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Reg No:71/1997-98

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SARWC

Service Agency for Rural Women and Children

Kantharaja circle, Avani Road, Mulbagal taluk, Kolar district-563131,

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ANNUAL REPORT : 2023-24

**We believe in building an inclusive society free from discrimination,
WHERE
persons with disabilities become contributing members
living with dignity and respect.**





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SARWC-Service Agency for Rural Women and Children is a non-profit making, Nonpolitical, Secular Organization established to address the social, economic, and educational and empowerment problems of the needy community and society. Whereas SARWC is a forum of dedicated and committed people deserved their service for the cause of poor, Underprivileged and neglected people of the society, very particularly with the people of Intellectual disabilities, hearing impaired, Orthopedic handicapped, visual impaired and persons with mental illness to restore their basic survival rights for Food, Shelter, Health and employment or entrepreneurship development for their economic independence, social dignity with care and protection.

SARWC Society is one of the noted NGOs in Karnataka state, works for the empowerment of persons with disabilities, particularly children and youths with intellectual disabilities and their families through its diverse initiatives focused on providing quality education, accommodation, nutritious food, vocational training and placement based rehabilitation. It facilitates opportunities to enable persons with disabilities and the underserved to keep pace with the rest of the society.

Today, SARWC Society stands to be a complete solution provider by supporting education and livelihood needs of persons with disabilities and their families. The organization also facilitates direct livelihood opportunities to hundreds of persons with disabilities and women in distress through its Social Enterprises.

SARWC-Service Agency for Rural Women and Children is presently working in the fields of Empowerment of Mentally and physically challenged persons (persons with all type of disabilities) in terms of Health & Hygiene, Education, Special Education, residential care, therapies, surgeries, Legal Literacy, Income Generation Activities and Community Organization in Kolar district

Vision:

An inclusive society free from discrimination where persons with disabilities become contributing members, living with dignity and respect.

Mission:

To empower mentally challenged children and other disabled underprivileged people through developmental initiatives focusing on educational, social, economic, cultural and technological aspects.

ANNUAL REPORT-2023-24

From the Founder's desk:



It is our immense pleasure to submit this annual report for 2023-24.

Right at the beginning, SARWC is thankful to our Team Members, Donors, followers, Well-wishers, volunteers and all the stakeholders who supported us throughout the year. This Annual report is dedicated to all of you. I would like to take this opportunity to congratulate and thank all the members of our managing committee for their sincere and dedicated efforts in working as a team and standing by me in taking SARWC forward. The school is committed to society at large and aims to fulfill its

obligations to the communities it touches, with appropriate initiatives, in a dedicated and comprehensive manner. We made a very humble beginning with just few students in a small room and since then SARWC has evolved from strength to strength meeting all challenges, and further empowering our education and practical training programmers in order to mainstream these very special children in the society at large. The smooth functioning of the association is ensured as it is in safe and experienced hands. We foster a positive spirit and believe in partnership between students, parents, teachers and support staff striving to create a school climate striving for excellence. However; all this would not have been possible without the valuable support of our sponsors and donors. While we express our heartfelt gratitude to you all, we eagerly look forward to your continued as well as enhanced support in future. We are faced with the daunting task of improving our standards of education and services being rendered to the special needs students and I seek the cooperation of each and every member in this noble cause. Every effort, small or large, will go a long way in achieving this goal.

OUR MAJOR INITIATIVES:

ASHAKIRANA- Special residential school mentally challenged children:



Education for mentally challenged children, often referred to as children with intellectual disabilities, focuses on creating supportive, adaptive, and inclusive learning environments tailored to their unique needs. We at SARWC have been running a residential school for mentally challenged poor and orphan children in Kantharaja circle of Mulbagal taluk, Kolar district for the past 21 years. At present there are 95 mentally challenged children in our institution and are facilitated with care protection and rehabilitation. Our day to day interventions are as below:

➤ **Activities of daily living skills:**

Activities of Daily Living (ADL) skills are crucial for mentally challenged children as they help them gain independence and improve their quality of life. These skills can be categorized into several areas, each focusing on different aspects of daily living. Here are some key areas we have been conducting for mentally challenged children:

Personal Hygiene

- **Brushing teeth:** Teaching the proper technique and routine.
- **Bathing:** Understanding how to wash and rinse the body.
- **Grooming:** Combing hair, trimming nails, and other grooming tasks.
- **Toileting:** Using the bathroom independently, including flushing and washing hands.

Dressing

- **Choosing appropriate clothes:** Selecting clothes suitable for the weather and occasion.
- **Dressing and undressing:** Putting on and taking off clothes, including managing buttons, zippers, and shoelaces.

Feeding

- **Eating:** Using utensils like spoons, forks, and knives.
- **Drinking:** Using cups and straws without spilling.

- **Food preparation:** Basic tasks like spreading butter on bread or pouring cereal and milk.

