

Annual Report/Activities performed related to National Trust Disabilities in 2017-18

Society namely Universal Disabled Care Taker Social Welfare Society, Prabh Aasra (Home for helpless), village Padiala, Kurali, Tehsil Kharar, Mohali has come into existence with effect from 13th February 2004. Society is registered under Societies Registration Act 1957, Under Section 12AA of the Income Tax Act 1961, Under Sub Section 3 of Section 34 of Juvenile Justice (Care & Protection of Children Act 2000). Society is also registered under P.W.D. Act 1995. The donations given to the Society are exempt under section 80G of the Income Tax Act 1961 .

Organization is looking after and making efforts for rehabilitation of abandoned and unclaimed mentally retarded persons, persons with multiple disabilities, autism, cerebral palsy, orphans, old aged, ailing, needy persons, widows and missing destitute. These persons are referred for admission to Society by different Govt. Agencies such as D.C. , SDM, Distt. Child Protection Officer Distt. Social Security Officer, Municipal Councilors, Hospital Authorities and Police Authorities etc. Our top most priority remains at to give good medical treatment and opportunities for quick rehabilitation of inhabitants housed in Society. We have service oriented philanthropic mission to provide service to those persons who are unable to take care of themselves because of their disabilities.

During the year under report following persons suffering from mental retardation, multiple disabilities, autism and cerebral palsy were residing in Society. All the activities carried out in Society are for rehabilitation of these inmates. Thus they all are beneficiaries as far as National Trust Disability is concerned. However activity wise number of beneficiaries have also been mentioned in foregoing paragraphs.

Mentally retarded	118
With multiple disabilities	35
Cerebral Palsy	6
Autism	1



Nutritious meals to MR, CP children



Medical care to Physically handicapped

Every day activities of inmates start as under:

- Morning bath, changing of clothes etc.
- Morning tea
- Brushing of teeth and dressing of hair
- Morning prayers
- Break fast
- Daily Exercise
- Giving of daily routine medicines prescribed by doctors
- Daily shifting seriously ill inmates to hospitals for routine check up and follow check up

- i. Daily medical checkup by visiting doctors and nursing staff
- j. Physiotherapy given to inhabitants suffering from Cerebral Palsy and body deformation
- k. Attending classes for special education and vocational training
- l. Evening games for special children and evening walk for others who can not take part in games

A detailed report of these activities is mentioned as follows

The Society made efforts for the rehabilitation of Mentally retarded inhabitants, Inhabitants with multiple disabilities, cerebral palsy and autism. They were engaged in education, vocational training and extra curricular activities. With the improvement of their health they were made to take part in different competitions held at State level and National Level. Our efforts and their improvement gave the following results.

The number of beneficiaries of this activity are 60 special inmates

S.No.	Date	Name/No. of Inmates participated	Name of event	Results achieved
1.	26-4-2017	10 inhabitants	Participated in games competitions held by Empower Joy, NGO for Empowering Special Children	Successfully competed certificates issued
	4-10-2017 to 6-10-2017	16 inhabitants	Special residents participated in 20th Punjab State Special Olympics held at Patiala, Punjab in the month of October 2017.	They won 19 medals, comprising of 6 gold, 8 Silver and 5 Bronz in different events they participated.
	13-12-2017 To 15-12-2017	Mr Aarbaaz Mr Mohit Mr Ricky	Special children participated in National Sports Meet of Table Tennis held in Sector 31, Chandigarh	One child achieved 2nd position and two children achieved 3 position in different events of TT they participated
	4-1-2018	Ms Ramo Devi Mr Surinderpal	Participated in national championship of Special Olympics Bharat held in Ranchi, Jarkhand	Ms Ramo Devi achieved 3rd position in country in 2 kms cycle race Mr Surinderpal achieved 4th position in 5 km cycle race
	15-3-2018 To 16-3-2018	54 inmates	Inhabitants went to participate in Khelo India Khelo held by Ministry of Youth Affair & Sports , New Delhi-	In these events 18 medals were won by special children comprising of 4 gold , 8 silver and 6 Bronze
	22-3-2018 To 24-3-2018	Mr Angat Singh Mr Rajvir Mr Arbaaz	Participated in games held by National Sports Federation, Ministry of Youth Affairs & Sports	Mr Rajvir obtained 2 Gold medals Mr Arbaaz won Silver medal Mr Angad Singh won one Silver and One Bronze



