

Annual Report for 2018-19

NEW BATCH FOR
COGNITIVE TRAINING
STARTING DEC. 2018



BHAVYA COGNITIVE SKILL TRAINING CENTRE

IS

ORGANISING WORKSHOP

ON

COGNITIVE TRAINING PROGRAMME

DATE- 21th Nov. 2018, Wednesday

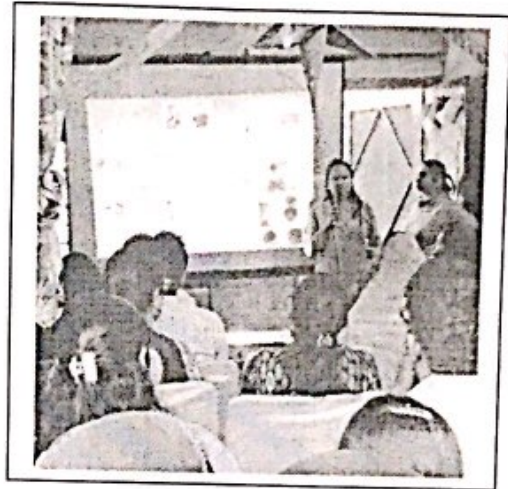
VENUE- E 22, Panchsheel Garden Naveen Shahdara Delhi-110032

Timing- 11:30 am to 12:30 pm.

CONTENTS TO BE DISCUSSED

- (i) What is Cognitive Training Programme?
- (ii) How does it help in Personality Development / Grooming of Child
- (iii) Identifying the strong areas of child on one to one basis
- (iv) Four easy level of training programme
- (v) Certification after each level
- (vi) Monthly Parents Teaching Session for Behavioral & Other Improvements

Contact: 22825772, 9560996772



BRC CONDUCTED INTENSIVE WORKSHOP FOR PARENTS ON " COGNITIVE TRAINING DEVELOPMENTS". THEY INVITED MD HOMEOPATHY DR. BHATNAGAR TO ENLIGHTEN THE PARENTS WITH HIS EXPERTISE ON THE SUBJECT .

Early Risers

"We have no special needs Children just children with special needs"

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Introduction

We at Bhavya Welfare Society "Provide intensive early intervention and special education services through a special school named as "**Early Riser Learning Centre for Children with Special Needs**" that allow all children to experience educational learning, social and family success." At the same time, we also have Cognitive Skills Training for our mothers and children at our Centre. This is being conducted at regular intervals to train them with specific interventional techniques.

Early Riser Learning Centre for Children with Special Needs

We started this special school in the year 2015 to serve the community as there is no other school in the vicinity.

Apart from academic (special Education), we provide the following facilities in school:

- Speech Therapy
- Physiotherapy
- Activities of Daily Living (ADL)
- Occupational Therapy
- Cognitive Development Training

For the children having Autism, Cerebral palsy, Multiple Disability and Intellectual Disability the following activities are performed time to time as per the requirement of students.

- **Occupational therapy** helps people with physical, sensory or cognitive disability to be as independent as possible in all areas of their lives. It improves their cognitive, physical, sensory and motor skills and enhances their self esteem and sense of accomplishment.
- **Speech therapy** is used for treating children with speech disorders like language disorders (receptive and expressive), articulation, fluency, voice and resonance disorders and also feeding or oral problems.
- **Physiotherapy** is used to maximize child's ability to move and control joint movement in order to promote health and well being. It takes the holistic approach by looking at the child's body as a whole rather than focusing on individual factors. It improves child's strength & mobility by teaching them more effective ways to manage their condition.
- **Psychological training programs** are also conducted by BRC to promote mental health services for the children with special needs
- **Special education** involves the individually planned and systemically monitored teaching procedures that address their individual differences and needs. It helps learners with special needs in achieving a higher level of personal self sufficiency and success in the school and the community.

(c) Cognitive Training in our School

Cognitive skills training program" is our latest development which uses a combination of Denver model and multiple intelligence theory. It uses various domains which focus on the early intervention of children with intellectual delays, learning disabilities/difficulties, ADHD, ADD, Autism and slow learners . Humans generally have a capacity for cognitive function once born, so almost every person is capable of learning or remembering. However, this is tested using tests like the IQ test, although these have issues with accuracy and completeness. In these tests, the patient will be asked a series of questions or to perform tasks, with each measuring a cognitive skill. such as level of consciousness, memory, awareness, problem-solving, motor skills, analytical abilities, or other similar concepts

We work on ten domains in cognitive training

- Receptive communication
- Expressive communication
- Social skills
- Imitation
- Play
- Fine motor
- Gross motor
- Behaviour
- Personal independence
- Joint attention behaviour



Our Vision is to
"Create an environment of skilful cognitive development for all children: in an increasingly inclusive educational ecosystem..."

