

Gundadhur Sewa Sikshan Samiti, Raipur (C.G.)

Session 2019-20

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Annual Activities

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Gundadhur Sewa Sikshan Sansthan

Preface :-

Gundadhur Sewa Sikshan Sansthan is an NGO, non-political and non-profit organization, which was registered on 16 August 2005 under Chhattisgarh Society Act 1973. The registration number of which is 1124 and the institution PAN Number is AABAG4089M. The institution is recognized under the "Desired Criteria".

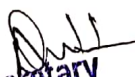
Vision – Mission :-

Gundadhur Sewa Sikhshan Sanstha envisions To help build a more influential, equal and socially conscious society.

The organization Gundadhur Sewa Sikhshan Sanstha seeks to establish health, nutrition, education, gender-discrimination, PWDS, forest rights, establishment of school operations, self-reliance and enable them to get their rights. The goal of the Gundadhur Sewa Sikhshan Sanstha is to connect the disabled with the main section of the society and strengthen their position by establishing them.

The main objective of this institution is rehabilitation, teaching, training, employment for people suffering from CP, MR and other mental disabilities and to continue with its past objectives in regular manner.

Target Group: Children, Young adults and others suffering from any intellectual disability.

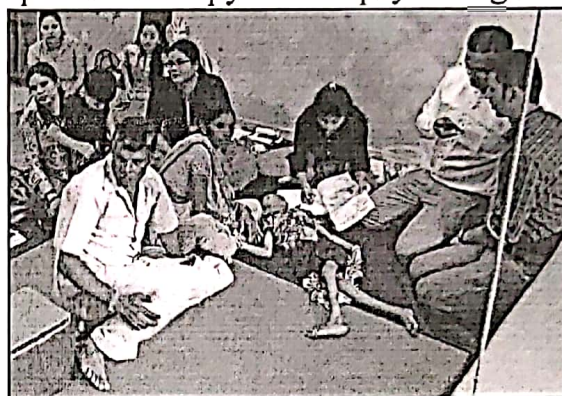

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Astha Rehabilitation Institute For Specially-Abled Person

(20Participant

(1 APRIL 2019 – 31 MARCH 2020)

Astha Rehabilitation Institute have continued its pursuit of providing physiotherapy, occupational therapy, speech therapy and psychological intervention for the participants. It is our continued passion to help the children with their disability and their parents lead a better life. The current activities taken up by the Institute includes, painting, dancing, maintaining proper posture during eating, toilet and bath training, improving daily living activities so that the beneficiary can lead a better life. Regular health checkup is conducted and the report is shared with parents or care taker.




Visits to parks, museum and sports activities are conducted to break the routine of their activity and aid in better mental development.

Progress Report (1 APRIL 2019 – 31 MARCH 2020)

Details Of Participants -:

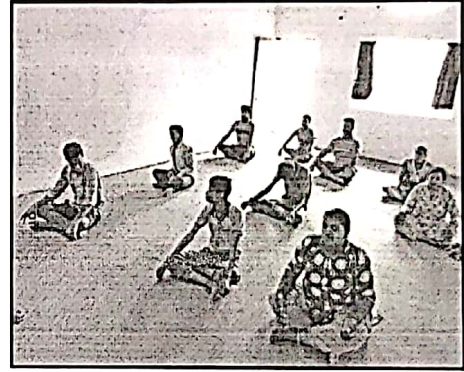
S.No.	Name	Age	Category of Disability
1.	Kavya patel	5	C.P.
2.	Roshan Singh Gond	15	C.P.
3.	Mayank Yadav	3	C.P.
4.	Harshita Harpha	12	C.P.
5.	Roshan Singh	7	C.P.
6.	Tejas Kumar Yadav	12	C.P.
7.	Kanha Goswami	8	Autism
8.	Rohan Singh	3	M.R.
9.	Ananya Tiwari	5	Autism
10.	Asha Dubey	13	M.R.
11.	Chirag tripathi	1	M.D.


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12.	Aash Choubey	13	M.R.
13.	Akriti Hoblani	7	C.P.
14.	Aradhya Singh	7	C.P.
15.	Raja gautam	12	C.P.
16.	Arnav Joshi	7	C.P.
17.	Ved Prakash Sinha	15	C.P.
18.	Atharv Sahardey	16	C.P.
19.	Vivaan Bajaj	6	Autism
20.	Pramod Singh	8	C.P.

