



ANNUAL REPORT

2019 - 2020

CEREBRAL PALSY
ASSOCIATION
OF INDIA



MESSAGE FROM THE TRUSTEE

Dear Supporters,

It's been a long and arduous journey for Cerebral Palsy Association of India from a small setup for children with special needs of 10 to now 80, and from 3 year old kids to 65 year old adults. We now have a lively and vibrant place where personal attention is given to all and we have been able to make sustainable changes in their lives.

Year 2019-20 has been a fruitful year, with your advice, guidance, contribution, suggestions and donations we are in a position to provide the best facilities in therapies, healing, orthopaedic corrections, vocational trainings, midday meals and education as per each adult individual's need. This gives us the opportunity to salute you our Doctors, Teachers, Staff, Volunteers, Supporters, Donors and sponsors for your faith, trust and continuous encouragement in what Cerebral Palsy Association of India stands for.

Our heartfelt gratitude for being by our side every step of the way and your continuous support to fulfil our dreams and motto.



WE CAN & WE WILL!

On behalf of the Board
of trustees,

A handwritten signature in white ink that reads "Manjusha Singh". The signature is stylized and written in a cursive-like font.

Manjusha Singh
Secretary & CEO.

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INCEPTION OF CPAI



Cerebral Palsy Association of India is an NGO working towards the rehabilitation and self- sufficiency of the Intellectually Challenged persons with the aim to expand its services to serve the needy in our society and their families.



"The Workshop is a multi-category vocational and therapy center assisting in gainful employment to adults who have acquired vocational skills here".

The NGO was started by Padma Bhushan, Late Dr. N.H. Wadia and Late Dr. V. Kini, whose daughter was also Intellectually Challenged. In 1968, they joined hands with other doctors, and gave started Cerebral Palsy Association of India for P.D.A.'s (People with Different Abilities).

The journey from helplessness to self-help began with barely three kids. Today it is a hub of activities for 80 adults between 3 and 65 years of age. Till the year 1994, the center functioned as an educational center for children with cerebral palsy. In 1995, it expanded to encompass vocational and pre-vocational activities for PDA's (People with different abilities).

At CPAI the multiple handicapped participants discover a new purpose and joy in life. Today, these special individuals make Rakhis, Designer paper bags, Decorative Candles, Beaded jewellery, Torans, Rangoli Diyas, Decorated Gift Box, etc.

“ACT” APPEAL, COMMUNICATE, TAKE ACTION.

MISSION

AServe community enrich life!

VISION

Hope, equal opportunity and upliftment for PDA's. To live in harmony, dignity, security with inclusion in our world.



OUR PRESENCE

Over the years, we have expanded our presence to three cities. It is our endeavour to reach every part of the country and be a source of support and upliftment to PDAs.



OUR SERVICES & PROGRAMS

01 FUNCTIONAL ACADEMIC

CPAI syllabus is based on thematic units like safety, food, cleanliness, hygiene etc. these units cover both academics (e.g. Science, Math) & non-academics (self-grooming, personality development). Our students are also trained in banking, money transactions & time management with hands-on experience. A reading programme has also been introduced into this syllabus.

02 VOCATIONAL TRAINING

CPAI understands the difficulty faced by differently-abled grown up students and has come up with a solution. A vocational training programme that trains individuals to create products of various kinds to exhibit & sell them through exhibitions and corporate gifting.

03 OUTINGS, FIELD TRIPS & EXCURSIONS

CPAI outings, educational trips & excursions are conducted periodically based on relevant topics covered, which enhance the children's social skills and help them learn important lessons through fun.

04 EXTRA-CURRICULAR ACTIVITIES

CPAI believes that extracurricular activities like sports, music, etc. help develop talent, skill and teamwork. E.C.A is offered based on the individual student's capabilities. By these activities, students make friends, learn a new skill and enhance their self-esteem.

“

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IMPACT



Having a disabled child in the family increases stress, and takes a toll on mental health, physical health and affordable child care. Training and education in various fields makes a significant difference and impact on both special need children and their families.



