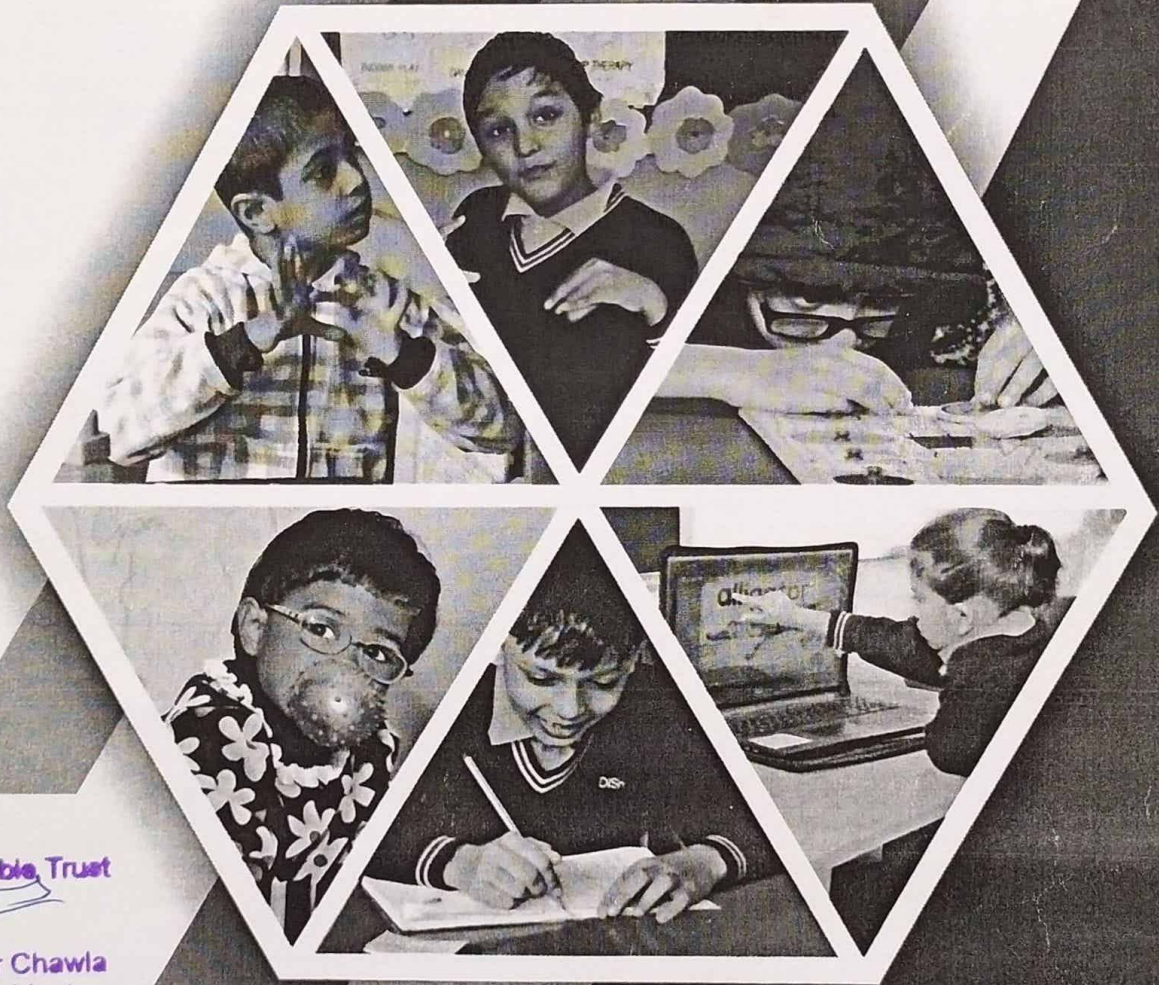


disha

Beyond Disabilities,
Maximizing Capabilities

**ANNUAL REPORT
2019-2020**



Disha Charitable Trust

Nareshkumar Chawla
Acting President

DISHA CHARITABLE TRUST, VADODARA



Disha – A Direction of Hope for A Better World for Persons With Special Needs

Disha has come a long way since it was founded by Mrs. Prabha Mehta in the year 1999 along with a team of committed professionals. Today it is one of the premiere organisations of India providing a wide range of services under one roof. Internationally proven methodologies and latest technologies are used at Disha to enhance learning skills of children with special needs.

