#### **ACTIVITY REPORT OF KAUMUDALAYA FOR YEAR 2022-23**

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### 1. About Us

Kaumudalaya is a Non-Government Non-Profit Organisation formed in Dec 2011 and registered under The Society Registration Act 1860, Juvenile Justice (Care & Protection of children) Act 2015, Rights to Persons with Disabilities Act. It is a Registered Organisation of 'The National Trust' and a Service provider for Protection of women from Domestic Violence under Directorate of Social Welfare. It was established with an aim to work for the wellbeing of Children with special need, but it has increased its area of work into other sectors like women empowerment, development of Children in need of care & protection, and specially abled persons.

# 2. Major Projects

<u>Children Home:</u> Recognized in the year 2016 by State Child Protection Society Assam the Kaumudalaya (AAHANA) Children Home is a recognized CCI for the District of Sivasagar and Charaideo. It has an approved capacity of 50 inmates but the Children Home is currently running with more than 50 inmates. In the year total number of children served in the CCI is 75.

<u>Day Care and residential Center:</u> The Day Care centre provides special care, trainings, and therapies to children with special need. The centre is run by Kaumudalaya NGO and with help from the community and its members and well-wishers. It consists of a Physiotherapy unit, a Special education centre and schooling facility for the school dropout children and specially abled children. Currently 29 children are getting care, training and education in the Day Care Centre.

Home for Mentally retarded Children/Persons at Charaideo: A Residential cum Care center for mentally retarded persons and children was started at Sapekhati of Charaideo District on the year 2019 to provide shelter and care to the mentally retarded children/persons of Charaideo District by the name of 'Ashar Kiron'. The facility was

shifted to a new location at Harupaduli path Sonari Town on December 2020, from there it was again shifted to the current location of Rajapukhuri Charaideo. The home at present is providing shelter and care to 7 (seven) inmates.

<u>After Care:</u> Kaumudalaya is operating an After Care home at its premises at Ranghar Chariali Sivasagar. The home provides residential facilities as well as vocational training to Girls above 18 years of age who have been released from the institutional care of the Children Home after attaining adulthood. During the year Kaumudalaya provide aftercare service to 8 eight young adults (female) who were released from the Kaumudalaya Children Home by order of the CWC Sivasagar & Charaideo..

<u>Welfare of Adolescent Girls:</u> Kaumudalaya is an active organizer for different programs for the welfare of adolescent girls. Under this projects Kaumudalaya had hired 2 (two) resource person and organized several Counselling Session at different part of Sivasagar District. Two health check-up camps for Adolescence girl, Camps on nutrition and health education and awareness about social issues are among the different activities carried under this project

**Wellness Center:** To promote mental well-being and nutrition among the public Kaumudalaya has started a branch named The Wellness Centre at its Ranghar Chariali premises on 3<sup>rd</sup> September 2020. The centre is providing counselling to adolescent boys and girls and their parents on different matters related to their mental wellbeing. The centre is taking steps to promote importance of nutritious food among growing children's as well as lactating mothers and pregnant women; through health awareness camps, competitions and exhibitions on food preparations.

#### 3. Awareness Activities: -

a. Awareness meeting on mental health of Adolescent girl: - On 10/4/22 in the pretext of a Medical Health checkup camp organized by Kaumudalaya an Awareness programme on mental health for Adolescent girl was held at Udayjyoti LP School Disangmukh by Kaumudalaya NGO. The Joint Director Of

Health Service Sivasagar,
Resource persons from
District Legal Service
Authority Sivasagar,
Sivasagar Civil Hospital,
and the general secretary
Kaumudalaya shared their
views on different



psychological issues faced by the adolescent girls and methods of handling such problems.

**b.** Awareness on Disability: - An Awareness programme on disability was organized by Kaumudalaya NGO at Rajapukhuri Rangamanch, situated at Rajapukhuri Charaideo on 28/05/2022. Important topics regarding rights of

Specially abled Persons, of **Documents** importance for abled specially persons and problems faced by them were discussed on the programme through audio visual means



(PowerPoint Presentation). Officials from ICDS, CWC Charaideo, Red Cross, Dy. Superintendent of Sonari District Hospital, prominent social workers and teachers from local schools were among the dignitaries present. Along with the awareness meeting a cultural performance by specially abled persons was also held.

