

BIKASHAYAN

Annual Report for the year 2019 - 2020

Annual Report for the financial year 2019-2020 together with the audited accounts of **Bikashayan** was submitted and read out at the Annual General Meeting held on 24th July 2020.

The Annual General Meeting was attended by all the members fulfilling the norms of quorum.

The President of the Institute reiterated the objective of the organisation before the house and also invited constructive and prospective suggestions.

Bikashayan - an Institute for Persons with Intellectual Disabilities - was started on 2nd May, 1988, with the objectives of Education, Training, Management and Habilitation services for individuals with Intellectual Disability and associated conditions and research in the area of disability / rehabilitation as well as to provide referral, documentation and dissemination services. The Institute facilitates the persons with Intellectual Disability for being socially, personally and physically self-reliant.

Vision and Mission of BIKASHAYAN for the person with Intellectual Disability are equalisation of rights to lead a better quality of life. This is provided with committed professionalism, equal opportunities, positive attitudes and available technological interventions. Need based comprehensive services are provided through team approach towards ensuring empowerment of persons with mental retardation and their families as well.

It believes that individual with special needs have rights to live with full human dignity and free from their behavioral and social stigma. Bikashayan attempts to provide all possible means and facilities necessary for their optimal development. The Institute explores their potentiality for their all round development.

The Secretary has drawn the attention of the house towards activities performed by the Institution in 2019-2020. He also expressed his unlimited pleasure as the Institute has obtained a good deal of encouragement and appreciation from the people of different walks of life, including parents of the special children for its activities and dedicated service in the area of Mental Retardation.

The Treasurer placed the accounts for the year 2019-2020 before the house and got it passed unanimously with discussion on a few points. Next year's plan and programmes have been chalked out and thrust areas were identified particularly in economic empowerment sector.

Glimpse of activities

• Special School for Children with Intellectual Disabilities :-

The main objective of the Special Education for the children with Intellectual Disability and associated conditions to make him / her independent to the maximum potentials. The specially designed curriculum is prepared to meet the unique needs of the children with Intellectual Disability and associated conditions. The number of beneficiaries with varying degree of Intellectual Disability at Day Care Centre is 110 (one hundred and ten) only. Significant progress of the students have been noticed. Like previous years, we have been able to reach our target in this year also. The students are categorized as pre-primary, primary, secondary and, pre-vocational group. Each student is exposed to in-group and individualized training programme which is designed to meet the needs in self-help, motor, functional academic, social and pre-vocational areas and necessary life skills.

Better results are obtained as parents are involved in every stages of assessment, planning and intervention programme. Students are evaluated in every quarter and shared the development with the guardians, report cards were handed over to the parents for their information and future plan was framed accordingly. Special educators used to apply various teaching / learning aids appropriate to children

in classroom and suitable teaching methods are adopted. Technology based TLM was prepared for the students according to their needs.

Children with Intellectual Disability may have some behavioural problems in addition to their sensory and intellectual deficit. The common such behaviour problems which are experienced among the children with ID are repetitive behavior, aggression, self injurious behaviour etc. The institution has paid extra attention towards behaviour modification programme and parents are given suitable guidelines with a view to removing undesirable behaviours as well as improvement of socially acceptable behaviour and skill.

Speech and language intervention service is provided to the students regularly for enhancing communication skills. For the mobility and daily living skills, motor problems, locomotor abnormalities and physiotherapy services are provided to the students regularly. Parents are guided to carry out those intervention at their home under the advice of the therapist. Follow up is taken place at regular intervals for progress.

The services including consultancy / counseling etc. for associated problems like epilepsy, hyperkinetic behaviour and autism, of children with cerebral palsy, are offered by the institution as and when required.

• **Co-Curricular Activities :-**

As a part of the overall development children with special need, they are involved in various cultural activities. They participated in various co-curricular activities such as drawing and painting competition, celebration of foundation day, Rabindra Jayanti hoisting of flag on Independence Day/ Republic Day, World Disabled Day Celebration on 3rd December, Saraswati Puja, Teachers' Day Celebration etc. in a befitting manner with enthusiasm.

• **Early Intervention Services :-**

Bikashayan, provide services for Early Intervention, emphasizing on the important aspect of development in different areas like cognitive, social and emotional through special educational mode of training.

• **Human Development and Training :-**

Human resource Development is one of our thrust area. To promote human resource development, Bikashayan conducts its following training programmes. Bikashayan is one of the renowned and popular study center in West Bengal for conducting courses B. Ed. (SE-DE) M.R. course duly approved by RCI, New Delhi. Since 2005 it has been running the courses in collaboration with Netaji Subhas Open University (NSOU), Kolkata.

