

Madhuram Narayanan Centre for Exceptional Children
(A unit of Bala Mandir Kamaraj Trust)
18, Prakasam Street, T. Nagar, Chennai – 600 017

ANNUAL REPORT FOR 2018-19

Introduction:

Our Function - Madhuram Narayanan Centre for Exceptional Children (MNC) was established in Chennai in December 1989. It provides Early Intervention Services to children with developmental delays / mental retardation, with autistic tendencies, Cerebral palsy, Down's Syndrome, Attention Deficit Hyperactive Disorders (ADHD), Microcephaly, Hydrocephaly. Among these are also children with additional handicaps such as visual, hearing or physical impairments, as also children with brain damage due to various reasons such as antenatal / natal problems in mothers, birth asphyxia, illnesses in children during infancy and early childhood years.

Our Reach - The Center has so far provided services to over 6000 children. About 100 children are present at the center on a daily basis and receive training with their parents or caretakers. The children who receive the services from MNC come mostly from the city of Chennai and its neighborhood. The center also caters to outstation children. They include those from the other States in India and also from countries overseas numbering around 10 at any point of time.

Staff - Our specialist staff consists of: The team of Special Educators, Physiotherapists / Aides, and Occupational Therapist / Aides. An Inter-Disciplinary Team of Experts is available for consultation. It includes: Clinical Psychologist, Behavioral therapist, Speech therapist, Pediatrician, Development Psychologist, Psychiatrist, Geneticist, Yoga Specialist and Music Therapist.

Curriculum for Training – Upanayan Early Intervention Program - Birth to 2 Years - This program encompasses five developmental areas: * Motor * Self Help * Language * Cognition * *Socialization*. Under each of the above areas, 50 discrete behavioral skills have been identified as the optimal ones to cover the daily activities of a child of this age group [birth to 2 years]. The activities have been planned to train children in the various skills in the household setting of an average Indian home. The mother, a sibling or any other member of the family is the trainer.

Upanayan – Two + to 6 years - This part of the program [age group 2+ to 6], includes advanced skills set under each of the 12 areas mentioned below. * Communication * Self care--mealtime activities * Self care* *personal daily activities * Home living * Social relationships * Community use (public transport, * Self direction * Health and safety * Functional academics--reading and writing * Functional academics* *numbers * Leisure * Work *. Along with the early intervention training program, Yoga, Music, Pranic Healing and other alternative therapies that aid in controlling conditions such as drooling, lack of concentration and hyperactivity are also practiced at the Centre.

The resource material for all the activities which the skills encompass, are from the time tested child care legacies handed down by the elder members of the Indian extended family as well as from those in current practice in India and overseas. The Upanayan Early Intervention Program was formally released and dedicated to the nation, by Mother Teresa, in July 1992. The Centre completed its 27th year in December 2016 in its provision of an array of services to children with developmental delays and mental retardation. During the year under report, the Centre made substantial progress in terms of:

The training of parents to train the children:

Rehabilitation of parents (mothers mostly) by their involvement in the training of the children and the activities of the Centre, their development of self-esteem and self-pride in them and motivating them to become co-teachers, and co-therapists. They are also encouraged to join the Diploma course in Early Childhood Special Education accredited by the Rehabilitation Council of India.

Clinical types served:

Children with developmental delays / mental retardation, in the age group of birth to 6 years. It is to be noted, with concern that amongst this population; nearly two thirds of the children are those with:

- Autism with Mental Retardation
- Cerebral palsy with Mental Retardation
- Multiple disabilities
- Down's syndrome
- Attention Deficit Hyperactive Disorder
- Microcephaly
- Hydrocephaly
- Metabolic disorders
- Chromosomal disorders
- Multiple disabilities

Children with mental retardation with Cerebral Palsy or Autism Spectrum Disorders form nearly 60 percent of the total population being served. Apart from these over 60 children have additional handicaps, such as visual, hearing or physical impairments making them multiple disabled.

Number of Beneficiaries for the year 2018-2019 – 89 children

ASD	20
CP	21
MULTIPLE DIS	22
MR	26
TOTAL	89

Activities :

All activities of the children include the above disabilities.

5. Celebration/Excursions:

Celebrations are part of the activities at the Centre to keep stimulating the interest of the children, parents, the teachers, promoting the development of the children, empowerment of

parents and honing the management skills of the parents. During the period under review, these activities included:

- **Moving Ahead Function** was conducted on 12th April 2019. A total of 16 children passed out from this centre. Out of this 7 students have gone to other special schools and 9 students have gone to mainstream schools. Out of the 9 five students have gone to Bala Mandir Vidyalaya. Mrs. Ambika Kameshwar, Director RASA was the chief guest.
- **Independence Day** was celebrated on 14th August 2018.
- **Deepavali** was celebrated on 2nd November 2018
- **Ramzan** was celebrated on 27th July 2018
- **Annual Day:** The 29th Anniversary of MNC was celebrated on 12th Dec 2018 at the Bengal Association, T Nagar, Chennai
- **Christmas** was celebrated on 21st December 2018
- **Pongal** was celebrated on 11th January 2019.
- **Republic Day** was celebrated on 25th January 2019.
- **Annual Sports Day:** The Annual Sports Day of the Centre was celebrated on 8th Feb, 2019. It was a wonderful sight watching the children undergoing early intervention and in various stages of training exhibiting their prowess in sports events. Mr. M C Ramesh, Inspector Law and Order, Teynampet Police Station was the chief guest. As guests watched and the teachers and parents glowed with pride, a group of 10 special children formed a small presentation on “**Say no to Plastic**”. Behind the flawless performance was the hard work, put in by the children. They were guided by their teachers who trained these children.
- **Samyam** was celebrated On 21st July 2018.
- **Teachers Day** was celebrated on 5th Sept 2018 by the parents who honored their children’s teachers.
- **Father’s Day** was celebrated on 16th Sept.2017
- **Children’s Birthday:** On the last Friday of each month, the birthday of the children whose birthdays fall in the month is celebrated.
- **Nutrifest** was celebrated on 9th March 2018.

- A team from Krishnamacharya Yoga Mandiram, conducted yoga classes for the children daily during the academic year 2017-18.
- 29th July 2017 - Samyam Programme – An event becoming together and facilitating interactions between the parents - new entrants and the parents of existing children and the parents of alumni of Madhuras Narayanan Centre for Exceptional Children. Mrs. Girija Venkatraman, Correspondent, Kalyani Kumaramangalam Nursery and Primary School, T.Nagar, Chennai was the chief guest.
- Sambhavam was conducted every quarter.
- Dentist from Baskar Dental Clinic visits to MNC for an annual assessment and follow up every quarter.
- Blood tests were conducted in June 2017 and 30 children with low hemoglobin levels were selected for the Annapoorna Project. All children are given a supplementary diet of Kanji/ Soup /Nutritious powder and banana daily. The 30 children are followed up medically.
- Parents Open day for all 3 groups of children, Birth to two years, 2-4 years and 4-6 years was arranged every quarter and they showed interest in interacting with the teachers about their children.
- Children participated in sports and art competitions conducted by other agencies and won prizes.

Photos :



Travel by metro part of experiential training



Sarathy cutting vegetables –
Montessori training



Individualized
education plan



Occupational Therapy



Physiotherapy demonstration
class



Monthly doctor consultation

S Krishnan
Advisor