Sports training to special inmates



Medal winning inmates of 20th Punjab State Special Olympics and Umang 2017



After winning National by Ms Ramo Devi And Mr.Surinder Pal at Ranchi, Jarkhand 20th Punjab State Special Olympics at Patiala

Medical Treatment

The inmates were taken to hospitals in the ambulances of Society for routine check ups, follow check ups, Laboratory tests, X-ray and Ultrasound etc. The treatment given was strictly followed to improve their health. Details of special inmates taken to hospitals for treatment are as under The number of beneficiaries is mentioned under each category of inmates as follows-

S.N o.	Month	Number of Special inmates taken to hospital		
		M.R.	Multiple Disabilities	C.P.
1	April, 2017	37	5	1

2	May, 2017	34	9	3
3	June, 2017	44	6	4
4.	July 2017	45	12	1
5.	August 2017	64	15	5
6.	September,2017	73	6	2
7.	October, 2017	25	1	1
8.	November, 2017	18	5	3
9.	December, 2017	20	6	1
10	January, 2018	41	5	4
11	February, 2018	35	4	3
12	March 2018	33	8	3

The Society has purchased a dispensary adjacent to Jhanjheri branch known as Prabh Aasra Sewa Medical Centre. Free medical services were provided to poor people including persons suffering from mental retardation, multiple disabilities, autism and cerebral palsy. Pathology tests were also carried out at subsidized rates.

Physiotherapy department has been set up in the Padiala Ashram. Physiotherapist appointed by Society and also a team of doctors from Fortis Hospital, Mohali visited the Society to give physiotherapy to the inmates suffering from **multiple disabilities/ Cerebral Palsy**.

A Clinical Psychologist appointed attended for regular counseling to mentally retarded and mentally ill patients.



Medical treatment in Society by appointed Doctors

The number of beneficiaries are 154 special inmates

Hospitalization

Some **special** patients were hospitalized for treatment and surgeries. During their hospitalization Care Takers were deployed to take care round the clock and Nursing Staff also visited them to interact with the doctors at hospital. All medicines, preoperative/ post operative articles and implants were provided after purchasing from the market.

The number of patients admitted to the hospitals were as under.

Name of the hospitals	No. of patients admitted/ operated upon in hospitals	No. of patients expired in hospitals	No. of patient discharged
PGI, Chandigarh	4	-	4
Govt. Medical College & Hospital, Sec. 32, Chd.	16	2	14
Civil Hospital, Phase 6, Mohali	19	3	16
Civil Hospital, Kharar	6	-	6
Civil Hospital Ropar	1	-	1

Life care Masonic Charitable Hospital, Sec. 18 Chd	2	-	2
Government Hospital Sector 16, Chandigarh	9	-	9
Total number of beneficiaries	57	5	52



Shifting for treatment to Hospitals

Disability Certificates

Disability certificates of mentally retarded inmates residing in Society were made . Before that they are presented before concerned authorities to conduct their IQ tests. In the month of September 2017 a camp was held by Medical Authorities to prepared disability certificates of special inmates



Distribution of Disability certificates in Society

The number of beneficiaries of this activity are 20 special inmates

Education

Some children suffering from mental retardation have been admitted to Balaji Special School at Ludhiana. Two deaf and dumb students have been admitted to Red Cross School, Farindkot. All the expenses on account of their education were incurred by Society. For other mentally retarded students, students with multiple disabilities, Autism and cerebral palsy living in Society Special teachers have also been engaged to give training and make them toilet trained and self dependant.