It is a matter of pride that the students of 11th Batch of B.Ed. (SE-DE) MR of Bikashayan achieved brilliant results.

2 years Diploma in Education Special Education (M.R.) recognized by RCI has been running since 2012. 10 (Ten) students were admitted into this course in session 2018-20 who will be going to appear in their final term end examination in July 2020.

Bikashayan conducted two CRE programmes with 30 participants in each programme. The First programme was conducted from 29th to 31st July 2019 on prevocational skills and the second programme was from 16th - 18th November 2019 on Approches to Curriculum Development.

• **In House - Training / Workshop :-**

The short term training programmes are designed as in-service training for professional and personnel working in the field of person with Intellectual Disability for providing better services to the children with special need.

Following Inhouse training programme / workshop were organized on :-

- Strategies to enhance adaptive skills and different life skills.

- Effective parenting.
- Management of hyperactivity in the classroom.
- Effective teaching learning materials.

During the financial year 2019-20 the Special Educators / Faculty members attended a good no. of conference, seminars and workshop either as participants/ representative or as resource persons in various institution throughout the country.

• **Parents' Training / Counseling Programme :-**

Needless to say that Parents play a key role in the development of their children. The institute organized a no. of short-term counseling / training sessions towards enrichment of knowledge and capacity for better management and support for students with Intellectual Disability. Parents exchanged their ideas, information etc. through interaction and were benefited from these programme for better management and care of their wards. Separate group meeting were organized for specific individualized attention of the students.

• **Library :-**

Bikashayan has appreciable and equipped resource centre and adequate collection of books in the area of special education, Intellectual Disability and associated conditions. The resources and information services help the faculty members, staff, students, trainees and parents for their study and research etc.

• **Awareness Programme :-**

To understand the need of special education, one has to learn the basics of Intellectual Disability which the institute emphatically delivers. Sensitization of public in general are the key aspects of creation of awareness. In this connection two awareness materials were designed in very lucid manner in Bengali for the parents of

ID and as well as for community to distribute regarding Intellectual Disability. Bikashayan continued to undertake awareness programmes and distributed awareness materials relating to various facets of disabilities to general public. The trainees of D. Ed. Spl. Edu. (ID) also took part in community awareness programme.

• **Research Activities :-**

The institute is involved with need-based research activities in the area of rehabilitation of children with special need. The institute is involved in various research activities.

- Comparative study on the attitude of the grand parents and family members towards mother of the child having mental retardation have been completed.
- Effect of Music on the mothers of intellectual disability to handle their stress.
- Comparative study on the attitude of the family members (Senior and Junior) and towards mother of the child having mental retardation.

• **Publication in Bengali :-**

- a) Aaa-Ae-Acharan (Book on Behaviour Modification).
- b) Autism (Book on Children with Autism).
- c) Bodhipath (Book containing Frequently Asked Questions (FAQ) on Mental Retardation and Associated Disabilities).
- d) Uttaran (Book for detailed analysis regarding disability management).
- e) Dash-E-Mili-Kori-Path (A Book of Inclusive Education).
- f) Hat doro Prati Pradakhepe (Awareness Materials).
- g) Alok Pather Disha (Awaraness Materials).

• Teaching Learning Materials Development

The Institute understands the importance of model TLMs preparation. The innovative idea and continuous effort and process creates a lots of need based TLM. Special attention was given to develop technology based TLM for the special need students.

• Exhibition :-

Bikashayan arranged a few exhibitions at school premises on various teaching learning materials and products of pre-vocational students and trainees of special education courses have been displayed in the exhibitions for awareness of the visitors, teachers and guardians.

A brief note of activities for the year 2019-20 is given in a separate sheet of paper based on datewise activities which will make everybody apprised of the institute's goal.

We would like to express our deep gratitude to the Govt. of West Bengal, DEPWD MSJE Govt. of India, Rehabilitation Council of India, New Delhi, West Bengal State University, Netaji Subhas Open University and all well wishers for supporting the Institute in its working for the cause of the persons with intellectual disabilities and the community at large.

PRESENTATION AT USE PROGRAMME

Madhumita Banerjee, Senior Faculty, Bikashayan, presented a lecture at CRE Programme on 17.05.2019 at Vivekananda Lokshiksha Niketan, Medinipur

June 2019

01.06.2019

IN HOUSE WORKSHOP

Workshop on "Effective Parenting" was organized for the parents by Soma Saha, Faculty, Bikashayan.