Disha works in partnership with parents, professionals, like minded organizations and the community to provide a safe and happy learning environment to help children and adults with special needs to lead a more independent and meaningful life.

Mission

DISHA's mission is to empower children with Autism and other developmental disabilities, work in partnership with all stakeholders, develop children's maximum potential and make them grow and learn to be as independent as possible.

Main Objective

To carry out activities for the purpose of educating or training the persons with disabilities and also provide counselling facilities to the parents of the beneficiaries.

Disha is registered under The Bombay Public Trust Act, 1950, The Right of person with Disabilities Act and The National Trust of the GOI.

Services provided at the Disha Special School include :

- ❖ Diagnosis & Assessment,
- ❖ Social Skills Training,
- ❖ Early Intervention,
- ❖ Special Education
- ❖ Physiotherapy,
- ❖ Occupational Therapy,
- ❖ Learning through computers and specifically designed educational apps on iPads and Android Tablets
- ❖ Yoga and physical exercises,
- ❖ Activities of daily living (ADL),
- ❖ Recreational and leisure activities
- ❖ Sensory Integration Therapy,
- ❖ Art, Dance and Music Therapies
- ❖ Speech & Communication Therapy,
- ❖ Counselling, Guidance & Referrals
- ❖ Behaviour management and Counselling,
- ❖ Pre-vocational and Vocational Training,
- ❖ Remedial Education for children with delayed learning,

In its endeavour to maintain highest standards of service delivery, activities of Disha Charitable Trust are steered by a dedicated and fully empowered Board of Management ensuring good governance, transparency and accountability in all affairs of the organization. For compliance of these norms, Disha has accreditation with The Credibility Alliance, an independent agency of repute.

Disha Special School & Autism Centre

Rather than trying to fit the child to the program, Individual Education Program(IEP) is prepared and implemented on the basis of needs and potential of each child and is periodically monitored in presence of the parents. Happy Environment, Daily Schedules, Individualized Education and Therapy Plans and Learning through Apps, computers and touch screen devices have helped our children make remarkable progress in all areas of development.

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(Signature)

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Home Program, OPD and online consultancy : Disha Autism Centre offers a Centre Based 7 to 15 days' program to parents visiting from other cities and towns. The goal of the program is to help the parents to understand their child's difficulties and follow a structured and need based comprehensive plan for their child at home so that the child can meet his or her developmental goals. Local children, who are not admitted as full time students in Disha Special School are given individual therapies under OPD program. Children living in distant towns/cities of India and abroad are provided online consultancy and guidance.



Pre- vocational and Vocational Skills Development for Individuals with Special Needs supported by GUVNL : Our Vocational Training Unit is supported by Gujarat Urja Vikas Nigam Limited (GUVNL). The Centre is equipped with all the requisite training facilities and experienced qualified trainers. The skills training is provided in Basic Computer Knowledge, Photocopying & Scanning, Tailoring & Dress Making, Jewellery Making, Art, Hand-made Paper Products and Paper Bag Making, Screen Printing, Block Printing, Files and Folders making, Spiral Binding etc. with an aim to make them independent and productive members of the society.



Services Supported by United Way Baroda : During the year disability awareness programmes were carried out for 50 Para medical staff at 3 Primary Health Centres. Further 32 staff members and parents of Anganwadi covering 132 women from various areas of Vadodara like Samlaya, Kapurai, and Navapura were inducted. One Livelihood Training program was conducted covering 45 BPL women beneficiaries. Further 159 Special children were provided expressive therapies like Art, Music and Dance.



Deafblind Project in Partnership with Sense International India : Deafblindness is a complex disability. A person is called deafblind when neither their sight nor hearing can compensate for the impairment of the other sense. During the year, Disha worked with 20 children with deaf-blindness. They were provided centre based as well as home-based services. The project is fully supported and monitored by Sense International India (SI). SI also provides comprehensive training to the Disha Staff. Special thanks to our Mentor Ms. Krupa Velani for her continuous guidance to the staff and parents.