Following **special children** have been admitted to the schools mentioned against their names-

S.No.	Name of the student	School in which admitted
1	Harmanpreet Singh	Govt. School for Special Children, Faridkot
2.	Krishna	-do-
3.	Kamalpreet Singh	Deaf and Blind School, Patiala
4.	Sibo	Balajee Special School, Ludhiana
5.	Ninder	-do-
6.	Nimerta	-do-
7.	Harpreet Kaur	-do-
8.	Ajay	-do-
9.	Navjyot Singh	Special School, Aashadeep Building, Sector 31, Chd.
10	Palak	Blind School, Sector 26, Chandigarh



Classrooms in Society

The number of beneficiaries of this activity are 43 special inmates

Vocational Training

Vocational Teachers have been employed by the Society. They taught vocational crafts to mentally retarded inmates who have improved their health and are able to learn crafts. The inmates prepared candles, toys, tapestry items, key rings and paintings, wall hangings etc. The crafts made by them were displayed in exhibitions held at various institutions.



Vocational training classes in society

The number of beneficiaries of this activity are 46 special inmates

Date wise activities of special children

Amusement and reaction:

Apart from games and other activities all the important national and religious functions are celebrated in Society with special children. Some Celebrities visit to see special children. Some generous persons attend the Society to celebrate birth days of their wards with special children. They are also taken for outings on various occasions.

2-4-2017

Holi celebrations were made in Society for the fun and amusement of special children residing in Society. Inmates participated in cultural programs held at the occasion. They enjoyed every moment of festival.



Holi celebrations in Society

The number of beneficiaries of this activity are 120 special inmates

13-4-2017

Festival of Baisaki was celebrated with pomp and show in the Society starting by Shabad and Kirtan in the morning by all the special children. Thereafter daily routine activities followed by participation in Gidha dance and Bangra. Fruits and sweets were distributed among the children.



Baisaki celebration in Society

The number of beneficiaries of this activity are 119 special inmates

09-5-2017

Mothers' day was celebrated in Society with old aged inmates including some mentally retarded mothers also. The Young inmates of Society also participated in celebration. They interacted and share jokes with mothers. Mothers were also given gifts by Smt Rajinder Kaur , Founder Member. **The number of beneficiaries of this activity are 15 special inmates**

29-6-2017/ 15-7-2017

During summer vacations all the special children come to Society from their hostels. They are taken for outings and excursions from time to time and to visit historical monuments . The special children living in Society are also taken for outings from time to time.



Outings and excursions

The number of beneficiaries of this activity are 30 special inmates

26-7-2017

Special children of Society were made to visit Shopping Complex, Malls at Mohali to make them aware of present system of shopping. The children had a lot of fun in the Children's area of Mal



Special children's visit to Shopping Complex, Malls at Mohali

The number of beneficiaries of this activity are 22 special inmates

29-7-2017

Teej festival was celebrated in Society with mentally retarded women. On this occasion swings were installed in female ward area. In the after noon celebrations started. The female inmates made dance Gidha in colour ful costumes and other enjoyed rides on swings installed. Sweets were also distributed on the occasion. These occasions boost the recovery of health of inmates.



Teej festival celebration in Society

The number of beneficiaries of this activity are 36 special inmates

15-8-2017

Independence day celebrations were made in Society. Special Children had morning prayers and recital of National Anthem. Patriotic songs were recited by them. In the afternoon there was bangra and dance in Society by special students



Independence day celebration in Society

The number of beneficiaries of this activity are 90 special inmates

3-9-2017

Chief Judicial Magistrate, Distt. S.A.S. Nager (Legal Cell) Mohali attended the Society to interact with special children residing in Society. She also inspected the facilities for special inmates available in Society.