BIKASHAYAN

Activities for the year 2019-2020

April 2019

06.04.2019

IN HOUSE WORKSHOP

Strategies to enhance adaptive skills and different life skills for the persons with intellectual disability.

In house workshop was organized by Madhumita Banerjee, Senior Faculty, Bikashayan for the teachers.

May 2019

02.05.2019

CELEBRATION OF FOUNDATION DAY

The foundation day of the Institute was celebrated by the students and staff members. A very bright and colourful cultural programme was organized by the teachers. and the students participated in the programme with all joy.

09.05.2019

CELEBRATION OF RABINDRA JAYANTI

The birthday of Kabiguru Rabindra Nath Tagore was celebrated at Bikashayan. The students took part enthusiastically.

17.05.2019

PRESENTATION AT CRE PROGRAMME

Madhumita Banerjee, Senior Faculty, Bikashayan, presented a lecture at CRE Programme on 17.05.2019 at Vivekananda Lokshiksha Niketan, Medinipur

June 2019

01.06.2019

IN HOUSE WORKSHOP

Workshop on 'Effective Parenting' was organized for the parents by Soma Saha, Faculty, Bikashayan.

July 2019

06.07.2019

IN HOUSE WORKSHOP

Workshop on 'Management of Hyperactivity in the classroom' was organized for the teachers by Madhumita Banerjee, Faculty, Bikashayan.

18.07.2019

INAUGURATION OF D. ED. SPL. EDU (ID)

The classes of D. Ed. Spl. Edu. (ID) 2019-2021 was started. The inauguration programme was conducted at Bikashayan.

GROUPWISE PARENTS / DIRECTOR / PRINCIPAL MEETING /

COUNSELLING

10.07.2019 : Primary A + B + C + D

11.07.2019 : Pre Primary A + B

12.07.2019 : Pre Vocational A + B + C + E

15.07.2019 : Secondary A + B and Pre Vocational D

In the above mentioned dates, parents meeting was organized and conducted by Somnath Munshi, Secretary, Bikashayan and Sikha Bose, Principal. Bikashayan regarding the training and future goal of the students.

28.07.2019

The Induction Programme of B. Ed. Spl. Edu. ODL under NSOU, Kolkata, was organized for the students of 2019-21 batch.

29 - 31.07.2019

CRE PROGRAMME

CRE programme of RCI. A three day CRE programme of RCI was organized at Bikashayan on 'Pre Vocational Skills'. The programme was successfully coordinated by the senior faculty member of Bikashayan, Madhumita Banerjee, with thirty participants.

August 2019

03.08.2019

ATTENDANCE

Madhumita Banerjee, Senior Faculty, Bikashayan, participated in the coordinators' meet at NOSU, Kolkata. The Member Secretary of RCI, Dr. Subodh Kumar, was present at the meeting.

07.08.2019

VISIT TO NIEPID RC (KOL)

The students of D. Ed. Spl. Edu. (ID) visited National Institute for Empowering Persons with Intellectual Disability, RC (Kolkata) for educational purpose. They gained some more knowledge and insight regarding the specific aspects. Soma Saha, Faculty, Bikashayan was with the team for visit.

15.08.2019

CELEBRATION OF INDEPENDENCE DAY

Independence Day was celebrated at Bikashayan with due respect. Mr. Somnath Munshi, Secretary, Bikashayan, hoisted the the National Flag. All staff members, parents, students and trainees of D. Ed. Spl. Edu. (ID) and B. Ed. Spl. Edu. ODL were also present and participated in the function.

21.08.2019 - 22.08.2019

COMMUNITY AWARENESS PROGRAMME

The students of D. Ed. Spl. Edu. (MR) organized Community Awareness Programme regarding Pollution Free Environment. They visited nearby primary schools for this purpose, distributed sampling and displayed various posters regarding this matter.

29.08.2019

PARTICIPATION AT AWARENESS PROGRAMME

Madhumita Banerjee, Senior Faculty, Bikashayan was invited to participate in the Awareness Publicity Generation Programme Organized by Asha Bhaban, Ulubeia, Howrah, with the collaboration of Dept. of Empowerment of Persons with Disability

under MOSJ&E, GOI. She delivered her lecture in that programme for the parents and other community stakeholders.

September 2019

05.09.2019

TEACHERS' DAY CELEBRATION

Teacher's Day was celebrated by the students and Trainees of D. Ed. Spl. Edu. (ID) at Bikashayan.