Six of our special need children namely Ziya, Vedant, Disha, Mehak, Parvi & Atifa with walking disabilities have benefited with the help of regular therapy sessions. In consultation with Dr. Satish Mutha (orthopaedic surgeon) and its team we have been able to fit braces and splints on lower limbs to enable easier walking.

Sahil shaikh was able to overcome is learning disability with constant guidance and training from our teachers. He had to struggle to learn the subjects and finally completed his 10th through NIOS. Today he studies in a mainstream college. His ability to achieve this goal has created a very positive impact on his thinking and his confidence.



“

This year, we conducted an inclusive program called Judte kadam. The objective was to spread awareness in the society, where strength and capacity of these special adults was showcased in this unique program and they shared the platform with other named artists.

”



30 WOMEN AND YOUNG PDA'S YOUNG GIRLS HAVE BEEN TRAINED IN SEWING, UNDER OUR PROJECT SWANAMA.

These women are now budding entrepreneurs, and take orders for stitching cloth bags and are able to earn their living and support their families financially.

150 PEOPLE HAVE BEEN TOUCHED AS BENEFICIARIES IN VARIOUS FIELDS AS VOLUNTEERS, TEACHERS, COLLEGE STUDENTS, TRAINEES ETC.

Conducting various awareness programmes has brought about numerous changes in their outlook and attitude towards those in need. This impact has left its mark on each individual.

90 PDA'S HAVE AVAILED OF DIRECT BENEFITS THROUGH OUR DIFFERENT PROGRAMS AND SERVICES

Awareness programmes in educational and physical activities, therapies such as physio, occupational, speech, colour, music and dance, safety procedures, cleanliness and hygiene, inclusion with other normal schools being the major ones. Learning the art of making paper and cloth bags, envelopes, gift bags, jewelry are some of the items displayed during exhibitions and the proceeds are invested in training and livelihood programmes for further development.



NEWS FROM THE GROUND

JUDTE KADAM

CPAI and Fragrance Group joined hands to organise “Judte Kadam”, a talent program at Kalina University, on 1st June 2019. The PDA’s were given a platform to showcase their talent along with Senior Citizens. Our motto “Inclusion” brought together everyone as a team to work and execute in harmony. It was great start by literally setting the first foot in the world of Judte Kadam.

FIELD TRIP TO ELEPHANTA FESTIVAL 2019

On 2nd June 2019, PDA’s, parents, teachers, staff and volunteers of CPAI participated in a government programme, the Elephanta Festival 2019.

The PDA’s enjoyed unique experiences such as visiting the Gateway of India, travelling by ferry, gazing at the large vessels, travelling in the toy train, seeing sculptures and understanding the history of Elephanta.

RAKSHABANDHA & INDEPENDENCE DAY CELEBRATION

On 14th August 2019, the PDA's of CPAI along with their parents, staff and teachers were invited to participate in St. Stanislaus School's Inter religious prayer service. As part of Independence Day celebration, a skit was presented by the students of St. Stanislaus which gave a message of how different cultures can live together in harmony in our nation.



Celebrating Raksha Bandhan was the most unique experience for the adults of CPAI by tying Rakhis to the students of St. Stanislaus school. We were humbled with the lovely gifts given to all. St. Stanislaus School surely has a special place in our hearts.

DAHI HANDI CELEBRATION

Dahi Handi is observed day after Janamasthmi and is also known as Gokulashtami. CPAI celebrated Dahi Handi in a traditional manner, on 23rd August 2019. The PDA's spent the day decorating the Dahi Handi and enjoyed it very much.

VISIT OF ST. STANISLAUS SCHOOL

We had another occasion to meet the students and teachers of St. Stanislaus school as they visited our workshop on 29th August 2019.

HPCL BYCULLA

On 28th August 2019, CPAI team were invited to Satyanarayan Puja, along with lunch. The PDA's of CPAI participated in the cultural activities of singing and dance. Gifts and sweet boxes were given to the participants.