Chief Judicial Magistrate, Distt. S.A.S. Nager (Legal Cell) Mohali attended the Society
The number of beneficiaries of this activity are 6 special inmates

19-10-2017

Diwali celebrations were made in Society. Special children were made to dance Gidha, play games and had competition with each other. At the end of game the winners were given awards. Fruits and sweets were distributed among the children.



Diwali celebrations in Society

The number of beneficiaries of this activity are 160 special inmates

4-11-2017

Guru Nanak birth day was celebrated in Society. After morning activities of special children Shabad and Kirtan was held in Society. All the inmates attended Shabad and Kirtan. Some M.R. inmates recited Shabad. Special Lunch and Dinner was organized on the occasion.



Celebration of Guru Nanak birth day in Society

The number of beneficiaries of this activity are 68 special inmates

14-11-2017

Children Day was celebrated in Society in which all the special children were made to take part. Some games were held, the winning candidates were given awards. Sweets and fruits were also distributed among children on the occasion.



Celebration of Children's Day in Society

The number of beneficiaries of this activity are 15 special inmates

1-01-2018

Every year on the eve of New Year Day the inmates are invited by Rotary Club, Ropar for celebration of New Year. The inmates were taken enmass there along with Members, employees and some Volunteers. They were served with break fast, lunch etc there.

The number of beneficiaries of this activity are 62 special inmates

13-01-2018

Festival of Lodhi was celebrated in Society. On this occasion some foreign citizens attend to celebrate Lodhi with special children. The visitors and inmates had lot of fun by dancing on the music played. Bone fire was lit, candies and peanuts were distributed among the children as per custom of celebration of Lodhi.



Lodhi celebration in Society with foreign visitors



Lodhi celebration in Society with foreign visitors

The number of beneficiaries of this activity are 117 special inmates

26-1-2018

Republic day celebrations were made in Society. All special children were made to take part in celebration and recital of National Anthem. In the after noon session there was programme of singing of Patriotic songs and dancing etc. Sweets were distributed on the occasion.



Celebration of Republic day in Society

The number of beneficiaries of this activity are 23 special inmates

26-1-2017

The Deputy Commissioner, SAS Nager (Mohali) invited the Special Children, Ms Ramo Devi and Surrinder Pal for Saman to Stadium where Republic Day Function was held by Government. As stated supra these two special children had participated in cycle race event of National Games held at Ranchi, Jarkhand





The Deputy Commissioner, SAS Nager (Mohali) invited the Special Children's of Society

Birth day Celebrations

Birth day of special children are celebrated to make them feel that they are in a family in a home. They participate in these events and enjoy moments with great enthusiasm.



Birthday celebration in Society

The number of beneficiaries of this activity are 16 special inmates

Visitors to Inmates

Visitors attend the Society from time to time to see and interact with special inmates residing in Society. Inmates feel happy to see the visitors and gladly receive and mix up with them.



Visit of prominent visitors to Society

Exhibitions

Almost every year Exhibitions of handicrafts made by special inmates are held at various prominent Corporate Offices in the month of October on account of Diwali celebrations.



Exhibitions of handicrafts made by special inmates of Society

As stated supra activities of daily prayers, daily exercise, education, vocational training and games of mentally retarded inmates, inhabitants with multiple disabilities, Autism and cerebral palsy were carried out daily. Children were engaged in special education by Special Teachers. They were taught different activities to make them self dependant.

Special children were daily taken to play ground in evening by their Coaches to give practice in different games. It is by this regular practice the children could participate in different games held at District Level, State Level and National Level next year.

Mentally retarded ladies were engaged in making crafts such as soft toys, decoration pieces, key rings, mats etc. Exhibitions of crafts made by them were held at various dates in Corporate Offices.

Physiotherapy was given to children with multiple disabilities/C.P. Children every day.

Photographs of inmates who improved



ON ADMISSION

NOW



On Admission



Now



On Admission



At the time of handing over to family

