffee vending Training.
- ◆ Plastic Production Training.
- ◆ Board File, Paper Bag, Screen Printing Training

(f) Diagnostic Clinic :

Diagnostic clinic for the spastic children, Identification camps are also organized in Slum areas of Cuttack.

(g) Cultural Wing :

Every year "SAHAYA" organizes " Festival of

the Disadvantaged and the Differently Abled" where disabled children like Blind, Deaf, Physically and Mentally Challenged children are made to perform along with other disadvantaged groups like Child labours and orphans with the normal school children to show there talents in perform visual arts.

ACTIVITY REPORT

(APRIL 2020 - MARCH 2021)

APRIL

Mask Distribution : 26.04.2020

The Mask distributed to the destitute persons at Railway Station of Cuttack by Sahaya.



Mask Distribution : 08.05.2020

The Mask distribution to the needy parents of Sahaya.

JUNE

Relief Packet Distribution : 5-6-2020

The relief packets distributed by Sampati Moda, President and the members of Lions Club Cuttack Pearl on 5th June, 2020 to parents of Sahaya due to COVID - 19 in the presence of Director, Central Red Cross Blood Bank & Branch Manager State Bank of Inida, SCB Medical Branch, Cuttack.



AUGUST

Independence day : 15.08.2020

The Independence Day, 2020 was observed at Sahaya.



SEPTEMBER



Workshop on Orchid Plantation : 4.9.2020

A workshop on Orchid Plantation was held on 4.9.2020 in the Sahaya Premis with the help of Horticulture Department, Govt. of Odisha to enable vocational students to earn livelihood.

Visit by Cine Artist : 29-9-2020

Barsh priyadarsini Ollywood Cine Artist visited Sahaya and observed various Vocational Activities done by students 29-9-2020.



OCTOBER

Inauguration of ORMAS Stall : 01-10-2020

ORMAS set a road side counter for selling of various vocational products students of Sahaya it was organised by Ollywood Cine Artist Barsha Priyadarshini, 1.10.2020.



NOVEMBER

Sishu Divas Celebration : 14-11-2021

The birthday of Jawahar Lal Nehru was celebrated in the Sahaya premises on 14.11.2021



DECEMBER

International Day for the Disable Day : 03-12-2020

International day for the disable day was observed in the Sahaya premises on 3.12.2020. On this occasion joint secretary. Ajay Kumar Tripathy, Establishment officer of Indian Red Cross Society, Odisha State Branch alongwith their staff also join in the observation. The study kits, buscuits and chocolates were distributed to students by Sampati Moda, President and the members of Lions Club Cuttack Pearl on the occasion.



JANUARY

Netaji Jayanti Celebration : 23-01-2021

The birthday of Netaji Subash Chandra Bose was celebrated in the Sahaya premises on 23.01.2021.



Exhibition & Cultural Programme : 24-01-2021

An Exhibition of Vocational products made by students of Sahaya organised by 'Sanmanita' at Sriram Chandra Bhawan, Cuttack on 24.01.2021. The Cultural Programme was performed by Sahaya students.

Republic Day : 26-01-2021

The Republic Day, 2021 was observed at Sahaya.



FEBRUARY



Special Employees National Meet 2021 : 21-2-2021

A Special Employees National Meet 2021 was held by National Institute for the Emplwarment of Persons with Intellectual Disabilities on 21st & 22nd February, 2021. A Meena Rao a student of Sahaya participated in skill competition Pettycoat making and secured 3rd prize.