14.09.2019

IN HOUSE WORKSHOP

Workshop on Effective Teaching Learning Materials for the students with Intellectual Disability was organised by Soma Saha, Faculty, Bikashayan.

25.09.2019

CELEBRATION OF BIRTHDAY OF PT. DEENDAYAL UPADHAYA

The birthday of Pt. Deendayal Upadhyay was celebrated at Bikashaya. Seminar for parents was organized on this occasion for parents regarding various important issues.

30.09.2019

PARTICIPATION AT AWARENESS PROGRAMME

Madhumita Banerjee, Senior Faculty, Bikashayan, was invited to participate and Generation Programme Organized by Ashs Bhaban, Uluberia, Howrah, with the collaboration of Dept. of Empowerment of Persons with Disability, under MoSJ&E, GOI for parents and other stakeholders of community.

October 2019

GROUPWISE PARENTS / DIRECTOR / PRINCIPAL MEETING /

COUNSELLING

15.10.2019

: Pre Primary A + B Group

- 16.10.2019** : Primary A + B + C + D Group
17.10.2020 : Secondary A + B and Pre Vocational D
18.10.2020 : Pre Vocational A + B + C + E

In the above mentioned dates, groupwise parents meeting was organized at Bikashayan, which was conducted by Somnath Munshi, Secretary, Bikashayan and Sikha Bose, Principal, Bikashayan, regarding the students training and overall development.

November 2019

PARENTS MEETING

- 05.11.2019** : Primary
07.11.2019 : Secondary + Pre Vocational
08.11.2019 : Pre Vocational

In the above mentioned days, parents meeting was organized for different classes, Somnath Munshi, Secretary, Bikashayan and Sikha Bose, Principal, Bikashayan, organized the meeting. The various problem of the students in the home and classroom was discussed vividly.

14.11.2019

CELEBRATION OF CHILDREN'S DAY

Children's Day was celebrated by the students, staff members and trainees of D.Ed. SE (ID).

16.11.2019 - 18.11.2019

CRE PROGRAMME

A three days CRE Programme on 'Approaches to Curriculum Development' was organized at Bikashayan. Madhumita Banerjee, Senior Faculty, Bikashayan, successfully conducted the programme with thirty participants.

December 2019

03.12.2019

CELEBRATION OF WORLD DISABLED DAY

The Institute Celebrate the World Disabled Day. The students, staff members and trainees of D. Ed. Spl. Edu. (ID) also participate in the programme with all enthusiasm.

January 2020

PARENTS MEETING PERTAINING TO STUDENTS' PROGRESS

- 10.01.2020 : Pre Primary A + B Group
13.01.2020 : Primary A + B + C + D Group
14.01.2020 : Secondary A + B and Pre Vocational D Group
15.01.2020 : Pre Vocational A + B + C + E Group

In the above mentioned dates, parents meeting was organized at Bikashayan, regarding the various aspects of the training and overall development of the students at various group. Somnath Munshi, Secretary, Bikashayan and Sika Bose, Principal, Bikashayan, organized the meeting.

26.01.2020

REPUBLIC DAY CELEBRATION

Bikashayan observed the Republic Day with all staff members, students and trainees.

30.01.2020

SARASWATI PUJA CELEBRATION

Saraswati Puja was organized at Bikashayan with great energy and devotion. All students, staff members and the trainees of D. Ed. Spl. Edu. (ID) and B. Ed. Spl. Edu. (ODL) took active participation in this function.

February 2020

08.02.2020

PRESENTATION OF LECTURE

Madhumita Banerjee, Senior Faculty, Bikashayan, invited to CRE Programme - understanding learning disability assessment, Diagnosis and Intervention was organized by NSOU, Kolkata to present her topic.

12.02.2020

PICNIC

A One Day Picnic was organized by Bikashayan for students, parents and staff members at Rajhat, Hooghly.

PRESENTATION OF LECTURE

18.02.2020

Madhumita Banerjee, Senior Faculty, Bikashayan, was invited to deliver lecture for Awareness Programme on 'The Special Needs of differentially abled children at Brahmananda Keshab Chandra College, Kolkata, for the students and teachers of the college.

28.02.2020 - 24.02.2020

ATTENDANCE

Madhumita Banerjee, Senior Faculty, Bikashayan, attended course coordinators meet 2020, North Eastern Zone organized by RCI, New Delhi convened by AYJNISHD RC, KOLKATA at Sivananda Hall, Ramkrishna Mission, Golpark, Kolkata.