Mobility

- **Walking:** Navigating different environments safely.
- **Transferring:** Moving from one position to another, such as from a chair to a bed.
- **Using transportation:** Understanding how to use public transportation or being safely transported by others.

➤ **Individualized Education Programs (IEPs):**

Customized learning plans that set specific goals tailored to the child's abilities and needs. Regular assessments to track progress and make necessary adjustments.

Specialized Teaching Methods:

Based on the individual IQ assessment of the child at the time of admission we develop IEP for each child and a regular monitoring and follow-up of the same will be conducted at the regular intervals.

We use multisensory teaching techniques to cater to various learning styles (visual, auditory, kinesthetic). Simplified instructions and repetition to reinforce learning.

Specialized teaching:

Color concept, letter identification, money concept, and number identification, communication skills, developing concentration, reading, writing, storytelling, singing, group dancing and receptive language with expressive language.

Teaching Methods

- **Visual aids:** Using pictures, charts, and videos to demonstrate tasks.
- **Step-by-step instructions:** Breaking down tasks into manageable steps.
- **Repetition and practice:** Consistent practice to reinforce skills.
- **Positive reinforcement:** Encouraging progress with praise and rewards.

➤ **Inclusive Education:**

We encourage ID children in an integration into mainstream classrooms whenever possible, with support from special education teachers.

Promoting social interactions with peers to develop communication and social skills.

Other supportive day to day educational activities we conduct are;

Communication

- **Expressing needs:** Using verbal or non-verbal methods to communicate needs and wants.
- **Understanding instructions:** Following simple directions and instructions.

Household Skills

- **Cleaning:** Basic tasks like dusting, sweeping, and making the bed.
- **Laundry:** Sorting clothes, using the washing machine, and folding laundry.
- **Cooking:** Simple cooking tasks like making a sandwich or using a microwave.

Safety

- **Recognizing danger:** Understanding basic safety rules, such as not touching hot surfaces or sharp objects.
- **Emergency procedures:** Knowing what to do in case of an emergency, like calling for help or finding a safe place.

Social Skills

- **Interacting with others:** Basic social interactions, such as greeting people and taking turns in conversations.
- **Playing cooperatively:** Engaging in play with others, sharing toys, and following rules.

Money Management

- **Handling money:** Recognizing coins and bills, making simple transactions, and understanding the concept of money.
- **Budgeting:** Basic understanding of saving and spending money appropriately.

➤ Self-employment training:

We conduct Self-employment training which can provide mentally challenged children with valuable skills and opportunities for independence.



Skill Assessment and Production:

We assess individual strengths, interests, and abilities to tailor the training program.

At present we have been implementing self-employment training for 34 mentally challenged children in gram flour and turmeric flour making. Initially we use to produce 5 to 10 kilos of gram flour and 6 kilos of turmeric powder. During now we are producing 50 kilos of gram flour and 85 kilos of turmeric powder.

Benefits of Self-Employment Training:

- **Independence:** Empowers children to become self-reliant and confident.
- **Financial Stability:** Provides a source of income and financial security.
- **Social Integration:** Encourages interaction with the community and builds social skills.
- **Personal Fulfillment:** Offers a sense of achievement and purpose.

Happy and Happy food Industry:



As part of our comprehensive self-employment training and production efforts, we have established Happy & Happy Food Industry to promote and sell products made by our students. The income generated from these product sales will be distributed as incentives or salaries to the children, ensuring their economic independence.

THERAPIES:



1. Occupational Therapy (OT)

Focus: Enhances daily living skills, fine motor skills, sensory processing, and adaptive techniques.

Activities: Using utensils, dressing, writing, and playing with sensory toys.

2. Speech and Language Therapy

- **Focus:** Improves communication skills, both verbal and non-verbal, and helps with swallowing difficulties.
- **Activities:** Speech exercises, using picture boards, and practicing social conversations.

3. Physio Therapy (PT)

- **Focus:** Enhances gross motor skills, coordination, balance, and overall physical strength.
- **Activities:** Exercises, mobility training, and using assistive devices like walkers or wheelchairs.

4. Behavioral Therapy

- **Focus:** Addresses behavioral issues, improves social skills, and helps develop coping strategies.
- **Types:**
 - **Applied Behavior Analysis (ABA):** Uses positive reinforcement to encourage desired behaviors.
 - **Cognitive Behavioral Therapy (CBT):** Helps children understand and change negative thought patterns and behaviors.

5. Play Therapy

- **Focus:** Uses play to help children express emotions, develop social skills, and process experiences.
- **Activities:** Role-playing, using dolls or action figures, and interactive games.

6. Music Therapy

- **Focus:** Uses music to improve emotional expression, social interaction, and cognitive skills.
- **Activities:** Playing instruments, singing, and listening to different types of music.

7. Art Therapy

- **Focus:** Encourages self-expression and emotional processing through creative activities.
- **Activities:** Drawing, painting, and sculpting.