Services provided under Deafblind project in partnership with Sense International India: 2019-20

Sr. No.	Services provided	No. of beneficiaries/ Targeted population
1	Children Identification & Assessment	20
2	Medical Services, Sensory Integration, Special Education and ADL Training	20
3	Speech Therapy & Occupational Therapy	16
4	Physiotherapy	16
5	Pre - Vocational Therapy	03
6	Recreational Outings	22
7	Aids and Appliances	01
8	Parent Network (Trainings & Meetings)	30
9	Volunteers Training on Deafblindness	24

Services offered by Disha in the year 2019-20:

Sr.no	Services	2019-20			
01	Medical Diagnosis, Assessment & Intervention	397	07	Music, Dance & Play Therapy	175
02	Special Education & ADL	175	08	Art Therapy	175
03	Physiotherapy	95	09	Yoga Therapy	139
04	Occupational Therapy	144	10	Remedial Education	175
05	Speech & Communication Therapy	175	11	Sensory Integration Therapy	175
06	Behaviour Management	175	12	Pre - Vocational & Vocational Training	157
			13	Capacity Building for Parents & Staff Members	164

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**Community Based Rehabilitation (CBR)
Taking Disha's services to the unreached...**

Community Based Rehabilitation (CBR) Program is one of the thrust areas of Disha which aims to reach out to persons with disabilities from BPL families in the slums and adjoining rural areas of Vadodara. Lack of access to health care and rehabilitation, education, skills training, and employment contributes to the vicious cycle of poverty and neglect. CBR children receive various therapies, rehabilitative services, medical intervention, transport, food, uniforms, etc. free of charge. Some students with severe disabilities receive services at their homes.



MAJOR EVENTS:

Founder's Day : Disha faced a profound loss with the sad demise of its Founder and President Mrs. Prabha Mehta. She may not be with us physically but remains with us in spirits. Disha parivar decided to celebrate her birthday as Founder's Day on 15th December 2019 at Baroda High School Auditorium, Alkapuri. Mr. Bhushan Punani, Executive Secretary- BPA was the Chief Guest. Mr. Jagdish Shukla, President- BLCET and Ms. Shelly Jyoti, an Eminent Artist graced the function as Guests of Honour. Life journey of Prabha Mehta was presented by Ms. Alka Smart her close friend and VP, Disha Charitable Trust in the form of a documentary. Staff and Students paid special tribute to her through their dance performances. A book of poems by Mrs. Prabha Mehta "Expressions of Love" was launched and distributed on this day. The program was attended by eminent personalities from in and around Vadodara.



AUTISM DAY CELEBRATION : Disha School building was "Lighted up Blue" with blue halogen bulbs and the World "Autism Day" was celebrated in style. Fun activities and games were organized for children. A "Walk for Autism" was organized by teachers, parents and children to create awareness about Autism by carrying posters and distributing leaflets to the public at the Sayaji Baugh. Parents and teachers tied Autism Awareness bands on the hands of morning walkers and onlookers. The Fern Residency sponsored drinking water for the event. Disha School arranged fun and games program on 2.4.2019. Parents, students and the staff actively participated in all the activities.

Golf Tournament : On the occasion of The World Disability Awareness Day on 3rd December, a Benefit Golf Tournament was organized on 1st December 2019 by the Rotary Club of Baroda Cosmopolitan (RCBC) for the children of Disha to raise "Building Fund". Golfers participated in the tournament.