Our team: BRC & Early Risers

- Ms. Vibha Sharma MA (Psychology), BRT (Nat'l Institute for Mentally Handicapped) Founder-Director
- Mrs. Babita BA, Executive Aide & Assistant Educator
- Ms. Priyanka Sharma D.Ed., (Special Education)
- Ms. Shikha Sharma B.A., (Assistant Education)
- Ms. Shaily Jain B.A., (Assistant Education)
- CA Mrs. Neetu Ahuja Hon. Consultant
- Ms. Mala Vohra M.Phil., Child Psychologist
- Prof. Vikram Dutt former Member Expert Advisory Committee, Rehabilitation Council of India, Government of India, Hon. Advisor
- Additionally, we have experts in various subjects attached with us.

Overview:

In pursuit of our Vision of creating a skilful cognitive development environment, we reach out to schools, principals, educational decision makers and parents (and guardians) as stakeholders of the educational ecosystem to create awareness about Cognitive Skills Training. This is becoming increasingly significantly essential in view of growing digitisation and its concurrent issues like lowered attention span and multi-tasking with ipad/smartphones/televisions/desktops etc.

In this year we have submitted two new proposals submitted with Ministry of Departments of Social Welfare and Delhi Government to avail the government project for expansion of education programme to more number of kids.

Additionally, we are in process of making short film on Cognitive Training Skills on learning difficulties, behavioural problems, attention concentration problems and various other problems faced by teachers in classroom with mainstream children.

In the year 2018-19, we have 22 students enrolled in our school, all of them are having intellectual delay and some of them are having multiple disability, autism and cerebral palsy.

EARLY RISERS - LEARNING CENTRE FOR SPECIAL NEED CHILDREN AND EARLY INTERVENTION
(YEAR 2018 – 2019)

CONTENT	MENTAL RETARDATION	CEREBRAL PALSY	AUTISM	MULTIPLE DISABILITIES
No. of Children (12)	9	5	6	2
Activities	Special Education, OT, Outdoor activities	Special Education, OT, Outdoor activities	Sensory Integration	Special Education, OT, Outdoor activities
Date of activities	Yearly Activities	Yearly Activities	Yearly Activities	Yearly Activities

EARLY RISERS – LEARNING CENTRE FOR SPECIAL NEED CHILDREN AND EARLY INTERVENTION

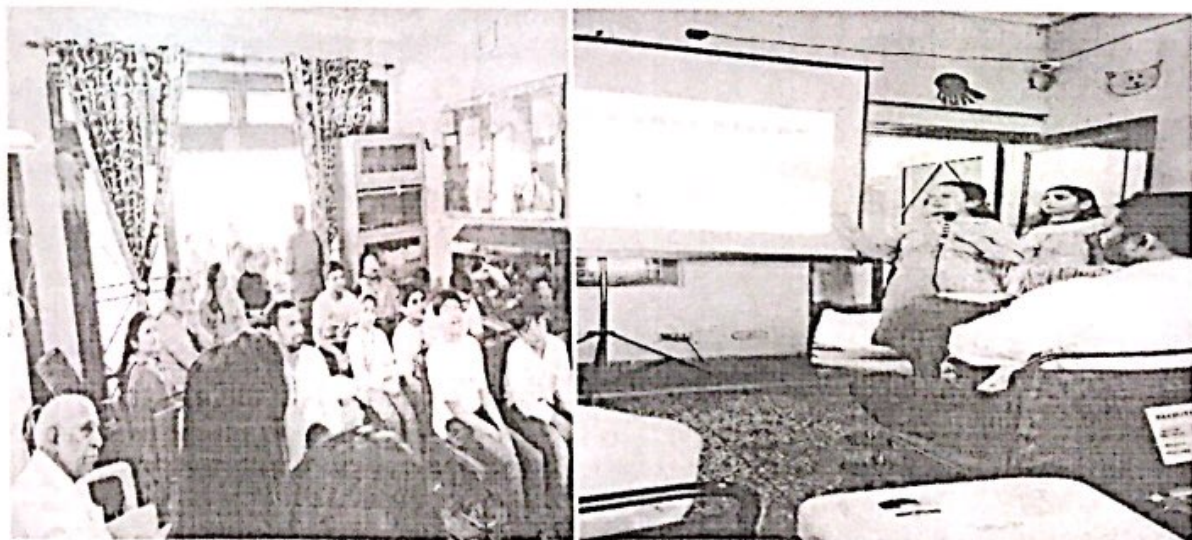
S.No.	Student Name	Category	Year Wise Enrollement
1	Rony Sagar	Mental Retardation	Apr'2016
2	Arshna	Multiple Disability	Feb'17
3	Chirag	Cerebral Palsy	May'15
4	Zaheen	Autism	Nov'15
5	Aleena	Autism	May'15
6	Piyush	Multiple Disability	May'15
7	Divya	Mental Retardation	Oct'16
8	Puru	Mental Retardation	Aug'15
9	Kashish	Mental Retardation	July'15
10	Pintu	Cerebral Palsy	Aug'15
11	Amit	Autism	Oct'16
12	Raunak	Autism	Nov'16
13	Harsh	Mental Retardation	May'17