VISIT BY ASS. COMMISSIONER OF SOCIAL WELFARE

Mr. Sankhe, Ass. Commissioner of Social Welfare, Mumbai suburban visited our workshop on 30th August 2019.

TEACHER'S DAY CELEBRATION

9th September 2019 saw a gala celebration of Teachers Day by the adults of CPAI.

VISIT BY SHARTUL CLUB

The chairman and trustee of Shartul club visited our workshop on 19th September 2019. We thank Mr. Bakul Joshi, one of the parents for being instrumental in bringing the visitors to our institution.

VISIT BY MIRA NAIR

Marathi actress Mrs. Mira Nair visited our institution on 5th October 2019 and presented a play to our adults titled "Good Touch and Bad Touch". It was a good experience for the adults as they understood the meaning of Good Touch and Bad Touch.

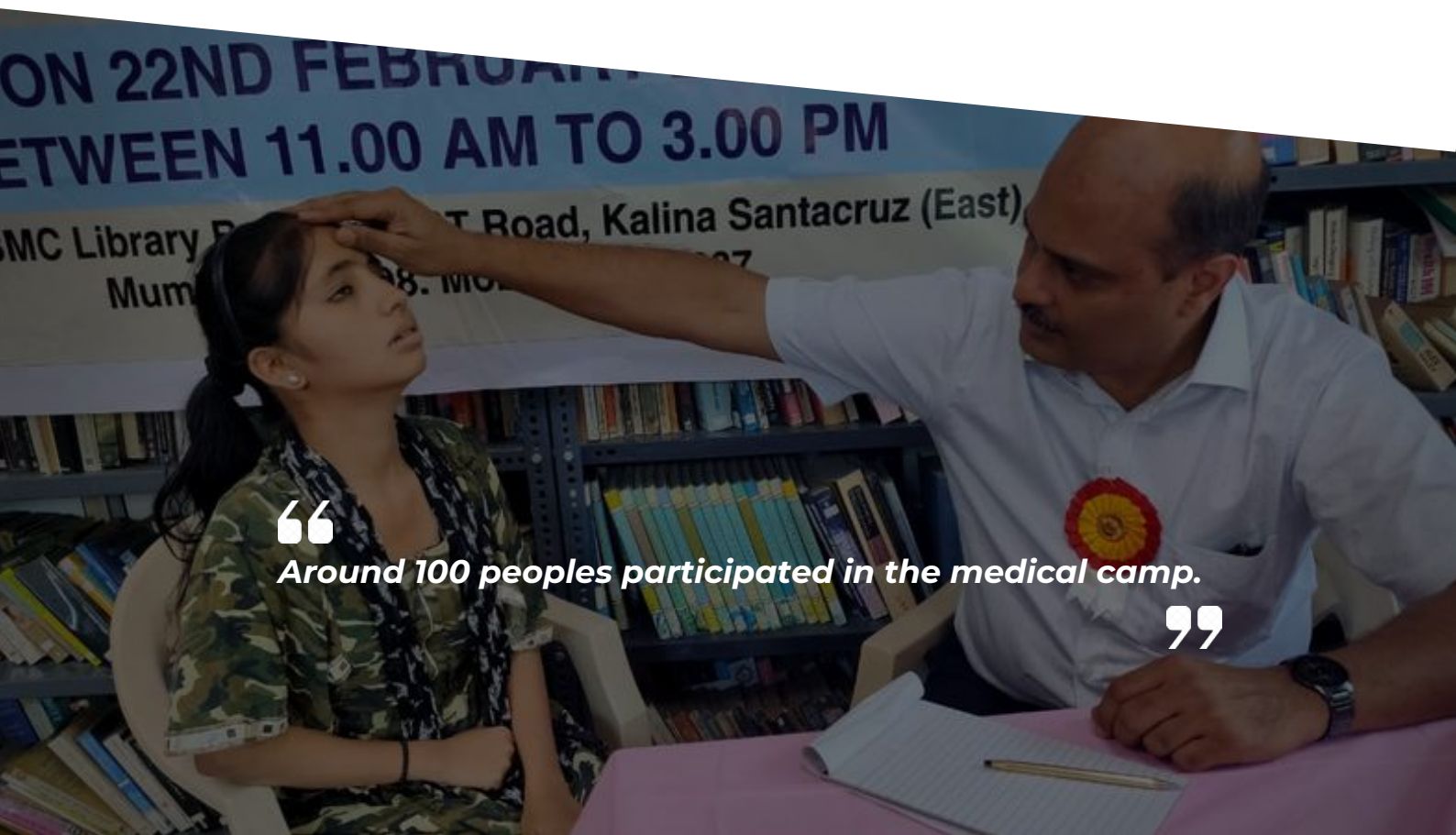
THE JAPANESE VISITOR

Mr. Shinichi Taniguchi, an Entrepreneur and social worker visited our institution on 26th September 2019. He is an associate of one of our committee members He spent his time with PDA's sharing jokes, playing activity games like Mikado and Twister. He engaged all in storytelling, taking pictures and singing.

WORLD CEREBRAL PALSY DAY

World Cerebral Palsy Day was celebrated on 6th October 2019 by organizing a Free Medical Camp for P.D.A.'s, parents and surrounding general public. The Medical camp was inaugurated by Dr. Shailendra Singh radiologist.

A joint effort by CPAI and Manraj foundation, the camp was aimed to provide basic medications, health related guidance, awareness and medical assistance for eye, sugar, BP and ECG.



“

Around 100 peoples participated in the medical camp.

”

DIWALI PARTY

CPAI PDA's celebrated Diwali with the staff of Bunge India Pvt. Ltd. on 19th October 2019. Various cultural activities were organized including dance and music. Lunch was provided and Diwali Gifts were given to all.

CHILDREN'S DAY CELEBRATION

On 14th November 2019, the employees of Bunge India Pvt. Ltd. and CredAble visited our institution for Children's Day. They interacted with the PDA's and played educational games which were very creative and informative. The PDA's enjoyed participating in all the activities. Special lunch was also provided to everyone.