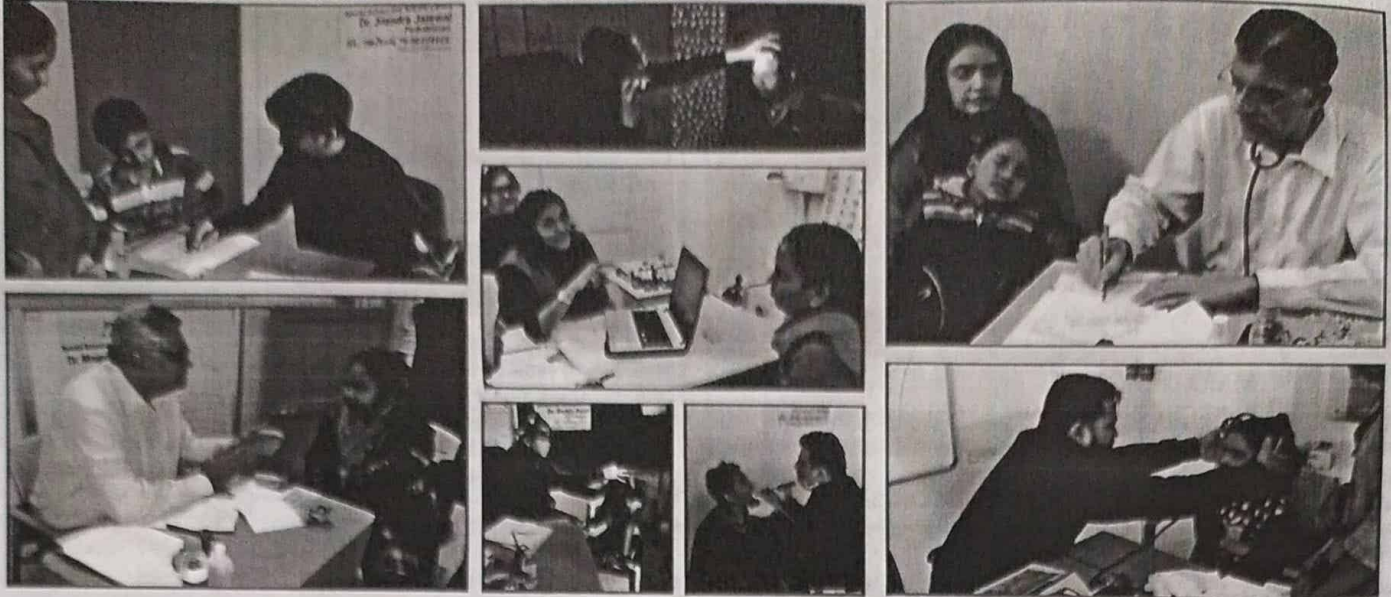
A crash course and training were given to Disha children by the Members of Golf Train Mode and our Board Members Mr. M. K. Tandon and Mr. S.K. Duggal who also are professional Golf players. Disha is extremely thankful to them for taking out time to teach Golf to Disha Kids.



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MEDICAL CHECK-UP CAMP AND EXHIBITION OF VOCATIONAL PRODUCTS :



At the Annual Medical Check-up and Screening Camp organized at Disha held on December 29, 2019 an expert panel of medical doctors: Developmental Paediatricians Dr. Manoj Ambwani, Dr Navaz Bhesania and Dr Jitendra Jaiswal, Orthopaedic Dr. Mrugank Merchant and Dr Ashish Kothari, Ophthalmologist Dr Khyati Mankad, Consulting Homeopath Dr Neha Smart, ENT Specialist Dr Sachin Patel & Audiologist Mr. Bhupinder Singh, Dentist Dr. Harsh Amlani and General Practitioner Dr Sejal Soni provided free consultation services to the children with special needs. The Camp covered 165 children from slums and adjoining rural areas of Vadodara. Prescribed medicines and aids & appliances were provided free of charge to the children. A Chemist Shop was set up at the Camp to provide the prescribed medicines.



Exhibition : Disha hosted exhibition of products made by its students in the vocational unit at school. Products like imitation and semi precious jewellery, table mats, table napkins, handbags, pen stands, paintings, files & folders, other earthen items along with planters were put up for sale in exhibitions. The products were greatly appreciated by the visitors and Disha saw a major boost in its sales.

Shri Manubhai & Smt. Rashmiben Shroff Memorial Lecture : Shri Manubhai and Smt Rashmiben Shroff Memorial Lecture was organized by Disha on 5th January, 2020 at Vivanta by Taj. Dr Mrs. Jo Chopra, Co-founder and Director, Latika Roy Foundation delivered the Memorial Lecture on "Broke and Disabled: Why India Can't Afford To Ignore The Economics of Disability" The lecture was well attended and greatly appreciated by the audience of more than 170 Barodians. This is an event Vadodara looks forward to which provides us an opportunity to remember Eminent Economist Manubhai Shroff and the first female IAS officer of Gujarat Mrs. Rashmiben Shroff to listen to best minds of India who come to deliver intellectual public discourse.