14	Vinay	Cerebral Palsy	Apr'17
15	Ritik	Cerebral Palsy	Apr'17
16	Akshita	Cerebral Palsy	
17	Ekansh	Autism	
18	Honey	Mental Retardation	
19	Akhil	Mental Retardation	
20	Om	Mental Retardation	
21	Kartik	Mental Retardation	
22	Amaan	Autism	

Highlights:

This year as a part of our planning for new things and expansion plans to explore new things!! **OUR PREMISES HAS GOT BIGGER WITH MORE FUN ACTIVITIES AND LEARNING IDEAS!!!** The parents were happy with this up gradation as they can figure out more opportunity for kids to do activities.

The orientation programme was conducted for parents at the new premises for presenting the annual report.



Further, accolades and certificates were presented to students for their outstanding performance in academics and other activities during 2017-18. Also, best parents were rewarded too for their encouragement to their child and continuous effort to bring improvement.



The celebration for Independence Day was done on 14th August'18 where each child participated in dance, music and role play performance. Parents were also invited to encourage students and at the end of the programme students were rewarded for all round achievement: Best student, Best in academics, Successful candidates in NIOS and other categories.

We arranged workshop for parents to give them overview for Pre vocational Training for children in the age group (12 to 16 Years)

Activities & Celebrations:

The following festivals were celebrated with exuberance and fanfare:

- | | |
|---------------------|---------------------------|
| 1. Rakhi | 24 th August |
| 2. Independence day | 14 th August |
| 3. Teachers' Day: | 5 th September |
| 4. Diwali: | 5 th November |
| 5. Dussehra: | 18 th October |
| 6. Christmas: | 23 rd December |

The students and teachers had a fun filled picnic day on 24th November'18. They visited

- ✓ Akshardham Mandir
- ✓ Jantar Mantar

We encouraged each child to participate in picnic as they learnt how to behave and manage themselves in group and on outside excursions. Children were accompanied by teachers, helpers and the Director of the school.



Additionally, we have visits to different places planned strategically to give overview to students about public places like they have visited

- ✓ Nearby Temple
- ✓ Park
- ✓ Grocery shop
- ✓ Juice Shop

Conduction of Events:

1. Ms Vibha Sharma, our Founder Director Conducted a FACULTY DEVELOPMENT PROGRAM at Bodhi Taru International School on COGNITIVE SKILLS TRAINING PROGRAM with dynamic principal Ms Sadhna Malik

2. We also conducted summer camp in CSKM School, Chattarpur for children with age group (6 to 14 years). The children were given various brainstorming activities and worksheets to improve their attention concentration. Our faculty conducted this event successfully lead by Ms. Vibha Sharma, our Founder Director along with Mr. Vikram Dutt, Hon. Advisor.



3. Ms. Vibha Sharma was a special invitee at the Mahavir Junior Model School on 24th January, 2019 at Republic Day Celebration.

4. Our Honorary Advisor Prof. Vikram Dutt was also invited to several workshops and seminars. Among them

1. Invited to TedX talk at Galgotia University

2. Invited to TedX talk at Harcourt Butler University on 13th February'2019

Parents' Workshops:

We have conducted Parent's Workshop on Cognitive Skills Training on 21st November'18. In addition to this we have also conducted Orientation of Pre Vocational Training to Parent's . This was basically to give idea of Pre vocational Courses that we could be starting with in near future and how they going to help children to secure their future.

We further keep conducting Parent's Teacher's Meeting on regular intervals to communicate with parents about the progress of child and problems they are facing if any.



Awards and Achievements:

Our Founder-Director Ms. Vibha Sharma received the Bitiya Gaurav Award 2018 in the category of Outstanding Special Educator on 31st October 2018 from Deep Welfare Organisation, New Delhi

It carries an accolade and a shawl.



Visitors:

Our distinguished visitors during the year included:

1. Elder Grant Hurst and Sister Jeanette Hurst from Church of Jesus Christ of Latter Day Saints, India Office, Head of Public Affairs
2. Dr. J.P. Singh

"A beautiful school for beautiful children "....Sister Jeanett Hurst

"We feel a beautiful, peaceful, loving spirit when you are serving God's Children"...Elder Grant Hurst