

## **NORTH BENGAL COUNCIL FOR THE DISABLED**

**NBCD BUILDING, ASHRAMPARA, SILIGURI, DIST. DARJEELING, WEST BENGAL**

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### **NBCD ANNUAL ACTIVITY REPORT 2020-21**

North Bengal Council for the Disabled (NBCD) was founded in 1990 and works to enhance the education, rehabilitation and rights of disabled people in North Bengal region, to allow them to live full and inclusive lives as independently as possible.

Prerana Educational Centre is a flagship and pride project of North Bengal Council for the Disabled (NBCD). It is an education and rehabilitation programme of NBCD. Prerana has been promoting the aims and objective of the organisation which was an initiative of the founder who was blinded in 1965 Indo-Pak battle. Prerana is a cross disability centre in which about 151 children with all types of disabilities such as visual, speech and hearing impairment, cerebral palsy, intellectual and developmental disabilities including autism and orthopedically handicapped, study and receive rehabilitation training and therapy. The students of the centre receive both formal and non formal education. The centre follows West Bengal Education Board syllabus up to the primary level and thereafter the students are enrolled in mainstream govt. schools for their further education.

Prerana also conducts programmes such as individual home based programme for 30 children with disability (16 N.T. disabilities and 14 other disability) who are identified but cannot attend to the centre are provided necessary services at their place of residence. Prerana also conducts awareness, sensitization, training and capacity building workshops and programmes related to disability which are mostly organized in the community and in the centre for various stakeholders of the society.

Around 15 children who are visually challenged are provided with residential facilities because they come from surrounding tea gardens and villages who cannot commute on a daily basis. These children most of whom come from tribal families and other backward classes have proven over and over again that they have all the potential and the ingredients to excel, provided they are given the necessary support and opportunity. All services provided at the centre such as tuitions, school-bussing, food, uniform, learning materials are provided free of cost, since most of these children belong to under-privileged families.

#### **Total Number of beneficiaries under National Trust Disabilities:**

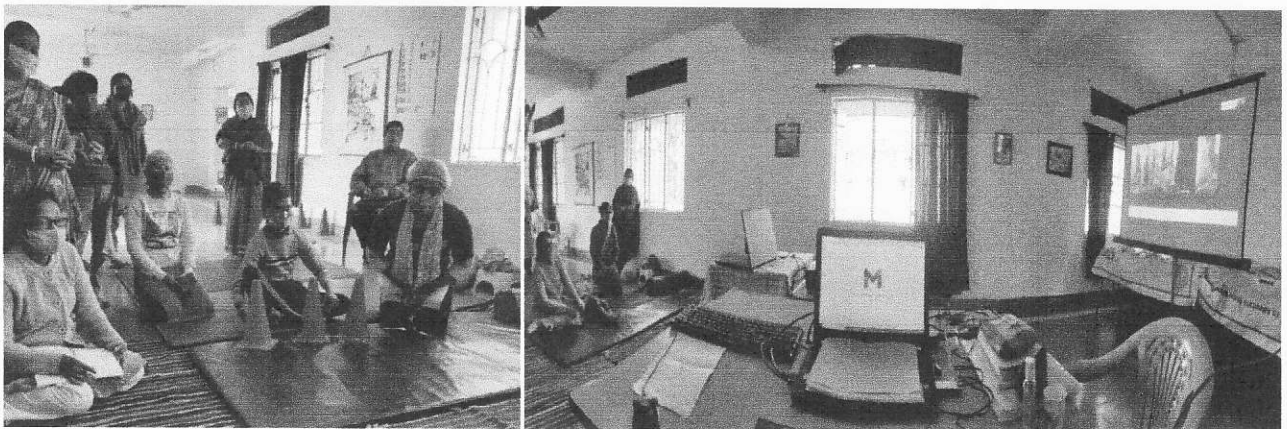
1. At the Centre - 26 (Male - 13 and Female - 13)
2. At the community through Individual Home based Program - 16 (Male - 10 and Female - 06)

## ACTIVITY REPORT ON NATIONAL TRUST DISABILITIES

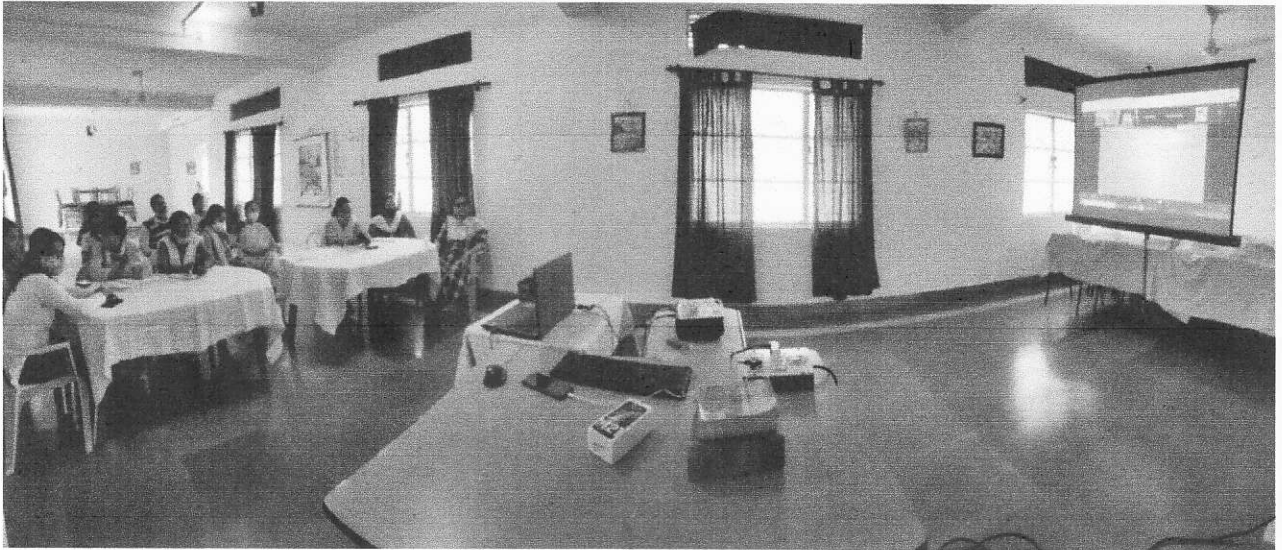
### REPORTING PERIOD – APRIL 2020 TO MARCH 2021