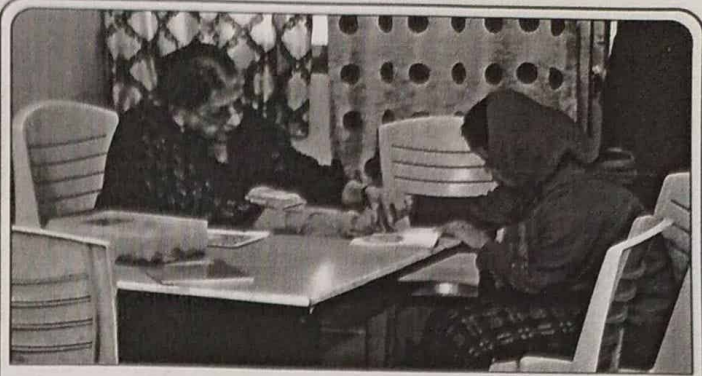
Sports Day : Annual Sports Day of Disha was held at Tender Feet Academy Ground on 9th February, 2020. It started with a theme walk followed by yoga, mass drill and several fancy races. Dr. Binita Verdia graced the function as the Chief Guest and awarded prizes to the winners.



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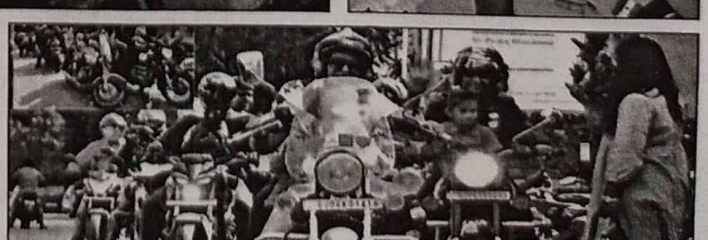
VADODARA MARATHON : was organised on 5.1.2020 in association with INOX DIVYANG RUN. 12 Students of CBR along with 04 staff members joined in the event and enjoyed the walk along with other fellow Barodians.



Volunteers : During the year Ms.Ramola Shah, Ms.Vibhuti Mehta and Ms.Arunlata Namdeo volunteered their valuable time for our children. Their time and support helped in changing lives of a large number of special children. Special mention of Volunteers of MCCares of MasterCard for their constant support in tech training for our staff and celebrating festivals with our Students.

OTHER ACTIVITIES :

- ✳ 05 students and 3 staff members of Disha participated in 'Mega Seed Ball Making Activity' at Xavier Technical Institute at Sevasi, organized by United Way of Baroda.
- ✳ International Yoga Day was celebrated in Disha on 21st June 2019. Mrs. Ramola Shah, Yoga Professional at Disha conducted sessions for students and staff.
- ✳ Teacher's Day was celebrated at Disha where some of the students dressed up as teachers and took classes. Teachers were given cards by students.
- ✳ Janmashtami was celebrated along with the festive theme based colour competition.
- ✳ Independence Day was celebrated with great joy. Students sang patriotic songs on this day along with their Music Trainer Mr. Ashish Sharma.
- ✳ Rakshabandhan was celebrated at Disha where teacher's and female students tied Rakhis on the wrist of male students and enjoyed sweets.
- ✳ Ganesh Chaturthi was celebrated at Disha and Ganesha Idol was placed at Disha for 5 days and immersion was done where students and staff danced on devotional songs. They were taken for darshan at Manjalpur ka Raja Pandal and Bada Ganesh Temple at Vadsar.
- ✳ Students dressed up in traditional attire to celebrate Navaratri at Disha.
- ✳ On children's Day kids were taken for bike ride by Road Rider Club, Riding Sultan, Bullet Queens Group and Umang Foundation
- ✳ Disha's Children participated in Rangmanch Competition for Children with Disabilities on Tuesday, 10th December 2019
- ✳ Disha students were invited to a Party Plot by Umang Foundation for ringing in New Year with dance and food.
- ✳ On the Republic Day a drawing competition was held where students were asked to colour pictures of national heroes, flag etc. The winners were awarded with gifts.
- ✳ Festival of colours HOLI was celebrated with great enthusiasm. Kids applied dry gulal on each other's faces and danced



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