WORLD DISABLED DAY 2019

We celebrated World Disabled day/ Annual day on 7th December 2019. The theme was "Parents and child interaction". The chief guests for the event were Mrs. Valerie Sanjivan and Mr. Joseph Mathews. Certificates and prizes of appreciation were given to all. Progress and Improvement of adults after joining our NGO were shared with parents and the guests present.

The parents of our adults walked the ramp by presenting a fashion show, all in Indian attire celebrating the diversity of the various states of India and performed with their kids on the song "Dil Hai Chota Sa". Two clowns graced the programme, danced with the adults, showed fabulous jugglery acts and distributed chocolates to everyone. Special lunch was served to all. The adults danced away till the programme ended at 4 pm.



CHRISTMAS CELEBRATION

Cerebral Palsy Association of India celebrated Christmas on 21st December 2019. The NGO premises was decorated with colourful posters, balloons Christmas tree, snowman, bells, etc.

Our enthusiastic volunteer Namrata prepared a Black forest cake. The cake cutting ceremony was accompanied by the adults singing Christmas carols. A singing session with Christmas carols was organised by the students of National college. A special lunch was served and gifts were distributed to all



MAKAR SANKRANTI CELEBRATION

Cerebral Palsy Association of India celebrated Makar Sankranti on 15th January 2019. The students honoured their teachers and staff by putting a tikka on their forehead. Along with a special lunch, Tilgul and flowers were distributed to all. The previous day, students decorated kites and enjoyed flying kites in the open area.





REPUBLIC DAY CELEBRATION

Cerebral Palsy Association of India celebrated Republic day on 25th January 2020. The chief guests were Mr. Jalaluddin Dawoodani, Mrs. Michelle Wagh. The chief guest hoisted the flag and the national anthem was sung by all. For our cultural programme the adults were dressed in white with colorful odhnis and performed on the song "Mile Sur Mera Tumara".