Yoga Day Celebrate in Astha Rehabilitation Institute


Astha institute conducted International Yoga day on 21 June 2019. Sixteen participants suffering with CP, MR and Autism attended the session, under the supervision of Dr. Abhishek. Mangesh Sahu (yoga expert) took one hour session for the participants and helped them in doing and learning simple yoga poses. Yoga helps in improving physical strength and also the mental condition of those who practice yoga on regular basis.



Art & Craft Activities in Astha Rehabilitation Institute

Astha Institute conducted clay art program on 5/7/2019 for the participants of our institute under supervision of Dr. Abhishek (Head of Institute). Twelve participants suffering with CP, MR and Autism showed their skills and created different models. This activity improves sensitivity and coordination in the participant. The clay models made in this program were kept for display at the institute.




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Medical Checkup in Astha Rehabilitation Institute

Astha institute conducts monthly medical checkup for its participants including, weight, height and temperature. Blood pressure checks are done twice in a week to maintain health and wellness. Camp organized on 22/08/2019 was attended by all the beneficiaries of the institute.



Independent Day Celebration in Astha Rehabilitation Institute

Independence Day celebrations were organized at Astha Rehabilitation Institute on 15.08.2019. The event was organized in the presence of all the beneficiaries of the Institute.




Women and Child Health Awareness Program

Astha Rehabilitation Institute organized health camp on 2nd October 2019.



Where we provided free medication to pregnant women and also informed them about proper diet and to maintain good health for female in general and pregnant lady in particular. Under child development scheme we provided information on proper food (diet) medicine and other necessary information to maintain child health. The importance of sports and other physical activities were explained to maintain fitness in growing ages and its importance in growth and development of child.


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Indoor Games in Astha Rehabilitation Institute

Astha Institute has arranged various indoor games like, carom, ludo, for the entertainment of all participants at the institute. The participants take great interest in these games and also take part in various competitions conducted by the institute. The latest competition was organized on 10/09/2019 which was attended by most of the beneficiaries.



Fashion Show

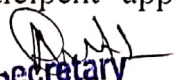
Saksham foundation and Hope foundation collaborated to organize a fashion show in Magneto Mall, VIP road, Raipur on 10/11/2019 which saw many different activities like, dance, music and fashion show. Two children Atharva Sahardevy and Asha Dubey, from Astha Institute participated in the fashion show. The Head of institute Dr. Abhishek supported these children to show their ability and improve their mental efficiency.



Awareness Program for Specially-Abled Person

Awareness camp was organized at Astha Rehabilitation centre, Raipur on 3rd December 2019 for people suffering with Autism C.p.,M.R., The program conducted covered the spectrum of disabilities, including cerebral palsy, mental retardation and autism, in which 46 participants appear with




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parents. The participants were made aware of the behavioral tests and markers which can be used to diagnose child with any such disability. The parents who already have such children at home were made aware on the facilities and services provided by the institute to improve the condition of such children including various therapy and psychological interventions.

The parents and other care takers who participated in this program were made aware of proper diet and care to be taken with changing season and behavior of the affected person.

Republic Day Celebration

Republic Day Celebration 26 January 2020 was organized with a lot of patriotism. 30 Kids were present for the event and put on a good cultural show. A few kids gave some amazing performances and sang patriotic songs. The kids also drew and painted on the themes of Indian Flag and Republic Day.



Physiotherapy, speech, Occupational therapy, And various activities in Astha Institute

Astha Institute is continually working towards providing best services to its beneficiaries and Dr. Abhishek and his team is continually providing best treatment possible. The new activities like whistling, blowing balloons and breathing exercises, trampoline jumps, drafting, using block board to improve overall physical and mental strength. These activities help the beneficiaries in improvement in their daily routine.




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National Institute for Empowerment of Person with Multiple Disability (NIEPMD) – Awareness Programme

One day training programmed were held for the parents & families of differently able person on 05 of May 2019, at kanker of district kanker state Chhattisgarh. The meeting was presided by Anil Chandel, President of Gundadhur sewa shikshan sanstha (GSSS). The President in his speech praised the authorities and all concerned for holding the training programme at antagarh tahsil at kanker distrcet state of Chhattisgarh, a remote area of kanker district. Where no such training programme was held before.



The parents and families ware taught by the visiting physiotherapist Dr. Abhishek Kumar chandel regarding the care & cure of their differently abled child. They were trained of various habits and behaviors to maintain the normal activities of daily living (ADL) of their differently able persons. They were also trained with various forms of exercises depending and get trained to earn their living and as good life.



Dr. Bhojendra ram take, (MBBS) govt. hospital kanker and dr. Ashish sahu orthopedic requested the participants to make good use of this training programmed so that they can help their disabled children to lead a normal life and advised them to consult physician in this regard.