The implementation of the activities was seriously affected due to the present ongoing Covid19 crisis which led to nation-wide lockdown from mid March 2020. However despite this crisis the education of the children was ensured; the teachers took classes using online mode and via video/ phone calls. Even physiotherapy sessions were conducted online and parents involvement in all the activities was strictly ensured. Such activity helped in building the capacity of the parents which resulted in raised level of confidence and parents showing their keen support in all the programs. As per Govt. orders the centre is closed but through our community based programmes we are reaching to the children who need our support and care. As lockdown was lifted the staff members come to the centre when required otherwise since the children are not coming; an online class for them continues. Mentioned below are some of the activities pertaining to National Trust disabilities;

- 1) PEC conducted 4 part webinar series on Rights with Persons with disability Act, 2016 and organized a webinar on National Trust Act in September 2020 for students studying in mainstream schools and colleges, parents, teaching and non teaching staff and other stakeholders. Invited resource persons gave their presentations and answered to the queries of the participants. The centre was also able to conduct its first online parents teacher meeting using google meet in October 2020, we were able to interact with the parents and children some of them are staying in very far off locations.
- 2) Virtual training and assessment session on occupational therapy for children, parents and PEC staff was organised by Prerana for 6 days (6<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, 15<sup>th</sup>, & 20<sup>th</sup>) in January 2021. Occupational therapist from Kolkata took the virtual training and assessment session in which 42 (F-16, M-26) children were assessed and skill training for the staff.



- 3) Capacity building trainers program for teachers on early intervention techniques and methods for 4 days in the month of February 2021. 15 teachers participated in the training program which was conducted virtually by resource persons from Akshadhaa Foundation, Bangalore.

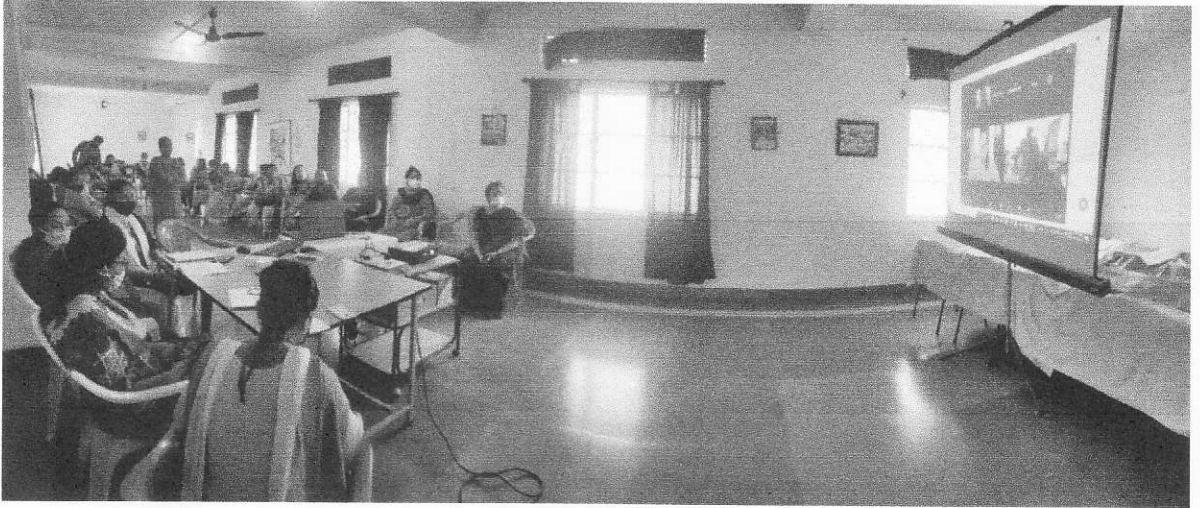


- 4) Virtual training on goal planning for children with Intellectual disabilities was organised for parents and PEC staff for 5 days in the first week of February 2021 followed by staff training for 02 days in the first week of March 2021. In total 15 parents and all the teaching staff took part in the training program.





- 5) Capacity building program for parents on early intervention methods for 4 days was organised in the month of March 2021. 21 parents participated in the training program which was conducted virtually by Akshadhaa Foundation, Bangalore. The parents took active participation during the entire training program.



- 6) World Autism Day celebrated at Prerana on 1<sup>st</sup> April 2021.



**ASSISTIVE DEVICES DISTRIBUTED TO BENEFICIARIES**



ON 4<sup>th</sup> March 2021 the students of Aparajita section of Prerana were screened by occupational therapist and prosthetic engineer and simultaneously customized orthotics and special shoes were manufactured for 06 students which have been given to them. It has been a big assistance for these children with severe disability and this support was contributed by a well wisher of the project.

**HOME VISIT & PHYSIOTHERAPY SESSION UNDER I.H.P. (INDIVIDUAL HOME BASED PROGRAM)**



Home visit carried out by special educators (Pic taken on 24/09/2020)



Physiotherapy session in progress under Individual home based program (IHP)  
(Pic. Taken on 3/10/2020)