A special lunch was served, and among other activities, an entertainment programme was organised and the national flag was painted on the faces of the adults.

WOMEN'S DAY CELEBRATION

We Celebrated Women's Day at our institution on 7th of March 2020 with Special Guests from "Uttar Kshetriya Mahila Manch" Mumbai. At this event we welcomed all guests with Haldi Kumkum and Gift Hampers. A skit was performed on the topic "SAVE THE GIRL CHILD" by our PDA's.

Hon. Secretary of CPAI Mrs. Manjusha Singh gave a brief introduction about CPAI's new Initiative "SWANAMA" Project which is dedicated to women empowerment and upliftment of underprivileged women and PDA's girls. Members

ORTHOPEDIC MEDICAL CAMP

Cerebral Palsy Association of India along with Oswal Mitra Mandal, Siddhi Medial Foundation and Lions Club of Kalina organized the Free Orthopedic Medical Camp on 22nd February 2020, at our institution. Dr. Satish Mutha along with his team of doctors examined every child. Free medical aid was provided to the neediest. This is just the beginning with many more such medical camps to follow.



Over 50 adults availed benefits with this orthopaedic camp.



SUCCESS STORIES



KIMAYA SHINDE

Kimaya Shinde, a 32-year-old CP woman, comes from a poor family and has impaired hearing. Her father is completely bedridden with paralysis, while the mother does household chores and her siblings are now married. Hence, growing up was a very difficult phase in her life, and at the age of 18, she joined CPAI where she began learning art and craft, sewing and dancing.

She began training in freestyle dance under the guidance of a professional dance teacher at our institution. She learnt dancing by seeing the start clue and counting the beats in her mind and has done numerous performances and stage shows. Currently, she works with a company that makes artificial jewellery while being the sole earning member for her family.



RAJU GOLLAR

Raju was born into a very poor family. As a toddler he developed high fever and was diagnosed with polio. At the age of 3, he lost his parents and was looked after by his elder brother and wife. On completing his 10th standard studies, he joined a Vocational Training Center, where he learnt screen printing. Yet he continued studying at Public Night Junior College.

He then joined Cerebral Palsy Association of India. With the encouragement of Mrs. Manjusha Singh, he completed his graduation. Today, Raju handles the administration and accounting department all by himself. Being a disabled himself, Raju understands the pain and suffering of other disabled people and is a great motivation for other PDAs.

2021 GOALS

70-80

TARGET INCREASE

It is our endeavour to target 100 more special adults to benefit from all the facilities and therapies that CPAI provides in our branches. Our focus is on livelihood and inclusive programs. We are also targeting more and more adults with limb deformities who need orthopaedic surgical remedies.

**TO BE
ACCEPTED**

IMPACT INCREASE

Special need kids and adults are not weird or odd. They need and want what everyone wants - "TO BE ACCEPTED". We need to educate ourselves first to accommodate them in our society through our various programs and inclusive behaviour.

OVERVIEW OF GOALS

- Increase the number of beneficiaries
- Provide more stepping stones to showcase talent of PDA's
- Frequent livelihood programs
- Create job opportunities for the underprivileged adults' family
- Strive for more donors to cater to poor PDA's



MEET OUR TEAM

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[CLICK TO KNOW MORE](#)

OUR SUPPORTERS



We appreciate CPAI for their commitment & perseverance to make 'Safety Clinic' camp successful and bring to attention that handicapped persons can play a major role in safe handling of LPG installation.

RK DASH
CHIEF REGIONAL MANAGER, HPCL

CPAI has been working with utmost dedication towards the optimal care rehabilitation of individuals afflicted with Cerebral Palsy. I am proud to be associated with the organization.

POONAM MAHAJAN
MEMBER OF PARLIAMENT, LOK SABHA

FOLLOW US



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