- c. Awareness on the Adoption Regulations: An Awareness Programme on the Adoption Regulations was held at Kaumudalaya campus Ranghar Chariali on 22/07/2022 in collaboration with District Legal Service Authority Sivasagar. Officials from DLSA brief the audience present about the laws and regulations related to the legal adoption of a child and the roles and responsibilities of different stake holder in the process.
- **d. Mental Health Awareness programme:** On 09/02/2023 an awareness camp on mental health was organised at the premises of Kaumudalaya CCI in collaboration with District Social Welfare Office & Anjan Dutta Foundation. Psychiatrist Dr. Sanju Buragohain, Gender Specialist DHEW DSWO Sivasagar Indrakshi Phukon and Counselor DCPO Kobita Bora create awareness about mental health among the children through their speeches.

## 4. Training and workshops: -

**a. Summer Camp: -** From 13/07/2022 a summer camp to provide vocational training to the adolescent girl children was organized at Kaumudalaya NGO.

**Training** preparation of craft from material different materials including waste materials was provided to 16 girls four resource persons during the 10 days training camp. On 22/07/2022 an



exhibition cum closing ceremony was organized in the NGO campus to showcase the different craft materials prepared by the trainees.

b. Workshop on Assamese Language: - A one day workshop on the proper use of the Assamese Language was held on Kaumudalaya Children Home Premises on 13/09/2022 in collaboration with the Assamese Department of the Bir Lachit Borphukon college. Lecturers and students of the college provide the attendees with knowledge of proper use of Assamese Languages and common mistakes made during its use. The trainners use the help of songs, story telling, riddles etc to make the session attractive for the audiances.

c. Theater Work Shop: - From 19/12/2022 to 21/12/2022 ten (10) girl child attend a

three days Theater Workshop for care leavers organized under of programme UNICEIF. The beneficiaries were provided training dancing, on delivery dialogue



and other aspects related to theatre play.

**d.** Workshop on Food Processing: - A two days Workshop on food processing was organized at Ashar Kiron, Rajapukhuri, Charaideo by Kaumudalaya NGO on 13/03/2023 and 14/03/2023 with help from Rajkonwar Food Processing Center,

Lakwa, Sivasagar. Training on preparation and packaging of processed foods such as chips and **Namkins** were provided to 13 female



beneficiaries in order to achieve self reliance on the field of processed foods.

e. **Training on Baking and Cake Icing:** During the year 2022-23 Kaumudalaya has conducted two workshop on Baking, Cake preparation and Icing with the help of Anukhilon NGO at its Ranghar Chariali Campus for the school dropout girl children's.

f. Regular voccational training on Bag Making:- Vocational training on making of



designed from from different materials such as coir, para ropes etc. are regularly provided to the young adults (care leavers) and school dropout girl children's of the

Kaumudalaya CCI.

g. **Fire Safty Training:** - A training on fire Hazards and Safety and the use of Fire Extinguishers was conducted by Kaumudalaya NGO for its staffs and Volunteers in collaboration with Sivasagar Civil Defense. Two instructors from Sivasagar Civil Defense provided trainings for all staff members, volunteers and children of the organisation on how to handle fire hazards.

#### 5. Celebrations and Observations: -

a. Celebration of Rongali Bihu and Assamese New Year: - On 14th of April on the occasion of Assamese New Year Rongali Bihu was celebrated at the Kaumudalaya Children Home premises. Children's perform bihu husori (dance), takes part in traditional fun games like "কণী যুঁজ" and traditional sweets like pitha and ladoos were distributed among the inmates, Traditional rice dishes "পইতা ভাত" was prepared and served to the children.

b. World Environment Day: - On occasion of the world environment day on fifth

(5<sup>th)</sup> of June 2022 a plantation drive near Talatal Ghar (Kareng), Joysagar was carried out by Kaumudalaya. A street play was also performed in the same location creating awareness against single plastic use among the public by the children of Kaumudalaya Children Home.



c. International Yoga Day: - The International Yoga day was observed on



21/06/2022 at Kaumudalaya with a Yoga training session and meeting on "inclusion of yoga in our daily life and its effects". Yoga instruction Mr. Romen

Phukan conducts the session of Yoga for the children.

