

#### SaaD

## Support All Abled Differently Working for Intellectually disabled, Cerebral Palsy, Autism , Multiple disabled Annual Report

### 2018-019

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Expansion: Our activities expanded in to two premises. One at Pooja Apartments and original at Bhave Bungalow with 8 new admissions in the age group of 5-15 and 11 older group admissions.

The new center was set up keeping in mind the visual structure that the students children (Intellectually disabled, Cerebral Palsy, Autism, Multiple disabled) were used to in their previous center. The mothers initially participated for the program and then were slowly weaned off.

Objective- **Physical fitness, Group Activity**Activity -**Yoga day**Participants – **Students and staff of SaaD** 

Yoga Day: Yoga is a step towards a better living hence SaaD had organized Yoga day on 21<sup>st</sup> of June. Students did surya namaskar and some asanas wearing Saad Tshirts under the observation of Yoga Teachers. Parents and staff joined this activity with the students.



## Avacayam

- 1. It is a project supported by Suzlon and implemented by society of child development .
- 2. SaaD is in this project from jan 2018 along with other institutes.
- 3. It is a training programme to produce and market products from flowers( nirmalaya) and waste papers.
- 4. products learned till date seed bombs, seed coasters, compost, holi colours, rangoli, agarbatti

### Avacayam

Objective - **Product Training, Teaching teachers and parents the process** 

Activity – Rangoli stencils and packing (Avacayam )

Participants- Students and teachers

Making Rangoli stencils and packing it as part of learning a new vocation and making items from recycled material.



## Social skills



Objective – **Group social skills**Activity – **Dahi-Handi celebration**Participants – **Students and staff** 

Students were taught how to make a human pyramid. Based on this concept, students were taught to break the Dahi-Handi.

For younger students, and social skills group, Dahi-Handi celebrations were with sharing lunch.

Objective – Skill building and assessing if a new vocation can be developed Activity – making Ganpati idol Participants – Students Ganpati murtis were made by each student with 'shadu mati'.

Objective – Group social skills. Activity – Ganpati celebration.

Participants – Students

- 1. Family centered social skills development- Taught the students to perform Pooja, aarti, and how to prepare and give prasad.
- 2. Visit to Karishma society for Ganpati Darshan.
- 3. Individuals with disabilities need to be taught traditional ways of celebrations, hence, use of banana leaves for lunch was introduced. All students could accept the new method of eating.

Due to the sad demise of one of our student's mother, there were no celebrations in the centers in the months of October and November.

## **Vocations and Exhibitions**

Spice chocolates were researched and developed and introduced for the exhibitions for sale and got a good response.

Objective - Group social skills/ Vocational skills

Activity - Exhibition

Participants - Students

Suzlon workshop (Avacayam activity) on Marketing and customer engagement.

SaaD participated in 5 Diwali exhibitions-

- 1. Seva sahayog at Shailesh hall
- 2. Rotary exhibition Srujan at Amber hall
- 3. Suzlon Avacayam exhibition on 23<sup>rd</sup> (avacayam and SaaD products)
- 4. Arrezzo Sky Ltd Yerwada
- 5. DSK Vishva Society Dhayri
- 6. Bhimthadi Jatra in December

An order for 200 zari-cloth envelopes was sent to the USA. This was the first order received by SaaD from outside India and it was executed successfully.

350 box- type Paper bags were also made and delivered before Diwali by students to JW consultants. This was the first time students executed such a large order within 3 days.

## **Competitions**

Got first prize in Balgeet competition at Balkalyan sanstha. The senior students helped the younger group for the performance.

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Objective – Independent living
Activity – shopping at Pune Central
Participants – Students





Objective – **Desensitization for fear of medical equipments** 

Activity – **Medical camp**Participants – **Students and staff** 

Medical camp for students, teachers, caregivers – pathology and physical exam by Dr(Mrs). Firodia and Dr. Ruchira Saxena.

One day prior to medical camp mock practice was conducted at the center by the teachers.

Objective – to participate in group physical activity
Activity – Hill climbing
Participants – Students



Students participated in Parvati hill climbing competition organized by Navkshitij. Children enjoyed the climb with other students. The children (Intellectually disabled Cerebral Palsy, Autism, Multiple disabled) were provided with water at different places in between. The children were provided snacks at the end point.



Objective - To develop confidence/ educational upgradation

Activity – Pratham Final Exam

Participants – Students enrolled for pratham exam

Pratham Final Exam was conducted by SaaD. 17 Student appeared for level A,B,C exams.



Objective – Skill Development/ Vocational training / product sale
Activity – Avacayam workshop, Making and packing holi colour powder packets
Participants – Students

Avacayam workshop was held at SaaD. In this workshop the children (Intellectually disabled, Cerebral Palsy, Autism, Multiple disabled) we taught to prepare holi colours by using flowers

Holi stall at Suzlon . The company had invited all the Avacayam NGO's to participate in the exhibition.

# Workshop and students at work (Avacayam)



Agarbatti Making





Paper Making



## **SUMMARY:**

- 1. Avacayam Recycling of used flowers into seed bombs, seed coasters, paper, organic manure, rangoli colours, dry colours. Parent representatives from Prundar Project were nominated to take the vocation ahead to the residential activities.
- 2. All year around, Shyama Prasad garden activity was introduced to enable students of Pooja center for physical activity.

Mother trainer Mrs. Zoal has been conducting yoga classes since 2017-18 and 2018-19.

- 3. Pratham Education Initiative at SaaD had 17 enrollments for the academic year 2018-19.
- 4. Two centers were combined from 1<sup>st</sup> of April 2019. Extension was built to accommodate all the students.
- 5. Mentoring of 2 orphaned challenged MDC inmates at Marriot Suites continued in the academic year.