The training programmed was attended by around 100 persons who lasted for 6 hours and they were providing lunch & D.A. for it. Upon the case for prevention


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of further disability. Counseling was also held with the participants for maintenance of mental health and wellbeing of their disabled children.

During the interaction it has been revealed that the participants were very much ignorant and are not having the knowledge of how to keep their child active so that they can lead a normal life. Some of the participants of this very remote Area believe it to be the action of god for birth of their disabled Child and have never approached for any medical consultation or treatment of their disabled child.

Their superstitious believe add fuels to miseries of their disabled child later of life adopted begging as a means of survival of their livelihood. Much

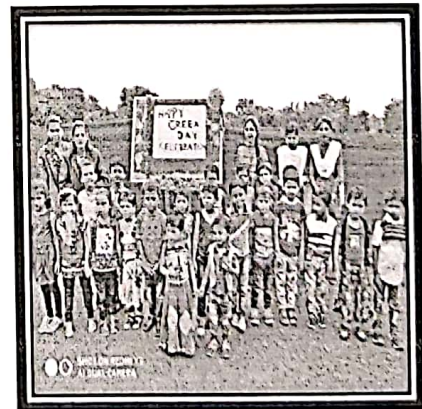


the
period


importance were provided on it and due attention were prayed to such families to bring them out of this menace of superstitious believe. These families were specially taught, how to make their children socially active.

Bio-Diversity (Forest)

We under the aegis of GUNDADHUR SEVA SHIKSHAN SANSTHAN has taken an initiative for a reduction in deterioration of eco system services entail a loss of bio diversity, affecting the world in many terms. Our Society organized programme on 05 June 2019. The notion of everybody playing a part in looking after our planet and making changes before it is too late, is becoming more and more



important & Planet Earth have had an impact on public consciousness and shown how vital it is to educate everyone, and especially the next generation, about how we can help. Eco Clubs are one way to encourage interest and


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involvement and can be very rewarding, especially when children are given responsibility to make their own decisions about the changes they want to see and the opportunity to improve their own school environment.

Dr. Nivi Kumar, Ms. Archana Singh and Mr. C.L Sarwa were made head of eco-club. They made aware about the importance of planting trees to the students. They were sensitized about the important role of the environment and nature.


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Water Harvesting

GUNDADHUR SEWA SHIKSHAN SANTHAN took an initiative to take one step to aware people of surrounding about Water harvesting. Slogans were made



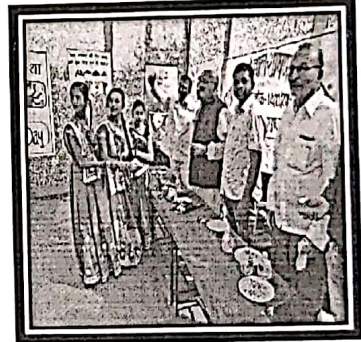
about saving water, water-harvesting and importance of water and had a cycle rally from upto Golden Chowk. This rally was on water harvesting and making people aware all around. All the people were appreciative for the initiative was taken for a good social

cause. It was a successful programme.


Child Labour Elimination Programme

On 14 th November 2019, on occasion of Children's Day, Gundadhur Sewa Shikshan Sanstha organised a programme on 'CHILD LABOUR' in Gurukul

Public School, Antagarh at 11: 30 am. The Child Labour Elimination Programme was organised with the aim of awaring children about child /bonded labour, early child marraiges, good/ bad touch, rights of children etc. Children from various schools of Antagarh demonstrated their talents by dance,



poetry, drama, debate, speeches etc. on child labour, early marriage etc. Our chief guest was Shri. Anoop Nag (MLA) of Antagarh and other honourable guest were Shri. Jagdish Vike (Sub Divisional Officer (Police) research Center, Smt. M. Vike (Women and Child Development), Shri. Praveen Chaturvedi (ABEO), Antagarh, Mr. Namdev Usendi, Mr. Ajay Deepak, Mr. Vishram Gawde. Shri. Anoop Nag motivated children with his wonderful speech on children's rights and Good/bad Touch, Mr. Praveen also highlighted many important point to aware children about happening around.


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Vocational Training

Our Society is continuing its program on providing training to the youth in rural area to improve their avenues of earning. The society has worked in Kanker district for twenty participants for one week and have provided training in tailoring silai cadai, and handloom part of cosa .



The aim of society is to improve the employment condition in rural areas and to provide better and new opportunities to the youth in rural area. These training programs are conducted regularly to involve more number of participants and they are provided with food and refreshments from society's side.


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