- **d. Independence Day**: The 76<sup>th</sup> Independence Day of India was celebrated by Kaumudalaya on 15<sup>th</sup> August 2022 in the NGO office, Children Home and Home for Mentally Retarded Charaideo. The National Flag was hoisted on all the three centers and a celebration ceremony was held at the NGO office. Children perform in dance, music and poem for the occasion. During the celebration Sports certificate were distributed to Medal winning Para Sports Personals at the State Divyanganjan Sports meet 2021.
- e. **Teachers Day:** Teachers day was observed at Kaumudalaya Children Home on 5<sup>th</sup> of September along with the whole nation, on the eve of the birthday of the 2<sup>nd</sup> president of Independent India Dr. Sarvapalli Radhakrishnan. The programme started with an opening note from the General Secretary of Kaumudalaya Runjun Chutia. Children were brief about the importance of proper education and role of a teacher in our lives. Children participated in the event and present speech about the life and teaching of Dr. Radhakrishnan.
- f. Vikash Diwash: On 17<sup>th</sup> September 2022 Vikash Diwash was observed at Kaumudalaya Children Home campus in collaboration with Neheru Yuva Kendra Sivasagar. Three officials from Neheru Yuva Kendra and all the staffs of Kaumudalaya were present during the observation. The District Youth Officer briefs the importance of the day to the present audience.
- g. Gandhi Jayanti with Special Campaign on Cleanliness: On 2<sup>nd</sup> October 2022 on occasion of the birth anniversary of the father of nation Mahatma Gandhi; Gandhi Jayanti was observed at Kaumudalaya with a special emphasis on cleanliness.
- h. **World Mental Health Day: -** The World Mental Health Day was observed on Kaumudalaya Ngo with a meeting to create awareness on Mental Health on 10/10 2022 in collaboration with the Psychiatric Department of Sivasagar Civil Hospital.
- i. **World Girl Child Day : -** The World Girl Child Day was observed by Kaumudalaya on 11/10/2022 at the campus of Kaumudalaya Children Home. The dignitaries present in for the occasion were Kabita Borah Counselor DCPU

- Sivasagar, Anupam Das & Chandan Dey officials of DLSA Sivasagar, social activist Ms Indrani Rajkumari, and Runjun Chutia Gen. Secy. Kaumudalaya..
- **j.** Celebration of Kati Bihu: Like every year the traditional Assamese festival of Kati Bihu was celebrated on 18/10/2022 at the Kaumudalaya Children Home as well as the Kaumudalaya NGO office cum residential campus. The festival was celebrated with traditions and customs attached to it.
- k. Dipawali Celebration: -The Indian festival of light Dipawali and kali puja was celebrated by Kaumudalava its on Children Home campus at Sundorpur on 24/10 2022. The children of the home celebrated the festival with divas (earthen lamps), fireworks and crackers. Sweets and new cloths were distributed among the children by the staffs of the NGO.





- **1. Children Day Celebration: -** On 14<sup>th</sup> of November 2022 Children Day was celebrated in the occasion of birth anniversary of the first prime minister of India Pandit Jawahar Lal Nehru at Kaumudalaya premises. Children's performs dance and music for the occasion. Children from nearby schools and locality were present at the function. Among other activities children performs an play (drama) prepared by themselves in front of the present audiences.
- m. International Day of Persons with Disability and Annual function of Kaumudalaya: On 3<sup>rd</sup> of December 2022 on the occasion of World Disability

Day and 12<sup>th</sup> Establishment day of Kaumudalaya a function was organized at Kaumudalaya NGO premises with the presence of well-wishers and members of Kaumudalaya. a drawing competition among children's was conducted by the NCC cadets from Sibsagar Commerce college followed by Covid-19 booster dose vaccination camp for the persons with disability. A Cultural programme was held on the occasion of the day which was inaugurated by the District Child Protection Officer Sivasagar Dr. Bikash Ranjan Konwar. Well wishers of the NGO were felicitated during the occasion with flowers, gamusa and appreciation letters.



n. Bhogali Bihu Celebration: - On 15/01/2023 the Bhogali Bihu was celebrated on



Kaumudalaya the CCI Campus by the staffs and children the organisation. The bihu was celebrated with the traditional rituals of burning meii feast. and Traditional sweet dishes like jolpan were prepared and served in the bihu celebration.

