

GRACE FOUNDATION CHARITABLE TRUST

HELPING THE HELPLESS...

Annual Report 2023-2024

Grace Foundation Charitable Trust

IMPACT MADE DURING THE YEAR:

a) Beneficiaries - Children and adults with physical and mental challenges:

| SI. | Children Category | No. of students |
|-----|---|-----------------|
| 01 | Intervention program for severely disabled | 13 |
| 02 | Pre Vocational training (School program for independence in Activities of daily living) | 13 |
| 03 | Vocational Training | 9 |
| 04 | Home based program | 5 |
| 05 | Outreach program | 10 |
| | Total | 50 |

b) Beneficiaries – Parents of children and adults with physical and mental challenges:

| SI. | Parent Category | No. of parents |
|-----|-------------------|----------------|
| 01 | Employed as staff | 8 |
| 02 | Outreach | 12 |
| | Total | 20 |

1. <u>PROJECT - INTERVENTION PROGRAM FOR SEVERELY</u> <u>DISABLED</u>

| Children Category | No. of students |
|--|-----------------|
| Intervention program for severely disabled | 13 |

Activities done:

- > Physiotherapy:
- Gross motor activities
- Fine motor activities
- Sensory activities
- Gait training
- > Speech and Language therapy:
- Oro- motor exercises
- Receptive Language
- Expressive Language
- > Group Activities:
- Indoor games
- Activities of daily living training
- Social skills
- Emotional skills

PICTURES OF INTERVENTION PROGRAM FOR SEVERELY <u>DISABLED</u>

















2. PROJECT - PRE VOCATIONAL TRAINING (SCHOOL PROGRAM FOR INDEPENDENCE IN ACTIVITIES OF DAILY LIVING)

| Children Category | No. of students |
|---|-----------------|
| Pre Vocational training (School program for independence in Activities of daily living) | 13 |

Activities done:

- > Independence in Activities of Daily Living:
- Walking
- Eating
- Drinking
- Dressing and undressing
- Toileting
- Self-grooming
- Group Activities:
- Indoor games
- Activities of daily living training
- Social skills
- Emotional skills
- > Pre-Academics:
- Coloring
- Tracing
- Beads activities
- Peg boards
- Simple puzzles
- Orals
- Stories

PICTURES OF PRE VOCATIONAL TRAINING









3. PROJECT - VOCATIONAL TRAINING

| Children Category | No. of students |
|---------------------|-----------------|
| Vocational Training | 9 |

> Training given and Products made:

- Jewelry making
- Chocolate making
- Mat weaving
- Bottle painting and designing
- Bio enzyme
- Cooking training

> Group Activities:

- Indoor games
- Activities of daily living training
- Time concept
- Money concept
- Survival skills
- Basic concepts (days of the week, month, calendar reading, etc)
- Social skills
- Emotional skills

PICTURES OF VOCATIONAL TRAINING















4. PROJECT - HOME BASED

| Children Category | No. of students |
|--------------------|-----------------|
| Home based program | 5 |

Facilities provided:

- We provide Medicines for seizures, hyperactivity from Baptist Hospital.
- Diapers
- Nutrition support eggs, healthy drink mix, ration
- Parent training
- Home based exercise

5. PROJECT - OUTREACH

| Children Category | No. of students |
|-------------------|-----------------|
| Outreach program | 10 |

> Activities done:

- Parent training
- Nutrition support eggs, healthy drink mix, ration
- Diapers
- Parent training

HIGHLIGHTS OF THE YEAR 2023 - 2024

This year we could make significant differences in lives of many individuals with physical and mental challenges who are underprivileged. GFCT met the needs of 50 students and 20 mothers throughout the year. Students have shown good improvement with intensive physiotherapy sessions, many of our students have shown good changes in their overall developmental skills.

Few of the highlights are:

- We were able to provide free intensive therapies, medicines, food and transport for all the students.
- Students had ample amount of training and opportunity to improve their life skills.
- 2 of our students were placed in jobs in companies to support their livelihood.
- Had various opportunities to sell products made by our students. Sold around 100 kgs of chocolate, door mats, bottle decorations, jewelry and designed diyas.
- Staffs are parents were given training on basic care giving skills.
- Conducted awareness programs about disability.
- Gave various opportunities for students from various schools and colleges for community services.

Lourdu Mary Founder, Grace Foundation Charitable Trust 8553600279 | gracefoundation29@gmail.com