➤ **Health care services:**

We at SARWC have been conducting Comprehensive Medical Care as below:

- Regular medical check-ups and access to healthcare professionals.
- Management of chronic conditions and medication administration.
- Access to emergency medical care.
- We have entered in to an agreement with Sri Devaraja urs medical college and they conduct regular health screenings and provide necessary treatments for the children under the care of the Organization.



➤ **Food and Nutrition:**



Providing balanced and nutritious meals for mentally challenged children is essential for their overall health and development. By considering individual needs, maintaining a consistent routine, and involving children in the process, our school is fostering healthy eating habits and ensure that each child receives the

nutrition they need to thrive. Mentally challenged children in our organization are provided by morning breakfast, milk, snacks, lunch and dinner every day.

Assistive devices distribution:



Entrepreneurship Training and Bank Linkages Program for Persons with Disabilities:

We at SARWC have conducted self-employment training for 300 PwD's in Kolar district.



Objective: To empower persons with disabilities by providing them with the necessary skills, knowledge, and financial linkages to start and sustain their own businesses.

The training have been conducted with the following components:

Entrepreneurship Training:

Business Planning: Training on how to develop a business plan, identify business opportunities, and conduct market research.

Financial Management: Teaching participants how to manage finances, maintain financial records, and budget effectively.

Marketing and Sales: Strategies for marketing products and services, understanding customer needs, and effective sales techniques.

Operations Management: Guidance on managing day-to-day business operations, supply chain management, and quality control.

Legal and Regulatory Requirements: Information on the legal aspects of starting and running a business, including necessary licenses and permits.

Financial Literacy:

Understanding Financial Products: Educating participants about various financial products and services, including savings accounts, fixed deposits, and loans.

Budgeting and Saving: Teaching the importance of budgeting and saving for future business needs.

Credit Management: Guidance on managing credit and understanding the implications of borrowing.

Bank Linkages:

Opening Bank Accounts: Assisting participants in opening personal and business bank accounts.

Loan Application Assistance: Helping participants prepare and submit loan applications, including necessary documentation.



➤ **Sports and cultural meet:**

Mentally challenged children in our institution have participated in special sports meet at District level and won 34 medals. 6 of our students have selected for state level Special Olympics Bharath- Karnataka.

Concept Bharath-South India NGO's forum:

The "Concept Bharat - Building Nation with the Forum of NGOs" is to focus on leveraging the collective efforts and resources of non-governmental organizations to contribute to nation-building.

Objectives of concept Bharath:

1. **Promotion of Inclusive Development:** Ensure that development projects reach marginalized and vulnerable populations, including rural communities, women, children, and persons with disabilities.
2. **Enhance Collaboration:** Foster collaboration and networking among various NGOs to share resources, knowledge, and best practices, thereby amplifying their impact.
3. **Capacity Building:** Strengthen the capacity of NGOs through training, workshops, and access to resources, enabling them to implement more effective and sustainable projects.
4. **Policy Advocacy:** Advocate for policies and reforms that support the work of NGOs and address key issues such as education, healthcare, sanitation, and social justice.
5. **Sustainable Development:** Promote projects and initiatives that focus on sustainable development, including environmental conservation, renewable energy, and sustainable livelihoods.

6. Resource Mobilization: Facilitating the mobilization of resources, including funding, volunteers, and technical expertise, to support various NGO-led initiatives.

7. Transparency and Accountability: To ensure transparency and accountability in the operations of NGOs, building trust and credibility with stakeholders, including donors, beneficiaries, and the government.

8. Innovation and Technology: To encourage the adoption of innovative solutions and technology to address social issues more effectively and efficiently.

9. Awareness and Outreach: Increase awareness about social issues and the role of NGOs in addressing them through campaigns, events, and media engagement.

With these major objectives, we have promoted 750 south Indian NGO's and a major event was held at S.V. University campus Tirupati of Andhra Pradesh on Fund raising and NGO management. More than 750+ NGO's and 28 donor agencies have participated in the event.





SARWC Society

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CONCLUSION:

We are filled with gratitude and pride for the progress and achievements made possible through the collective efforts of our team, partners, and supporters. This year has been a testament to our commitment to SARWC Society, and we have made significant strides in our programs and initiatives.

Looking Ahead: The coming year presents new opportunities for growth and impact. We are excited to build on our successes and continue to innovate in our approach. Our priorities for the next year include construction of own school building, hostel and therapy centers and rehabilitation center for mentally ill road side destitutes.

Gratitude: We extend our heartfelt thanks to our donors, partners, volunteers, and staff. Your unwavering support and dedication have been the cornerstone of our success. Together, we have made a difference, and together, we will continue to transform lives.

As we move forward, we remain steadfast in our mission and inspired by the resilience and strength of those we serve. We look forward to another year of progress, collaboration, and positive change.