- **o. Girl Child Day: -** The National Girl Child Day was observed on Kaumudalaya in collaboration with District Legal Service Authority Sivasagar with a day long programme on 24<sup>th</sup> January 2023.
- **p. Republic Day: -** The republic day of the country was observed by Kaumudalaya at all its wings on 26/01/2023 along with the whole nation. The National Flag

was hoisted in the premises of NGO office, Children Home and Home for mentally Retarded Charaideo.

- **q. State Child Protection Day:** The State Child Protection Day was organized at Kaumudalaya on 4<sup>th</sup> March 2023 in collaboration with the District Child Protection Office Sivasagar, Child Welfare Committee Sivasagar and State Child Protection Society Assam. Members from DCPU and CWC Sivasagar along with Local Public and Children from Kaumudalaya (AAHANA) Children Home were present in the occasion of the Celebration.
- r. Holi: The festival of Colour, Holi was celebrated by Kaumudalaya with colours and joy on 08/03/2023. Children's as well as staffs played with colours and wish each other good wishes of the occasion. A rangoli making competition was held among the children for the occasion.



### 6. Achievements: -

- **a. District Yogasana Competition:** Children from Kaumudalaya takes part is the Sivasagar District Yoga asana Championship held at Arjun Bhugeswar Boruah Hall Sivasagar on 14<sup>th</sup> August 2022 and six of them get selected for the State level Championship.
- **b. Special Olympic Games Participation : -** In the 4<sup>th</sup> State Divyangjan Sports Meet 2022 held at Sarusajai Sports Complex Guwahati on 27<sup>th</sup> & 28<sup>th</sup> February 2023 a team of Specially Abled Athletes from Kaumudalaya competes on different Sporting events and was able to win positions in state level championships.

## 7. Miscellaneous: -

**a. Aadhaar enrollment camp for Specially Abled:** With help from the Sivasagar District administration an Aadhaar enrollment camp was organised at Kaumudalaya premises Ranghar Chariali for the specially abled persons

- (Divyangjan). 34 specially abled persons were enrolled for aadhaar card in the camp.
- b. **Covid-19 Vaccination Camp: -** A vaccination camp for booster (3<sup>rd</sup>) dose of Covid-19 was organised at Kaumudalaya in collaboration with JDHS Sivasagar on 3<sup>rd</sup> December 2022. Preferences were given to the specially abled for availing the vaccination.
- c. Free Health Camp: A free health checkup camp was organized by Kaumudalaya at Disangmukh Jail Gaon Sivasagar on 10/04/2022 with the help of Joint directorate of Health Service Sivasagar and Mobile Medical unit of NRHM. Around 110 persons from the local rural areas avail the services of free medical checkup and dental checkup. On the meeting held during the occasion the Joint Director of Health Service Sivasagar praises the effort of the organization to organize such a successful camp.
- **d. Regular Health Camps: -** Seven (7) Health Check up camps and Two (2) dental check up camps was organized by Kaumudalaya on the Kaumudalaya CCI campus for regular health checkup and dental checkup of the children's.
- **e. Recruitment / Placement:** Two Separate Interviews for the posts of Superintendent, Housekeeper, Caretaker, Paramedical Staff, Accountant, Educator, Cook, Art, Craft, Music teacher, Yoga Instructor and Helper were held at Kaumudalaya on 18/08/2022 and 19/01/2023 respectively.
- **f. Rescue Rehabilitation:** During the year Kaumudalaya NGO takes part in the rehabilitation of several specially abled persons. Among them
  - One Mentally retarded orphan person Madhurjya Dey was rescued from Haluating Sivasagr and was rehabilited at the Home for Mentally Retarded Persons Charaideo.



• Kaumudalaya also rescued one homeless blind person from Maibella of Charaideo district and sent him to the old age home charaideo.

8.	<b>Internship:</b> - During the year 46 students from several prestigious Institutions such as The Assam Kaziranga University, Dibrugarh University, Barak Valley Engineering College, Golaghat Engineering College etc have successfully taken part and completed their internship programmes at Kaumudalaya NGO.